

The IOWA LION



February 2024

iowalions.org

KidSight Announces New Program Manager

The Iowa KidSight staff is excited to welcome Chelle Lehman as the new program manager. Chelle (sounds like Shelly) has a rich history of working both in education and non-profit sectors. She is a former Iowa K-12 certified science teacher, having taught at Louisa-Muscatine and College Community School Districts.

For the past decade she has worked for the University of Iowa in the roles of Director of K-12 School Engagement for the College of Engineering, Outreach and Recruitment Director for Women in Science and Engineering, and most recently as the Public Relations and Engagement Specialist for the Southeast STEM Region of the Iowa Governor's STEM Council.

Chelle has also been involved with the Iowa Women's Foundation where she served in the roles of chair of the board of directors, chair of the grants committee, and now as a member of the advisory council.

Chelle is a certified yoga teacher and mindfulness coach. In her spare time, she enjoys traveling with her husband Michael, biking, stained glass, reading, spending time with her grandchildren, and most recently completing her Level 1 sommelier training.

She looks forward to working with Lions across the state to continue to grow the Iowa KidSight program.

If you have an event you would like her to attend, please do not hesitate to reach out by e-mail at chelle-lehman@uiowa.edu. Please feel free to connect via LinkedIn as well.



New KidSight Program Manager Chelle Lehman

UPCOMING EVENTS

- February** Childhood Cancer Awareness Month
- Feb. 15** Int'l Childhood Cancer Day
- Feb. 17** Melcher-Dallas Lions Valentine's Day Candle Light Dinner
- Feb. 24** Council of Governors Meeting, Johnston
Norwalk Lions Annual Lobster, Shrimp & Steak Dinner
- Feb. 27-29** FVDG/DGE Training Seminar, St. Charles, Illinois
- Mar. 8-9** 9MC Convention, Marshalltown
- Mar. 16** 9EC Convention, Anamosa
- April** Environmental Awareness Month
Lions Family & Friends Month
LEO Club Awareness Month
- Apr. 5-6** District 9NW Convention, Jefferson
- Apr. 12-13** 9SE Convention, West Chester
- Apr. 17-19** LCIF Presidential Pinning Ceremonies, District 9EC
- Apr. 20** Past District Governors Assoc. Symposium, Mitchellville
Mount Vernon Lions 100th Anniversary Celebration
- Apr. 26-27** 9NC Convention, Parkersburg
- Apr. 27** Lions Worldwide Induction Day
- May** Strengthen Membership Month
- May 31-Jun 1** Iowa Lions State Convention Cedar Falls
- Jun 14-15** Iowa Lions Leadership Summit, Johnston

The Iowa Lion PRINT SUBSCRIPTION ORDER FORM

Fill out entirely - Print legibly

SUBSCRIBING LION'S NAME

MAILING ADDRESS

CITY/STATE/ZIP

Make checks payable to **Lions Clubs of Iowa** and mail to:

The Iowa Lion Editor
Debbie Doty
PO Box 251
University Park IA 52595

\$35 for in Iowa / \$45 for out of Iowa anytime during the year. This is for the 2023-24 Lions year. Orders are NOT prorated. Renewal subscriptions for the 2024-25 Lions year will be billed to subscribers again late next spring.

THE IOWA LION VOLUME 60 - NO. 6 FEBRUARY 2024



Published by the Lions of Iowa
(U.S. Postal Service ISSN Number 0162-3834)

Official publication of the Lions Clubs of Iowa, 16 E. Main St., Ste. 260, Marshalltown, IA 50158. Published monthly except bi-monthly July-August and December-January issues. Digital subscriptions to Iowa Lions members are included in Iowa Lions Multiple District dues, as are two printed copies per Iowa Lions Club. Printed copy subscriptions are available to Lions members for \$35 per year to members inside Iowa, \$45 to members outside Iowa. Periodicals postage paid at Madrid, Iowa 50156.

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All changes of address and other correspondence concerning SUBSCRIPTIONS should be directed to the ABOVE address, phone number and/or email.

COPY SHOULD BE TO THE EDITOR BY THE 10TH OF THE MONTH to be considered for publication in the issue of one month later. MATERIAL INTENDED FOR DISTRICT NEWS PAGES needs to be in the hands of the district governors or district news editors prior to that time, according to their deadlines.

Advertising that is relevant to Iowa Lions Clubs is accepted. Contact the editor for rate information.

POSTMASTER: Send address changes to:
THE IOWA LION EDITOR
16 E. Main St., Ste. 260, Marshalltown, IA 50158
Tel. (515) 232-2215

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State Award Nominations Due Feb. 28

Each year at Iowa Lions State Convention, three elite awards are presented to deserving Lions: the G.E. “Bud” Klise Leadership Award, the Ralph A. Whitten Service Award, and the Iowa Lions Spark Plug Award. All nominations for these awards **MUST BE RECEIVED BY FEB. 28.**

Nomination forms are on the Iowa Lions website under the Forms section. Please provide as many details as possible including Lions AND community roles on all nominations so the judges have a complete picture of the nominees. Klise forms go to Past International Director Judy Hankom, Whitten nominations go to PID Gary Fry, and Spark Plug nominations go to PID Ardie Klemish. Please **DO NOT MAIL** nominations to the state office.

The Norm Dean Membership Growth Award will be awarded based on actual membership numbers reported in MyLCI for each district.

2024 Midwest Faculty Development Institute (FDI)

The Great Plains Lions Leadership Institute Board of Directors voted to hold a Midwest Faculty Development Institute event July 25-28 at Northwest Missouri State University in Maryville, Missouri. FDI will be held simultaneously with our annual GPLLI event.

Due to limited dorm room space, only 20 applicants will be accepted. Please submit applications as soon as possible. Registration is \$220, due by

April 30. Registration increases to \$240 on May 1. The registration fee covers food, dorm room, and all class materials. Your only personal cost is your travel expense.

FDI is training providing foundation knowledge and skills to train at the club, district, and multiple district levels. The curriculum focuses on training delivery and techniques to facilitate in-person instruction.

Ideal FDI candidates are Lions that have not attended an FDI within the last five years (international or local); have an interest in improving training delivery skills; have in-depth knowledge of Lions’ culture, Lions leadership experience, and comfort using PowerPoint. In order to be certified, participants must arrange to be observed and evaluated conducting a local training event within six months of attending FDI. The [FDI registration form](#) is on the Iowa Lions website.

2024 Great Plains Lions Leadership Institute (GPLLI)

The 2024 Great Plains Lions Leadership Institute will be July 26-28 at NWMSU in Maryville, Missouri. Please submit your application as soon as possible since dorm room space is limited.

GPLLI is training to prepare Lions for leadership positions throughout Lions, and is customized to best accommodate the needs of the area. Qualified candidates are Lions ready to pursue leadership roles within their Lions communities. Club leaders would benefit from attending.

Registration is \$220 if received by April 30, then increases to \$240 on May 1. Registration covers meals during the institute, dorm room, and all class materials. Your only personal cost is your gas. The [GPLLI registration form](#) is on the Iowa Lions website.

February is Childhood Cancer Awareness Month

Has your club made a donation (personal donations are welcomed too) for CHILDHOOD CANCER this year? Two great Iowa-based Childhood Cancer charities are Beat Cancer Today in eastern Iowa and Tori’s Angels in central and western Iowa.

Contact Beat Cancer Today by emailing Lion Aaron Horn at aaron.horn@beatcancertoday.org. Tori’s Angels can be reached by email at admin@torisangels.org.

Lies, Damned Lies, and Statistics

By PDG Bill Shutters

MD9 Diabetes Awareness Chair

“There are three kinds of lies: lies, damned lies, and statistics.” This phrase is often attributed to former British Prime Minister Benjamin Disraeli. Since the 1890’s the statement has appeared in various forms, each with the inference that no honorable person would engage in the use of statistics.

Statistics is the practice or science of collecting and analyzing numerical data in large quantities, especially for the purpose of inferring proportions in a whole from those in a representative sample. To many, statistics is the study of the collection, analysis, interpretation, presentation and organization of data.

The word statistics comes from the word “status,” which referred to governments’ (ancient and modern) need to know about the population, environment, and resources. Statistics is usually divided into descriptive and inferential.

Descriptive statistics describe the population or a group by giving measures of:

- Central tendencies (mean, median, mode)
- Dispersion (range, variance, standard deviation, percentiles and quartiles)
- Relationships between factors (correlation, independence or association)
- Types of distributions (normal or Gaussian, chi-square, Gosset t-student, F-, binomial, Poisson, geometric, etc.)
- Probability
- Combinatorics.

Inferential statistics cover:

- Sampling
- Hypothesis testing and
- Inferences about the population based on the data from a random sample.

It is unlikely that a liar losing their argument would try to use valid statistical methods to prove their point. A friend who was a researcher for an agricultural genetics company said the company’s research took a tremendous leap in quality when they hired a statistician. When we talk statistics, we are talking about the population and not about an individual.

We have often stated that diabetes is a whole-body disease. It affects every one of the eleven body systems. Few people question the statement that diabetes mellitus is the largest cause of amputations, blindness and kidney failure, or that diabetic patients have 2-4 times the risk

of various types of cardio-vascular disease. Diabetes is a causative factor. For example, shortness of breath (dyspnea) is a symptom of many conditions. Sometimes a patient will have one of these conditions and not the shortness of breath.

If you take two factors, A and B, you have four possibilities:

1. A but not B,
2. B but not A,
3. A and B, and
4. not A and not B.

If #1 never happens, you know that factor A is the cause of B. If you find all four cases are possible, then you look at proportions. If the proportion of those in the population that have A is the same as the proportion of those with B that have A, then you suspect that A and B are independent.

The alternative is that they are associated, that having one puts you at a different risk for having the other. It then falls to the medical researcher to find out why. Two factors may be associated or have a strong correlation coefficient because they have a common cause.

Diabetes and Dental Health

Diabetes and dental health are associated. Diabetes causes an increase in blood glucose. This can increase the level of glucose in saliva, which can cause bad breath and a very dry mouth. These two conditions allow a soft sticky plaque to build up on teeth, which promotes the growth of bacteria and acid which may result in decay. If the plaque is not washed away, it can harden into a substance called tartar and cause gum disease.

Some diabetes medications cause the saliva glands to make less saliva. Food particles and bacteria do not get washed away. Saliva also contains minerals which help to protect the tissues in your mouth and fight tooth decay. Untreated, these conditions can result in tooth loss and mouth problems.

About 25% of adults above the age of 50 with diabetes in the U.S. have severe tooth loss compared to about 16% of those without diabetes. Other problems include a fungal disease called thrush. Excess sugar can also increase candida. Oral problems can change the taste of foods and beverages. The loss of teeth can limit the foods that one can eat.

The simple solution is to keep your dentist updated and set up a regular program of dental care which may

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include twice a day brushing and flossing with regular visits to your dentist.

Diabetes and Cancer

Some types of cancer and diabetes are associated. People with Type II diabetes are at an increased risk for certain types of cancer. The ones with the highest risk for Type II diabetics are liver, pancreatic, colorectal, endometrial, breast and bladder cancer.

However, diabetes is negatively associated with prostate cancer, meaning that a person with diabetes is at a lower risk for prostate cancer than the general population. Worldwide, about 27% of people over 65 have Type II diabetes and 60% of those have cancer.

Diabetes and cancer have common risk factors: increased age, obesity, physical inactivity, poor diet, alcohol and smoking. Also, insulin which is used to control blood glucose levels, if over used, promotes cell growth which can increase the risk of cancer.

Fatty tissue produces adipokines at a higher level, which may increase the risk of cancer. Adipokines are important controllers of appetite and satiety, energy expenditure and activity, fat distribution and calorie storage, glucose and metabolism, insulin sensitivity, chronic inflammation and other metabolic processes.

Diabetes and Skin Issues

Growing up in the Midwest, we all enjoyed 6-8 months of great outdoor weather and spent many days in the sun. We often got a nice tan and an occasional sunburn. The residual effect of fun in the sun is an annual visit to the dermatologist to check for skin cancer.

Many dermatologists will also look for skin tags. Skin tags and Type II diabetes appear to be associated, but more research is needed. Many dermatologists note that if they have a patient with more than a couple of skin tags, they either perform a glucose test or refer the patient to an endocrinologist. Quite often the patient has Type II diabetes.

Sometimes the onset of the skin tags is sudden. Individuals with high cholesterol or who are overweight are more prone to skin tags. Also, skin tags are suspected to be connected to the body's resistance to insulin.

Diabetes and Mental Health

Mental health is a topic with many facets, which we will discuss in a future article.

Take control of your life by choosing a healthy lifestyle, eating a balanced diet, managing your weight and keep moving.

Calling All Past District Governors

All Past District Governors are asked to save the date of April 20, 2024 for a PDG Association Symposium.

The purpose of the symposium will be to address current issues of the Lions Clubs of Iowa, how this association can assist in resolving them and what the association can do to be an active organization for the state.

As this is still in the planning stages, more information will be forthcoming.



Iowa Lions State Convention

Cedar Falls, Iowa

May 31 - June 1

Emerging & Revitalized

**COME FOR FELLOWSHIP,
EDUCATION, AND INSPIRATION!
MARK YOUR CALENDARS! MORE
INFORMATION IN THE MARCH
ISSUE OF THE IOWA LION!**



SHINING A LIGHT ON SERVICE. (Above left photo) Clear Lake Lions Club shows off Lions Global Service Causes in the town's lighted Christmas parade. (Above right photo) Peterson Lions Club puts thousands of lights on its antique fire truck for Christmas parades in and around the Peterson area.

Lions Celebrate Christmas Throughout Iowa



HOLIDAY BOXES. With the help of donors and volunteers, Clive Lions delivered Holiday Boxes containing food and gifts to 85 families in need.



CHRISTMAS BINGO. Winterset Lions run Christmas Bingo with prizes donated from community businesses.



SANTA BREAKFAST. North Liberty Lions Club hosts a Santa breakfast, which gets a visit from the Grinch, too.



HELP FROM THE MRS. Mrs. Claus passes out gifts at Janesville Lions' annual Christmas Party for North Star supporters from Waverly. A band held a Christmas carol sing-a-long and performed songs for the guests. Lions served a dinner, followed by entertainment from a magician and a visit from Santa and Mrs. Claus.



SUPPER WITH SANTA. Parkview Lions host an evening meal with Santa Claus.



SWIMMING WITH SANTA. Manson Lion Tim Shea hired out as Santa at a swimming event in Lake City. He donated his fee to his club.



FESTIVAL OF TREES. Lions clubs in Van Buren County come together to put on the Festival of Trees in Keosauqua each year. Area clubs and businesses decorate their own trees, which are then auctioned off, along with other holiday items. The event raises more than \$10,000, which is given back to the community.

District 9NC

District Governor
Tasha Finch

1013 Caldwell Street
Aplington, Iowa 50604

319-269-5136
tasha@alumni.uni.edu



Clean Tombstones? Who Cares?

One of the service projects that the Mason City Lions Club does is cleaning tombstones at their local cemetery. This three-hour project involved a dozen Lions and family members. Surprisingly the time went fast, they learned a lot about the type of tombstones, how to clean them (lots of water, elbow grease, plastic spatulas, brushes, and something called D2.)

Unfortunately, over many years, marble headstones and monuments used to honor and remember loved ones can fall victim to moss, black or green algae, and lichen, which can deface their surfaces, make carvings impossible to read, and even cause damage in some cases.

Most of the tombstones they have cleaned were over 100 years old, unsightly, and the inscriptions unreadable. It

was fascinating to bring out the history behind the moss, etc. Even though the family members of the deceased are long gone, volunteers felt a connection to them as they cleaned the stones. The community has a past and workers felt a connection.



The community is more than our present, it has a history. Many of the stones had the same last name and were together in a row. Families were important then, not only in life, but in death. This is a testament of the priority of the importance of family. As they cleaned the stones, they developed a respect

for them. They were inspired from their sense of family and community.

Their service project is more than just cleaning headstones. It is recognizing the past and honoring it by being a part of something greater.

Mason City Lions are part of a community – past and present. What a great project and honor!

Osage Lions Support the Community!

Osage Lions have been able to donate \$7,860 to a variety of causes in November due to their fundraisers. They have been able to support 14 different projects this year from the flag project, pie/soup sales, and the food stand at Friday Night Out.



COMMUNITY SUPPORT. (LEFT PHOTO) Nicole Giselson, Director of Bridges Mentoring, receives a donation from Osage Lions Club President Mark Penny. (RIGHT PHOTO) Osage Lions Lowell Tesch and Mark Penny present a check to Salvation Army Representative Sarah Krukow.



MONARCH CHEVRON AWARDS. Iowa Falls Lions Club presented Monarch Chevron Awards for years of service. Pictured (L-R) are Shawn Loughren (20 years), Don Jones (40 years), Lois Jones (20 years), Jean Jungling (25 years), and Kent Osborn (25 years).

10 Reasons Why You Should Attend District Convention

1. Great food.
2. Great entertainment.
3. Touring an interesting place in the community.
4. Having fun with friends from other clubs in the district.
5. Wonderful speakers with interesting topics.
6. Learning about different topics of Lionism.
7. Getting to visit with the cabinet from the district.
8. Great time to ask any questions.
9. Doing an activity that relates to Lionism.
10. Taking away new information to share with others.

NEW MEMBERS		
Club	Member	Sponsor
Clarion	Jose Herrera	Robert Miller
Clarion	Myrna Herrera	
Clarion	Adam Vorrie	
Clarion	Madalyn Vorrie	
Clear Lake	Gene Evans	David Fritz
Clear Lake	Tom Langlas	David Fritz
Clear Lake Evening	Dave J Howlett	Jeff Tecklenburg
Eagle Grove	Michelle Grage	Lori Hungate
Iowa Falls	Emily Carrignan	Mike Nissly
Iowa Falls	Angela Ferguson	William Ferguson
Iowa Falls	Emily Ferris	Michelle Nederhoff
Iowa Falls	Faith Jones	Susan Jones
Iowa Falls	Ernal Koehrsen	Michelle Nederhoff
Iowa Falls	Luke Meyer	Mike Nissly
Northwood	Scott A. Kessler	Elaine Meyer
Osage	Cathy Penney	Mark Penne

Deceased Member		
Member	Club	Years a Lion
Lynn Rodenbeck	New Hartford	42 years

9NC DISTRICT CONVENTION REGISTRATION FORM

April 26-27, 2024

Legend Trail Golf Course Club House
1403 Highway 57
Parkersburg, Iowa 50665

NAME: _____

CLUB: _____

PHONE #: _____

E-MAIL: _____

Please note any special dietary needs.

I need a display table for: _____

Please mark what you plan to attend:

Friday, April 26

___ Tour Parkersburg Historical Home (3:00 PM)

___ Dinner @ Peppercorn Pantry, Aplington (6:00 PM)

\$20 = _____

Saturday, April 27

___ Convention, Parkersburg (9:00 AM)
(includes registration, rolls & coffee and lunch)

\$30 = _____

Total Enclosed = _____

Registrations due by Friday, April 5, 2024

Make checks payable to: **District 9NC**

Mail to: Brenda Everts
13464 K Avenue
Parkersburg, Iowa 50665

Hotel Information

Legend Trail Inn & Suites (next door to golf course)
Phone#: 319-346-9788

Guest Room Reservations are your responsibility to make.

Rooms blocked under Parkersburg Lions Convention
until Friday, April 5, 2024.

Standard or Handicap King - \$125.40/night (includes tax)

Double Queen - \$125.40/night (includes tax)

King Suite or Handicap Suite - \$142.50 per night (includes tax)

District 9MC

District Governor
David T. Coates

5909 Colt Drive
West Des Moines, Iowa 50266

612-275-3596

dtcoates2@gmail.com



WE SERVE

AMES KidSight screened 251 children at eight preschools and elementary schools; collected 810 pairs of used eyeglasses; donated \$1,000 to KidSight, \$100 to "Shop With A Cop" and \$250 to Food at First; collected food for Food at First, which provides one free meal/day and a food pantry for those in need.

BONDURANT made a donation to the Iowa Lions Eye Bank; donated \$150 to Bondurant Baseball Club; transported cornea tissue for the Iowa Lions Eye Bank.

DES MOINES SOUTH bussed tables for the Veterans Day breakfast at HyVee; KidSight screened 669 children; collected, sorted and cleaned 520 pairs of used eyeglasses; filled 75 large eyeglass cases with toiletry items and donated them to homeless shelters; rang bells for the Salvation Army at the Cash Saver store for two days; donated \$300 to Puppy Jake Foundation; packed meals for Meals from the Heartland; and delivered for Meals on Wheels.

DYSART packed and delivered 24 Christmas Cheer boxes to 14 families with each containing a Bobby's Store coupon and a ham; held a Christmas light contest; decorated the Dysart Park for Community Lights in the Park; sponsored a blood drive with 27 individuals donating 33 units of blood to impact up to 99 people; received a certificate of appreciation for donating 100 units of blood products for the year; and made a donation to "Shop With A Cop" which focuses on children and families in need.

GARWIN held a community breakfast and raised \$1,400; served an Election Day Soup Supper and raised \$600; donated \$300 to Boy Scout Troop 394; and donated \$150 to the South Tama County Food Bank.

MARSHALLTOWN EVENING popped popcorn each Saturday at HyVee; collected and recycled used eyeglasses and hearing aids; held a Holiday Candy & Nut Sale; and KidSight screened 976 children.

URBANDALE made a donation to the Iowa Lions Foundation; transported cornea tissue for the Iowa Lions Eye Bank.



NEW WARREN COLEMAN HONOREES. Montezuma Lions receiving their first Warren Coleman Honorary Award at the club's Christmas dinner are, from left, Dean Teeselink, Eddie Pierson, Ted Morelock and Rick Talbert. They were presented this award in recognition of their volunteer service as Lions. The award is named for Warren Coleman of Oskaloosa, a Lion who set a very high example as a volunteer on behalf of Lionism in Iowa.



RECEIVING THE PROGRESSIVE Warren Coleman Award from the Montezuma Lions Club and through the Iowa Lions Foundation are, from left, Michael Princer, Bill Schultz, Jerome Sheets and Roger Cox. In the envelope they each hold is a Progressive award pin showing how many times they have received the award and it is, in this instance, their second Coleman award.



NEW MEMBERS

Club	Member	Sponsor
Ames	James Chenhall	Charles Jarmon
Grinnell	Benjamin Latimer	Thomas Latimer
Grinnell	Richard Murphy	Ramona Mitchell
Grinnell	Baolei Wu	Kamal Hammouda
Marshalltown Eve.	Kevin Huseboe	Dan Roberts
Urbandale	Cathy Conklin	Mary Polson
Urbandale	Jeff Harrison	Jeff Keisler
Urbandale	Scott Seeger	Daniel Davis
West Des Moines	Keith Maynes	Steven Knauss

9MC Convention Schedule Saturday, March 9

9:00-10:00	9MC Cabinet Meeting
10:00	Break - Food / Drink
10:15	Opening Call to Order Pledge of Allegiance Prayer
10:30	Introduction of International Director John Lawrence and his partner in service PDG Carol Schoonover
10:37	Membership Recruitment – How is it Going?
10:45	Iowa Lions Eye Bank
11:05	New KidSight Director
11:30	Keynote Address ID John Lawrence
11:50	Gifts and Awards
12:00	Lunch - with Tail Twisting
1:00	Strides Walk
1:30	So You Want to be a District Governor
2:00	Business Meeting a. Roll Call b. Elections
3:00	Memorial Service
3:45	Closing Silent Auction Results Clean up

In Memoriam
James Stecker – Gilbert

DISTRICT 9MC CONVENTION

REGISTRATION FORM

(please send one form per attendee)

March 9, 2024

10:00 AM-4:00 PM

GRACE CHURCH
3111 S. 6TH ST., MARSHALLTOWN, IOWA

NAME: _____

DISTRICT: _____ *(Circle one)* Lion / Leo / Guest

CLUB: _____

PHONE #: _____

E-MAIL: _____

Please note any special dietary needs.

REGISTRATION FEE (\$25.00)

includes continental breakfast and lunch

CABINET MEETING 9:00-10:00 AM

CONVENTION TO FOLLOW, 10:00 AM-4:00 PM

(Registration due by March 5, 2024)

Make checks payable to District 9MC

Send completed registration form and registration
fee to:

9MC District Treasurer

Wm. Shutters

9807 Quail Ridge

Urbandale, Iowa 50322

District 9NW

District Governor

Pat Essing

PO Box 33

Manson, Iowa 50563

515-570-5040

mpe50@gmail.com



The list of Lions Clubs community projects in 9NW is as long as your arm but one project activity stands out above the rest. Yes, you guessed it, it's Iowa KidSight, our eye screening program for children in the early ages. No other program has resulted in such positive publicity for our association. Just recently we sent out a district Newsflash with some very nice articles from Fort Dodge included. There are still a few clubs in our district who have not yet discovered this secret but it's easy to jump on the bandwagon. Give our District KidSight Coordinator Steve Rehmann a call at 515-570-9095.

So many clubs in 9NW have years of experience in arranging fundraisers of many kinds. Soup suppers, steak dinners, omelet breakfasts, raffles, auctions, golf tournaments, the list goes on and on. If your club is thinking about doing something new, contact me and I will be happy to connect you with Lion leaders who can help you get started. Call today!

Talking about auctions, we are going to have a silent auction at our upcoming district convention at the Wild Rose Casino in Jefferson on April 5-6. The registration form is in this issue of the magazine! I am asking all clubs to bring along items to be auctioned off. Mark and I have a bunch of things to contribute ourselves. The proceeds will benefit our beloved Iowa Lions Foundation in support of all our important programs.

The convention promises to be lots of fun. We are going to have a Hawaiian Night on Friday, April 5 with card bingo and other activities. Sure, you can make a little detour into the casino at any time. There will also be lots of entertainment. Get your Hawaiian shirts, muumuus and grass skirts ready!

The convention program is coming together very nicely and will be distributed to our clubs in the next month or so. If you want this information to come to you directly, please provide your e-mail address to me and we will add it to the district list.

More news about this in the next issue of this magazine. Come join us at the district convention, I promise you will not be disappointed!

Club Activities

AKRON donated \$300 to the Akron-Westfield FFA in gratitude for helping with the Omelet Breakfast, \$500 to the A-W Athletic Booster Club to be used in the rebuilding of the school sports field, updating concessions and handicap access, and \$50 to Camp Hertko Hollow; purchased \$150 in Christmas gifts for a family through Mid-Sioux Opportunity.

BADGER donated \$500 to Iowa Lions Foundation, \$500 to LCIF, \$750 to Leader Dog, \$500 to the Salvation Army, \$500 to Lord's Cupboard, \$500 to Lotus Homeless Shelter, \$1,000 to Beacon of Hope Men's Shelter and \$500 to Badger Fire Department.

BOONE KidSight screened 297 children this fall.

CHURDAN delivered Meals on Wheels every week; replaced 18 windows in the City Park Caboose which were broken by vandals; had 33 kids at the Christmas drawing; donated to the Adopt-a-Family Program; gave \$400 to families in need.



CARROLL participated in the Toys-for-Tots drive (pictured above); assisted with a "shopping spree" for 80 disadvantaged kids at Bomgaars; donated \$200 for a new ear mold for a low-income citizen; screened 52 children at the Glidden-Ralston Pre-school; donated \$2,000 to Iowa KidSight.

FORT DODGE NOON held its traditional December Christmas Party with DG Pat Essing and VDG Mike Mulrone presenting several awards; KidSight screened a total of 1,154 children.

HARTLEY published the results from the annual Calendar Raffle Drawing, a solid fundraiser for many years for the club; had a well-attended Christmas Party with delicious food and high spirits.

MADRID placed eyeglass and hearing aid recycling boxes in public buildings around town and at local churches.

MANSON had a wonderful Christmas party and awarded service chevrons; the raffle in support of the local food store resulted in almost \$3,300 profit. DG Pat and PDG Mark went to Lake City with Lion Santa Tim Shea for the swimming event; donated to LCIF, Iowa Lions Foundation and Camp Courageous.

PETERSON donated a \$500 meat bundle to Midwest Christian Services, a boy's home just outside the town; installed a new town sign, replacing an old, faded one; decorated the old fire truck for Christmas (pictured above) and participated in Christmas parades in the towns of Spencer, Sutherland, Royal, Sioux Rapids and Peterson; donated to Camp Courageous and to the Upper Des Moines Food Pantry.

WOODWARD held two bingo fundraisers resulting in more than \$600 profit for the community; passed out hot chocolate at the Town Christmas Tree Lighting Event.

Deceased Members

Club	Member	Years a Lion
Fort Dodge Evening	James H. Lee	49 years
Grand Junction	Vernon Fritz	21 years
Grand Junction	Alice Fritz	18 years
Rolfe	PDG Glenn Markley	14 years
Madrid	Lynn Depping	37 years



MAKING A MARK. Rippey Lions Club had a replica of their logo painted on the concrete of the new outdoor basketball court they helped to build.

We Welcome Our New Members

Club	Member	Sponsor
Lehigh	Leopoldo Eugene Hillmann	Ray Bass
Ogden	Joshua Heyer	Richard Larson

DISTRICT 9NW CONVENTION REGISTRATION FORM

(please send one form per attendee)

April 5-6, 2024

WILD ROSE CASINO & HOTEL
777 WILD ROSE ROAD, JEFFERSON, IOWA
PHONE 515-386-7777

NAME: _____

DISTRICT: _____ (Circle one) Lion / Leo / Guest

CLUB: _____

PHONE #: _____

E-MAIL: _____

Please note any special dietary needs.

I would like a display table for:

FRIDAY: HAWAIIAN NIGHT Dress Hawaiian
7:00 PM Card Bingo with Hawaiian Desserts

SATURDAY CONVENTION 10:00 AM -2:30 PM
Continental breakfast and lunch • Silent auction

REGISTRATION FEE (\$25.00)

Make checks payable to District 9NW

Send completed registration form and registration fee to:
Manson Lions Club
PO Box 911
Manson IA 50563

Lodging Information

Cobblestone Inn & Suites, 771 Wild Rose Road,
Jefferson, Iowa • Phone: 515-386-3535

Hotel reservations are attendee's responsibility. Call hotel directly and mention "Lions." \$109 incl. breakfast.

Rate good through March 31, 2024.

District 9NE

District Governor
Bruce Piehl

127 East Main Street
Denver, Iowa 50622

817-487-5400

bepindy1@yahoo.com



New Year's Resolutions

Setting New Year's resolutions is a great way to focus on positive change in your personal life and in your life as a Lion, but be fair with yourself. Don't be so rigid that you can't make adjustments to those goals.

No goal travels in a straight line. There are always curves and delays on the road, but at times, the road becomes blocked, or you find yourself in a cul-de-sac going in circles. When you hit these unexpected obstacles, review your goal and assess the barriers.

Make sure your goals are specific and achievable from the outset. Make them measurable. Be open to advice from others on how to modify your goals or achieve them.

Lions Mission 1.5

Each year, Lions International sets a goal of serving more people. From July 2022 to June 2023, more than 530 million people received humanitarian assistance from Lions worldwide. This was accomplished by 1.4 million Lions.

LCI President Dr. Patti Hill wants Lions to reach 1.5 million members worldwide by 2027. If we don't have a target at which to aim, it cannot be achieved.

Dr. Hill states, "We're on a mission to grow. And social media is one of the best tools we have for spreading our message, sharing success stories, and inspiring fellow Lions to join the drive to reach 1.5 million members worldwide."

Dr. Hill remarks that we need to begin with growing our clubs. Each Lion can ask others to join. We need to let prospective members know that it is a great opportunity to become a Lion; not a burden. Serving others not only contributes to the betterment of society but also leads to a sense of purpose and personal growth.

Dr. Patti Hill urges us to answer the call. So add a Lions goal to your list of personal goals. Encourage your relatives, friends and acquaintances to join! Remind them that a life of volunteerism is about giving back to others and making the world a better place.

Peace Talk

Wouldn't it be nice if the Lions Club could promote peace throughout the world? There is so much unimaginable suffering in so many countries around the world. It seems unlikely that one club could accomplish any steps toward peace. However, there are small steps that we can take to help with achieving peace.

The first step is to stay informed of global conflicts. Awareness is key to being able to take steps to help others in desperate situations. Invite your Leo or Lions club to do a Public Service Announcement about world events and the needs of the people who are innocently involved. Volunteer for peace organizations.

Advocate for equity in your community. Join online or in-person task forces in your community that address solutions to social inequalities. Read articles or books about inequalities to understand the forces that prevent change for the better. Join in on dialogues with minorities or marginalized members of your community.

We should be thirsty for dialogue with those who are different from us. It is past the time to address inclusion. Strive for diversity in your club. Find people who have physical or intellectual disabilities or are excluded for some reason.

Fund humanitarian efforts to improve health, safety, and recovery after natural or wartime disasters.

Be mindful of the global impact of your actions. Support fair trade, ethical business practices, and activities that contribute to global well-being. We need to strive toward being responsible global citizens.

Finally, make sure your club is giving press to students who make peace posters from 2023. For over 30 years, Lions Clubs have sponsored this art contest for children aged 11-13. This contest offers children the chance to envision and expand their concept of peace. They translate their vision into art. These creative works of art inspire others to think about global peace.

If your club is not inviting your local school, churches, or library to participate, please consider doing so.

*We are sorry for the loss
of these dedicated Lions*

Dyersville – Jim Heavens
Dyersville – Steven Salter
Hopkinton – Robert J. Porter
Hudson – Don Swanson
New Hampton – Harlan Pose
West Union – Norma Jones



HELPING VETERANS. Cedar Falls and Hudson Lions work at the new Americans for Independent Living building in Waterloo. AFIL is a nonprofit organization that serves veterans in need. Seven volunteers from the two clubs volunteered 82 hours to help meet the deadline for an \$85,000 Lowe's Hometowns Grant for AFIL.

Club Activities

CEDAR FALLS participated in "Wreaths Across America" by laying wreaths at the Iowa Veterans Cemetery; held garage sales to help fund camperships at Camp Courageous; rang bells for Salvation Army.

BALLTOWN cut and split firewood to sell as a fundraiser; sold calendars to raise money.

DUBUQUE EVENING rang the Salvation Army bell.

GARRISON put together "Sunshine Baskets" to be distributed to the area's elderly and shut-ins.

HAWKEYE wrapped gifts and delivered Christmas sacks to people in need in their community.

HUDSON joined the Community Church of Hudson in their Angel Tree Program, buying gifts for a family and then wrapped and delivered them to the church; donated \$800 to KidSight to help pay for the administrative and interpretation costs; KidSight screened at four sites in November; knitted 10 stocking caps for kids and adults in need.

JANESVILLE held its annual Christmas Party for North Star supporters from Waverly with members organizing the party and purchasing food and gifts for the guests. A band held a Christmas carol sing-a-long and performed songs for the guests and their support staff. Members served pizza, Rice Krispie bars, pop, and water to all the guests. The meal was followed by a magician and his assistant performing a magic show. The evening ended with a visit from Santa and Mrs. Claus who presented a gift to each North Star supporter.

JESUP delivered, set up, and educated residents on using medical equipment.

NEW HAMPTON conducted a KidSight screening.

VINTON held a chili supper to raise \$3,000 for Eastern Iowa Honor Flights for Veterans; rang bells for the Salvation Army.

WAUKON bought \$102 worth of toys from the Ronald McDonald House wish list on Amazon.

We Welcome New Members

Club	Member	Sponsor
Dubuque Evening	Christopher Whitt	Kathy Skemp
Waterloo	Earl Williams	Andrew Mauer
Waverly	Lindsay Eckerman	Terryne Meier
West Union	Casey Crookston	Leroy Soppe



RAMP IT UP. Waverly Lions Dave Wylam and Augie Waltmann build another ramp to aid a person with a disability access to their home.



PROMOTING PEACE. Belle Plaine Lions host their annual Peace Poster contest with seven students participating. Pictured (L-R) are Belle Plaine elementary art teacher Gina Miller, Honorable Mention Lucy Smith, Honorable Mention Rawnie Derby, contest winner Sadie Jacobi and Peace Poster contest chairman PDG Jack Schlesselman.

District 9SE

District Governor

Michael D. Renken

PO Box 75

Lockridge, Iowa 52635

319-537-0073

godsworker@farmtel.net



Well, winter finally came. As I sit to write this, snow is falling heavily and filling in the sidewalk after I've already been out and scooped the 8 inches that fell before. It gives time for reflection and anticipation for the activities that are yet to come to finish out the Lion year.

Did you accomplish all the service projects you wanted to? Did you have new ones you tried? Most importantly, did you get them reported though MyLion? Yes, that way you can brag about what your club is doing in your area of the district.

I have been looking for the next leaders of the district. Who is willing to step up and lead to the next level of excitement in Lionism? What gifts do you have to share with others that can help to improve the line of succession for leaders? We are in need of zone chairs, vice district governors and a district governor. We will also be electing a trustee to the Iowa Lions Foundation and a representative to the Editorial Board, which oversees *The Iowa Lion* magazine.

Yes, there are district cabinet meetings to attend, yet you make new friendships and will have that friendship for a lifetime. There will be club visits, sharing of Monarch Chevrons for years of service to members. This is the life of our clubs. That service is anywhere from 5 years to 70 years and could be even 50 year charter members.

If you choose to run for district office, or would like more information, please let me know. Deadline to get on the ballot is March 14.

With this in mind let's consider these ideas as we look to the 9SE District Convention coming up April 12 and 13 at Wooden Wheel Vineyards and Winery in Keota, just west of West Chester on Highway 92.

Plan for a time of fun and learning with our speakers and a fun time of Silent auction items, tail twisting, Chuck a duck fun and the other activities of Convention. Remember to register early. We hope to see you there.

You can see more information about the activities planned for the district convention on Page 26 in the digital section.

WELCOME NEW MEMBERS

Club	Member	Sponsor
Columbus Junction	Linda D. Mitchell	Benjamin Quint
Corydon	John D. Buttz	Russell Danielsen
Danville	Patrick Wallace	Mary Fortin



MEMBERSHIP KEY. Washington Lions Club Secretary Alan Olson presents Lions International Membership Builder Key to Past District Governor Rachel Nicola for bringing in 10 new members over the years.



DECORATING FOR SANTA. North Liberty Lions set up for their annual Breakfast with Santa event. Pictured (L-R) are Tom Van Buer, Jim Short and Jake Vander Hoek

9SE CLUB ACTIVITIES

BIRMINGHAM hosted a soup supper offering seven different soups and a variety of desserts raising \$576; donated \$330 to Iowa Lions Foundation; held a blood drive.

COLUMBUS JUNCTION straightened 24 street signs; held a Peace Poster contest at the local middle school and honored the winners at a club meeting with prizes awarded to 1st, 2nd, and 3rd place.

CORYDON picked up scrap metal and sold it for \$425.

CRAWFORDSVILLE conducted its annual Christmas drawing; conducted its semi-annual community blood drive; hung Christmas lights around town for the whole town to enjoy during the holiday season.

FORT MADISON manned Salvation Army kettles.

IOWA CITY transported eye tissue to the Iowa Lions Eye Bank; KidSight screened 490 kids.

LONE TREE put up 164 flags for Veterans Day.

NORTH LIBERTY put up 50 flags in honor of Veterans Day

OSKALOOSA helped Oskaloosa emergency responders shop for Christmas gifts for children in need; helped the Oskaloosa Elks Lodge prepare and serve a pork loin dinner in appreciation of veterans; assisted Oskaloosa Optimist Club with putting out flags for Veterans Day; sponsored a Leader Dog in honor of a member's grandchildren for Christmas.

OLON CENTENNIAL helped display and retrieve United States Flags throughout Solon neighborhoods, in partnership with the Optimists; helped move tables from other buildings to the Family Life Center and set up for the annual Christmas Tree Walk where service organizations and businesses bring and decorate their trees to display.

VICTOR distributed boxes of food to community members so that they could prepare a holiday meal for their families serving 20 people; held its annual Christmas raffle, raising \$2,000.

In Memoriam

Club	Member	Years a Lion
Lone Tree	Ronald E. Rife	19 Years
West Chester	Chuck Freeman	2 years

LIONS DISTRICT 9SE CONVENTION

“Lions are HEROES Changing the World”

April 12-13, 2024

Wooden Wheel Vineyards & Winery
1179 Highway 92, Keota, Iowa

REGISTRATION FORM

NAME: _____

Lion? Y / N OFFICE HELD: _____

NAME: _____

Lion? Y / N OFFICE HELD: _____

ADDRESS: _____

PHONE #: _____

E-MAIL: _____

CLUB: _____

Please note any special dietary needs.

I need a display table for: _____

I will take part in the following Friday daytime activities:

Please mark # attending

____ Tour of Iowa Lions Eye Bank, Coralville (10:00 AM)
Reservations needed due to limited space

____ Lunch @ Kalona General Store & Eatery (12:30 PM)
Order on your own off the menu

Friday Night Heroes Reception - 7:00 PM
Wine tasting, heavy appetizers, cash bar (dress patriotic)

No. ____ x \$10 = _____

Saturday Convention (*includes breakfast & lunch*)

No. ____ x \$30 = _____

Late Fee (*registrations postmarked AFTER April 1, 2024*)

No. ____ x \$ 5 = _____

Total Enclosed = _____

Make checks payable to: **Lions District 9SE**

Mail to: PDG Debbie Doty

PO Box 251

University Park IA 52595

**CLUBS remember to bring your banners and yarn for
Awesome Breastforms (see acceptable yarn list at
<https://www.iowalions9se.org>)**

District 9EC

District Governor
Rick Baughman

611 South 5th Street
Eldridge, Iowa 52748

563-343-3848
baughman611@gmail.com



November and December were busy months for Ann and me. We continue to rack up the miles on the Ford Edge, but we are having a great time visiting clubs and their projects.

Plans are in progress for our 9EC District Convention to be held on March 15-16. A social time will be held on March 15 at the Jones County Local in Anamosa at 6 p.m. We will order off the menu. We have an exciting day planned for March 16 at the Lawrence Community Center in Anamosa. Past International Director Bud Wahl and his partner in service Jama will be our guests for the weekend. Both will be presenting great talks for us. The registration form is on the next page. Sign up early to help the Anamosa Lions Club prepare for the crowd. A wonderful time will be had by all!

Mark your calendars for April 17, 18 and 19 as you won't want to miss this opportunity! Our district is honored to have Past International President and Board Appointee Justice Brian Stevenson in our presence on these three dates for a special LCIF Presidential pinning ceremony (Bronze - \$50, Silver - \$100 and Gold - \$200) for this year's LCIF individual donors.

If you would like PIP Stevenson to induct your new member(s) or present any Melvin Jones Fellowships or Progressive Melvin Jones Fellowships, please let me know so we can make those arrangements in advance.

Remember, state award nominations are due by Feb. 28. Forms can be found on the [Iowa Lions website under Forms](#). District award nominations are due by Feb. 15 and forms can be found in the District newsletter.

*We are sorry for the loss
of these dedicated Lions*

Member	Club	Years a Lion
Lorenz Behrens	Eldridge	50 years
Maggie Curry	Fruitland	8 years
Lisa Villeneuve	Lowden	2 years
Dennis Joslyn	Monticello	29 years
Ken Minor	West Liberty	45 years

NEW MEMBERS

Member	Club	Sponsor
Jerry Humpfer	Alburnett	Jim Carver
Terry Scott	Bettendorf	Patricia Larson
Ron Hill	DeWitt Noon	William Moeller
Breanna Lanhart	DeWitt Noon	Beth Lanhart
Deb Maloney	DeWitt Noon	Susan Hasenmiller
Mark McDermott	DeWitt Noon	Steven Thayer
Dan Radke	Eldridge	Mark Wall
Sandra Radke	Eldridge	Becky Wall
Brian Hoffman	Goose Lake	Maurice Jensen
Shirley Gibb	Stanwood	Reinstated
Alysha Myler	Tipton	Sarah Crock
Dylan Myler	Tipton	Ken Crock

STRENGTHEN THE PRIDE

ALBURNETT passed out 129 free lunches during Santa Days (pictured right); held its annual Christmas party with an ugly sweater contest and games; made donations to families in need during the holiday season.



ANDOVER assembled holiday food baskets and hosted a community Santa visit where kids decorated sugar cookies and received a goody bag.

BLUE GRASS cooked a meal for a family in need; transported senior citizens to different medical appointments; helped Blue Grass American Legion with their pork chop dinner.

BETTENDORF held the annual Christmas party with Santa's helper there to assist with the festivities; delivered holiday food baskets.

BELLEVUE AREA CENTENNIAL hosted a holiday social combined with membership drive.

CEDAR RAPIDS NOON conducted 283 Iowa KidSight screenings and eyeglasses fitted.

CENTER POINT held a bake sale during the Main Street Holiday event to raise funds to purchase FFA jackets for the new chapter at school.

DE WITT NITE purchased 150 children's kits for emergency room visits; hosted a movie and meal with Santa with canned goods and money collected; and provided free meal to community as a thank you for their support of the fundraiser for the DeWitt Referral Center.

DE WITT NOON donated to Iowa KidSight; conducted Iowa KidSight screenings; sponsored a Peace Poster contest; and delivered Meals on Wheels.

DELMAR hosted a soup supper for the Festival of Lights.

ELDRIDGE

delivered meals for Milestones; held a Friendly Friday at the Middle School (pictured right); held game night at Grand Haven; donated \$1,000 to the local food pantry; helped fill holiday food baskets and hand them out; transported eye tissue; collected eyeglasses for recycling.



FRUITLAND held its annual Senior Christmas Luncheon.

LOW MOOR held a Feather Party fundraiser; delivered fruit baskets to 53 homes; conducted KidSight screenings; and held its holiday breakfast social for members and guests.

LOWDEN held their annual Christmas Party and game night.

MAQUOKETA hosted a Texas Hold 'Em poker tournament; held a Dairy Queen fundraiser.

MILES collected food items and funds for the Manna Center.

MONTICELLO volunteered at the food pantry; had a Christmas party.

OLIN hosted Christmas on Main Street Celebration with soup supper, Santa, free turkey drawings and lots of fun activities.

OTTER CREEK delivered Meals on Wheels; performed Legion Hall maintenance; collected shoes for Soles4Souls.

PARK VIEW held their Supper With Santa event at elementary school and gave away eyeglass cases and sunglasses; and continued to collect recyclable items.

PRESTON held a Prince and Princess Contest for the town's Christmas celebration; conducted Iowa KidSight screenings; constructed a 4-foot by 8-foot building for vendors to use on a temporary basis for community events.

STANWOOD conducted Iowa KidSight screenings; gave donations to the food pantry and New Horizons 4-H Club; held Christmas dinner social at Mill Creek Café in Clarence.

TIPTON sold Christmas trees; held a club Christmas party; sponsored a Peace Poster contest; constructed a handicap accessible ramp; did roadside cleanup.

WALCOTT held a Christmas party; delivered Christmas wreaths.

WEST BRANCH transported eye tissue; decorated the Iowa Lions Eye Bank Donor Memorial and Healing Garden for the holidays; purchased gifts for a family in need; held a Christmas party for members and guests; co-hosted blood drive with the American Legion; worked the Carver Hawkeye concession stand.

WYOMING decorated downtown with their Christmas lights.

9EC Convention

Mar 15, 2024 • 6:00 pm Optional Social
The Jones County Local
22962 Co Rd E34, Anamosa, IA
(Order off the Menu)

March 16, 2024 • 8:00 am registration
Lawrence Community Center
600 E Main St Anamosa

Registration Form

Please print clearly

NAME #1 **OFFICE HELD**

_____ LION (Y/N) • First Time (Y/N)

CLUB/DISTRICT

PHONE # EMAIL

NAME #2 **OFFICE HELD**

_____ LION (Y/N) • First Time (Y/N)

CLUB/DISTRICT

PHONE # EMAIL

(OPTIONAL): I need a display table Y / N

Registration Only (no meals) # _____ @ \$15 = _____

Registration w/ Lunch/Breakfast # _____ @ \$30 = _____

TOTAL ENCLOSED \$ _____

attending Friday social _____

Mail check payable to **Anamosa Lions Club**
and registration form by **March 1st** to:

Lion Susan Good
609 E 1st Street Anamosa, IA 52205

Hotel: AmericInn by Wyndham
101 Harley Ave, Anamosa
RSVP directly to Hotel by February 15
319-462-4119

Group: Anamosa Lions Club

District 9SW

District Governor
Dawn M. Goodsell

109 Rosa Drive
Neola, Iowa 51559

402-290-1155

dawngoodsell5@gmail.com



CLUB SPOTLIGHT: Indianola Noon

Each month I would like to spotlight a club that has stuck out with service work and reporting. Indianola Noon Lions club did an awesome job keeping busy this holiday season. They are always busy working on helping others in their community as well as giving to those when needed. With the help of Gary Richardson, the club continues to receive service hours for all the time and energy that he puts in supporting music in their community which includes the college and their local schools. This Christmas, they also provided the following:

- Donated to the Warren County Leadership
- Donated food to the Open Table Community Meal Program
- Donated to the Helping Hands Hydroponic Grow System
- Donated to Sleep in Heavenly Peace beds project
- Donated to Helping Hands Operation Christmas
- Donated to our 9SW district Hunger Fund, as well as well as the food pantry

There are other projects that they have contributed to as well. I love that they think outside the box and spread the support to so many in need. Each year, the

club holds an awards luncheon to support the efforts of their fellow Lions and celebrate their works. This group truly shows humanitarian effort in all they do. I have had the privilege to be a part of this luncheon for the last two years and really enjoying seeing everyone and celebrating their successes.

District 9SW Club Statistics

Beginning balance: 1,159 members

Added: 90 New members

Dropped: 71 Members

Closing balance: 1,178 members

Net gain: 19 new members for 1st 6 months.

Where would I be without giving you our district numbers to date? “We are looking good, Hollywood!”

We are at a positive for growth and I am so appreciative for making this happen. Please keep up the good work. Remember, sustainability means growth. If you are in need of a skill set for your club, reach out and find that someone to make your club better by filling this gap.

Perry Iowa Needs Our Prayers

Please keep Perry Iowa in your prayers. I have reached out to the Perry Lions Club to let them know that our district is here if they need anything. Please pray for the families, teachers, friends, and all the students in Perry during this time of need.

As I sign off, please remember to stay healthy, stay safe, and keep doing the awesome things that you do.

New Members

Member	Sponsor	Club
Jake D. Longden	Josh Shull	Adel
Sara Sanson	Tamara Ross	Afton
Agnes D. Hoepker	Connie Thompson	Creston
Mark Estes	Rick Wilson	Indianola
Jenny Repplinger	John Akers	Indianola
James D. Repplinger	John Akers	Indianola
Aaron M. Mason		Milo
Marian J. Wellman	Irene Lavine	Neola
Bobby Jo Stanley	Reba Reed	New Virginia
Joseph E. Shelly	Louis Hoger	Perry
Andrew M. Stout S	Patrick Graney	Perry
Bradley Allen Sinclair	John Walker	St. Charles



CONVENTION HOSTS. Audubon Lions Club hosted the District 9SW Convention on Nov. 18 and made it a success.

Acts of Service

Due to the 2 month reporting for service, only one service project will be listed this issue per club.



PRESIDENTIAL APPRECIATION. At the 9SW Convention, International Director Ron Keller and District Governor Dawn Goodsell presented Lions International President's Certificates of Appreciation to 9SW District Cabinet Secretary Beverly Fletcher (pictured above left) and to Lion Juanita Reynard (pictured above right) for all of the hard work they do for the district.



INTERNATIONAL GUEST. 9SW was blessed to have International Director Ron Keller and his wife Kitty attend its convention. ID Ron gave a wonderful talk on membership and growing our clubs

ADAIR – Reported 2 service projects ; Helped at food pantry

ADEL – Reported 2 service projects; donated to many organizations in the community

AFTON – Reported 2 service projects; Conducted Ham and Turkey Giveaway for Christmas

ATLANTIC – Reported 8 service projects ; Fundraiser Christmas Tree sales

AUDUBON – Reported 10+ service events; sponsored a movie during Christmas.

DIAGONAL – Gave out candy and peanut bags after a Christmas program.

EXIRA – Reported 9 service events; held a bake sale fundraiser for Leader Dog puppies.

FONTANELLE – Reported 2 service events; hosted a Pancake Day with a visit from Santa.

GLENWOOD – Reported 2 service events; helped at the food pantry.

GUTHRIE CENTER – Sponsored a Blood Drive.

HAMBURG – Held its annual Chili Cook Off and Craft Fair fundraiser.

LORIMOR – Reported 2 service events; Sponsored Santa Visit and gave out gift baskets

MARTENSDALE – did citywide clean up.

MISSOURI VALLEY – Reported 6 service events; helped at Christmas Store and adopted a family for Christmas.

MURRAY – Decorated the town of Murray with Christmas lights.

NEOLA – Reported 3 service events; worked can redemption.

NORWALK – Conducted Bingo for residents

PERRY – Reported 5 service events; helped organize Toys for Perry Kids project.

REDFIELD – Reported 4 service events; participated in Christmas caroling at the Stuart Community Center.

VILLISCA – Reported 2 service events; worked the food pantry.

WAUKEE – Reported 4 service events; worked many shifts for Salvation Army bell ringing.

WINTERSET – Reported 4 service events; gathered plastic bags for Bags to Benches project.

In Memoriam

Member	Club	Years a Lion
Mary Kilcoin	Adair	5 years
Margo Fuller	Creston	21 years

A View from the Chair

Council Chair
Nadine Brockert
6814 McIntire Road
Muscatine, Iowa 52761
563-260-1923
nadineb@machlink.com



Another new year is upon us. Since it's February, most of us have already forgotten our well-intentioned New Year's resolutions. Old habits are hard to break.

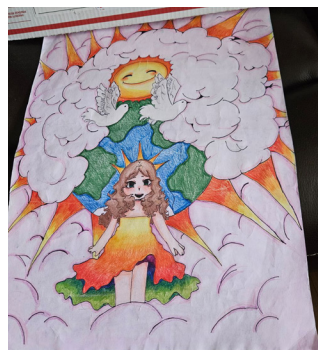
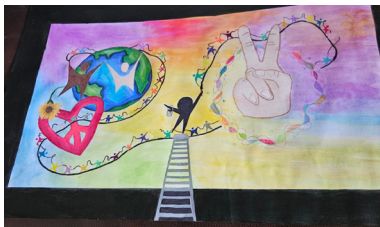
Peace Posters were submitted by six of our seven districts. The winning poster for Multiple District 9 was painted by Kati Newton, 13, from Mt. Ayr Community Schools in District 9SW. The sponsoring club is Mt. Ayr Lions Club, Stephen Trullinger, President. The student's quote about peace, "Peace



doesn't have to be a dream."

Other district winners include:

9NE – Natake Schaefer, 13, St. Patrick School, Waterloo. Sponsoring club Cedar Falls Noon Lions, Blake Bishop, President. Student quote about peace: "To me, peace is when people get along and are united with their similarities and differences".



9EC – Lauren Webinger, 12, Central DeWitt Intermediate School, DeWitt. Sponsoring club DeWitt Noon Lions, President Janette McMahon. Student quote about peace: "Peace means to have freedom and happiness today and in the future".

9MC – Alexa Gonzales-Alvarez, 11, Lenihan Intermediate School, Marshalltown. Sponsoring club Marshalltown Evening Lions, President Steven

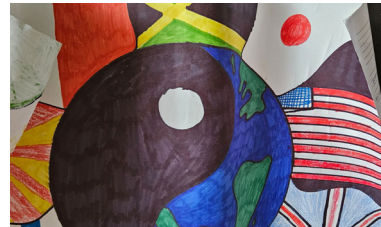


Hyde. Student quote about peace: "Everyone can help make the world a better place".

9SE – Sophie Spitznogle, 12, Louisa-Muscatine Junior High School, Letts. Sponsoring club Grandview-Letts Lions, Kevin Schlutz,



President. Student quote about peace: "I thought of all the joy and happy (sic) everyone looks when they aren't being judged; it makes me very happy".



9NC – Joscelyn Hoodjer, 12, Ackley-Geneva-Wellsburg-Steamboat Rock School, Ackley. Sponsoring club Ackley-Geneva Lions,

Dale Brass, President. Student quote about peace: "There can be peace anywhere as long as there is not fighting".

Congratulations to our district winners and thank you to all the clubs and students who participated.

The New Lion Portal Update

You may have been wondering about updates regarding Lions International's cut-over to the Salesforce based system. I received word from International the latter part of December that cut-over has been delayed once again with no new target date. I will keep the district governors updated so that they can share with their club presidents and secretaries.

We are well into the second half of the current Lions year. Our 1st and 2nd vice district governors are well into training for their upcoming roles. Unfortunately, we have districts with neither a 1VDG or 2VDG, and their current DGs had to be voted upon by their districts in a special meeting and appointed by LCI.

This situation isn't ideal under any scenario. We need to ask ourselves what is keeping our best and brightest from stepping up into district and state leadership. What can we do to make being a district governor more appealing? Is it money, time commitment, travel, etc., that is keeping Lions from stepping up? Is it politics? Horror stories? Resistance to new people/new ideas?

Whatever it is, we need to work together to root out negativity and quickly. Our current course is not sustainable. We also need to recognize that some of our best candidates have no desire to "move up" into district and state leadership roles, and those wishes need to be respected. Every organization needs a strong base.

2024 Iowa Lions State Convention – May 31-June 1, 2024

Diamond Event Center, 5307 Caraway Ln, Cedar Falls, Iowa

REGISTRATION FORM

ROOM RESERVATIONS are your own responsibility. Mention **Iowa Lions** for discounts at the following Cedar Falls hotels (all include free breakfast): **Hampton Inn Downtown Cedar Falls**, \$139 +tax, 101 W 1st St. • **Comfort Suites**, \$114 +tax, 7402 Nordic Drive • **Super 8**, \$85 +tax, 7515 Nordic Drive. Go to www.cedarfallstourism.org/iowalions to make reservations at the aforementioned hotels. The group rate expires April 30, 2024.

FILL FORM OUT COMPLETELY – PLEASE PRINT LEGIBLY

NAME 1 _____ LION LEO GUEST
 CURRENT OFFICE HELD _____ FIRST TIMER? YES NO
 CLUB _____ DISTRICT _____
 ADDRESS _____
 TELEPHONE _____ EMAIL _____

NAME 2 _____ LION LEO GUEST
 CURRENT OFFICE HELD _____ FIRST TIMER? YES NO
 CLUB _____ DISTRICT _____
 ADDRESS _____
 TELEPHONE _____ EMAIL _____

Please mark if you would like to participate in the following activities being planned by the Cedar Falls Lions Club on Friday, May 31. Some activities may be at your own expense and/or may require a minimum number of people to participate.

Pickle Ball Tournament Corn Hole Baseball Tournament Historic Downtown Scavenger Hunt Wine Tasting

DEADLINE: Registrations should be **postmarked by Friday, May 17, 2024**. Registrations postmarked AFTER that date will incur a \$10 late registration fee. No meals can be guaranteed for registrations received after May 22, 2024.

Select a Package:	Number	Cost
Full Package (includes Saturday lunch, registration & banquet)	\$85.00 per person x _____ = _____	
Lunch Package (includes Saturday lunch & registration)	\$40.00 per person x _____ = _____	
Registration Only (no meals)	\$25.00 per person x _____ = _____	
Banquet Package (includes Saturday banquet & registration)	\$50.00 per person x _____ = _____	
First Timer's Full Package (includes Sat. lunch & banquet)	\$70.00 per person x _____ = _____	
First Timer's Lunch Package (includes Saturday lunch)	\$25.00 per person x _____ = _____	
ADD Late Fee (if postmarked after May 17, 2024)	\$10.00 per person x _____ = _____	
Friday Night Dinner provided by CF Lions Club	\$16.00 per person x _____ = _____	
	TOTAL AMOUNT DUE	_____

Special Dietary Needs: _____

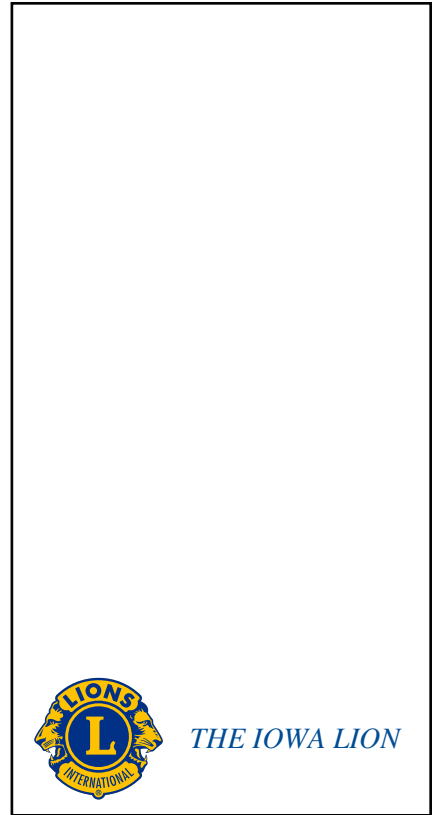
I need a vendor table for: _____ (All vendors must be registered to get a table)

Please make checks payable to: *Lions Clubs of Iowa MD9 Convention*
And mail to: Treasurer Lisa Prochaska, PO Box 527, Clear Lake, IA 50428
Phone: (641) 373-1942 or (563) 920-0857 E-Mail: MD9conventions@iowalions.org

Watch for online registration form coming soon at www.iowalions.org *There is a \$5 convenience fee for online registration.*
ABSOLUTELY NO REFUNDS FOR CANCELLATIONS AFTER MAY 22, 2024.



CHRISTMAS CROWD. Citizens of Crawfordsville gather inside the Crawfordsville Fire Department bays in anticipation of the annual Crawfordsville Christmas Drawing.



Crawfordsville Lions Give Gifts to Community

*By PDG Debbie Doty
Editor, The Iowa Lion*

Lions across Iowa celebrate the holidays by supporting their local communities. The number and type of projects and fundraisers varies greatly.

In Southeast Iowa, the Crawfordsville Lions Club has a long-standing tradition of doing a gift drawing in December as a way to give back to the community that supports them through the year. Local businesses and Lions members donate items that are raffled off on a Saturday before Christmas.

The club prints numbered postcards that are mailed to every Crawfordsville postal address, both rural and in town. The postcards, which announce the date and time of the Christmas drawing, also serve as raffle tickets on the day of. Community members bring their tickets and their lawn chairs to the Crawfordsville Fire Department on drawing day, where they can start off with a sweet treat at the 4-H Bake Sale and a visit with Santa Claus before the actual raffle begins. There is no charge for raffle tickets.

Past Council Chair Nancy Oehler Love, a member of the Crawfordsville Lions Club, said there are

always enough gifts that everyone gets at least one. Prizes range from hams and meat bundles to gift baskets and handcrafted items. Once everyone has received a prize, the tickets are placed back in the hopper to draw again.

“People look forward to it every year,” said Love. “It’s our club’s way of saying thank you to the community for their support.” The air of good cheer and camaraderie can be felt throughout the room.



ALL I WANT FOR CHRISTMAS. A young girl visits with Santa at the Crawfordsville Christmas Drawing.

ADDITIONAL DIGITAL COVERAGE

Norwalk Lions Club Annual Lobster, Shrimp and Steak Dinner



Get ready for a total eating experience! Bring your favorite beverage/cooler, a pair of scissors or nut crackers if you are a lobster lover as you will be served the whole FRESH MAINE lobster!

Your meal includes 1 main dish, coleslaw, baked potato, and dinner roll. If you have any questions contact David Lester at 515-681-4929 or Michele Sparks at 515-321-6854

Saturday, February 24, 2024, Doors Open at 5:45 p.m. with Dinner Served about 6:30 p.m. at
St. John the Apostle Catholic Church, 720 Orchard Hills Drive, Norwalk

Silent Auction and raffle to follow dinner with a dance until 11:00 p.m. with music provided by
Music & Moonlight Productions.

REGISTER BY COMPLETING AND RETURNING THE FORM BELOW

OR ONLINE AT <https://forms.gle/8LbGTQ6DzsuMeyFc8>

Fresh Maine Lobster @ \$40 per meal

Steak or shrimp @ \$35 per meal

ORDER DEADLINE: Wednesday, February 15, 2024. Reservations can be made by mailing the form below with full payment to Norwalk Lions Club, 808 Gordon Ave, Norwalk, Iowa 50211.

Checks should be made out to *Norwalk Lions Club.*



Name: _____

Party Name _____

Address: _____

Phone Number: _____

City, State Zip: _____

E-mail Address: _____

All orders should be sent with payment to:

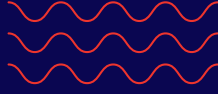
Norwalk Lions Club
808 Gordon Ave
Norwalk, Iowa 50211

	Quantity Ordered	Price per Meal	Total
Lobster		\$40	
Shrimp		\$35	
Steak		\$35	
Totals			

ADDITIONAL DIGITAL COVERAGE

9SE DISTRICT CONVENTION

Fri, April 12



10:00 AM - Tour of Iowa Lions Eye Bank
2500 Crosspark Rd, W300, Coralville

Convention attendees are invited to join us on a tour of the Iowa Lions Eye Bank in Coralville, Iowa. See how eye tissue is processed and the advancements in research made right here in Iowa (and District 9SE). Please mark your registration if attending. Tour groups have limited numbers.

12:30 PM - Kalona General Store & Eatery
121 5th St, Kalona

Have lunch on your own and shop this delightful general store full of Amish products. Lunch options range from \$8-\$15.

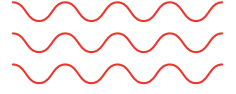
6:00 PM - 9SE Cabinet Meeting
Wooden Wheel Vineyards & Winery
1179 Hwy 92, Keota (5 miles west of West Chester)

7:00 PM - Heroes Reception
Wooden Wheel Vineyards & Winery
1179 Hwy 92, Keota (5 miles west of West Chester)

Celebrate Lions being "heroes changing the world" with a reception and wine tasting. Wear patriotic colors to honor our military heroes. Heavy hors d'oeuvres provided by West Chester Lions Club. Cash bar. You must be registered for this event to attend. Please mark your registration form.



Sat, April 13



Wooden Wheel Vineyards & Winery
1179 Hwy 92, Keota (5 miles west of West Chester)

8:00-9:00 AM - Registration & Breakfast

9:00-11:15 AM - Seminars

LCI Q&A - Bring your questions about Lions International for Director Hans Niedhardt to answer.

AWESOME BREASTFORMS - 1st Vice District Governor Shari Niedhardt from Potwin, Kansas, will share about this special project that has volunteers crochet and knit handmade prosthetic breast forms for women who have had breast surgery, including mastectomy, lumpectomy, explant surgery and women with developmental conditions. The service project for this 9SE convention will be to bring skeins of 100% cotton fiber yarn to contribute to this cause. Please see the list of acceptable yarns on our 9SE website.

LIONS PROJECT FOR CANINE COMPANIONS - Originally from Iowa, Lion Teresa Hart now lives in Bowling Green, Kentucky, where she is the North Central Regional Representative for Lions Project for Canine Companions, a national organization that provides expertly trained assistance dogs, free of charge, to people with disabilities.

TORI'S ANGELS - Based in Iowa, Tori's Angels Foundation provides assistance to families with children facing life-threatening medical conditions. They reach out to the community both near and far to gain the needed funds to distribute to families who need real-life angels to help them through one or more crises.

12:00 PM - Luncheon & Awards Ceremony

2:00 PM - Business Meeting & Elections

ADDITIONAL DIGITAL COVERAGE



KIDSIGHT AWARD. Davenport Breakfast Lion Jim Karr (left) receives the Iowa KidSight award for over 20 years of helping screen 8,000 kids. Award presented by President Ed Hanssen.



CHRISTMAS HONORS. (Above photo) Fort Dodge Noon Lions honored Lion Nancy Warren with a Warren Coleman Award during the club's annual Christmas party. Pictured (L-R) are 9NW Vice District Governor Mike Mulroney, Warren, Steve Rehmann and District Governor Pat Essing. (Below photo) The club also honored Lion Jeff Johnson with a Melvin Jones Fellowship during the party.



BOOSTER CLUB BOOST. Akron Lions Club President Julie Ford (far left) and Lion Gloria Thorson (far right) flank the Akron-Westfield Athletic Booster Club president as they present a \$500 check to the booster club to be used in the rebuilding of the school sports field, updating concessions and handicap accessibility.



LOWDEN CHRISTMAS. 9EC District Governor Rick and partner in service Ann (seated together in front middle) pictured with the Lowden Lions at their annual Christmas party. The club played Christmas tree bingo and DG Baughman presented the Club Excellence award to Lowden Club President Jessica Wright.

ADDITIONAL DIGITAL COVERAGE



HOLIDAY FOOD HELP. Reinbeck Lions Club donates \$300 to the Rebel Resources Gladbrook-Reinbeck High School to be used as grocery certificates in Christmas gift packs for 10 families in need.



SHOPPING FOR A CAUSE. Oskaloosa Lions Club donates money each year to the Operation Christmas project managed by the Oskaloosa Police Association. Members then show up at the local Walmart to help first responders and other volunteers buy the gifts. Each volunteer is handed one or more paper stockings with a child's preferences listed on it and is given a dollar amount to stay under. Pictured (L-R) are Past District Governor Debbie Doty, 9SE Children's Cancer Chair Erin Hogan, Susan Stearns, future Lion Caleb Smith and Club Treasurer John Stearns.



SPREADING THE WORD. Members of the Norwalk Lions Club man an information table at the Norwalk Public Library's Volunteer Fair that highlighted groups that serve the community.

ADDITIONAL DIGITAL COVERAGE

Valentine's Day Candle Light Dinner

February 17, 2024

Melcher-Dallas Community Center | Doors open at 5:30 pm

**Tickets are \$25.00 ea. OR \$40.00 per couple
Children's meal for \$10.00 (10 and Under)**

**Appetizers with Drinks, Dinner Salad,
Entree Choice: BBQ Chicken, or Smothered Pork Chop, or Lasagna,
all served with Sides, Roll, & Dessert.**

Romantic Music for your Listening Pleasure



*Sponsored by the
Melcher-Dallas Lions Club*

Tickets may be purchased from any Lions Club Member , DnS Grocery, or Marion County Bank