# September 2021

iowalions.org

# First Iowa Lions Fall Learning Conference Set for Oct. 22-23

#### By Chris Waring MD9 State Planning Committee Chair

The Planning Committee is excited about the new Fall Learning Conference coming in October and we

hope you are as well! This Fall Learning Conference is replacing the Iowa Lions Mid-Winter Leadership Conference that used to be held in January. The change removes the perception that the conference is for Lions leaders only and the need for Lions to travel in January when the weather is unpredictable.



Past International President Joe Preston

The Iowa Lions Fall Learning Conference will be held Oct. 22-23 in Cedar Rapids. You will find the registration form on Page 23 of this edition of *The Iowa Lion*. Be sure to get registered by Oct. 1 to avoid a late fee.

We have worked hard to find the best venue in Cedar Rapids. The conference is being held at the Cedar Rapids Downtown Public Library. The committee felt it is a perfect fit for our Lions – spacious, accessible and equipped with all the audiovisual devices we need. It also features a gorgeous, modern architecture that's worth checking out.

We have also made arrangements for discounted rates at three Cedar Rapids hotels for those who are coming in Friday for the Council of Governors or Iowa Lions Foundation meetings, or who are staying over Saturday night to attend the Cedar Rapids Lions Club's Celebration of 100 Years. Those hotels are listed on the registration form. Please note that discounted rooms are only being held until Sept. 22. You will want to make reservations prior to that date and tell them that you are with the Iowa Lions.

The city of Cedar Rapids has set the following policy: "To maximize protection from the Delta variant and preventing possibly spreading it to others, all visitors to city-owned buildings will be required to wear a mask while inside buildings. The policy applies to all visitors, whether they are vaccinated or not vaccinated." We will be requiring masks to be worn during the conference.

We have some great learning seminars lined up:

- The Big Ask Dr. Sondra Rierson, District 9NW Global Membership Team Coordinator, will lead Lions in a discussion on how to go about rethinking the way we invite new members to join Lions Clubs.
- **Planting a Better Tomorrow** by Teresa Kurtz, program director with Trees Forever.
- Navigating the Lions Member Portal Council Chair Bryan Bross will help Lions navigate the Lions Member Portal through MyLCI, MyLion, Learn and more. Because of the limited room capacity for this seminar, we are asking that you pre-register for it when registering for the conference. Bring your devices with you if you would like some extra support in navigating this important Lions tool that is available to ALL Lions members.

#### CONTINUED FROM PAGE 1

- Service Project in a Box – PCC Paul Hain, District 9SE Global Service Team Coordinator, will facilitate a discussion with some clubs that have successfully implemented low-cost and highly visible service projects in their communities.
- First Timers Seminar Past District Governor Debbie Doty, District 9SE Global Leadership Team Coordinator, will give a brief orientation of Lions Clubs International and Lions Clubs of Iowa. She'll also help Lions wade through the alphabet soup and acronyms with a fun scavenger hunt and a chance to win free registration to the Iowa Lions State Convention in May.



Past International President Joe Preston from Arizona will be our guest for the day. You really do not want to miss the chance to bump elbows with this dynamic Lion! He will be answering questions from you on Saturday morning, so come prepared to listen and learn from one of the great Lions leaders. PIP Joe will also be our keynote speaker at the Saturday luncheon.

The cost for attending the Fall Leadership Conference is only \$40 per person if registration is postmarked before Oct. 1. This includes a continental breakfast and a box lunch of a premade sandwich on delicious bakery bread with a choice of meat. This will be served with chips, fruit, a bakery cookie and bottled water. Choices of meat will include turkey, ham and beef. A green salad offering along with fruit and bottled water is available for special dietary requirements. The price goes up to \$50 for registrations postmarked AFTER Oct. 1.

We are also encouraging Lions to bring nonperishable food items for our service project. See a list of needed items on Page 7.

We are looking forward to seeing our Lions family!

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# Lions Help Friends Support Visually Impaired Through Library

#### By Don Wirth, Vice Chair Friends of the Iowa Library for the Blind and Physically Handicapped

The Friends of the Library for the Blind and Physically Handicapped (Friends) is a 501(c)3 nonprofit organization dedicated to raising funds to support the efforts of the Iowa Library for the Blind and Physically Handicapped (Library) to assist in their efforts to provide reading material in multiple formats to blind Iowans.

Through donations of the Friends, the Library has been able to:

- provide cartridges on which audio or braille books can be downloaded and circulated to patrons;
- support the availability of sacred texts in various formats;
- provide funding for the re-modeling of the Library's youth services area;
- support the Braille Challenge that encourages students to accelerate their learning of braille in state and national competitions;
- provide tactile learning materials to blind and other patrons;
- and support the recognition of volunteers who



Friends of the Library for the Blind and Physically Handicapped present an annual donation to the library. Many Lions clubs support the Friends' mission to assist lowans living with vision loss through volunteering and financial contributions.

assist in the Library in many ways including recording audio books.

The Friends have contributed tens of thousands of dollars to the Library. Our primary source of funds for our donations come in the form of memberships and



An informational display shows the role of the Friends of the Library for the Blind and Physically Handicapped.

memorial contributions. While we have various other fundraising events, membership provides the bulk of our revenue.

Over the years, we have received memberships from a number of Lions clubs in the state. Those clubs recognize how well contributions to the Friends correlates with the Lions' mission of fighting blindness and assisting those with vision issues.

The Library provides all sorts of reading material to assist blind Iowans to live more productive and fulfilling lives. These include textbooks for students, instruction manuals for machinery and computers, cookbooks, literature, newspapers and magazines. Materials help in education, employment and living a well-rounded informed life.

We ask that every Lions club consider making a donation to the Friends of the Library for the Blind and Physically Handicapped. This will help the Library to continue to offer current services and be positioned to implement new services as they become available.

Please contact President Jim Rechkemmer or Treasurer David Hammel with any questions or presentation requests. You can also find more information by visiting our website.

Payments may be made via our website or mailed to Friends of the Iowa Library for the Blind and Physically Handicapped, PO Box 93046, Des Moines, IA 50393.

#### **International Report**

Past International Director Ardie Klemish P.O. Box 175 Anita, Iowa 50020 641-740-0148 ardieklemish@gmail.com



#### Iowans at 19th Annual Great Plains Lions Leadership Institute

The 19th annual GPLLI was held July 23-25 at the beautiful campus of Northwest Missouri State University in Maryville, Missouri. Fifty-seven students, nine facilitators from five states, and seven staff members were excited to meet in person for the first time at this multi-state Lions event in two years.

Iowa had 15 graduates, Missouri 12, Kansas 10, Nebraska 10, Oklahoma 9, and Kentucky one. Iowa students included Jimmy Bacon, Sandra Briggs, and David Coates from District 9MC; Mike Ravera from District 9NC; Mark Miller and Dale Schrad from District 9NE, Roger Curtis from District 9NW; Charles and Michelle Kent, Mike Renken and Jake Shoppa from District 9SE; Doug and Leanna Darnold, Doris Jackson and Gary Richardson from District 9SW.

Iowans serving as staff were Gary Fry, Ardie and Ken Klemish. Debbie Doty was a facilitator. In compliance with Lions Clubs International guidelines for a regional Lions leadership institute, the number of classes was reduced from 10 to nine; and the required number of LCIP certified trainers was fulfilled. Each student presented a three-minute public speech on the final day, along with the traditional group skits. Tentative dates for 2022 GPLLI are July 29-31, 2022, at NWMSU in Maryville, Missouri. Mark your calendars now to attend!



Iowans who participated in Great Plains Lions Leadership Institute in some form or fashion. First Vice District Governor David Coates attended but was not present at photo time.

#### Plan to attend 2021 Lions University Graduation Ceremony in Des Moines

Several Iowans will be receiving Bachelor, Masters, and Doctorate degrees at the USA/Canada Lions Leadership Forum in Des Moines. Please be sure to attend to cheer them on. The graduation ceremony will be Thursday Sept. 9 from 3:30 to 4:40 p.m. in Rooms 312-320 in the Iowa Events Center. Let's all be there to let them know we appreciate their individual efforts to improve their leadership skills. Over 500 graduation certificates will be awarded.

#### Plan Now to Attend Iowa Lions Fall Leadership Conference

MD9 State Planning Committee Chair Lion Chris Waring and her team are putting together a dynamic group of seminars for you on Oct. 23, 2021 at the Cedar Rapids Library. For details, watch *The Iowa Lion* or check the Iowa Lions website. Past International President Joe Preston, an Iowa native, will be the Saturday noon keynote speaker. Plan to attend the Cedar Rapids Noon Lions Club's Celebration of 100 years later that same evening. See the flyer in the digital-only section of this magazine OR contact Past Council Chair Terry Durham for details.

#### Midwest Advanced Lions Leadership Institute Coming in 2022

The Midwest Advanced Lions Leadership Institute that was scheduled for July 2021 did not receive enough applicants to hold the event. The GPLLI Board of Directors is looking forward to trying again in July 2022 at NWMSU in Maryville, Missouri, to be held in conjunction with GPLLI. Since COVID-19 caused the majority of 2020 and 2021 LCI institutes to be canceled, interest in ALLI for 2022 will be much greater.

As required by LCI, the facilitators will all be graduates of the Lions Certified Instructor Program. The first 40 student slots will be reserved for Lions from Iowa, Kansas, Missouri, Nebraska and Oklahoma. Watch for updates in January 2022.

#### "Service From the Heart"



A View from the Chair Council Chair Bryan Bross 1703 Grube St. Burlington, Iowa 52601 319-572-4132 bbross@iowalions.org



It has been a pleasure learning about and setting up for our Iowa Lions booth at the Iowa State Fair this year. We had PDG Doug Welton, DG Bill Shutters, PDG Darwin Meyer, DG Nancy Love and myself work diligently on Aug. 6 to get things in order.

We had great reports from the numerous Lions across Iowa that volunteered this year. Through the digital sign-up process, we had about 91% of the slots covered and every slot had at least one Lion.

Some pictures of the booth setup and the volunteers in action are provided in the Additional Digital Coverage section of this edition of *The Iowa Lion*. A big THANK YOU goes out to everyone who helped this year, especially for the group of volunteers for the KidSight Eye Screening this year. The resurgence of COVID-19 wreaked havoc, but we have overcome.

We are quickly approaching the USA/Canada Lions Leadership Forum. So many across Constitutional Areas 1 and 2 have worked hard to get ready for this event in Des Moines. You can still sign up. There are so many learning sessions and opportunities to meet fellow Lions from all over North America and around the world.

I am also very excited about our upcoming Iowa Lions Fall Learning Conference to be held in October this year. You will NOT want to miss this event. More details regarding registration are elsewhere in the magazine.

Our State Office operations are continuing to be streamlined and cleaned up. We have consolidated the space that the Lions have been using to a back office (Suite 3) and a storeroom.

The Council of Governors, at their meeting Aug. 14, voted to task the Personnel & Equipment Committee with seeking a tenant to rent the space in what is known as Suite 1. Should a potential tenant seek to rent the space, the Council will consider the terms at their Oct. 22 meeting. The current space will be deep cleaned and prepared accordingly. In addition, the Council voted to appoint PCC Judy Stone as Interim Volunteer Secretary and Lion Kathy Duke as Interim Volunteer Treasurer. We anticipate that a future advertisement will be placed in *The Iowa Lion* to fill these positions on a permanent basis, or at least for a three or five year term, as applicable. Keeping our State Office business moving ahead has been a key goal since May.

Speaking of the recent Council of Governors meeting, we had a LOT OF BUSINESS to conduct. I want to personally thank all the district governors for all they are doing. We had a good meeting, and I believe we have a great team this year.

I also want to congratulate DG Bill Shutters on being elected as your vice council chair for this year. I look forward to working with DG Bill and learning from him as we work together.

The 2021-2022 Who's Who for the Lions Clubs of Iowa is now available. Paper copies have been mailed to the GAT Team, DG Teams, and past international directors. Paper copies are available for sale while they last for \$10 each. A link for downloading a digital copy has been emailed to every Lion with an email address in MyLCI.

If you hear of fellow Lions indicating they are not getting digital correspondence with *The Iowa Lion* or otherwise, please encourage them to let their club secretary know what their email address is so it can be added to their record in MyLCI.

Thank you for all you do to serve your community. We are an association of service-minded people seeking to have a profound impact on mankind. That is Service from the Heart!



A LIONS WELCOME. Vice District Governor David Coats and Lion Sandy Briggs from the Johnston Lions Club man the Lions booth at the Iowa State Fair.

# LCIF Campaign 100: Let's Finish This Strong

#### By PDG Jim Bixler MD9 LCIF Coordinator

We are coming to the finish line of Campaign 100, which ends on June 30, 2022. Worldwide we have raised \$215.5 million. Constitutional Area 1 (U.S. and Affiliates, Bermuda and Bahamas) has raised \$28.7 million and Multiple District 9 (Iowa) has raised \$639,200. Thank you for your contributions.

This has been Lions Clubs International Foundation's largest capital campaign. In previous campaigns like SightFirst and SightFirst II, we far exceeded our goal. Let us all join in the final push.

LCIF is our foundation, where 100% of the contributions goes for the funding of grants. These grants allow Lions to engage in larger projects than several clubs, districts and multiple districts could fund on their own.

District 9SW LCIF Coordinator PDG Ken Klemish was able to get 100% club participation. It is my hope that in this last year, MD9 will have 100% club participation in EVERY district.

It is also my hope that we can increase individual participation through personal donations to LCIF. These personal donations from members of the club can go towards a Melvin Jones Fellowship or Progressive Melvin Jones Fellowship. They also are included in the club contributions.

During Campaign 100, LCIF instituted the District and Club Community Grant Program. If a club gives \$5,000 or a district gives \$10,000 in unrestricted donations during a Lions year, 15% of that contribution can be used for local projects. So part of what you give, you can use locally. To use the funds you still must apply to LCIF. The restrictions on these grants are less.

There is another way to contribute to LCIF. It is through Legacy giving, where one can pledge part of one's estate to the foundation. If you are



interested in such a contribution, please contact your district LCIF coordinator.

Go out and serve your communities with renewed vigor as we serve through these uncertain times. We have a long history of service throughout our world: Lions and LCIF, changing people's lives!



**DERECHO HELP.** Mount Vernon Lions grill food to help feed Linn County residents affected by the August 2020 derecho. An LCIF District and Club Community Grant helped with the funds to provide hot meals to people who lost power for days following the storm that brought hurricane-force winds through the Midwest.

#### LCIF Grants Non-COVID: 2019-2021

Below are some grants that MD9 has received, three of which are District and Club Community grants.

- 9MC Diabetes Grant Matching funds ongoing
- 9MC District and Club Community Grant Used for food security completed
- 9EC District and Club Community Grant Used for derecho relief completed
- 9MC Submitted Community Recovery Grant in October completed
- 9NE District and Club Community Grant approved by LCIF for the amount of \$6,000
- 9SE Disaster Relief Grant used for derecho relief – completed

# Service for the New Lions' Year

#### By PDG Ed Ottesen MD9 Global Service Team Coordinator

A new year brings new possibilities. Lions Clubs International has published the first half of this year's calendar of events. Included in this calendar are four months dedicated to the awareness of LCI's core focus areas. The months and focus areas are:

Vision Awareness Month
Diabetes Awareness Month
Hunger Awareness Month
Childhood Cancer Awareness Month

During those months in particular, clubs should endeavor to schedule service events related to that month's focus area.

Activities for October should be easy as many clubs do some kind of vision-related projects all year long. Things like KidSight screenings, eyeglass collection, or providing assistance to those in need of eyeglass who cannot afford them. For this month, in addition to reporting the activity on MyLion, let your communities know what and how much you do in the area of vision. To get many ideas of what to do for the remaining months, go to the MyLion app and click on "Plan Future Activity." On the next page, select "Service Activity" and click the orange "Continue" strip. This takes you to the page where a choice of focus areas to plan for can be selected.

After making that selection and once again clicking on the orange "Continue" strip, you will be presented with several project types. Do not worry about what is needed for the project as you make your selection, for as you continue on to the next page there should be the ability to download a full planning guide to help make the event a success.

Once your club completes any service project it is very important to report it on MyLions. Last year as a multiple district, Iowa averaged less than 50% of the clubs reporting. Individual district reporting ranged from a low of 20% to a high of 63%.

With the opportunity to do more service this year as we finally get past this pandemic, I challenge every club and district to increase reporting – people served, service activities and volunteer hours – to new highs. Let us all fulfill this organizations motto of WE SERVE!

# MD9 Fall Learning Conference Service Project

During the MD9 Fall Learning Conference this October, the State Planning Committee is asking Lions to bring items to be donated to the Linn Community Food Bank in Cedar Rapids.

Items needed by the food bank include:

#### **Canned Items**

- Vegetables
- Fruit
- Pork & beans
- Soup
- Tuna
- Canned chicken
- Creamy peanut butter
- Pasta sauce
- Spaghettios
- Chili
- Beef Stew

#### **Boxed Items**

- Instant mashed potatoes
- Pasta
- Macaroni and cheese
- Saltine crackers
- Cereal

- Corn muffin mix
- Pancake mix
- Hamburger Helper
- Ramen noodles
- Scalloped potatoes

#### Condiments

- Ketchup
- Mustard
- Mayonnaise
- Pickles
- Jelly
- Salad dressing

#### **Hygiene Products**

- Toilet paper
- Toothpaste
- Bar soap
- Sanitary napkins
- Shampoo

As always, money is accepted. Checks can be made out to Linn Community Food Bank.

We cannot accept opened, badly damaged or dented containers, glass containers, home canned food, expired or perishable items. **District 9MC** District Governor William Shutters 9807 Quail Ridge Rd. Urbandale, IA 50322 515-326-0060

# washutters@gmail.com

#### **9MC Fall Rally**

District 9MC will hold a Fall Rally on Saturday, Nov. 6, 2021 from 8 a.m. to 3 p.m. at the Jasper County Senior Citizens Center, 702 E. 3rd St. S. in Newton.

There will be a wide variety of topics covered, including presentations from Camps Hertko Hollow and Courageous, a Strides Walk, a round-table discussion by the zone chairs, and an election. There will also be information on MyLion, LCIF and the Iowa Lions Foundation.

The Newton Lions Club is hosting the event. A continental breakfast and lunch are provided with registration. See the registration form on the next page.

#### **Notice of Election**

District 9MC will hold an election for the offices of district governor, 1st and 2nd vice district governors and first year Iowa Lions Foundation trustee for the 2022-2023 Lion year, which begins July 1, 2022. This election will be during the 9MC Fall Rally on Nov. 6, 2021, at 2:00 p.m. at 702 E. 3rd St. S., Newton, Iowa.

The qualifications for each office are listed in the District 9MC Constitution and By-Laws. Any member of a club in District 9MC seeking one of the offices shall:

- File his/her intention to so run, in writing, with the Nominating Committee at least 30 days prior to the convening date of the election,
- Furnish therewith evidence of his/her compliance with the qualifications of said office, and
- Provide a bio.

Any member with questions or seeking additional information should contact Nominating Committee Chair Bill Pollard at billpollard54@yahoo.com or 515-480-2210 in a timely fashion. Other members of the Nominating Committee are Keith Barloon, David Blakeley and John McCleery.

A member may self-nominate, so if one were interested in providing leadership at the district level, consider running for trustee or 2nd vice district governor (if qualified) and contact Bill Pollard.

#### Welcome New Members

Member	Club	Sponsor
Joseph Thien	Ames Breakfast	Eldon Weber
Nancy Johnston	Clive	Lori Hackett
Ned Krupko	Clive	Paul Krupko
Bret Miller	Newton	Janice Carpenter
Rich Park	State Center	Jeff Barry
Jan Hall	Urbandale	Betty Shutters
Bridget Nixon	Urbandale	Larry Grund
Helene Rosauer	Urbandale	Betty Shutters
Brenda Smith	Urbandale	Betty Shutters

#### HISTORICAL HIGHLIGHT Grinnell Lions Club

The Grinnell Lions Club was sponsored by the Victor Lions Club and chartered on Oct.4, 1961 with 15 members.

Grinnell Lions are working with Grinnell College to start a branch club, however, due to COVID-19 these efforts are on hold.

The club sponsors Grinnell Lions Ag Day, held the last Thursday in August for the past seven years (except for last year due to the pandemic). The event celebrates the contributions of farming and agribusiness in Poweshiek County.

Grinnell Lions financially assist the needy in the community with eyeglasses and hearing aids and also collects used eyeglasses to distribute worldwide. They raise funds by selling sponsorships, producing an All Sports Calendar covering Grinnell High School athletic activities, and selling discount cards in conjunction with the high school sports teams.

The club financially supports the Iowa Lions Foundation, Lions Clubs International Foundation, Grinnell Ag Day, eyeglasses and hearing aids assistance, Grinnell High School scholarships, Camp Courageous, Camp Hertko Hollow, Grinnell United Way, Mid-Iowa Community Action (MICA), Davis Elementary Giving Program, Drake Community Library Large Print Program, LINK Mentoring of Grinnell and the Christmas Share Program.

The Grinnell Lions Club, working with the Lions clubs in Kellogg, Montezuma and Victor, received an LCIF Grant to start a diabetes prevention program in the surrounding communities in partnership with Unity Point Health. This grant was the only one received in Iowa and is the first Iowa diabetes-focused project for Lions Clubs International.

One very notable member of Grinnell Lions Club is

Mike Hotchin, who served as club president in 1975-1976. He became the club secretary in 1977, a position he held for 40 years. Mike has also served as zone chair and cornea transport dispatcher.

In recognition of Mike's service to the club, the shelter house at Lions Park in Grinnell was officially named the Mike Hotchkin Shelter at the year-end banquet and officer installation ceremony in June 2018. In 2016, Mike received a Lions International President's Certificate of Appreciation, the fourth highest award from Lions Clubs International, for his service.

# We Serve

AMES EVENING assisted with Art in the Garden; provided traffic control and security for the Rummage RAMpage; participated in the Iowa Games Special Olympics.

**ANKENY** served 184 people at a pancake breakfast.

**BONDURANT** held the annual Bondurant Lions Club Tractor Ride with 50 tractors and drivers entered and raised \$1,000; served pork loin sandwiches at Bondurant Summerfest, raising \$2,191.

**DYSART** served 504 tenderloins at the Dysart Car Show; served a hearty breakfast and lunch at the Old Iron Days Tractor Ride; donated \$400 to and directed the Dysart Lions Club Grand Parade on July 4; operated a concession stand at the park for July 4; conducted a two-day book sale for the 4th of July celebration.

**MARSHALLTOWN EVENING** popped corn at Hy-Vee from 9:30 to 5:00 on all five Saturdays in July; collected hearing aids and glasses to take to Anamosa; did a Meals on Wheels route; worked at the Marshalltown Emergency Food box; sold Colorado Peach Lugs in cooperation with the Kiwanis Club.

**McCALLSBURG** served over 300 people at its annual Sweet Corn and Bologna Feed.

**MITCHELLVILLE** selected a property for the Yard of the Month for July 2021.

**REINBECK** operated a Bingo tent at the town's 4th of July celebration; placed 150 American flags on clients curbs as part of their flag project; collected 40 pairs of used eyeglasses and two hearing aids.

**SOUTH DES MOINES** collected and delivered 500 pairs of glasses to the state office; helped the clowns at the Union Park Carousel; volunteered at Beep Baseball; mowed and cleaned up an elderly lady's yard; power washed a lady's house; cleared debris and cleaned headstones at a local cemetery.

**URBANDALE** operated the 4th of July Bingo tent for Urbandale 4th of July celebration; sold 4th of July Fireworks Buttons to fund the fireworks display; collected several hundred pairs of eyeglasses.

In Memoriam Vern Nelson — McCallsburg **9MC FALL RALLY** REGISTRATION November 6, 2021 8:00 a.m. - 3:00 p.m. **Jasper County Senior Citizens Center** 702 E. 3rd St. S. , Newton, Iowa 50208 Please Print Legibly Name 1 Name\_\_\_\_\_ Club E-mail\_\_\_\_\_ Phone\_\_\_\_ LION \_\_\_\_\_ Yes \_\_\_\_\_ No Office \_\_\_\_\_ Name 2 Name \_\_\_\_\_\_ Club \_\_\_\_\_ LION \_\_\_\_Yes \_\_\_\_No Office \_\_\_\_\_ # registered \_\_\_\_\_ x \$25 = \$ \_\_\_\_\_ total Registration includes continental breakfast and lunch. Make checks payable to Lions District 9MC Send to: 9MC Treasurer Janice Carpenter 1220 N. 35th Ave W. Newton, IA 50208

District 9SE District Governor Nancy Oehler Love 2865 290th St. Crawfordsville, IA 52621 319-461-1636 ncoehler@gmail.com



I am a jotter. That is to say, I have a zillion pieces of paper, large and small, on which I jot whatever fleeting thought may cross my mind before it disappears. Sometimes I know the source; more often, not.

The bright blue sticky note that I found under a pile of papers on my desk the other day had this word at the top: LEADERSHIP.

I found that what followed was very appropriate for the beginning of my term as your district governor given my theme of "The Power of Love."

It read: "Leadership is not about being in charge. Leadership is about taking care of those in your charge." Indeed.

Our motto as Lions is "We Serve." Service is the lifeblood of what we do as Lions, but we cannot do this without strong leadership and Lions who are willing to serve. After all, we are Loving Individuals Offering Needed Services. For where there's a need, there's a Lion.

My favorite quote from International President Douglas X. Alexander is,

#### "Service to others is the rent we pay for the space we occupy on earth."

We can't serve without strong leadership. When was the last time you said "yes" to a leadership position? It may be on the club level. It may be on the district level. Don't worry, whichever it is, we'll teach you what you need to know. As a matter of fact, we have a person on our Global Leadership Team who is trained just to train you and she is passionate about what she does! I guarantee that

#### Welcome New Members

MEMBER	CLUB	SPONSOR
Lori Drummond	Ottumwa Noon	Cindy Kurtz-Hopkins
Ryan Burns	Williamsburg	Ryan Striegel

your desire for leadership will be ignited if you sit in on even one of GLT Debbie Doty's leadership training sessions! You will feel the Power of Love, Lions-style, as Loving Individuals Offering Needed Services!

I like to think that there is a boomerang effect when we embark on a journey of leadership. We are invited to go and listen, then charged to join and act. Think about that with regard to your individual clubs. Are you recycling officers because nobody wants to step up to the plate? Are you afraid that you will be overwhelmed by the duties of your office?

There is something that I focused on during my vice district governor year – TEAMWORK. Teamwork makes the dream work, because together everyone accomplishes more.

As your district governor, I was required to create goals for my year of leadership. One of those goals was to develop a plan of succession for district governors in our district.

At this moment, we don't have anyone in the 2nd vice district governor slot for the current year. If we are not able to fill that position this year, it means that next year's governor will not have a successor. Think about our boomerang. Are you ready to join and act? Are you ready to step up to the plate?

As our founder Melvin Jones stated, "You can't get very far until you start doing something for someone else." When we make it our own, we give what we can. And that, my fellow Lions, means saying a heartfelt "yes" when asked!

So as we begin our Lions year together, I urge you to think about your role in your club or in the district – remembering to focus, of course, on the Power of Love, which is behind every successful leader. Because leadership is not about being in charge, but rather about taking care of those in your charge, as Loving Individuals Offering Needed Services – for where there's a need, there's a Lion!

# **DECEASED MEMBERS**

(as reported in MyLCI for July)

Member	Club	Years a Lion
Frederick W. Rentzsch	Burlington Host	39 years
Gary Fabian	Iowa City	18 years
Richard T. Elliott	Keosauqua	30 years
Sue Richardson	Ottumwa Noon	1 year

# **Service Activities**

(reported on MyLion for the month of July)

BIRMINGHAM held a blood drive.

**CORYDON** volunteered at the Wayne County Fair; put up and took down American flags for the July 4th holiday; collected scrap metal.

**CRAWFORDSVILLE** served lunch for Crawfordsville Days.

**DANVILLE** held a blood drive and had a business meeting.

**GRANDVIEW-LETTS** sold lemonade for the community July 4th celebration.

**IOWA CITY** held a golf tournament; transported tissue to the eye bank; conducted Kidsight screenings.

**LONE TREE** picked up 143 flags from the community after the July 4th holiday.

**MELCHER-DALLAS** attended the USA/Canada Forum Host Committee Meeting; participated in a preparation activity for the car show; prepared goody bags for and hosted the Movie in the Park; picked up flags from July 4th holiday.

**PACKWOOD** served a pancake, sausage and French toast breakfast.



**YOUNG LEADERSHIP.** Outgoing Wayland Lions Club President Gary Lauger, right, passes the gavel to incoming president Braden Blake.



**CELEBRATING 100 YEARS.** Albia Lions Club celebrated their 100th anniversary at the community-wide Restoration Days on Aug. 7. The club chartered June 22, 1921. Pictured (above left) are Albia Lions Don and Karen Niebuhr, (middle photo) Lion Rob Cells pouring pancake batter, and (far right) Lana Kaldenberg, Colleen Putnam and Tom Shovlain. Several years ago, Lion Tom received a double cornea transplant from the Iowa Lions Eye Bank.



District 9NE District Governor Stephen Becker 1618 Lark Ln. Waterloo, IA 50701 319-234-2374 lionstephenb@mediacombb.net



# **Food for Thought**

By Jan Madson District 9NE Hunger Chair

How much thought have you as Lions invested into the concept of hunger? Does a cramping, rumbling stomach keep you awake each night? What does the term "food insecurity" mean?

Well, there are 52,000 adults and children in northeast Iowa's 16 counties who can personally define hunger and food insecurity in very graphic terms. The dictionary defines food insecurity as "the state of being without reliable access to a sufficient quantity of affordable, nutritious food."

A mind-boggling number of factors impact food security. One obvious factor is poverty. But to list the factors that threaten food security is beyond the scope of this article. The purpose of this article is to give you food for thought. How can each Lions Club address hunger in their area?

With the opening of schools for the fall semester, I am reminded of the Backpack Program sponsored by the Northeast Iowa Food Bank. Each month, the NEIFB delivers 4,100 meals to schools in 16 counties in northeast Iowa. In the past year, the Food Bank has distributed over 290,000 meals to students.

NEIFB volunteers pack the food sacks and drivers take the packs to the schools each Friday. The nutritious and shelf-stable food is put into the backpacks of chronically hungry students. It provides them with food for the weekend and holidays. The cost of one Backpack meal is \$2.70.

I challenge your club to plan and implement a project to help combat hunger in your community, raise money or conduct a food drive to support the Northeast Iowa Food Bank's Backpack Program. Submit your results to me at Hudsonlions50643@ gmail.com and I will be sure to share the great ideas with our district.

# Vinton Lions Celebrate 100 Years

Vinton Lions Club wrapped up its 100 Anniversary Celebration with a lunch and visiting Lions dignitaries at the Vinton Country Club on July 7.

The keynote speaker was Past International Director Mark Hintzmann from Watertown, Wisconsin. He entertained Lions members with his experiences as a Lion through the years that have impacted him and elevated his commitment to membership. PID Mark also honored the Vinton Lions Club by inducting new members and installing the new club officers for 2021-2022.

A highlight of the luncheon was Lion Keith Elwick receiving an award for his 57 years as a Lion. Keith was presented with a plaque of appreciation for his loyalty, dedication and commitment to Vinton Lions Club.

The Vinton Lions Club is grateful to its community for supporting the concessions trailer and the numerous fundraising events held each year.

Vinton Boy Scouts Troop 47 has been a partner since their charter in 1932, volunteering and serving the Vinton Community. The club appreciates the scouts' dedication to serve.

Vinton Lions are thankful for T-J Gas and Fareway Stores for tremendous support through the years and making the concessions trailer successful.



**YEARS OF SERVICE.** Vinton Lion Keith Elwich receives an award recognizing his 57 years of service to Lions during the Vinton Lions Club's 100th Anniversary Celebration.

# **CLUB ACTIVITIES**

**CEDAR FALLS** participated in funeral Honor Guards; cared for and spread mulch at the Diabetes Learning Garden; helped with church hospitality; collected eyeglasses; and provided Packets of Care to homeless shelters.

HAWKEYE conducted an ice cream social.

**INDEPENDENCE** celebrated its 90th anniversary and conducted the Independence Day Breakfast.

**JANESVILLE** had a float in the Janesville Days parade; picked up trash for RAGBRAI; power washed and painted a city park shelter house and cleaned up Wildcat Way.

NASHUA participated in the Plainfield Days parade.

**NEW HAMPTON** assembled, built and installed a kids zip line at Mickelson Park.

VAN HORNE collected cans and bottles for income to use for community projects.

**WAUKON** provided a "Christmas in July Party; gave donations to the relief office Food Shelf.

WAVERLY had a pancake breakfast.

All 9NE Peace Posters are DUE to DG Becker by Nov. 15

# In Memoriam

We are sorry for the loss of these dedicated members.

Club Member Denver Arthur Kurtt Bruce A Thurm

#### We Welcome New Members

Club	Member	Sponsor
Balltown	Keith P Boever	Terry Eglseder
	Robin Ludiocicsy	Terry Eglseder
Cedar Falls	Vandana Dodiya	Michael Farmer
Decorah	Peter A Vogel	Bruce Schuman
Denver	Bruce Gonnerman	Marvin Kramer
	Denelle Gonnerman	Marvin Kramer
Fredericksburg	Jeremy Westendorf	
Nashua	Elizabeth Henninger	Wayne Miller
Oelwein	Sheri B Hull	Janet Wissler
	Vernon E May	Katy Solsma
	Dennis R Pixler	Steve Bradley
	Kathy A Thomas	Janet Wissler
	Karlee K Weidemann	Janet Wissler
Vinton	Bethany Gates	Patrick Lyons
	Blake Hansen	Mike La Grange

### **REGISTRATION FORM 2021 9NE LIONS DISTRICT** FALL LEADERSHIP CONFERENCE Saturday, Oct. 30, 2021 The "W", Wartburg College, Waverly "Leadership IS the Difference" 'Money, Money, Money - We Have It - We SHARE It' Responder's Name: Email: \_ Lions/Leo Club Name: \_\_\_\_ COST: \$15 / Lion or Friend and \$12 / Leo Make check payable to 9NE Lions and mail by Oct. 15 to: Lion Mark Trax 114 21st St. SW Waverly, IA 50677

# of Participants with this Registration =

Total Fees Included = \$

PARTICIPANTS NAMES:

#### - Bring Your Club Banner to Display -

#### \*\*Conference Highlights\*\*

 Iowa Lions Foundation & Lions Clubs International Foundation – Be prepared to present club checks for both foundations!!!

- The LEO Program Creating the 9NE Leo Cabinet!!!
- Addressing "Club Tasks to Success"
- The Global Action Team
- 2022-2023 9NE District Officers Elections
  (be sure your club dues are paid-to-date at least 15 days prior to convention)

District 9SW District Governor Allen Zobel 1119 N. Division St. Audubon, Iowa 50025 712-304-5066 calz@mediacombb.net

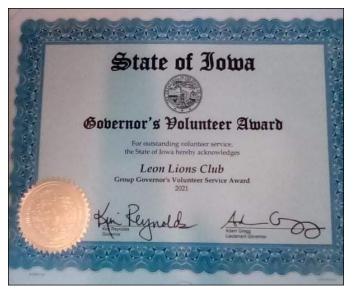


All systems are a go in 9SW Lions We have accomplished several things this first month and half. First, it is with great pleasure and pride to announce that charter night for our newest MD9 Lions club is Monday, Oct. 4 at 6:00 p.m. at the Hamburg Elementary School building. Past International Director W.R. Riley from Maryville, Missouri, will be the guest speaker. More information will be coming through the Iowa Lions and 9SW Facebook pages as we line up the night. We look forward to that great evening and may even have a new Leo Club established by them.

The biggest project that the Hamburg Lions Club is doing is building a ranch style home for a family of five that lost their home to a fire in May. Hamburg Lions Club is partnering with a group called One Family One Purpose to accomplish this venture but more financial help will be needed to complete this tremendous goal. If any club is interested in helping, reach out to President Brenda Brandt. Email bbrandt@hamburgcsd.org for more details. The Lions and students will be working hand-in-hand with the other organization to accomplish this great service project. Hamburg Lions Club has already raised a little over \$8,000 towards it.

Secondly, 9SW Lions and the Global Action Team are proud to announce that we are a plus-8 for membership as I write this today. We have 19 new members and have lost three Lions as deceased and eight left in good standing. These Lions in good standing need to be looked at to see why they left! District 9SW shows a loss of 31 and a gain of 39 due to the dropping of 20 members to form our new club and adding them back in as members. The 9SW GAT team has a goal of adding 3 to 5 branch clubs and have Guiding Lions in place to accomplish that task. Most of them still need to renew their Guiding Lion certificates to proceed, but have promised to be there for the GAT team.

MD9 and 9SW continue to work hard on membership and service reporting. District 9SW has several plans in place with a timeline to accomplish our goals and to move the district ahead. As a past educator, goal-setting and setting timelines has been part of my educational career. It is great to see LCI and Lions promoting the



Leon Lions received the Governor's Volunteer Award from lowa Governor Kim Reynolds.

setting of realistic goals and hopefully putting together a timeline and following it for success. Setting a goal and then writing very precise and concrete steps to achieve that goal are important to the success of that goal.

This district governor and his cabinet are dedicated to seeing growth and improvement in leadership, in service projects and in stronger clubs.

In visiting two of my clubs, the Leon Lions Club is a premiere club in our district. This club has received the prestigious award from Iowa Governor Kim Reynolds for their service efforts during the pandemic.

Leon Lions took my challenge to add members to their strong club to the tune of one each month (actually they said two each month and I willingly made what I thought might be more realistic and attainable at one a month). They already are ahead of the schedule with three new Lions this year.

If every club would be willing to challenge themselves this way, just think where MD9 could be. Do I think Leon Lions will do that? Definitely! With the leadership of Club President Lucas Gilliland and Secretary Dwighta Winebrenner and listening to the Lions there, I believe they will grow and increase reporting. I may owe that club a pizza party and really hope that will come true.

Lions District 9SW could be on the way to a historic amount of growth if things come together as projected.

My Partner in Service, Chrystal Zobel, and I ventured to Des Moines on Aug. 11 to join up with fellow DG Bill Shutters to participate on the Iowa Lions float in the Iowa State Fair parade! It was a great time to ride in this event and see our picture on Facebook captured by past fellow teacher, Jim Mikelson.

Chrystal and I wish to say that DG Bill Shutters of MC9 needs to be thanked for the amount of work and time he gives for Iowa Lions. Great job, Bill. I am glad that Chrystal and I were able to join you and two of your members with their 14-year-old daughter to participate on behalf of the Iowa Lions. It was my pleasure to be part of it.

9SW Lions have two new sparking Lions in our district this year. Lion Juanita Reynardis makes brochures for clubs, ads for their activities, and even



raffle tickets for various clubs. She started in February and has done several club brochures since then.

Lion Melanie Parker is taking on the task of visiting all 52 clubs and putting on a workshop on service projects as part of our GAT team. Melanie volunteered to put this together and begin that trip to help clubs coming out of the pandemic.

Lion Juanita Reynadis with a KidSight camera.

She has visited a couple of clubs in between her busy schedule with her husband and partner in service, Past Council Chair Pat Parker.

Yes, 9SW Lions has some new faces and new leadership stepping up to make it a better and stronger district. I will recognize other Lions as the year progresses because without those team members, 9SW would be just another district.

#### Welcome to 9SW

Club	Member	Sponsor
Clearfield	Douglas Reed	
Adair	Kyle Savage	Larry Sheered
Council Bluffs	Chuck E. Haynes	Barry Jose
Exira	Molly Martin	Michelle Martin
Exira	Samuel Martin	Scott Martin
Exira	Lori Doonan	Dee Hill-Borger
Leon	Karrie Cashatt	Barbara Dunsdon
Leon	Andy Vines	Hillary Weir
Lorimor	Josh Mcelroy	Stacey Tucker
Lorimor	Dave Mcmillan	Josh Cornelison
Lorimor	Shannon Mcmillan	Kayla Bailey
Waukee	PDG Gary Glockhoff	Transfer
Waukee	Kristin Glockhoff	Transfer



DG Allen Zobel helps assemble the Iowa Lions float before the Iowa State Fair parade in Des Moines on Aug. 11.

#### Service Events Reported by 9SW Lions

ATLANTIC ran a food stand at Cass County Fair.

**AUDUBON**, along with Exira Lions, held a breakfast for frontline workers; went to two parades; did music in the park.

**COUNCIL BLUFFS** helped two individuals to get hearing aids from Iowa Lions Hearing Aid Bank.

**EXIRA** attended two parades; along with the Audubon Lions, jointly served breakfast to frontline workers; held a fundraising raffle.

**GLENWOOD** held a raffle fundraiser; unloaded a food truck at a pantry; prepared a meal for Relay for Life.

HARLAN organized a mobile food pantry

**INDIANOLA NOON** gave donations to the food pantry, to Pride Plus at school and to Helping Hands; helped with concession stand.

MASSENA donated blood; held a waffle breakfast.

**MILO** ran three fundraisers on 4th of July for the Lions Hiking Trail and Dan Nash playground.

**MISSOURI VALLEY** manned a booth at the Harrison County Fair; donated to Food Pantry for School Kids.

**MURRAY** organized the Murray Jamboree, a big fundraiser for the club.

**NEOLA** sorted recyclables at the Can Kettle; gave to BackPack Program at school.

OAKLAND sorted recyclables at their can kennel.

OSCEOLA held a 4th of July fundraiser.

**WAUKEE** built a Bocci Ball Court at a park; was welcomed by Chamber of Commerce; adopted a park.

District 9NW No District Governor at this time

This month's newsletter prepared by a task force of 9NW Past District Governors



# Moving on into the Sunlit Uplands of our Future

Yes, there is a sunlit upland in our Lions future and in your personal future as well. Surely we will eventually defeat, or at least neutralize, the uglyheaded disease that runs our lives today. We will prevail in the end, I am sure of it!

When you read this we have already had a nice training session for all club officers on Aug.22. We actually had a few club officers from other districts listening in as well; the virtual format does not have any seating limits!



One of our finest teachers, PDG Debbie

Carl Duling

Doty, led the session, introduced by our own PDG Tim Wilson. Does Debbie's name sound familiar to you? She is also the editor of *The Iowa Lion* magazine, which you are reading right now, and a hard worker for Lionism in our state.

Understanding the MyLion system and reporting



Jess Lewis with a Future Leader Dog at Lions Puppy Days

activities have been weak points in our district so, hopefully, more and better training can make life easier for everyone.

This brings us to another matter: Please,



please report in your club officers for 2021-2022, if you have not already done so. Thanks!

Last month, we promised to introduce some of our other district cabinet members who will be serving our clubs this Lions year.

Helen Kopitzke

The Iowa KidSight

program, perhaps our biggest and most popular service program ever, is slowly coming alive again. Lion Helen Kopitzke from Boone and Lion Steve Rehmann from Fort Dodge are co-chairing this important effort. Helen's contact information is by phone (515) 432-7445 or e-mail hkopitz31@gmail. com. Steve can be reached at phone (515) 955-4931 and e-mail rehmann@ mchsi.com.

Another perennially popular program is Leader Dogs for the Blind. A veteran Lion, Jess Lewis from Fort Dodge, is in charge again this year. Did you know that our district is one of the best in the state with Leader Dog contributions? No doubt Lion Jess's efforts have been very important in that



Steve Rehmann

respect. He can be reached at (515) 955-4276 or e-mail jessrl@frontiernet.net.

Lion Carl Duling from Madrid continues as the district IT guy. We are fortunate to have him in our modern times when technological development seems to be going faster and faster. He also posts information and pictures on our district's Facebook page, so please don't hesitate to call on Carl if you have a Lions' IT issue! Carl can be reached at (515) 795-2339 or e-mail dules@windstream.net.

# **Lions Show Hope**

On my way home from the post office today, I passed by Lions Memorial Park here in our town. It has been completely rebuilt and modernized into a "Splash Park" now. Sure, it cost millions and the

city and many private donors had to pitch in most of the money but it still proudly bears the Lions name.

The park was full of happy children, screaming as they splashed water on each other and on their parents keeping a watchful eye on the events. Whenever you say "Lions" to a child in our town their faces will light up with a smile. There is hope in that!

Never, never give in!

# Want to Be Featured?

Do you want your club events, event flyers and pictures to be featured in *The Iowa Lion*? Send them to this editor (Stefan Sandberg), the more the merrier. My e-mail is stefandg1314@gmail.com.

Need help designing a flyer? Let me hear from you!

# "Service to others is the rent you pay for your room on earth."

Muhammad Ali

# Welcome New Members

(as reported in MyLCI for July)

CLUB	MEMBER	SPONSOR
Carroll	Taylor Boyle	Ron Morlok
Fort Dodge Noon	Barb Cory	Carol Messerly
Fort Dodge Noon	Bernie Halverson	James Gill
Marcus	Bob Dorr	Dan Ohlendorf
Remsen	Brian Matgen	Dusty Pick

# **DECEASED MEMBERS**

Club	Member	Years a Lion
Marcus	Gerald Hohbach	51 years
Peterson	Dave Waterman	11 years
Sac City	PDG Linda Ritchie	e 19 years

# Iowa Lions Foundation Update

#### By Phil Larabee Iowa Lions Foundation President

I am your 2021-22 president of the Iowa Lions Foundation. It is my hope that the Iowa Lions can return to some sort of normalcy after the year of the COVID-19 pandemic. If we all keep a positive attitude toward this fiscal year, I believe we can all succeed in reaching our goals.

When I was an Iowa Lions Foundation trustee, I enjoyed the opportunity to spread the word about your Iowa Lions Foundation. Today, I am encouraging the district trustees to do their jobs in bringing in the money to help fund the entities of the Iowa Lions Foundation. I too will work toward this goal, plus building the Power of 300 campaign.

The Power of 300 campaign got off to a good start, but the foundation is still looking for more Lions and non-Lions to step up to the plate and join this campaign.

During the 2020-21 fiscal year, the foundation relied on \$60,000 of the \$80,000 Rainy Day Fund to meet budget. Personally I never thought when this fund was established that the trustees would have to look to it to meet the financial needs of the foundations budget, but in less than 20 years, this fund did its purpose.

Now your Iowa Lions Foundation needs to work to replenish those \$60,000-plus and build a bigger fund for the future. This is the real purpose of the Power of 300 campaign.

Iowa Lions, let's work together to not only support the fiscal year 2021-22 needs but to build a larger Rainy Day Fund for the future through the Power of 300.

I have signed up personally for the Power of 300 campaign. Have YOU made the commitment to your Iowa Lions Foundation? Let's make the 2021-22 fiscal year a banner year by joining me and a handful of other Lions to obtain this goal.

Thanks again for your consideration to join the Power of 300 campaign. "We Serve!"

District 9EC District Governor Paul Fugate 324 First St. SW Mount Vernon, IA 52314 563-249-1964 northcedar09@hotmail.com



Hello from Mt. Vernon, Iowa!

I would like to address my personal campaign of 40 under 40. Forty new members in our district under the age of 40.

Yes, you read correctly. It's a goal of our district to get 40 new members under the age of 40! That is only one new member per club in our district! We can certainly do that!

If you think that young people are not joining Lions Clubs, think again!

Here are some very interesting membership

statistics I investigated for the first month of the new Lions Year.

The **Total Membership in the USA and Canada** (as of 8/1/2021) was 311,689.

In July, the USA and Canada added 3,476 members.

Of those new members, 708 were new members under the age of 40! That is 20.3%!

That is a great accomplishment for our association! One out of every five new members added was under the age of 40!

**Internationally**, as of 8/1/2021, we are at 1,381,869 members.

In July, we added 30,044 members worldwide!

Of all those members added, 11,785 were new members under the age of 40! That is almost 40%

Internationally, out of every five members we add, two are under the age of 40!!

You see, it is happening in Lions Clubs International!

Unfortunately, many clubs do not even have one member under the age of 40. I'm confident you all know someone under 40 who would make a great member!

So, I'll give you some more stats.

#### **Millennials and Volunteering**

- According to studies, over 55% of Millennials do at least 25 hours of volunteering a year.
- We are caring and community oriented.
- Millennials want to help their fellow man but are just not sure how.

So, I do not want to hear any more complaints on how my generation doesn't want to serve their fellow man anymore!

Here are some ideas to get Millennials into our Lions Clubs with hands-on **service ideas**!

- Provide life skills to students through Lions Quest.
- Beautify your local park, together.
- Collect food, clothes or books for needy families.
- Hold a local Youth Service Symposium.
- Develop Global Citizens with the Lions Youth Camp and Exchange.
- Get Kids Involved in the Peace Poster Contest.

You can read about more of these in the May 2017 edition of *LION* magazine.

What are some **fundraisers** you can do? Serving a full meal of food for fundraising just doesn't work anymore unless your club has a solid tradition of doing this. Here are some low-cost, high-profit ideas:

- 5k Walk-Runs
- Movie Night at your local theater
- Ice Cream Socials
- Dance Marathons
- Trivia Nights
- Video Game Tournament
- Golf Tournaments

I have seen these work at clubs before and they do quite well.

If we want to increase these numbers, then we must rebrand our clubs!

To quote the great Larry Bird, "To do things you've never done before, you have to do things you've never done before."

### In Memoriam

Jack Ben Tietjens – Andover Charles F. Goddard – Dewitt Nite PDG John Sauer – Mechanicsville Marla Walters – Monticello





**RENOVATIONS COMPLETE.** (L-R) Low Moor Lions Club President Steve Banowetz, Low Moor Mayor Tom Goldensoph, Ileen Goldensoph, Low Moor City Clerk Joyce Lanning, Hometown Pride Chairman Francis Boggus, Clinton County Development Association Board (CCDA) President Les Shields and CCDA Board member Jerome Burken participate in a ribbon cutting at the Low Moor ball field during Low Moor Days. Low Moor has completed most of the renovations to the ball field area over the past two years with funding assistance from the CCDA, Union Pacific Railroad and the Low Moor Lions Club.

### **Club Activities**

**ALBURNETT** – Beautification of Martin Complex, Alburnett Fun Day Parade; parking Barrier at Martin Sports Complex; eyeglass donation.

BETTENDORF - Ice cream social.

**BLUE GRASS** – Homeless clothing; recycling program; shut-in meals; donating platelets; mowing and medical appointment transportation for senior.

CEDAR RAPIDS NOON - KidSight screenings.

DAVENPORT VILLAGE - Flag project.

**DEWITT NOON** – Food vendor at RAGBRAI; July 4th cookie celebration.

**ELDRIDGE** – Avenue of Flags; planted and maintained flower beds; monthly food collection for food bank; eyeglass collection.

LONG GROVE - Eldridge Days activities.

LOW MOOR - Car show.

**LOWDEN** – Fundraiser to replace trees destroyed by the derecho.

MARION NOON - White cane fundraiser.

MILES – Yard of the Month.

MONTICELLO - Jones County Fair food stand.

**MOUNT VERNON** – Bingo at Heritage Days; KidSight screenings at the Iowa State Fair.

OLIN – Beat Cancer fundraiser.

**OTTER CREEK** – July Fish Fry; July Meals on Wheels.

**PRESTON** – Sabula Days food stand; blood drive, Cards for Kids.

STANWOOD - Blood Drive.

**TIPTON** – Childhood Cancer fundraiser; Cedar County Fair food stand; Flags over Tipton.

#### 9EC FALL RALLY REGISTRATION Nov. 6, 2021 • 8:00 a.m. St. Ann Catholic Church 16550 290th St, Long Grove, IA 52756 Please Print Legibly Name 1 Name Club \_\_\_\_\_ E-mail Phone\_\_\_\_\_ LION \_\_\_\_\_ Yes \_\_\_\_\_ No Office \_\_\_\_\_ Name 2 Name \_\_\_\_\_ Club \_\_\_\_\_ LION \_\_\_\_Yes \_\_\_\_No Office \_\_\_\_\_ # registered \_\_\_\_\_ x \$15 = \$ \_\_\_\_\_ total Registration includes soup lunch. Make checks payable to Eldridge Lions Club Send to: Eldridge Lions Attn: Fall Rally PO Box 391 Eldridge, IA 52748 New Members MEMBER CLUB SPONSOR Padmanabha Puthige Cedar Rapids Noon Janet Federer Lauren C. Whitney **Carmen Whitney Center Point** Carmen Whitney Macintyre J. Whitney **Center Point** Kathleen L Meyer **Davenport Breakfast** Kenneth Meyer Mary Froeschle **Dewitt Noon Gary Froeschle** Caitlin Hayward Dewitt Noon Jacob Hayward Jacob M. Hayward **Dewitt Noon** Mervin Hassebrock Terry P. Oneil West Branch Edgar Larew

**District 9NC District Governor** Stanley P. Johnson 32697 Terrace Ave. New Hartford, IA 50660 319-240-2211



### **District Governor Hospitalized**

District Governor Stan Johnson underwent hip replacement surgery at University of Iowa Hospitals and Clinics in Iowa City in August. Stan suffered a broken hip in a farming accident involving a bull last fall.

DG Stan reports his surgery went well and nurses had him up and walking the afternoon of the surgery. He was released from the hospital the following day.

Stan reported he has minimal pain and he is recuperating at his home. Get well cards may be mailed to him at the above-listed address. Telephone calls and emails are also welcome.

### **Attention Club Secretaries**

As of mid-August, club secretaries of the following clubs have not recorded their 2021-2022 club officers in the MyLCI app: Burt, Clear Lake Noon, Dows, Eldora, Manly, Marble Rock and Rockford.

As a reminder to all clubs, club officers must be reported in the MyLCI app each year before July 1 EVEN IF THE SAME OFFICERS ARE **CARRIED OVER FROM YEAR TO YEAR.** Clubs that do not report new officers are locked out of the MyLCI app. To unlock their accounts, club secretaries are required to contact Lions Clubs International for assistance in one of the following ways:

- Click on Support to the left of your name in the ٠ Lions Member Portal and fill out the online help form.
- Call Technical Support at (630) 468-7000 from 8 • a.m.- 6 p.m. Monday through Friday.
- Email MyLCI@lionsclubs.org.

Without this information it is difficult to report changes in membership, communicate with club officers, mail dues statements, and send copies of The Iowa Lion.

#### **Attention Club Treasurers**

As of mid-August, 14 clubs have not made their July 2021 dues payments to Lions Clubs International. Please get them paid immediately. Clubs receive dues statements from BOTH Lions Clubs International for international dues and District 9NC for state and district dues.

Also, please remember that Form 990 filings are due to the Internal Revenue Service by Nov. 15.

#### We Welcome New Members

CLUB **Charles City Charlies City** Rowan Rowan

MEMBER **Charles Meyer** Bradley S. Worrall Gary P. Nielsen Kathryn A. Nielsen

**SPONSOR** Dean T. Jaden JR Herbrechtsmeyer **RE Lee Aldrich RE Lee Aldrich** 



NOW THAT'S A GRILL. Clear Lake Noon served 3.950 meals at its annual Chicken Barbecue, an event it has hosted for over 50 years.

### WE ARE SORRY FOR THE LOSS OF THIS DEDICATED LION

Member	
Calvin Peter	

Club Osage

Years a Lion 12 years

## **JULY CLUB ACTIVITIES**

**CLEAR LAKE EVENING** sold popcorn at the Surf Ballroom for four events as a fundraiser. Proceeds of \$1,471 and tips of \$200 will be donated to first responders in the north Iowa area. The club also assisted the Clear Lake Noon club with their annual chicken barbecue.

**EAGLE GROVE** worked a shift at the Chamber of Commerce lemonade stand at the Wright County Fair.

**HAMPTON** delivered Meals on Wheels on a weekly basis; served a meal at the Franklin County Fair parade; and worked a shift at the Franklin County Historical Society Museum at the Franklin County Fair.

**HUMBOLT** operated a snack shack as an annual fundraiser, raising \$3,952.

**LAKE MILLS** conducted a raffle as a fundraiser at the Lake Mills' July Jubilee celebration.

WILLIAMS held its 69th annual Williams Lions Club Celebration.

### **Reporting Club Activities**

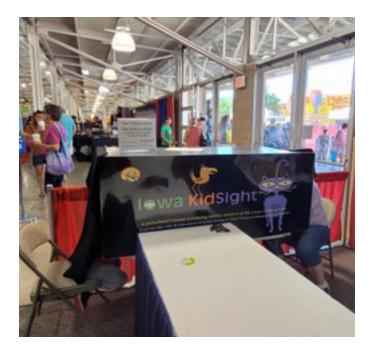
Only activities reported via the MyLion app appear in this publication.



**FOOD STAND.** New Hartford Lions sell hamburgers, chips and soda to RAGBRAI riders on July 28.



POPULATION EXPLOSION. RAGBRAI riders riding through New Hartford on July 28. September 2021...THE IOWA LION...Page 21



# More Lions at the lowa State Fair

Clockwise from top left: Karen Stand from Des Moines Community Parks Lions Club mans the KidSight booth. Doug Darnold from Villisca Lions Club passes out brochures. Liz Kerber awaits visitors to the Varied Industries Building. The Lions of Iowa banner flows behind the float in the State Fair Parade.







September 2021...THE IOWA LION...Page 22

**REGISTRATION FORM** 



# 2021 Iowa Lions Fall Learning Conference October 22-23, 2021



Cedar Rapids Public Library, 450 5th Ave. SE, Cedar Rapids, Iowa

**Guest Room Reservations** are your responsibility and should be made at a hotel of your choice. The following hotels are offering a special rate. Please request the Iowa Lions rate **before Sept. 22, 2021**.

- CEDAR RAPIDS MARRIOTT, 1200 Collins Rd NE (\$110/night +tax) https://www.marriott.com/event-reservations/reservation-link.mi?id=1626388328176&key=GRP&app=resvlink
- HOMEWOOD SUITES BY HILTON, 1140 Park PI NE, (319) 378-1140 (\$114-\$119/night +tax incl. comp. breakfast)
- HAMPTON INN & SUITES, 1130 Park PI NE, (319) 832-1130 (\$109/night +tax incl. comp. breakfast)

#### **PLEASE FILL OUT THIS FORM COMPLETELY** - PLEASE WRITE LEGIBLY (If filling out as PDF, please hit "Save As" or Ctrl Shift S to save the filled out file)

NAME 1			🗌 LEO	□ GUEST
CURRENT OFFICE HELD				
CLUB	DISTRICT			
ADDRESS				
TELEPHONE EMAIL				
NAME 2			LEO	GUEST
CURRENT OFFICE HELD		FIRST TIMER?	☐ YES	□ NO
CLUB	DISTRICT			
ADDRESS				
TELEPHONE EMAIL				
<b>DEADLINE:</b> Registrations must be <b>po</b> Registrations postmarked AFTER Oct. 1, 20				
If you have SPECIAL DIETARY NEEDS please use a s	eparate she	et with your name	e and need	s required.
REGISTRATION FEE \$40 (includes continental breakfast and box lunch with sandwich, chips NAME 1 MEAL SELECTION: Ham OR Turke NAME 2 MEAL SELECTION: Ham OR Turke	s, fruit, cookie ar y OR □Beef (	DR Green Salad (G	as veggie salac F)	
add LATE FEE (if postmarked AFTER Oct 1) \$10	per person	x = \$		-
		Total Due = \$		
Check Here I to PRE-REGISTER for "Navigatir	ng the Lions	Member Portal" (	limited spa	.ce).
Please make checks payable to: Lion And mail to: Treasurer Lisa Prochaska Phone: (641) 373-1942 or (319) 827-1395 E	, PO Box { -Mail: MD	527, Clear Lake 9conventions@	, IA 50428 iowalions	
BEGISTER ONLINE jowalions org/event/202	21-iowa-lion	s-fall-learning-con	ference/	





**READING AGAIN.** Don Humrichouse enjoys reading again with the help of a Merlin Enhanced LCD vision reader shared from one Lions club to another.

# Man Enjoys Reading Again Thanks to Cooperation Between Clubs

By Lion Greg Humrichouse West Branch Lions Club

District Governor Bryan Bross posted a notice about a used Merlin Enhanced LCD vision reader needing a new home in the May 2021 issue of *The Iowa Lion*.

It read: "The Burlington Host Lions Club has received a used Merlin Enhanced LCD Vision Reader. It is in good working order. If you know anyone anywhere needing this piece of equipment, please reach out to DG Bryan Bross to express interest and we will work to get it to you. It would be especially useful to students with low vision in educational settings."

I contacted DG Bryan about the reader. After exchanging emails, he was kind enough to bring it to West Branch on his way to the MD9 State Convention at Camp Courageous in Monticello.

I hoped my 82-year-old father, Don Humrichouse, would benefit from it since he is slowly losing his vision due to age related macular degeneration. Don has always had above-average vision and understandably was not looking forward to his diminishing field of vision.

A few days later, I was able to deliver the Merlin to my dad. He figured it out on his own with some help from the owner's manual. He mastered it quickly and is now enjoying reading once again.

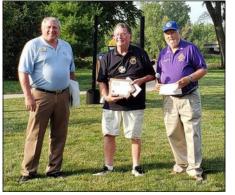
His response was, "This is the best thing since sliced bread!" He said I could quote him on that.

Don called the company and learned that the Merlin Enchanced LCD vision reader is a \$3,000 piece of equipment.

Many thanks to the Burlington Host Lions Club, to DG Bryan for transporting it and to the family of the former owner for sharing it. Rest assured the reader is being put to good use!

Now Past District Governor Bryan responded: "I know (the Burlington Host Lions Club) is glad it could be put to good use. And, I am glad that folks read *The Iowa Lion*. This is proof that *The Iowa Lion* is important to communicating effectively with Lions across Iowa."







VINTON LIONS CLUB 100TH ANNIVERSARY AWARDS. Past International Director Mark Hintzmann from Watertown, Wisconsin (light blue shirt) and Past District Governor Richard Congdon (purple shirt) present Warren Coleman Awards to Vinton Lions Club Secretary Lynn Montgomery (far left photo), Club Treasurer Dr. Alan Woodhouse (center photo) and Tom Pigenot of T-J Gas Company for the company's ongoing support of the Vinton Lions Club.



MEMBERSHIP RECRUITMENT CHAIN. The Nashua-Plainfield Lions Club will be 89 years old on Sept. 20. Pictured (L-R) are members Craig Goetsch, Harold (Holly) Rausch, Annette Wood and Tom Combs. Holly Rausch is a 50 year member, joining the club in 1971. His favorite things have been the fish fry, chicken fry, being a top seller of tickets and especially helping others! He recruited Lucille Smith, who was one of the first 10 women in Iowa join a Lions Club. Holly also asked Tom Combs to join the Lions when Tom moved to town. Tom has been a member of the Lions for 31 years and worked for the post office for 35 years. He also enjoys helping others. Annette Wood has worked for the post office for seven years and been a Lion for five years. She enjoys working with KidSight. Annette recruited Craig Goetsch to join Lions. Craig has worked for the post office for 33 years and been a member of the NP Lions four years. He feels that service to humanity is the best work of life!



**PACKETS OF CARE.** Cedar Falls Lions deliver Packets of Care to homeless shelters. Pictured: (far left photo) Mick Reifsteck (right) delivering to the Catholic Worker House. (Center photo) Lion Kirsten Jensen (right) delivering to Friends of the Family. (Far right photo) Tim Schneider (left) delivering to Pathways.



# **TIPTON LIONS CLUB**

Tipton, IA 72<sup>ND</sup> ANNIVERSARY CELEBRATION SEPTEMBER 25, 2010





TO: PAST INTERNATIONAL DIRECTORS PAST DISTRICT GOVERNORS 9EC "9X9"

PRESIDENTS AND SECRETARIES IN DISTRICT 9EC

CALLING ALL LIONS:

The Tipton Lions Club would like to inform you and members of your Lions Club of the up-coming celebration of our 72<sup>nd</sup> Anniversary.

Although this is the 72nd Anniversary of our current club, we have over 70 years of service to the Tipton Community. The first Tipton Lions Club folded during the Depression, that first club served over ten years, but a new charter was signed November 8, 1949.

The celebration will be on Saturday, September 25, 2021 with activities starting with a social hour at 5:30 p.m. and will be held at Tipton United Church of Christ. This location is on East 7<sup>th</sup> Street, three blocks East of Highway #38.

We will be serving a sit down dinner at 6:30 p.m. The cost of the dinner will be \$15.00. After dinner we will be having introductions of guests, a silent auction and free gifts will be given to all the attendees.

Registrations should be sent to Treasurer Jim Jorgensen, P.O. Box 249, Tipton, IA. 52772 by September 10, 2021.

For further information, please contact Secretary Kenneth Stewart, 619-206-0435 OR

Club President Ron Challis, 563-299-9745. "More information will be sent out at a later date."

Yours in Service,

Club President Ron Challis	Club Secretary Kenneth Stewart	
	clip and return	
PRE-REGISTRA	TION – Must be received by September 10, 202	21
CLUB		
TELEPHONE #		
LION	PARTNER	
ADDRESS		

MAKE CHECKS PAYABLE TO TIPTON LIONS CLUB P.O.BOX 249 TIPTON, IA 52772

\$

(\$15:00 PER PERSON)

amount enclosed

# J in Trouble

#### By PDG Bill Shuters MD9 Diabetes Awareness Chair

J is both an exocrine gland and an endocrine gland. As an exocrine, J secretes enzymes into the duodenum to digest fats, proteins and carbohydrates. As an endocrine gland, J secretes insulin for the metabolism of glucose.

Sometimes a malfunction occurs and at some point you notice some very odd symptoms and ignore other mundane ones. The signs and symptoms of pancreatic disorders may vary as to type of malfunction and severity. They may include:

- upper abdominal pain
- abdominal pain that radiates to the back
- abdominal pain that feels worse after eating
- fever
- rapid pulse
- bloating
- excess gas
- nausea and/or vomiting
- tenderness of the abdomen to touch
- diarrhea
- steatorrhea (oily, smelly stools)
- clay colored or pale stools
- difficult to flush stools
- anal leakage
- malnutrition and losing weight without trying
- thirst
- hunger
- excessive urination
- fatigue
- blurred vision

Risk factors for pancreatic disorders are quite diverse and include abdominal surgery, alcoholism, cigarette smoking, some medications, Cystic Fibrosis, gall stones, high calcium levels in the blood, overactive parathyroid gland, high triglyceride levels, infection, injury to the abdomen, obesity, and family history.

**PANCREATITIS** is an inflammation of the pancreas. It often happens when the digestive enzymes secreted by the pancreas become activated while still in the pancreas and attack the pancreas. It can occur as acute pancreatitis, chronic pancreatitis or hereditary pancreatitis.

Acute pancreatitis often has a sudden onset, with severe upper abdominal pain and lasts for several days. Treatment is often supportive with medication showing little or no benefit. Most patients recover completely. However, over the last 20 years the mortality rate has been 10%. Acute pancreatitis is responsible for one out of every 200 hospital admissions.

**Chronic pancreatitis** can last for years. It is more common in men and often occurs in persons between the ages of 30 and 40. Common symptoms are upper abdominal pain and diarrhea.

The most common causes are alcohol consumption and gall stone, which block the pancreatic duct. For many, no cause is found.

With repeated occurences of acute pancreatitis, damage to the pancreas can occur and leads to chronic pancreatitis.

Scar tissue can form in the pancreas and cause a loss of pancreatic function. This may result in digestive problems and diabetes.

Mild cases can resolve by themselves without treatment. Severe cases can have life-threatening complications and require medical intervention.

Treatment often depends on symptoms and can include pain management. If it is caused by gall stones, the common treatment is Endoscopic Retrograde Cholangiopancreatography (ERCP).

**Hereditary pancreatitis** is due to inherited abnormalities of the pancreas or intestine. It is characterized by acute recurrent attacks of pancreatitis before the age of 30, progressing to chronic pancreatitis. The most common cause is cystic fibrosis.

It is a progressive disease with a risk of permanent problems such as chronic pain, diarrhea, malnutrition or diabetes. Treatment may focus on pain management and pancreatic enzyme replacement.

**EXOCRINE PANCREATIC INSUFFICIENTCY** (**EPI**) is a condition where one is deficient in pancreatic enzymes to the point of being malnourished.

One common symptom of EPI is steatorrhea which is excess fat in the stools. The stools are pale in color, foul smelling and difficult to flush. These symptoms can be accompanied by oily anal leakage, bloating, gas and weight loss.

The causes include pancreatitis, cysts or tumors of the pancreas, blockage or narrowing of the pancreatic duct, pancreatic cancer, side effects of pancreatic surgery, cystic fibrosis, and diabetes.

The treatment may include PERT, a low fat diet,

nutritional supplements (especially the fat soluble vitamins A, D, E, and K), avoiding alcohol and smoking cessation.

Fortunately, EPI is not common, the incidence is 8 per 100,000 in men and 2 per 100,000 in women.

**PANCREATIC CANCER** is the fourth most common cause of death in men and the fifth in women. It is predicted that this year 25,000 men and 23,000 women will die from pancreatic cancer. It is one of the most-deadly forms of cancer. The five-year survival rate is 10%.

The reasons it is so deadly are 1) it is resistant to many standard treatments including chemotherapy and radiation and 2) it grows insidiously and initially does not cause symptoms.

The classic presentation is described as painless jaundice, a yellowish skin discoloration, with no other symptoms. Diagnosis is usually made using multiple radiographic techniques.

If Pancreatic cancer is caught early, it can be cured by surgical resection. The patient follows a regimen that includes insulin and replacement digestive enzymes. Early detection is an exception, because it goes undetected since signs and symptoms seldom occur until the later stages.

In the later stages of treatment, quality of life can be improved by controlling the symptoms and complications.

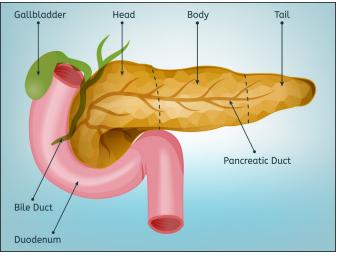
Pancreatic cancer pain is usually stomach and back pain caused by a tumor that has formed in the pancreas and pressing on the spine. By the time symptoms occur cancer cells have spread (metastasized) to other parts of the body, often preventing surgical removal.

When pancreatic cancer patients die, it is usually from liver failure probably caused by their liver being taken over by a tumor.

**DIABETES** is a condition where the pancreas either fails to produce enough insulin or the body is unable to use it effectively. Insulin is essential to distribute glucose into cells throughout one's body.

Nine percent of the U.S. and world's population suffer from diabetes. Only about one third have been diagnosed because the symptoms are ignored.

Symptoms of diabetes include excessive hunger and thirst, fatigue and frequent urination. Diabetes can have a wide variety of symptoms and a number of different causes.



ID 97048164 © Anna Bocharova | Dreamstime.com

The connections between EPI and diabetes are not completely understood, but having diabetes can predispose one to EPI and having EPI for a long time is highly associated with diabetes. Moreover, there are many different types of diabetes.

Treatment depends on the type, symptoms and complications. It may include dietary management, weight loss, exercise, insulin, medication and blood glucose monitoring. If you have diabetes and develop EPI, your treatment may include PERT.

Diabetes is a very manageable condition with treatment.

#### When to Seek Out A Healthcare Provider

It is not necessary to see your health care provider if you have an occasional minor gas. Flatulence is a normal part of digestion and helps move digestive products through the intestines. However, if you have frequent digestive troubles, there are a number of conditions that could cause these symptoms. It's time to get them checked out so you can receive the correct therapy.

It may be very important to talk to your health care provider before you add over-the-counter digestive enzymes to your regimen. Be especially aware of the symptoms of acute or chronic pancreatitis, EPI, pancreatic cancer and diabetes.

Keep J healthy by avoiding smoking and alcohol, consuming no more than 20 grams of fat a day and drinking plenty of water.

If I have done nothing else this month, providing you an awareness of the symptoms and causes of pancreatic disorders and how to maintain a healthy pancreas has been the most important.

SHARE IOO YEARS OF LIONS with the				
CEDAR RAPIDS NOON LIONS				
OCTOBER 23, 202				
ELMCREST COUNTRY CLUB • 1 Zach Johnso	on Drive	• Cedar Rapids, Iowa		
5:30 PM				
Movies from the 1920's; Cedar Rapids N Guest Speaker: Past International Pres		-		
Kindly respond by October 8, 2021				
DINNER CHOICE:				
Braised Beef Short Ribs:	#	@ \$50		
Pistachio Crusted Chicken:	#	@ \$50		
Baked Eggplant & Forest Mushroom Roulade	#	@ \$50		
		Total: \$		
Make Checks Payab	le to Ced	lar Rapids Noon Lions		
Name:				
Spouse/Guest:				
Address:		_ 👻		
Club:				
Email:				
Phone:				

MAIL TO: Lion Don Magee • PO Box 1881 • Cedar Rapids, Iowa 52406