

The IOWA LION



April 2022

iowalions.org

School Nurse Chooses KidSight Vision Screenings Due to Personal Experience

By Cindy Peiffer

Highland Community School District Nurse

I have been the Highland Community School District nurse in Washington County, Iowa, for about two-and-a-half years. As the school nurse, I have a choice of what method I use to complete the required vision screenings for kindergarteners (KidSight, Vision Charts, etc). Due to my experience with my daughter, I choose to use KidSight.

My daughter Annie is now 8 years old and in the second grade. I was not the school nurse when Annie was in preschool. I am now.



Second grader Annie Peiffer discovered she had an astigmatism thanks to a KidSight vision screening in preschool.

When Annie was in 4-year-old preschool, she was screened at school with KidSight by the Lions club. Her screening revealed that she has astigmatism in both eyes. After the screening, I took her to an optometrist and she got glasses.

She wore her glasses during her kindergarten year. She thought she didn't need them for first grade, so I let her go without them. She didn't seem to struggle last year without glasses. I recently took her back to her eye doctor. Her exam showed that she still really needed glasses, so she currently wears her glasses.

I would not have known that Annie had a problem with her vision if she had not been screened by KidSight! She had always passed her vision screens at her routine physicals. She did not complain of tired eyes. She did not complain that the print in books was fuzzy or that she couldn't see the board in class. She was even reading above grade level.

It wasn't until I had her evaluated by an optometrist due to her KidSight screening results that I realized how impaired her vision was.

She now wears glasses full time. I asked her if she noticed a difference with glasses. She said it just makes the words clearer. She voluntarily puts them on in the morning and leaves them on all day, so I know they are helping her.

I was not the school nurse when Annie was screened, but I am now. I truly feel that her vision issues would have gone unnoticed for quite a while longer if she had not been screened with KidSight. I am so thankful to the Lions club for providing this service for young children!



UPCOMING EVENTS

April	Environmental Awareness Month Family & Friends Month Leo Club Awareness Month Donate Life Month
April 1-2	District 9NC Convention, Rockwell
April 9	District 9SE Convention, Virtual
April 24	District 9NE Leo Conference, Denver District 9NE Spring Leadership Conference, Denver
May 1	Dubuque Noon Lions Centennial Celebration, Dubuque Anamosa Lions Charter Night, Anamosa
May 14	District 9NE Celebration of Achievement, Strawberry Point
May 20-21	Iowa Lions State Convention Ames
May 21	Celebration of Hope & Renewal Iowa Lions Eye Bank, Iowa City
June 11	District 9NE Cabinet Meeting Cedar Falls
June 24-28	Lions Clubs International Convention, Montreal, Canada
July 29-31	Great Plains Lions Leadership Institute, Maryville, Missouri Advanced Lions Leadership Institute, Maryville, Missouri

WANTED: Lions to Serve

as MD9 Global Service Team (GST), Global Leadership Team (GLT) and Global Membership Team (GMT) Coordinators for the 2022-2023 Lions Year.

Submit your desire to serve in which position by **May 7, 2022** to **CC Bryan Bross** and **CCE Nancy Oehler Love**. A decision will be made at the State Convention Council of Governors meeting.

Check out the recommended goals and qualifications for each multiple district position on the [Global Action Team \(GAT\) Leadership page](#) on the Lions Clubs International website

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International Report

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Lions International Strategic Plan

Your Lions Clubs International Board of Directors and Lions Clubs International Foundation (LCIF) Board of Trustees have worked together since 1968 when LCIF was founded. Representatives from both boards have partnered every five years to coordinate the Long Range Planning Committee global plan. Our last team formulated “LCI Forward” for the years 2016-2021. In 2018, the International Long Range Planning committee began formulating long range plans for the years 2022-2026. Our current international board has announced the new **STRATEGIC PLAN** with a new “master brand” that will begin on July 1, 2022. Here are some frequently asked questions on the new Lions International “master brand:”

Why are we moving to the new Lions International “master brand?” To strengthen our association and Foundation, we needed greater integration of the two. One of the most visible ways to do this is to unify Lions Clubs International and Lions Clubs International Foundation (LCIF) under a single master brand—Lions International—and align our causes to show the world that we are united in our mission of service.

Does the new Lions International brand mean that we will no longer be Lions Clubs International and Lions Clubs International Foundation? We are introducing Lions International as our unified master brand for both our association and our foundation, but the actual names of each organization will not change. We will still use Lions Clubs International when referring specifically to the association, and Lions Clubs International Foundation when referring to our foundation. Together, they will be referred to as Lions International.

What is the timeline for introducing the new Lions International master brand? This is an exciting change for the association and LCIF, and one that will take time. We will be developing the new brand (including the brand story and visual and verbal guidelines) throughout the 2021-2022 and 2022-2023 fiscal years. We plan to officially begin rolling out the new brand to Lions and the world in fiscal year 2022-2023.

Will we continue to support our global causes?

Our global causes will remain a core focus of Lions International. Both our association and our foundation support our global causes of vision, hunger, the environment, childhood cancer and diabetes.

In addition, the foundation also supports disaster relief, youth programs and other important humanitarian initiatives. To better align the causes of the association and the foundation – and to better represent all of the other great services that clubs do – our new mission statement reflects our combined global service.

We will also be sharing new ways to talk about our combined causes as we roll out the new Lions International brand in fiscal year 2022-2023.

Since we are changing our master brand to Lions International, does that mean we’re moving away from our club model? Absolutely not. For more than a century, people have come together to form Lions clubs in over 200 countries and regions around the world. This club model is *not* changing. It is part of our ongoing strategic plan to continue to grow our membership and form more clubs worldwide. Clubs are still at the center of our organization and our mission.

Will new members be able to join Lions through Lions International or will they still need to join clubs locally? Members must be part of a club to be Lions and Leos—*this has not changed*.

Will we now have a single board of directors under the new Lions International brand? No, there will continue to be a board of directors for Lions Clubs International and a board of trustees for Lions Clubs International Foundation. They will both hold their regularly scheduled meetings each year as well as one joint virtual meeting annually.

Should clubs, districts and multiple districts use the Lions International name when referring to themselves? Clubs, districts and multiple districts should continue to use their own names when referring to themselves and continue to use the Lions logo as they always have. Clubs, districts and multiple districts can certainly say they are part of Lions International, which includes both our global association, Foundation and all Lions and Leos around the world.

Is there a deadline to update our club, district and multiple district materials with the organization’s new brand, mission statement and tagline? There’s no immediate deadline for Lions to update publications and other documents. Over the course of the new brand roll out, we will provide updates on the brand and guidance that will help Lions align with the new brand, mission statement and brand guidelines that we’re developing.

The Little Organ That Does a Lot for Your Body

By DG Bill Shuttters

MD9 Diabetes Awareness Chair

The glucose-insulin system has two major components that maintain the needed level of glucose in the blood. One is the multi-functioned pancreas. The other is the football shaped hepar.

We know the hepar as the liver, which was viewed by the ancients as the center of the whole human being. This perspective was called Heptatocentrism. It was thought that the soul and life resided there and it was the source of intelligence and all emotional and mental activity.

In mythology some were tortured or punished by losing their liver by various means.

The Greek physician Galen thought the liver had the central role in the functioning of the human body as the organ which took food from the gut and transformed it into blood. For more than 1,000 years, Galen's works were considered authoritative.

Slowly the liver lost its first place standing and was listed as one of the three major organs, along with the heart and brain. Jecur or lecur are the Latin names for the liver, but it goes by its Greek name Hepar, which is connected to the concept of pleasure.

The Greek physician Hippocrates first described a liver abscess in 400 BC. For the next 2,200 years, the liver was viewed as part of the digestive system.

In 1848, Joseph Leidy of the United States published research on the comparative anatomy of the liver. He later became professor of anatomy at the University of Pennsylvania. He was a leader in parasitology and discovered the trichinella spiralis in pork. As a paleontologist, he proved that horses, lions, tigers, camels and rhinoceroses had a prehistoric presence in the United States.

The liver is a large meaty organ that is reddish brown in color and is rubbery to the touch. In an adult, the liver weighs 2-4 pounds. It is the second heaviest organ of the human body after the skin.

It is about 5.7 inches in diameter and contains multiple lobes. From the top it appears to have two lobes – the larger right and the smaller left, separated by a ligament. From the bottom, it looks like it is composed of a number of lobes.

It may be described as football shaped and sits to the right side of the abdomen, extending from the fifth rib to the lower border of the rib cage.

It holds about 13% of the body's blood and accounts for 20% of the body's oxygen consumption.

The working cells of the liver are called hepatocytes. The liver has over 500 functions. Some primary functions of the liver are:

1. **Bile production and secretion.** The liver produces 800 to 1,000 milliliters of bile per day with the help of the gall bladder, which is directly under it. This greenish-yellowish fluid contains acid and cholesterol, which helps digest fats and vitamins in the small intestine to prepare them for adsorption or elimination.
2. **Excretion of bilirubin, cholesterol, hormones and enzymes.** Red blood cells last for 120 days and then disintegrate. The hemoglobin from the disintegrated blood cells breaks down into globin, protein, iron and heme. Heme eventually becomes a yellow pigment called bilirubin, which moves to the liver where it becomes more soluble, mixes with bile and is eliminated. The liver produces cholesterol from some fats and uses it to manufacture vitamin D, digestive enzymes and hormones. Excess cholesterol is combined with bile and eliminated.
3. **Metabolism of fats, proteins and carbohydrates.** After the liver metabolizes fats, it turns unused glucose into fatty acids. The body stores cholesterol and fatty acids in the liver. Too much extra fat can cause the liver to become fatty, which impairs its function.
4. **Enzyme activation.** The liver secretes hormones, which signal a chemical reaction to occur in another part of the body. This may use an enzyme secreted from other glands or organs as a catalyst. It also secretes a number of enzymes. Four of them are known as ALP, ALT, AST, and GGT which are used to determine the health of the liver. The liver is a vital organ because it supports every other organ in the body.
5. **Synthesis of plasma proteins, albumin and clotting factors.** Three types of plasma proteins and albumin are the most abundant ones synthesized. Plasma proteins transport fats, vitamins, minerals and hormones. They help maintain blood pH, blood pressure and distribution of fluids between blood and tissue. The hepatocytes in the liver are involved in producing nine of the 10 proteins called coagulation

CONTINUED ON PAGE 5

factors.

- 6. Storage of glycogen, vitamins and minerals.** The liver stores Vitamin A (1-2 year supply), Vitamin D (1-4 months); B12 (3-5 years); Vitamins K and E; as well as iron, zinc, cobalt and molybdenum.
- 7. Maintains normal blood glucose level.** The liver serves as the body's fuel reservoir and helps maintain the circulating blood glucose level and other body fuel levels at a near constant level. The liver both stores and manufactures glucose, depending on the body's need.
- 8. Blood detoxification and purification.** The liver removes toxins from the body, including but not limited to, pollution, fumes, alcohol, drugs and ammonia. It accomplishes this through oxidation with oxygen and liver enzymes. The results, combined with amino acids, are eliminated in the bile or urine.
- 9. Fights infections.** The liver mobilizes the Kupffer cells, which reside in the liver. They are part of the immune system's white blood cells, which kill and consume bacteria they encounter.
- 10. Regeneration.** The liver adjusts to the size of its host. At times, a surgeon may need to remove a part of a diseased liver or one damaged due to trauma. If over 40% of the normal-sized liver remains, and there are no complications, the liver may repair itself in one month.

The hepatocytes have the unique capacity to reproduce in response to liver injury and the liver is one of the body organs most subject to injury. Some say the liver regenerates itself. It is not true regeneration, but compensatory growth, since the function is restored but not form.

The regrown tissue looks different from the part removed. This regeneration was known by the early Greeks. The first liver transplant was performed in 1963 by Thomas Starzl from Le Mars, Iowa. He is known as the father of organ transplantation.

The Role of the Liver in Insuline-Glucose

I have discussed the role of the pancreas in the insulin-glucose system in previous articles. I now want to discuss the role of the liver.

Insulin is secreted by the beta cells in the pancreas. Glucagon is a hormone secreted by the alpha cells in the pancreas. Glucagon controls the production of glucose and another fuel, ketone, in the liver.

There are other hormones besides insulin and



Photo 189564431 / Hepar © Sirichaidreamstime | Dreamstime.com

glucagon that affect the glucose level in the body, such as amylin, pancreas; GIP and GLP, intestine; epinephrine and cortisol, adrenals; growth hormone, pituitary. The activity of the liver and pancreas depends on if you are eating or not eating.

If you are eating, the glucose from the digested food will enter the blood stream. The pancreas will secrete insulin but suppress the secretion of glucagon. The high levels of insulin and suppressed levels of glucagon drives glucose into muscle, fat and the liver to store glucose as glycogen for a later time when your body needs it.

The consequence is that the level of glucagon in the blood stream falls. Unfortunately for a person with diabetes the opposite occurs. While eating, little or no insulin is present and their glucagon levels rise which causes blood glucose levels to rise after the meal.

When you are not eating, especially overnight or between meals, the body needs glucose. Glucagon is released to signal the liver to turn its stored glycogen into glucose in a process called glycogenolysis. The liver can also manufacture the necessary glucose by harvesting amino acids, waste products and fat byproducts in a process called gluconeogenesis.

When the body's glycogen storage is running low, the body starts to conserve glucose for the organs that require glucose or sugar. These include the brain, red blood cells, and portions of the kidneys.

To supplement the limited glucose supply, the liver makes an alternative fuel called ketones from fats in a process called ketogenesis. The hormone signal for ketogenesis is a low level of insulin. Ketones are burned by the muscles and other body organs and the glucose is saved for the organs that need it.

Gluconeogenesis? Glycogenolysis? Ketogenesis? These seem like big words for a spelling test from hell. But when you have diabetes, these processes can be thrown off balance. If you understand what is happening, you can take steps to remedy the situation.

Diabetes education is an important component of living with diabetes.

A View from the Chair

Council Chair Bryan Bross

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I wrote this article a few days after our spring Council of Governors meeting. We've conducted most of the business of your Multiple District at this point.

Your district governors voted to move forward with development of redistricting plans to be placed on the business agenda for the 2023 State Convention. There will be much more information to be disseminated on this subject over the next 18 months, including a website, YouTube videos, and meeting presentations.

While redistricting is not likely a sexy subject, we want to hear from all interested parties, so we can get the best plans developed for success. Stay tuned!

We are again taking eyeglasses at the state office. Please note that only eyeglasses will be accepted. Items that should be discarded prior to donation include loose lenses, broken frames, cases, plastic non-prescription sunglasses. Hearing aids are also accepted, but we do not need batteries. Again, please discard any batteries prior to donation.

I previously noted that when I visited Lions clubs as a district governor, I would frequently end my time sharing with the club about the Purposes, Vision Statement, and Mission Statement of Lions Clubs International. I shared my thoughts on our Vision and Mission statements in October, and our "purposes" or "objects" over the past few months.

This month I want to share about our Lions Code of Ethics. My personal thoughts on these items are in italics.

To show my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service. *Believe in yourself and your service, and others will look upon you favorably.*

To seek success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part. *Service is not about*

gaining advantage. Rather, it is about fairness and self-respect while respecting others.

To remember that in building up my business it is not necessary to tear down another's; to be loyal to my clients or customers and true to myself. *Honor truly comes through humility.*

Whenever a doubt arises as to the right or ethics of my position or action towards others, **to resolve** such doubt against myself. *Meekness is not weakness, but enduring injury with patience and without resentment.*

To hold friendship as an end and not a means. To hold that true friendship exists not on account of the service performed by one to another, but that true friendship demands nothing but accepts service in the spirit in which it is given. *Friendship is the highest reward given by another human being.*

Always **to bear in mind** my obligations as a citizen to my nation, my state, and my community, and to give them my unswerving loyalty in word, act, and deed. To give them freely of my time, labor and means. *Patriotism is the emblem of citizenship, which requires selfless service.*

To aid others by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy. *Showing empathy and compassion requires that we are self-aware.*

To be careful with my criticism and liberal with my praise; to build up and not destroy. *Criticism is constructive when it is given carefully with the aim of edifying others without degradation of their dignity.*

I'd be curious to hear your thoughts via email at bbross@iowalions.org.

Finally, I want to encourage all readers of this publication to consider getting involved in their zones, at the district level, and committees at the state level. One of the things I have learned during my time in Lions and other service organizations is that our world is clamoring for leaders to step forward.

Whether it is in Lions or your church or PTO, leaders are needed. It's not somebody else's job. I hope you will consider stepping up. You don't need to know much, but your boldness and courage to lead will be richly rewarded through the new relationships you form.

Come on! What are you waiting for? We've been waiting for you. You can start at the state convention. We hope to see you there in Ames in May. Let me here you ROAR!

Start from the End

By PCC Terry L Durham
MD9 Global Leadership Team Coordinator

Where do you want to be at the end of your year in Lions, or in two years or three years?

Too many spend their time busy with things that aren't important in achieving their goals. Goals are your destination in Lions or the end of your journey. If we do not have a goal, destination or vision, we oftentimes simply wander around, wasting time. Every step we take simply may lead us to the wrong place.

Often quoted by an unknown author, "In the absence of clearly defined goals, we become strangely loyal to performing daily acts of trivia."

When we have a clear vision of the end in mind, the steps we take will lead us in the right direction without needlessly wasting time or failing to achieve our objective. This means when we know our destination (goal) we must develop a plan of action to get us to there. Preparing meals or reading a map are examples of thinking of the destination.

Establishing a plan of action to achieve goals

requires the plan to be specific regarding who, what and when. Each step in the plan requires us to reach an objective before we move on. Who is going to do what and by when with what resources to achieve the objective?

Once we reach the objective in the plan, we move on to the next, like climbing a ladder.

Achieving goals often requires a team. How do you lead your team? If someone asks your team members who was their best boss; would your name come up? As a leader of your team, you must plan for communication, trust, and how to make it fun, and how you treat others.

Going through a year as a Lions leader without having an end in mind is like going on a road trip without knowing your destination.

How will you know when you get to your destination or result?

When we can visualize our goals, it better prepares us to act; and we are better prepared to plan and communicate the goal's purpose to team members.



LEADERSHIP AWARD. Past International Director Gary Fry (left) presents the 2021 G.E. "Bud" Klise Leadership Award to Past District Governor Jim Appleget.

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District 9MC

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Great Plains Lions Leadership Institute

Great Plains Lions Leadership Institute (GPLLI) is an intensive, professional and valuable leadership program for Lions.

You will learn skills for club, job, community and church, as well as personal development. If you are an aspiring club or district officer, GPLLI will give you the tools to easily master the job and have fun doing it.

This year the institute will be July 29-31 at Northwest Missouri State University in Maryville, Missouri. The registration fee is \$220, but not a concern. District 9MC will pay the registration fee for any 9MC Lion who chooses to attend.

If you are a Lion or LEO who has attained majority and have not attended a GPLLI in the past five years, and you want to improve your leadership skills, contact Registrar PID Gary Fry at frygj35@msn.com for additional information. You will be glad you did.

Club Quality Initiative

If you have made good progress in checking off the boxes on the Club Excellence Award application, or you have made little progress, and you want to add some spice into the life of your club, go to Resources on the LCI website and search for Club Qualitative Initiative. Review the material and discuss with your board how your club can use the CQI to add vitality to your club and plan for its future.

There are several Lions in District 9MC who can help guide you through the process. Let me know how we can be of assistance as you navigate the CQI. It will give you a whole new perspective on your club and how it can serve your community.

In Memoriam

Jerry Britten – McCallsburg

Phil Hildebrand – Pleasant Hill

We Serve from the Heart

ALTOONA collected pop can tabs for Ronald McDonald House; donated an additional \$2,000 to Caring Hands Food Pantry.

AMES BREAKFAST KidSight screened children at UCC ISU Daycare.

AMES KidSight screened children at UCC ISU Daycare; donated \$250 to Children's Miracle Network ISU Dance Marathon; donated \$100 to National Alliance for Mental Health; donated \$100 to Alzheimer's Association; collected, cleaned and sorted 300 pairs of used eyeglasses at the state office.

BEAMAN held a blood drive with 19 community members donating 33 blood products.

DES MOINES SOUTH donated hotel toiletry in large eyeglass cases to a homeless shelter; visited a member in a long term care facility; donated 63 pairs of new women's shoes to Hawthorn Hill women's shelter.

DYSART served a pancake breakfast to 102 people, raising \$996.

GRINNELL KidSight screened 42 children at Grinnell Community Early Start Program; prepared 560 bags of food for food insecure K-8th grade students in Grinnell School District.

GRUNDY CENTER held a blood drive and had 39 donors of whole blood and five donors of double red benefiting 147 people; loaned seven items to five households through the medical Library; collected \$1300 in pop cans and bottles; donated \$500 to LCIF Disaster Relief Fund; and donated \$500 to Grundy County Relay for Life.

JOHNSTON made and donated 130 cat and dog toys for a local animal shelter.

LAUREL served a pancake and sausage breakfast to 60 people.

MARSHALLTOWN EVENING popped corn at Hy-Vee every Saturday as a fundraiser; collected hearing aids and used eyeglasses to recycle; delivered Meals on Wheels one Sunday; donated \$150 to Youth Shelter Services; donated \$350 toward derecho repairs for Riverside Cemetery; provided an eye exam and glasses for an individual; gave \$50 to After Prom.

NEVADA collected used eyeglasses; and recycled paper.

URBANDALE KidSight screened 21 children at St. Pius X school; packed and delivered 40 boxes of food for food insecure families; and drove a member to and from adult day care eight times.

HISTORICAL HIGHLIGHT

Dysart Lions Club

The Dysart Lions Club was chartered on the Feb. 20, 1950, with 34 members sponsored by the Belle Plaine Lions Club. At the 40th anniversary in 1990, there were still two of the charter members active.

Starting in 1951 the club hired Mrs. Mildred Peachee to play dinner music at each meeting for the singing that started the meetings. Mrs. Peachee, also known as Ma Peachee, played for “her boys” for 39 years. Upon her retirement, the club presented her with a trip to The Grand Ole Opry, something that she had always wanted to see.

The club started early on letting the Dysart community know they were going to be a very active group by starting their Beef Bar-b-cue, which was held each summer for about 20 years.

During the first four years, the Lions erected the first enclosed shelter house in the Dysart City Park. A couple of years later, the club built another shelter, which was placed by the playground equipment. It has always been referred to as the open shelter. Since then, the club has built a tennis court and a basketball court in the park. The last two park projects have been a large Lion drinking foundation by the playground and the concession stand with a cooking area. One-third of the concession stand building houses the athletic equipment for the summer ball games.

In 1959, the Lions decided Dysart should have a swimming pool and sold the City of Dysart on the idea, as long as the club would do the fundraising! For the next couple of years, members put in many hours and miles working on funding. They even raffled off a new 1960 Ford car. The club had raised the largest part of the funding and the City of Dysart bonded the rest. The dedication of the new pool was held in August 1961.

This club has had many fundraising events over the years to help purchase a new fire department rescue truck, and a new ambulance, sponsors Boy Scouts, and fund drives for folks who have had a fire or an accident with medical needs.

Most recently, the club had a fundraising event for the Little Joe Knights Learning Center, giving \$8,700. That was followed by purchasing a wheelchair and three chairs with arms for one of the students. Where there is a need, there is a LION!

The Dysart Lions are well known for our “world famous tenderloins.” During the month of July, the Dysart Lions Club made and served 815 tenderloins on



POPCORN PREP. Dysart Lions prepare for their annual fall popcorn sale.

July 3 and another 550 at the car show the last weekend in July. Events like this and our fish fry suppers enable the club to award up to six \$500 scholarships to Union Community School seniors each spring.

Fifty years ago, the club started its fall popcorn sale and now carmel corn sale, working with the Noble Popcorn Co. The community looks forward to this event each year with great support.

The Dysart Lions Club is very active in supporting the district and multiple district by attending many conventions and hosting a convention.

Four Dysart Lions have served as district governor: Lester Thiele, Loren Seebach, Ken Paulsen and Robert Degner.

This year, we are pleased to welcome six new members. This was the effort of our past president proving “ask and they will join.”

The Dysart Lions very proudly are in their 71st year of service and looking forward to many more years to come.

Welcome New Members

Member	Club	Sponsor
Gary Ihle	Ankeny	Donald Zuck
Bob Korte	Ankeny	Scott Wood
Wayne Mead	Ankeny	Ralph Schramm
Jerry Peel	Ankeny	Ralph Schramm
Wayne Squier	Ankeny	Scott Wood
Henry Miller	Beaman	Don Linnenbrink
Asher Mitchell	Des Moines South	Clarence Mattson
Ellie Weiss	Grimes	Susan Stocker
Ophelia Roesler	Johnston	Judy Anderson
Karen Combs	McCallsburg	Phil Ellingson
Randy Terrell	State Center	Charles Ryherd

District 9NE

District Governor
Stephen Becker

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The DATE is Sunday, April 24

And it is for ALL. The 9NE Leo Cabinet officers are hosting our first 9NE Leo Conference on Sunday, April 24 at 1:00 p.m. at the American Legion Hall in Denver. We will cover all topics LEO. Leos, Advisors and interested Lions are encouraged to attend. We anticipate an approximate two-hour program.

Those Lions clubs considering organizing a Leo Club should really attend to Learn more about the program. Come join our current group of five Leo Clubs in the 9NE Leo District.

Reserve your spot at the conference by contacting District Governor Stephen Becker April 10-20.

A special opportunity will immediately follow the Leo Conference for anyone interested in learning more about the District Governor Succession Plan. We will share the knowledge and resources needed to consider becoming a district governor.

Your 9NE District Governor Succession Plan currently has confirmed candidates through the 2026-2027 Lions year. Please let DG Becker know if you may be interested in participating in this brief orientation.

Give Until It Feels Good

Giving of ourselves to HELP others is what we as Lions are to be doing. Not only do we provide physical support in our communities; but our GIVING of financial support to our Iowa Lions Foundation and Lions Clubs International Foundation (LCIF) is what is expected. "WE SERVE" and thus "WE GIVE!" And when we can continue to give it will FEEL GOOD. "Give Now and Continue to Give".

Reminder to All Lions Clubs

It is that time of year to hold your club officer elections and then submit the results to Lions Clubs International (LCI) by MAY 1. Remember that when submitting your new officers that all of their contact information is needed – name, mailing address, phone number, e-mail address, etc.

Officers that should be submitted include president, secretary, treasurer, membership chair, service chair, LCIF chair, vice presidents, and others as you may have them. Even if your officers don't change, they still need to be submitted to MyLCI for the upcoming year.

If you need assistance, you may contact PDG Ed Ottesen at eaohome@mchsi.com or Lion Kathy Duke at kathyned@cfu.net. Thank you all for handling this very important task.



Dubuque Noon Lions Sunday May 1, 2022

Steeple Square, 15th & White Street
Dubuque IA 52001

Reception 1-3 p.m. (Short Program 2 p.m.)

Cash Bar • Hors D'oeuvres • Door Prizes/Silent Auction

RSVP by April 24, 2022 to: Dubuque Noon Lions
% Janell Radloff
1800 Rosemont St.
Dubuque IA 52002

_____ # Attending
x \$30 per person = \$ _____

Name

Address

City/State/Zip

Club

We Welcome New Members

Club	Member	Sponsor
Dubuque Eve	Charlene Decker	Melinda Kramer
Lawler	Amanda Kleespies	Roger Dreckman
Lawler	Rebecca Sabelka	Carla Dreckman
Waukon	Kimberly Thomas	Tammy O'Hare

In Memoriam

We are sorry for the loss of these dedicated Lions.

Club	Member
Oelwein	Royce King
Vinton	Dean Schminke

Club Activities

CEDAR FALLS assisted at the Food bank and participated with military funeral honor guards.

NASHUA donated hearing aids.

SHELLSBURG hosted a blood drive and conducted a KidSight screening.

VAN HORNE participated in a can and bottle collection; hosted a breakfast; and held a Bingo Get Together.



SWEETHEARTS DINNER. Denver Lions and Leos hosted a Valentines Day Dinner. (Above) District Governor Stephen Becker and his Partner In Service Barbara are decked up for Valentines Day. (Right) Denver Leos Carter Macintosh and Ben Sanchez welcome dinner attendees to the dinner.

District 9NE Celebration of Achievement REGISTRATION FORM Saturday, May 14, 2022 Camp EWALU, Strawberry Point

Responder's Name: _____

Club: _____

Email: _____

Attendees: _____

No. Attendees _____ x \$15 / person = \$ _____

Registration includes lunch.

Make checks payable to **9NE Lions** and mail to:

Lion Mark Trax
114 21st St. SW
Waverly, IA. 50677

Bring your club banner to display.

Bring checks for Parade of Checks.

Wear your Lions attire and comfortable shoes.

Strongly recommended wearing of masks.



District 9EC

District Governor

Paul Fugate

324 First St. SW
Mount Vernon, IA 52314

563-249-1964
pfugate@iowalions.org



It is now April and we are getting down the wire as the end of the Lions year quickly approaches!

I had many goals this year as governor of our fine district. We have reached some of them already!

On my personal goal of 40 under 40, so far we have recruited 27 members under the age of 40! I am so happy that clubs have embraced this concept. We only need 13 more to get to reach this goal. I know we all know someone under 40 who would make a great member of our club. Please ask them! I know we can get there if we try!

Second, my goal for service reporting through MyLion was 90% of clubs reporting this year. We have now passed that goal with 95% of clubs reporting at least one service project this year! Congratulations goes out to our district – 42 out of the 44 clubs have reported this year. I know district officers are working to get the other two clubs to report their service!

On the membership side of things, as of March 10 we are sitting at 1,240 members. That's a plus 26 members for the year! To be at a positive membership with 3 ½ months to go is a great place to be! We are so close in getting the magic number of 1,250 to make us a viable district again!

We are working on starting another new club in Ely during the month of March and hope to charter it by the end of the year! Keep up the good work everyone!

As for our LCIF goals, I cannot thank Rick Baughman enough for the work he is doing as district LCIF coordinator! As of publication deadline, we have raised almost \$38,000! We are leading the pack among all other districts in Iowa!

We have 3 ½ months left of Campaign 100 and we have a total of seven model clubs in the district! I am amazed on how our district is responding to this campaign!

As for the Iowa Lions Foundation, our district is well on it's way to achieving our yearly goal. As of publication, we are sitting at over \$26,000 raised for

the Iowa Lions Foundation so far! I'm sure this total will go up after the parade of checks at the district convention.

I am so proud of each and every Lion in 9EC! We have much more work ahead of us in this last quarter of the year. I know we can have a great year if we keep trying to get better every day! I am proud to be your governor and I can't wait to see the rest of you in my visits for the year.

Have a Happy Easter!

In Memoriam

Member	Club	Years a Lion
Richard Rossman	Preston	49 years

New Members

Member	Club	Sponsor
Tanner Cook	Walker	Gail Neumeyer
Kyle Glenn	Walker	Gail Neumeyer



TRIVIA MASTER. Lion Jim Baty mans the mic as the master of ceremonies at the annual Mount Vernon Trivia Night fundraiser.



A OR B? Part of Mount Vernon's annual Trivia Night is the A or B Challenge. Lion Steff Hamer (far right) participates in the fun of this round of trivia.

Club Activities

ALBURNETT donated eyeglasses.

BETTENDORF held a Diabetes Awareness meeting.

BLUE GRASS donated clothing to a family in need; collected cans for recycling.

CEDAR RAPIDS NOON conducted KidSight screenings.

DEWITT NITE collected eyeglasses

ELDRIDGE collected eyeglasses; delivered meals for Milestones; held a food drive

LOWDEN conducted KidSight screenings; served a soup luncheon; held a blood drive.

LOW MOOR held an omelet breakfast.

PRESTON held an omelet breakfast.

STANWOOD conducted KidSight screenings.

COOKIES FOR HEROES

Members of the Anamosa Lions Club did a Hero Day cheer on Valentine's Day throughout their community. Over 37 dozen cookies signed, sealed and delivered to Jones Regional Medical Center, Anamosa Care Center, Anamosa City Fire Department, Anamosa Police Department and Jones County Sheriff's Office.



District 9NC

District Governor
Stan Johnson

32697 Terrace Ave.
New Hartford, IA 50660

319-240-2211

stanjohnson15@gmail.com



Official Club Visits

Since becoming District Governor, I have visited or I am scheduled to visit the Allison, Charles City, Eagle Grove, Eldora, Humboldt, Lake Mills, Marble Rock, Mason City, Northwood, Osage, Parkersburg, Rockford, Rowan, Sheffield, Stanhope, and Stratford clubs. First Vice District Governor Mike Ravera has made several official visits as well.

I would appreciate an email or call with a suggested date for an official club visit from the remaining clubs in 9NC.

Election of Officers

Clubs should nominate and elect officers and directors for the 2022-2023 fiscal year in April or May at the latest. It is recommended that clubs consider nominations at their March meeting and vote for the new officers and directors in April.

After the election, club secretaries should then enter all officers for the next fiscal year (July 1, 2022 to June 30, 2023) in MyLCI prior to May 15, 2022.

All officers, whether remaining in a position or newly elected, must be entered into MyLCI. This ensures that the new or existing club officers will start receiving information valuable to their position at the start of the new Lions year. Without this step, your club will show that it hasn't designated officers for the upcoming year in the MyLCI app and those officers will not be able to access the MyLCI app in the new Lions year.

In addition to electing a club president, first vice president, secretary, and treasurer, it is suggested clubs elect a membership chairperson, service chairperson, and marketing communications chairperson.

Rudd Public Library Update

The Rudd Public Library was destroyed by an F-1 tornado on Dec. 15. A [GoFundMe page](#) exists for Lions who wish to donate to the library's rebuilding effort as individuals. As of this writing, it has raised \$11,610 of the \$15,000 goal. This does not include the \$5,000 grant from District 9NC.

International Dues

The following clubs have not paid their International Dues as of March 8, 2022: Algona, Belmond, Britt, Dows, Eldora, Garner, Kamrar, Manly, Marble Rock, Northwood, Rockwell, and Thompson.

A best practice is to remit international, state, and 9NC dues in July and January.

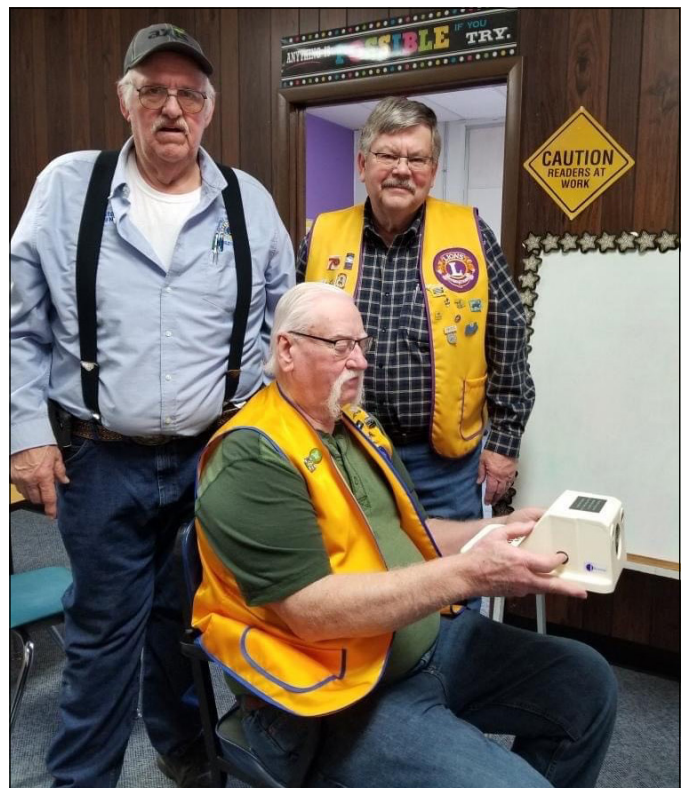
District 9NC Membership

7/1/2021-2/28/2022

Opening Balance	864
Added Members	58
Dropped Members	45 (includes 16 deceased members)
Dropped Club	15 (Jewell discontinued previous fiscal year)
Closing Balance	862

We Welcome New Members

CLUB	MEMBER	SPONSOR
Clear Lake Evening	Linda M Levang	Karen Sears
Eagle Grove	Becky Wachowiak	
Forest City	Patrick M Schoonhoven	Mark Frakes
Humboldt	Derek J Thoms	Diane Amundson
Parkersburg	Jeremy G Cordes	David Mansheim
Parkersburg	Jeff B Jacobson	Harlan Schuck
Parkersburg	Chris R Schrage	Katherine Humphrey



OPERATION IOWA KIDSIGHT. Lion Jim Everts, seated, DG Stan Johnson, and Lion Harlan Schuck serve as camera operators at Little Cougar Daycare/Preschool in Wellsburg.

February Club Activities

CLEAR LAKE EVENING provided expanded food service at the Surf Ballroom for the Winter Dance Party held Feb. 3-5 as a fundraiser for community projects and assistance to people in need.

EAGLE GROVE served a spaghetti dinner as a fundraiser to serve the Eagle Grove Community.

HAMPTON delivered Meals on Wheels.

NEW HARTFORD served an omelet breakfast as a fundraiser to support community and Lions related organizations. Also, lions are taking orders for take and bake breakfast casseroles.

NORTHWOOD volunteered at the Northwood Theatre selling tickets and helping in the concession stand.

OSAGE Lions are selling pies, soups, ribs, pizzas, and more as a fundraiser to support community projects, as well as taking renewal flag subscriptions for 2022.

PARKERSBURG took vision screening photos of children's eyes for Iowa Kidsight at Little Cougar Daycare/Preschool in Wellsburg. Guest speaker Bob Neyermeier presented a program about the Sullivan Brothers Veterans Museum in Waterloo.

WILLIAMS conducted weekly Bingo as a fundraiser.



DATA ENTRY. Members of the Parkersburg Lions Club serve as volunteer vision screeners at Little Cougar Daycare/Preschool in Wellsburg. Brenda Everts and Shirley Janssen are shown entering information into the camera system.



SURF SUPPORT. Chris Wagler, Clear Lake Evening Lions president, presents a \$1,000 check to Surf Ballroom General Manager Laurie Lietz to assist with ballroom and museum operating expenses.

Attention Club Secretaries

As of Jan. 31, club secretaries of the following clubs have not recorded their 2021-2022 club officers in the MyLCI app: Burt, Dows, Eldora, Manly, and Marble Rock.



SPAGHETTI DINNER. Eagle Grove Lions Club serve a spaghetti dinner as a fundraiser to support the Eagle Grove community

District 9SE

District Governor
Nancy Oehler Love

2865 290th St.
Crawfordsville, IA 52621

319-461-1636
ncoehler@gmail.com



In the past few months, I have been traveling around the district presenting the Monarch Chevron Awards for years in Lionism. I have presented several 45- and 50-year chevrons, and even one for 65 years of Lionism. It is an honor to be a part of that. It makes my heart happy to shake hands with and congratulate these faithful Lions!

Membership and Leadership is the theme for our District 9SE Convention. It will be held virtually on April 9 from 9 a.m.-noon. Our guest is International Director Deb Weaverling from Basehor, Kansas. Other speakers are Council Chair Bryan Bross, who will lead us through the redistricting process for Multiple District 9, and Ashley Dockendorff from the Iowa Lions Eye Bank. She will speak about the eye bank's 65 years of leading research and service in the field.



International Director
Deb Weaverling

We will be holding a silent auction on the District 9SE Facebook page, with final bids happening at the convention.

Speaking of leadership, we are still looking for a 2nd vice-district governor. In order to qualify for that office, you must have been club president for at least a year and a zone chair for at least a year. We are also looking for zone chairs and an Iowa Lions Foundation Trustee for a two-year term. Don't worry about training for these offices as we have Lions who are trained just to train you!

A reminder to all club secretaries: you **MUST** register your 2022-2023 officers on the MyLCI page, even if your officers are remaining the same. If you have any questions about how to do this, please contact me. I would be happy to walk through the process with you. While you are at it, please double-check that contact information is correct, as well as club meeting dates, times and places. Please submit your information by May 1.

Welcome New Members

Member	Club	Sponsor
John Dockendorff	Danville	
Sandy Dockendorff	Danville	
John "Mike" Michael Carr	Fairfield	Steven Johnston
Alexander A Johnston	Keosauqua	Virgil Morris
Steven R Pilcher	Keosauqua	Virgil Morris
Cordell Filson	Stockport	Matthew Brown
Sid Brooks	Wayland	Ron March
Theresa E. Ferdig	Wayland	Braden Blake



FLIPPIN' AWESOME. Crawfordsville Lion Club held its annual Pancake & Sausage Supper at the Crawfordsville Fire Department in February. (Left photo) Scott Davis flips pancakes on the griddle. (Right photo) Vice District Governor Mike Renken from the Lockridge Lions Club waits for other diners with Crawfordsville Lion Larry Swailes.



CLUB EXCELLENCE. Council Chair Bryan Bross presents Oskaloosa Lions Club President Kim Roozeboom with the Club Excellence Award for 2020-2021. Oskaloosa Lions Club met all of the qualifications for the award last Lions year.



MONARCH CHEVRON AWARDS. Council Chair Elect Nancy Love (far right) presents Monarch Chevron Awards for time in service to Lions to Danville Lions (L-R) Phil Hicks, Ben Hekart, Mary Fortin, Jill Fullenkamp, John Fullenkamp and Gary Meller.



TIME IN SERVICE. Council Chair Elect Nancy Love presents a 20-year Monarch Chevron Award to Wayland Lion Terry Kaufman (left photo) and a 15-year MCA to Winfield Lion Judith Strasser (right photo).



IN MEMORIAM

Member	Club	Years a Lion
Larry Sales	Centerville	56 years
William Luzadder	Lockridge	44 years
Charles Rooker	Ottumwa Noon	37 years
Joanne M Simplot	Ottumwa Noon	6 years
Carol Lauger	Wayland	2 years

Club Service Activities

Reported on MyLCI from Feb. 9 - March 9, 2022

CORYDON put up American flags around the town square for Presidents Day.

DANVILLE donated \$100 to LCIF.

GRANDVIEW-LETTS gave Letts Library and Grandview Community Club \$150 each to buy books to pass out at the annual Easter Egg Hunt.

IOWA CITY partnered with the free medical clinic to provide seven pairs of glasses to individuals; KidSight screened 48 children.

MELCHER-DALLAS gave \$50 to the Iowa Lions Visually Impaired Camp; made a scholarship donation; delivered tactile blankets; had a Valentine dinner; had a fundraiser for the Becker family; hosted monthly Bingo.

NORTH LIBERTY conducted Iowa Kidsight screenings; partnered with the West Branch Lions to work concessions at Carver Hawkeye Arena as a fundraiser; helped a local caterer who had a small stroke fulfill pizza orders for a youth basketball fundraiser; donated \$1,333 to the Iowa Lions Foundation.

OSKALOOSA provided hearing aid assistance to an individual; packed Take Along Meals for food-insecure children.

OTTUMWA NOON packaged food for the Food Bank of Iowa.

OLON CENTENNIAL had the 5th annual Lake MacBride Fat Tire Classic, made a donation to Camp Courageous.

VICTOR helped restock shelves and hand out food at HLV food bank; conducted a KidSight screening.

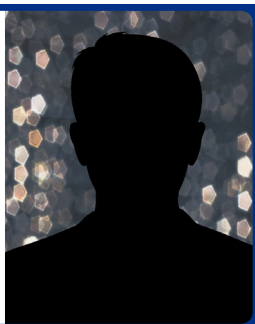


NEW MEMBERS. Council Chair Elect Nancy Love (second from left) inducts new members Style Haeffner, Sandy Dockendorff and John Dockendorff into the Danville Lions Club.

District 9NW

No District Governor
at this time

This month's newsletter
prepared by
PDG Stefan Sandberg



The Way Forward!

Have you noticed how times have changed? Times always change, you might reply, but in the last few years we have seen an avalanche of changes. Some are good but many are not so good or downright bad. One darned thing after another: the pandemic, inflation, war in Europe, political disagreements here at home, the list goes on and on.

We are all yearning for the good old days, even if they perhaps never were as good as we remember it. Younger people, including younger Lions, want to look forward instead of reminiscing about the past. So, what is the way forward for your Lions Club and for you as a member?

Some clubs seem to have discovered a way forward since they are strong, with good membership, many fundraisers and service projects. There are many such clubs in our district. The list is long and impressive, but other clubs are faltering. Some have closed, especially during the pandemic. Why did they close? There are many reasons. Each club is very individual, but the two reasons that stand out almost every time are **LEADERSHIP** and **CHANGE**.

Yes, they didn't notice that everything changed around them and no one wanted to step forward to be a leader. And yet, it is easier than you think because few, if any, organizations offer such leadership opportunities as our Lions Clubs. Courses, seminars, leadership institutes, it's all there for the taking. You, can do that yourself, but the first step is the hardest and longest.

I sure remember the first time I was club president many years ago. I was so nervous that I almost hyperventilated during the first meeting. Somehow, I came through this ordeal, helped by my friends in the club. Pretty soon I got the hang of it.

Being a district governor likewise seemed like a mountain to climb, but I had my trusted wife Kay to support me and all went well. It was the experience of

a lifetime!

Our district has openings for vice district governors right now, so you could actually throw your hat in the ring. It can be done! Sit down and think about it. We need leaders more than ever.

All right, that sounds good, you say, but what has this to do with change? It's easy. Leadership is what you need to challenge the olden ways and to bring your club up to speed in our modern times.

So, then, what is the secret of survival and growth? It's the 105-year-old Lion tradition of SERVICE.

There are always people in every community willing to help their neighbors and friends. It's precisely those people that we must recruit to our clubs. If all else fails in a club, service will always survive and be strong. That, and leadership, are the secrets of the strong clubs in our district. They are all solidly anchored in the community and serve the people therein.

Young people like service. They are attracted to it. Many of the traditional Lions ways of doing things – sit-down dinner meetings, boring programs, using vests with pins on them – are strange to the next generations. We elderly, including this writer, are perfectly comfortable with all this but we are fewer and fewer.

Try new things with service projects and fundraisers! Recently, I wrote about making the perfect omelet in this magazine. That was only half of the truth because that article said nothing about how to organize an Omelet Breakfast. Next month we will tell you all the secrets, based on many years of experience of long-time club leaders. All the nuts and bolts! All you need will be leadership and the will to succeed. You have people like that in your club.

So, take up your task with enthusiasm and hope. You have nothing to lose! If you do nothing, you will be a loser anyway, so step up and try new ideas and ways to do things. If members don't want to go to dinner meetings, have meetings without food. The purpose of Lionism is not to eat but to help people. If people don't want to come to meetings, try Zoom, which is readily available to download and is ideal for members who are afraid of COVID and others who can't spare the time to drive to a meeting.

It can be done! Leadership is the key! Never, never give in!

DECEASED MEMBERS

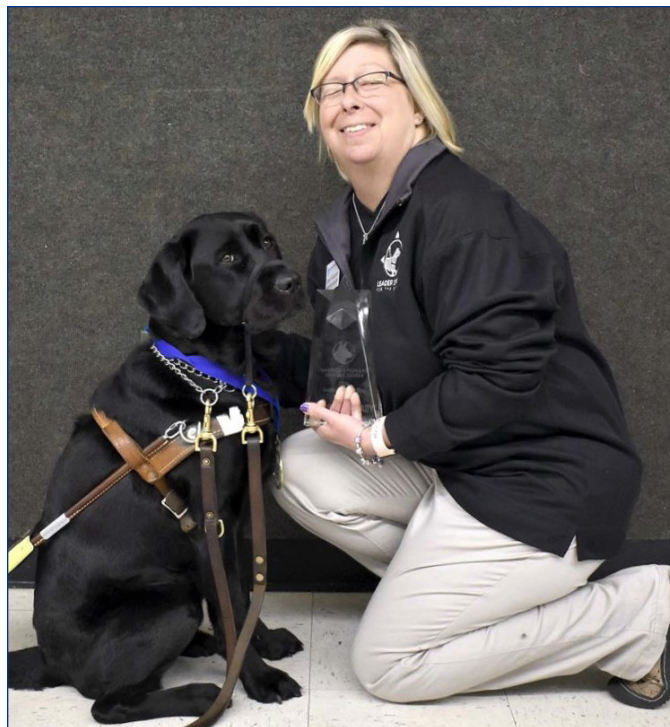
Club	Member	Years a Lion
Boone	Gordon Quam	62 years



NEW MEMBERS IN BADGER. Past District Governor Roger Curtis (far left) swears in new members to the Badger Lions Club (L-R) Dawn Rudolph, Jeremy Thompson and PJ Parry-Jones.



BEACON OF HOPE. Rolfe Lions Club recently had a program from Pastor Eric Howard from Beacon of Hope, a Fort Dodge Homeless Shelter. Pictured (L-R) are Pastor Howard, Past District Governor Glenn Markley and Lion Brian Bidleman.



CONVENTION SPEAKER. One of the main attractions at the 9NW District Convention was Lion Dawn Rudolph and her Leader Dog Lady. Lion Dawn spoke about her experience as a blind person with maybe the finest Leader Dog ever to come out of the Fort Dodge Correctional Facility. More news to come! There will be a full report from the recent 9NW District Convention, which was held as this magazine was going to the printers, in the next issue of *The Iowa Lion*.

We Welcome Our New Members

CLUB	MEMBER	SPONSOR
Badger	Dawn Rudolph	Roger Curtis
Badger	PJ Parry-Jones	Dawn Rudolph
Badger	Jeremy Thompson	Dawn Rudolph
Fort Dodge Evening	Cody Sleiter	Rick Jones
Orange City	Les Douma	Doug Van Berkum

Club Activities

AKRON donated to Camp Courageous; will participate in a Potato Bake Buffet; planned an awards supper for April.

CHURDAN delivered Meals on wheels five days a week; held pancake breakfasts on Sundays, serving 180-190 people each time and making over \$3,100.

HARTLEY hosted the famous annual Quad-club meet with the clubs from Everly, Royal, Peterson and Hartley; donated \$1,000 to Camp Autumn; discussed the pool fundraiser.

District 9SW

District Governor
Allen Zobel

1119 N. Division St.
Audubon, Iowa 50025
712-304-5066
calz@mediacombb.net



9SW Lions District Facing the Membership Crisis

Speakers at the 9SW Convention dedicated most of their messages towards improving membership since MD9 continues to decline in membership. Last year was one of the worst years for Iowa Lions membership, but 9SW proudly had a net growth of +3. Now that the pandemic is dropping off, we are sitting at -26 as of this writing.

What will it take for us to change this to another positive year? The solution is **all clubs asking and finding new members!** If every club would find one to three members in the next couple of months, we would increase our membership 52-156 members. I am sure there are potential members out there waiting to be asked in every community with a Lions club. We need a club member to ask several people at your next function to become a Lion, by explaining what it means to be a LION.

Positive News for 9SW

We do have positive news for 9SW. You have

increased your activity reporting on MyLion from 51% to 76% and it's growing.

Also, we now have a \$10,000 LCIF Disaster Grant for Madison County, with Norwalk Lions and Winterset Lions moving it ahead in their communities. These dollars will immediately help the tornado victims to secure needed necessities like cleaning supplies, food, water, etc.

What if your community is next to need help? Even more dollars from individual donations are needed for the future. Let's raise our individual giving this year from 7% to 30% or more. Just think, if 400 of our members give \$10 each, that is \$4,000 more dollars to LCIF. We thank all the clubs that give to the Lions Club International Foundation.

Finally, thanks to all those that participated in the 9SW Lions District Convention March 12. Following the recent tornado, many of my action plans were not completed as time ran out to solicit even a higher attendance.

To solve membership and leadership problems, it takes active members at all levels to contribute to a powerful and meaningful cabinet and ultimately a successful district. Please step up and help make a difference at the district level. We cannot resolve the leadership vacuum and membership crisis without your help.

District 9SW is in need of three key positions for next year: first vice district governor, second vice district governor and finally 9SW LCIF Coordinator. The DG position is so rewarding in helping and making a difference during the year.



PRESIDENTIAL APPRECIATION. District Governor Allen Zobel delivers Lions Clubs International Presidential Certificates of Appreciation, the fourth highest award in Lions to: (Far Left) Juanita Reynard, District 9SW Administrator, for her help in getting Lions clubs reporting on MyLion and helping with MyLCI; (Center Photo) Dale Behrens, 9SW Cabinet Treasurer; and (Right Photo) Melanie Parker, for her efforts in helping get clubs back to service during the pandemic. The awards were announced during the District 9SW Virtual Convention on March 12.

9SW Welcomes 4 New Members

Club	Member	Sponsor
Glearfield	Carole Borland	John Borland
Diagonal	Brenna Hoepker	Gina Warren
Martensdale	Dawn R. Jacksomn	Randy Wenck
New Virginia	Ronnie R. Kirkpatrick	



REVITALIZING CLUBS. International Director Dr. Dianne Pitts delivers a great message on reinvigorating Lions as we come out of COVID. She shared three things to do to ramp it back up after COVID: 1. Reboot – get back to the basics. Get back to meeting again. The very first people to reach out to should be your own members who were coming before COVID started. 2. Reignite – ourselves and our membership. Get those relationships built back up. 3. Re-engage the community. The club may need to see if there are new community needs to meet. Make sure the service that you are giving them are the needs they have NOW. Cooperate with other clubs or organizations.



FUNDING PARK PROJECTS. Atlantic Lions sell Christmas trees to help fund a couple of projects in city parks. Read more about the club's projects on Page 26 in the Digital Only section of this issue.

9SW Club Activities

ADEL did a KidSight screening; donated to relief efforts for Madison County tornado victims.

ATLANTIC placed in Cass County eight benches made from recycled plastic.

AUDUBON packed totes for elementary students; hosted a toy show; hosted appreciation for healthcare workers; held Bingo at the library.

COUNCIL BLUFFS delivered Twiddleduffs to Holt Center and other facilities; gave valentines to special needs persons.

EXIRA hosted a benefit with the Masons for fire victims; had a Valentine dinner to raise funds for scholarships.

GLENWOOD volunteered at food pantry; gave donations to 9SW Care and Share, and Relay for Life ; provided t-shirts to the high school Environmental Club.

HARLAN did a KidSight screening.

INDIANOLA EVENING did KidSight screenings at various schools.

INDIANOLA NOON collected and delivered food for Helping Hands.

LORIMOR gave to the Madison County Disaster Fund and the Lorimor Fire Department; donated the use of Lorimor Community Center for meetings.

MASSENA worked the concession stand at the middle school.

MILO is finishing up donations to finish bike trail.

MISSOURI VALLEY ran the Can Kennel and is making plans for new member recruitment.

MOUNT AYR donated to Sleep in Heavenly Peace.

NEOLA ran the Can Kennel; served on a committee for LCIF Disaster Grant; attended the 9SW convention.

NORWALK held its Steak, Shrimp & Lobster Dinner; ran Bingo at the library; gave Easter donations to Senior Citizens; served on a committee to help with Tornado Disaster Grant; helped with cleanup of tornado debris.

OAKLAND operated the Can Kennel; collected eyeglasses.

PANORA helped Boy Scout Pack 153 breakfast and dinner fundraiser.

REDFIELD donated to the After Prom Party, Timber Creek Therapy, the county sack pack program, Iowa Lions Foundation, American Heart Association and Tori's Angels.

STUART conducted a KidSight screening.

VILLISCA helped with Feed the Pack; donated to the Tornado Relief for Winterset and Norwalk; gave to Hy-Vee Food Sharing Program.

WINTERSET served on a committee working on Tornado Disaster Relief with grant from LCIF.

LCIF Campaign 100: Let's Finish Strong

*By PDG Jim Bixler
MD9 LCIF Coordinator*

Three months and counting until Campaign 100 is officially done. Between now and June 30, there are still opportunities for clubs to commit to be a Model Club. You may be closer than you think. Contact your district LCIF coordinator.

Personally, one can give to the campaign or make a pledge that will extend past June. Donations to the Disaster Relief Fund are not eligible to receive District & Club Community Impact Grants.

As of March 25, Lions have achieved **\$274,015,990**, which is **91.3%** of Campaign 100's \$300,000,000 goal. LCIF is your foundation. Together, we can ensure a powerful future of service. MD9 has raised **\$793,946.64** during the campaign.

Kindness Matters

Lions stand for peace and understanding, and we unite through kindness to serve those in need. Your donation to **LCIF's Refugees and Displaced Persons fund** will help ensure that Lions are there to help them find safety and security they desperately need.

Donations

Donations made to this fund will qualify for MJF Credit and count towards Campaign 100 donations. These donations will NOT qualify for District and Community Grant (DCG) for your club or the district.

If you would like your donation to count towards DCG, then you would need to donate to "areas of greatest need" fund. Send questions about LCIF donations to donorassistance@lionsclubs.org

LCIF Support

We're encouraging donations to the new Refugees and Displaced Persons fund. Contributions made to this fund will help ensure that Lions are there to help families find the safety and security they desperately need. A grant has been approved for Poland, and we expect to award additional grants to other countries receiving Ukrainian refugees.

As of March, LCIF has awarded seven grants totaling \$105,000 to relief efforts in Ukraine.



Photo courtesy of Lions Clubs International Foundation

REFUGEE ASSISTANCE. Ukrainian children receive a meal as part of LCIF relief efforts.

Keep Updated on Ukraine

Up to date information about Ukrainian refugee support can be found on the [Lions Clubs International homepage](#).

Aid in Iowa

LCIF has responded to our tragic tornado outbreak in March. LCIF Chairperson Dr. Jung-Yul Choi has awarded an Emergency grant (EMR20971/9-SW) in the amount of \$10,000 to assist the Lions of District 9SW with tornado relief activities.

According to the board-established grant criteria, emergency grant funds must be used only to provide basic necessities – such as food, clothing, blankets, bottled water, and medical supplies – for those affected by the disaster.

The LCIF funds may not be used to rebuild damaged structures or to provide housing for disaster victims. The amount of the grant is not sufficient to meet these needs. In addition, other relief organizations and government agencies are better positioned to address such longer-term needs.

LCIF responds to disasters in Iowa! Your support of our foundation makes a real difference to lives here and around the world.

2022 Iowa Lions State Convention REGISTRATION FORM

May 20-21, 2022 – Gateway Hotel & Conference Center, Ames, Iowa

ROOM RESERVATIONS are your responsibility and should be made directly with the hotel. A Lions rate of \$119 + tax per night has been extended to the Lions through April 19, 2022. Please mention the Iowa Lions when making your reservation with Gateway Hotel & Conference Center, 2100 Green Hills Drive, Ames, Iowa • (515) 292-8600 • [Click Here for Online Reservations](#)

FILL FORM OUT COMPLETELY – PLEASE PRINT LEGIBLY
(If using fillable PDF, hit “Save As” or Ctrl S to save completed form)

NAME 1 _____ ☐ LION ☐ LEO ☐ GUEST
 CURRENT OFFICE HELD _____ FIRST TIMER? ☐ YES ☐ NO
 CLUB _____ DISTRICT _____
 ADDRESS _____
 TELEPHONE _____ EMAIL _____

NAME 2 _____ ☐ LION ☐ LEO ☐ GUEST
 CURRENT OFFICE HELD _____ FIRST TIMER? ☐ YES ☐ NO
 CLUB _____ DISTRICT _____
 ADDRESS _____
 TELEPHONE _____ EMAIL _____

DEADLINE: Registrations should be **postmarked by Friday, April 29, 2022**. Registrations postmarked AFTER that date will incur a \$10 late registration fee. No meals can be guaranteed for registrations received after May 6, 2022.

Select a Package:		Number	Cost
Weekend Package Deal (all events Friday & Saturday)	\$100.00 per person	x _____ = _____	
Friday Awards Banquet only	\$65.00 per person	x _____ = _____	
Saturday Package (includes Saturday Brunch)	\$60.00 per person	x _____ = _____	
Registration Only (no meals)	\$30.00 per person	x _____ = _____	
ADD Late Fee (if postmarked after April 29, 2022)	\$10.00 per person	x _____ = _____	
TOTAL AMOUNT DUE			_____

Special Dietary Needs: _____

Please make checks payable to: Lions Clubs of Iowa MD9 Convention
And mail to: Treasurer Lisa Prochaska, PO Box 527, Clear Lake, IA 50428
Phone: (641) 373-1942 or (563) 920-0857 E-Mail: MD9conventions@iowalions.org

Watch for online registration form coming soon at www.iowalions.org
There is a \$5 convenience fee for online registration.

Host Families Needed!

By PDG Sheri Holliday

MD9 Iowa Lions Youth Exchange Camp

Hosting for Iowa Lions Youth Exchange Camp will be July 2-July 24, 2022. We have 12 confirmed incoming students, and three pending so far.

1. Belgium – Female – 22 – reading and reviewing books, cooking/baking and being a Leo
2. Brazil – Female – 16 – plays sports, listen to music and to the cinema
3. France – Female – 17 – tennis, music, travel
4. France – Female – 17 – sports (handball, horse riding, ski, Nordic ski), society games
5. France – Female – 17 – figure skating, cheerleading, piano & ukulele
6. Hungary – Female – 17 – cooking, baking, reading, volleyball, shopping, traveling
7. Mexico – Male – 16 – basketball, learning new things, music, video games
8. Mexico - Male – 18 – likes to play soccer and basketball
9. Mongolia – Female – 18 – reading books, singing, traveling, listen to music, friendship
10. Mongolia – Male – 19 – biology, drawing, piano, music, science
11. Spain – Male – 17 – sports, volleyball, video games, mathematics, food, movies
12. Spain – Male – 19 – sports, science
13. India – ?
14. Italy – ?
15. Turkey – ?

For more information on above students, please contact your district Youth Exchange Chair or State Youth Exchange Chair Sheri Holliday holliday52@msn.com or 515-480-6474.



Become a Host Family

Are you interested in learning about other cultures and ways of life while sharing your own customs and experiences? Are open-mindedness, tolerance and cultural competence of high importance to you? Do you have a desire to contribute towards peace, international understanding and the creation of global citizenship in youth? If you answered yes to any of these questions, you may enjoy being a host family for the Iowa Lions Youth Exchange.

Benefits of Hosting

Hosting an exchange youth is guaranteed to be a rewarding experience because:

- You experience the joy of sharing your culture and daily customs.
- You learn about the exchange youth's customs and culture.
- You open a new world of possibilities and thinking to the exchange youth.



THE IOWA LION

- You make a new friend, maybe for life.

Expectations of a Host Family

Room and Board – You are expected to provide room and board for the youth. It is recommended that youth be roomed with youth of similar ages and similar genders. Meals should be balanced and healthy.

Transportation – Typically, you are responsible for all of the youth's transportation during the exchange. Travel may include but is not limited to, transfers to and from the airport or train station, to camp (which will be held in Earlham this year), transportation to and from any planned activities by you and/or the host club.

Financial responsibilities

Payment for cultural activities is dependent on the agreement made between you, the youth and the host club. Students do come with their own spending money.

Host Family Eligibility

Potential Host Families must be screened by the Host Lions Club and YCE Chairperson. The Host Lions Club and local YCE Chairperson must approve all host families.

How to Apply

Contact your district Youth Exchange Chair or State Youth Exchange Chair Sheri Holliday.

ADDITIONAL DIGITAL COVERAGE



Des Moines South Lions Club

Pancake Breakfast and Bake Sale

Saturday May 7, 2022

7:00A.M. to 11:00 A.M.

Wakonda Christian Church

Fleur Dr. and Watrous

All the Pancakes you can Eat !!!

Limited servings of Sausage and Eggs.

Coffee, Milk and Juice

Free Will Offering

We sponsor KidSight, Leaders Dogs and other programs

We collect used eyeglasses and hearing aids

We Serve We Serve We Serve

ADDITIONAL DIGITAL COVERAGE

CLUB SPOTLIGHT

Atlantic Lions Club

By Vicki Nordskog
Atlantic Lions Club

The Atlantic Lions had a very busy and productive year topped off by three projects/fund raising events in November and December.

First, the club was able to fund restoration of the Atlantic Cedar Park basketball court, with the assistance of a grant from the Cass County Community Foundation. The Atlantic Lions were joint founders of this park in 1976, working in concert with the Atlantic Parks and Recreation Department and the Bureau of Outdoor Recreation.

Subsequently, the club funded replacement playground equipment, so it was a natural for them to take on the project to restore the basketball court.

All of the work has been completed on the basketball court with the exception of painting the free-throw area, which will be done in the spring as weather permits.



KEEPING UP THE HOOPS. Atlantic Lions Club presents a check for more than \$3,200 to Atlantic Parks and Recreation Department for restoration of the Atlantic Cedar Park basketball court.



PANCAKES WITH A PURPOSE. Atlantic Lions serve a pancake breakfast to raise funds to help with club projects like restoring a basketball court and building an accessible playground.



NEW PLAYGROUND. Atlantic Lions present \$2,000 donation to the Atlantic Parks and Recreation Department to help with the building of an accessible playground.



NEW TRUSTEE. Lion Reg Hockabout from Glenwood Lions Club gives an acceptance speech at the 9SW District Convention. Lion Reg was elected as the new Iowa Lions Foundation trustee for 9SW, replacing Lion Christopher Wilkins who had to resign due to medical issues.

ADDITIONAL DIGITAL COVERAGE

Lions of Iowa State Convention 2022 Advertising Policies

Advertising copy **MUST** be received **NO LATER THAN Saturday, April 23, 2022**.
Payment for ads **MUST** be received by that deadline as well.

E-mail ad copy to Lion Debbie Doty at debbie@dotypc.com. If you are designing your own ad, please send the **exact size** design saved in a **PDF High Quality Print** format (not Microsoft Word or PowerPoint). If you are designing in an Office program, create the document in a custom size based on your ad choice, then export to PDF when finished. Lion Debbie is also happy to design your ad for you. Send high-quality graphics as attachments to the above e-mail. Please specify whether copy is for half page or full page.

Make checks payable to ***Iowa Lions MD9 Convention*** and mail to:
Treasurer Lisa Prochaska
PO Box 527
Clear Lake, IA 50428

For more information, contact Lion Debbie Doty at 641-673-4173 (office) or 641-504-0117 (cell).

FULL PAGE

(inside, black only)

5" wide x 8" high

\$50

BACK COVER

(outside, black only first come-first serve)

5" wide x 8" high

\$75

HALF PAGE

(inside, black only)

5" wide x 4" high

\$35

BACK COVER

(outside, black only first come-first serve)

5" wide x 4" high

\$50

ADDITIONAL DIGITAL COVERAGE

Wanted: good home for a well-worn Lion costume. He's been loved and cuddled by many happy children in his life. He's been living at our Lions Den (that's why he looks a bit scrunched up). But now it's time for him to move on to another loving Lions club ... AND the best part is **he's absolutely free** if you come pick him up in Oelwein, Iowa.

Another reason to adopt him is you can get a look at our “Lions Den” and see how our Lions club cleans, sorts and reads glasses donated and shipped to needy countries.

Contact Janet Wissler or Anita Mars to arrange a visit or for more information. Janet may be reached at 319-283-2941 or jmgw6317@gmail.com or Anita at 319-283-5681 or aabmars@gmail.com.

Won't you consider an adoption?



ADDITIONAL DIGITAL COVERAGE



46th USA/ Canada Lions Leadership Forum

Where: Calgary, Alberta, Canada
When: September 15-17, 2022



Register: lionsforum.org
Early Registration Ends: May 31, 2022
Early Registration: \$285.00

The Forum's mission is "To develop leaders, motivate and educate attendees, provide an open exchange of ideas, and support programs and goals of Lions Clubs International (LCI)."



Join us on our adventure as we
"Stampede to Lead!"

Register: lionsforum.org