

Camp Courageous Purchases Pictured Rocks Camp & Retreat

By Phil Larabee

Portions of this article are used with permission from The Monticello Express newspaper.

Camp Courageous of Iowa will grow by 74 acres on Sept. 1 when it purchases the United Methodist Church's Pictured Rocks Camp, located north of Camp Courageous.

Currently Camp Courageous encompasses 300 acres and 25 structures that served 9,000 campers in 2018.

Bryan Johnson, Director of Camps and Retreats for the Iowa Conference of the United Methodist Church in Des Moines said Camp Courageous approached Pictured Rocks a couple of times over the years to sell. The timing was just right.

"They are excellent partners and wonderful

neighbors," Johnson praised.

"We're always interested in property surrounding camp," explained Charlie Becker, executive director of Camp Courageous, explaining that Camp Courageous has had to rent Pictured Rocks in the past because it needed more room for campers.

The decision was made in early June 2019, when the Iowa Conference met to discuss a wide range of topics.

Pictured Rocks Camp was founded in 1961. The camp typically serves about 200 campers every summer through Methodist churches across the state. Pictured Rocks also partners with other denominations' events and retreats as well.

"It's bittersweet," reflected Becker. "I was a camper at Pictured Rocks in the 1960s, a renter of the

facilities in the 1970s and a neighbor for the past 40 years."

While Camp Courageous of Iowa has ideas and dreams for the future use of Pictured Rocks Camp, Becker said Camp Courageous will first need to review all of the infrastructure before developing a plan. Becker explained the future plan will include honoring the Pictured Rocks legacy.



United Methodist Church Pictured Rocks Camp & Retreat Center borders Camp Courageous of Iowa. Camp Courageous is purchasing Pictured Rocks Camp to expand.

Cedar Falls Lions Donated Toys, Cash To Children's Hospital

By Saul Shapiro Cedar Falls Lions Club

The Cedar Falls Lions Club turned pancakes into a promotion benefiting young hospital patients.

The service organization recently delivered \$650 in toys – new, unwrapped stuffed animals, coloring books, puzzles, various games, journals and storybooks – plus \$500 to the University of Iowa Stead Family Children's Hospital.

The fundraiser for the pediatric patients included the Lions' annual Sturgis Falls Pancake Event on June 30. Discounted meals were provided to anyone bringing a toy to the breakfast.

Lions Club members also made toy and cash contributions during the fund drive.

"The success of this six-week campaign may encourage us to make this an annual part of the Lions outreach on behalf of kids with cancer," said Roy Justis, Lions Children's Cancer local chair. "The response was remarkable, but frankly I was not surprised."





Roy Justis (right) of the Cedar Falls Lions Club, presents Dan Mears, ambassador for the University of Iowa Stead Family Children's Hospital, with toys worth \$650 and a check for \$500.

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News from International Convention

The 102nd International Lions Convention in Milan, Italy, featured great plenary session speakers and entertainment: an Abba tribute band, a Neil Diamond tribute band and a Broadway all-star ensemble provided great opening music. England's former Prime Minister Tony Blair had a candid talk, and 2019-20 International President Dr. Jung-Yul Choi from South Korea inspired everyone with the announcement of his "Diversity" theme.

LCIF provided an update on Campaign 100, with great news that we have reached nearly \$111 million of our \$300 million goal, with two years remaining. These funds will help us with our five global causes.

Lions Clubs International members worldwide voted to accept Africa as Constitutional Area 8 effective July 1, 2019. Africa will be allocated their first international director at the 2020 international convention in Singapore and will receive an ID every even numbered year. An ad hoc committee of LCI global leaders is working on how to redistribute the allocation of international directors (to keep the number of directors at 34) beginning 2021. Dr. Patti Hill from Canada was elected as 2019-2020 international 3rd vice president.

2019 Great Plains Lions Leadership Institute

The 17th annual GPLLI was held July 26-28 at Northwest Missouri State University in Maryville, Missouri. Iowa's faculty members were CC Pat Parker, PDG Lisa Prochaska, and PID Ardie Klemish (who replaced PDG Ken at the last minute because of his job demands). Iowa had 9 of the 38 students in attendance from Iowa, Kansas, Missouri, Nebraska, Oklahoma and Arkansas. PID Gary Fry was registrar, and PID Ardie gave the keynote motivational speech at the opening session.

Attendance was down this year. Each district governor, district GLT coordinator and multiple-district GLT coordinator needs to promote this

regional leadership institute at every district and multiple district event held in Iowa.

Plans are for the 2020 GPLLI to again be held in Maryville, Missouri, a very convenient place for Iowans. Please consider providing scholarships in your district for 2020 students. Anyone who has not attended GPLLI in the past five years (even PDGs) can attend.

Midwest Faculty Development Institute

Plans are underway between the PIDs in Iowa, Kansas, Missouri and Nebraska to self-fund an official LCI-qualifying Faculty Development Institute in Independence, Missouri, Oct. 18-20, 2019, possibly taking 50 students from the Midwest.

LCI holds one FDI per year per constitutional area, but only takes about 30 students. Beginning July 1, 2020, all regional leadership institutes (like GPLLI) will be required to use faculty who are graduates of LCIP (Lions Certified Instructor Program), which also only takes about 30 students per year). In order to apply for LCIP qualification, a Lion must first be a graduate of FDI. By holding a regional FDI, we can build our Midwest faculty pool faster since they would get their FDI certification close to home. Each of our four multiple districts (Iowa, Kansas, Missouri and Nebraska) would need to help with the funding: \$1,000 per multiple district would help us with initial start-up costs. Contact Ardie with questions.

International Guests for 2019-2020 Events

International directors have been secured for six of our seven district conventions. The 9NC convention is during an international board meeting, so we are working on securing a PID for that convention. No invitation was extended for MD9 Mid-Winter Leadership Conference. We are still waiting on a reply for the 2020 state convention international guest.

President Choi's July 2019 Stop-Over Visit

Two days before leaving for the 2019 international convention, I received a call from President Choi's secretary stating that he personally asked to do a one-day visit in Iowa on July 29, between two other U.S. visits. I quickly arranged for his hotel and limo and reached out for help to visit our Iowa Lions Eye Bank and KidSight offices. Amazingly, the quick visit arrangements were completed before we flew to Milan. Thanks to those who helped arrange meals and those who changed their schedules to see him on such short notice.

Lions Recognize Late Council Chair Anderson

By Debbie Doty Editor, The Iowa Lion

It has become a tradition for the sitting council of governors to go out to eat with the visiting international guest at state conventions. During that dinner this summer, acting Council Chair Pat Parker and the sitting governors presented Lion Verneta Anderson with a wooden Lions plaque featuring a photo of her late husband, Council Chair Chris Anderson.

"I would like to thank all of the PDGs and PIDs for the lovely wooden plaque given to me in remembrance of Chris," said Verneta.

"It was presented on behalf of the leadership in Iowa to recognize Chris as a leader in Iowa Lions," Council Chair Pat Parker said in a phone interview.

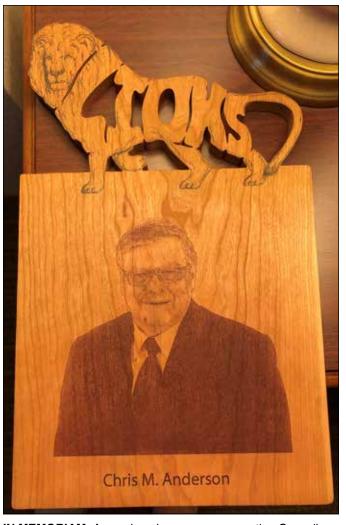
Council Chair Chris died of a heart attack in February, a few weeks after the Iowa Lions Mid-Winter Conference.

Attending conventions after her husband's death was hard for Verneta. It stirred up a lot of emotions after the two of them had served together the previous 18 months as District 9SW governor and partner in service in 2017-2018 and then as council chair and partner in service the first half of the 2018-2019 Lions year.

She managed to get through it with a lot of help from her Lions friends. "Thanks to everyone for their sympathy, hugs, kind words and support at the state convention," said Verneta. "Lions are truly family."

Liz Durham, wife of MD9 Global Membership Team coordinator Terry Durham, made the arrangements for the plaque. "It was done on cherry wood," Liz explained. "The cutout Lion was done by Frank "Mike" Aquila (of Lincoln, Nebraska) and Dusty Noble of North Liberty did the laser imprint of Chris." Liz explained that laser graphics work best on cherry, maple or walnut. Oak and hickory tend to have a chipped appearance where the engraving is done.

Anyone interested in having similar work done can call Liz Durham at 319-310-1300.



IN MEMORIAM. A wooden plaque commemorating Council Chair Chris Anderson was presented to his widow, Verneta Anderson, following the Iowa Lions State Convention.



PARTIALLY DONE. Artist Dusty Noble delivers a laser engraved plaque to the Durhams prior to its completion. Liz Durham explained that the process took a few trips between the two artists to complete the entire project. The saw work and carving was done by artist Frank "Mike" Aquila of Lincoln, Nebraska, while Noble did the laser engraving here in lowa.

More Opportunities to Serve Abound Throughout the State of Iowa

By DG Judy Stone MD9 Global Service Team Coordinator

We Need You

I want to tell you about a dire need in our state that we can all step up to help out our own people. As you are all aware, the southwest corner of Iowa was devastated by flooding a few months ago. The communities of Missouri Valley, Pacific Junction, Purcellville and Hamburg suffered complete loss of homes, businesses and commerce. In many cases, homeowners have yet to be able to access their homes because they still hold several feet of water.

The current need is for alternative heating systems and small appliances that are not covered by insurance. We are asking each of you, your clubs and or your districts to hold a fundraiser or use other funds to purchase gift cards from Menards, Lowe's or Home Depot and send them to:

9SW District Governor Allen Zobel 1119 N Division St. Audubon, IA 50025

Please keep our neighbors to the southwest in your thoughts.

MyLion

Wow, I am positive everyone is using the MyLion app and just enjoying all its new features! Ok, now that we have that silly statement out of the way, let's talk turkey.

MyLion has and continues to be a challenge. System updates being put in on the day everyone is trying to pull month-end reports for the first time was probably not something we want to see happen again and myself and others have made that clear to the LCI tech team. Reporting this way is a completely new animal and I cannot promise you that the figures it is producing are accurate.

With all that said, again I am begging that you have patience. I am very confident that the day will come when all issues are addressed and we will look back and laugh about its struggles. Keeping fingers crossed!

Eyeglasses Processing

There are currently five locations in Iowa that process recycled glasses to be ready-to-ship to mission trips. They are Marshalltown, Oelwein, Pella, Fort Dodge Correctional Facility and Decorah.

Glasses waiting to be recycled are currently stored in the state office, Marshalltown, Jerry Inman's garage, Altoona and Decorah. If we were to estimate how many pairs are waiting to be recycled right now, that figure would be in the hundreds of thousands. Keeping in mind that we are all volunteers in the current process, it would take the rest of our lives to get caught up, leaving many in this world without access to these glasses. It is estimated that 480 million people worldwide need glasses and 40 million either can't afford them or have no access to them.

We have spoken with Anamosa Correctional officials, explained our process and they would like to take on the project. We would provide the necessary equipment, training, ongoing supplies and shipping. The prison has the ability to recycle what little metals are in the trash stock. This process would require that each district takes on getting the glasses to the prison. The prison will provide a drop off box outside the receiving dock. We will also be responsible for getting the finished product out to mission trips. The shipping cost will depend on where they are going.

We have now received funding to move forward with Anamosa Correctional and hope to have all current stock moved there by the end of September when their process up and operational. We will keep you all up-to-date on that process. You may continue to bring glasses you collect to the state office. We will get them moved to the prison. If you are one of the Lions clubs that currently process glasses through a lensmeter, you may continue that process if you so choose, but if you choose to end that task, you may move that stock to the correctional facility. If you have questions, please contact me or your district governor.

lowa Boots on the Ground



Volunteers Will Be Needed for 2021 Des Moines Forum

By DG Debbie Doty Host Committee PR Chair

Iowa Lions, it's your chance to show our great Midwest hospitality. Multiple District 9 is hosting the 2021 USA/Canada Lions Leadership Forum and some Iowa Lions have already gotten to work with the planning.

Host Committee Chair Jerry Inman said the Host Committee is the "boots on the ground" for the USA/Canada Lions Leadership Forum Planning Committee. "This is our backyard and we are the folks that know the businesses and resources locally," Inman said.

Hundreds of volunteers will be needed to help make the 2021 Forum an event to remember. A volunteer sign-up form is on Page 25 of this month's issue of The Iowa Lion magazine and Host Committee Manpower Chair Stephen Becker would like every Lion in and around Iowa to look at the list and see if there is somewhere they can help. Mark any area of interest for volunteering, but Lion Steph may ask volunteers to serve in other areas.

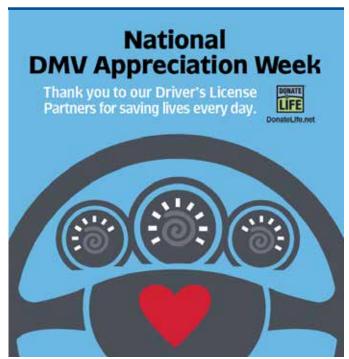
The old adage "many hands make light work" is true and there are lots of places people can help before, during and after the event.

The Des Moines forum is just under two years away, but like planning for any great event, the time will go fast. The Host Committee met Aug. 6 to begin their phase of the planning. There are several Lions who are helping with this part of the planning, but hundreds more will be needed in September of 2021.

The big need for people will be during the actual Forum in 2021, but volunteer sign up is already starting.

"We are going to need hundreds of Lions to help," said Lion Stephen Becker. The event will need greeters at the airport, people to give directions at the hotels and at the convention center, Lions to help people register, drivers for VIPs, ticket takers, seminar greeters and runners, data entry personnel, the list goes on. Some jobs are seated and some are standing. Many jobs require the volunteer to be a registered participant of the Forum and some do not.

Mark your calendars for Sept. 6-12, 2021, and get your volunteer form turned in with the selected areas you would like to help out.



Sept. 23-27, 2019 is National DMV Appreciation Week

Departments of motor vehicles (DMVs) are vital partners in saving and healing lives. DMV staff ask the organ donor registration question to customers every day.

Partnerships with DMVs remain the primary source of state donor registrations. DMV staff are the people on the front lines of service who have helped register more than 150 million donors across the country.

A View from the Chair Council Chair Patrick Parker 404 W. Jackson St. Panora, Iowa 50216 641-757-7961 parkerlc@netins.net

We are in the third month of the first quarter, which has been a busy one, so far. The district governors attended the International Convention in Milan, Italy, and traveled back to their districts and held their first cabinet meetings. Several Iowa Lions attended Great Plains Lions Leadership Institute and learned how to be better leaders in their communities. Lions International President Jung-Yul Choi made a stop through Iowa to learn how grants from LCIF helped start the Iowa KidSight program and the Iowa Lions Eye Bank. While here, he met with some Iowa Lions and encouraged them to look for ways to grow our membership. The MD9 Iowa Lions Youth Exchange Camp was held. Many clubs have done service projects for their communities.

As we get ready for the second quarter, are you and your clubs doing all you can do to help your communities? Our motto is "We Serve" and in order to ensure our clubs are here for the next 100 years, we need to focus on service to our communities. When talking to members and clubs about new service projects, a couple things I hear are that "our members are getting too old to do that" or "we just do not have enough members."

President Choi is challenging us to stop our membership loss in Iowa. In order to do this, he is encouraging us to strengthen our membership. For clubs with older members, instead of trying to recruit younger members look for those who have recently retired or become empty nesters as they tend to be looking for meaningful activities with which to fill their time. If your club needs assistance developing a membership growth plan, reach out to your district leadership as they have several resources to help.

Awards

It is that time of the year to start thinking of those Lions in your club that have done an outstanding job this year or maybe for several years. The multiple district presents awards for service, leadership and for outstanding new Lions.

Bud Klise Leadership Award

This award was established in 1989 to honor the memory of Past International Director G. E. "Bud" Klise of Stockport. Lion Bud served as district governor in 1976-77 and as an international director from 1980-82. He exemplified leadership as he served his fellow man. His life was cut short by a traffic accident shortly after he had announced that he would be a candidate for international vice president. The purpose of the award is to honor PID Klise and to recognize a Lion who has demonstrated outstanding leadership ability at any level of Lionism; club, district, multiple district or international. Nomination forms are available on the Forms sections of the Iowa Lions website and completed applications should be mailed to the district governor by Jan. 31, 2020, so they can be submitted to the committee for review.

Ralph A. Whitten Service Award

This award was created to honor PID Ralph A. Whitten in 1994-1995 and is presented each year to honor his memory. PID Whitten, from Urbandale, served as international director from 1961-1963. PID Ralph was a very service-oriented Lion and the award is to honor other Lions for their exemplary service at the club, district, or multiple districts. Nomination forms are available in the Forms section on the Iowa Lion website and are to be forwarded to the district governor by Jan. 31, 2020, so they can be submitted to the committee for review.

Spark Plug Award

The Spark Plug Award was established a few years ago to honor those Lions who are just beginning their career as outstanding Lions. This award honors those who step up and take a leadership position for a service activity or fundraiser. Nominations are due to the district governor by Jan. 31, 2020, so they can be forwarded to PID Dave Stoufer and his committee for final selection of a multiple district winner.

We have lots of Lions doing great things in our clubs and districts. Let's take the time to nominate them for recognition. I would like to encourage districts to make sure they have at least one nomination for all three awards this year.

990N

It is that time of year that clubs and districts need to make sure you file your 990N. Deadline is November 15, 2019. The IRS requires this form be filed EVERY year now, so don't delay.



The transition to reporting service activities on MyLion seems to be a bit of a struggle. Some clubs have gotten the hang of it while others haven't. Please do not give up. It's always hard to learn something new, especially when it's different than what we have gotten to know. LCI Information Technology staff is working hard to get the bugs out and we Lions need to do our best to embrace the change, even when it's uncomfortable.

That said, District 9SE is hosting a MyLion training on Sept. 14 at the Oskaloosa Public Library beginning at 10:30 a.m. The library has free WiFi and volunteers will be on hand to help people get their MyLion accounts active. MD9 IT Chair Ron Schappaugh will be there to teach us how to navigate the app and report our service activities. Any Lion can report on MyLion but club officers have to accept the report. This training is open to all Lions, but club officers are especially encouraged to attend. The district will provide a light lunch, so please RSVP on SignUp Genius so we can make sure we have enough for everyone. The link can also be found as an event on the 9SE Facebook page.

Save the Date for District Convention

We have a date and a location for the 9SE District Convention. It will be held Saturday, April 25, at Bethel Baptist Church in Oskaloosa. International Director Jason Faber from Michigan will be our guest. The convention committee is working hard to bring in some interesting speakers. So far, we have commitments from a motivational speaker who will talk about how to communicate with and attract younger people and a cornea transplant recipient.

We will have the cabinet meeting the night before convention, hopefully at a fun location in Oskaloosa.

WELCOME NEW MEMBERS

WEECOME NEW MEMBERS		
Club	Member	Sponsor
Corydon	Michael G. Burgher	William Gode
Iowa City	Esther Baker	Clista Brown
Ottumwa Noon	Lynne Sandegren	Kevin Krumvieda
Solon Centennial	Tim Gordon	John Farlinger
West Burlington	Sharon L Parker	William Brown

Start Planning Now for a Diabetes Activity

Has your club started planning a diabetes service project? It does not have to be elaborate. You can do something as simple as handing out cards with diabetes facts on them. These are orderable from the Lions store. You can also contact a community health nurse or diabetes educator and have them come talk to your club or do glucose checks before your next blood drive. November is National Diabetes Month. I'd like to see ALL 9SE clubs have some sort of diabetes event this year. Let's have 100% of clubs do one and report it to MyLion.

Lions are Global

Lions Clubs International is a global organization and when your club signed on with Lions, when you were inducted into the association, the pledge you took was to support the efforts of your club, district and Lions Clubs International. That means supporting the Iowa Lions Foundation and Lions Clubs International Foundation (LCIF). This year, residents along the Missouri River along the west side of Iowa have received back more than \$50,000 in emergency grants to help with flood relief.

One of my goals for our district this year is to have 100% of our clubs give something to BOTH Iowa Lions Foundation and LCIF. Many clubs already do give to both, but some give to only one or the other and a few don't give to either one at all.

It breaks my heart to hear members of a Lions club tell me that they want their money to go to local projects so they don't give to either of those foundations. It is important to support our local projects, too, but as members of a global organization, we need to support the causes of the bigger areas of Lions, as well.

Read in this issue of The Iowa Lion how District 9SW is still struggling to recover from this spring's

devastating floods and then open your wallets to help, or maybe hold a special fundraiser just for these fellow Iowans who still need our help. Iowa winters can be harsh and these folks still need our help. You never know, your town may be the one in need of assistance the next time.

Mid-Winter Reboot

The Iowa Lions Mid-Winter Conference is getting a serious redesign and will cost much less to attend this year. Watch for articles about the changes and consider paying for two or three people from your club to attend. Maybe even bring a non-Lion with you. You might get a new member out of it. The date is Jan. 11, 2020.

9SE Service Activities for July 2019

BURLINGTON HOST held a dinner for members and friends with proceeds going to help support the upcoming Oktoberfest.

CORYDON donated \$100 to a family with multiple hospital bills for the birth of premature twins; sold and collected tickets at the entrance gate at our Wayne County Fair.

CRAWFORDSVILLE served lunch at Crawfordsville Days.

GRANDVIEW-LETTS sold lemonade at the Grandview Park; donated \$470 to the community club.

KNOXVILLE cooked pancakes for Knoxville's 4th of July celebration; made a donation to the Bob Buckmeier Foundation - Sprint for a Cure.

NORTH LIBERTY put out and retrieved U.S. flags for the Fourth of July holiday.

OTTUMWA NOON ran the beer garden and sold tickets at the Ottumwa Pro Balloon Races; helped seal coat benches around the Keokuk County Fairgrounds and clean up for the fair.

WASHINGTON ran a concession stand at the Amana Flyball Tournament; provided free popcorn to all children at the Washington County Fair during Kids Day.

In Memoríam

ClubMemberYears a LionFairfieldNorbert Hammes30 YearsWinfieldPDG Robert Stevens40 Years



ANSWERING THE CALL TO HELP. Ottumwa Noon Lions put out the call for some help from fellow Lions with running the beer tent during the Ottumwa Pro Balloon Races. Ottumwa Noon Lions have helped with the event before but it was their first time running the beer garden solo. Answering the call were Vice District Governor Nancy Oehler-Love and Lion Larry Love from Crawfordsville (above), State LCIF Coordinator Jim Bixler from Muscatine and 9MC District Governor Judy Stone from Marshalltown (below) also made the trip to Ottumwa to help.



District 9SW District Governor Allen Zobel 1119 N. Division St. Audubon, Iowa 50025 712-304-5066 calz@mediacombb.net

Lions Are Heroes

The GST chairs of Lion Verneta Anderson and Lion Michelle Sparks have put sparks into our service team effort with flood relief. With their combined help, a new service effort called the 9SW School Backpack Project has been developed and implemented this week. The project will allow five school districts – Missouri Valley, Glenwood, Fremont-Mills, Sidney and Hamburg – to have access to a \$10,500 Lions Clubs International Foundation grant, along with other donations.

The team is reaching out to the five schools to find a team leader to place an order for school supplies for individual students, as well as classroom supplies. This will greatly relieve the financial burden on the parents and the districts as they adjust to the floods that still leave small towns with water in them and homes still uninhabitable this winter. Of these five schools, two have personally reached out to see about a Lions club in their communities and a third seems to be very interested. God is wonderful in this way in providing for them.

In addition to this service project, the team is planning to solicit MD9 clubs, personal donations and possibly benefit fundraisers to fund the next campaign for small appliances and utensils, as well as space heaters to warm the campers, cabins and portable housing these flood victims will have to live in through the Iowa winter. Lions of 9SW can be proud of their efforts as they move dollars to meet the needs of those suffering.

One must also recognize the time and effort that the the Glenwood Lions' members, under the direction of President Dennis Lincoln, for their time and financial help toward the food distribution effort in April and in July. Without the efforts of this very special club, the project would have been tough to accomplish. Thank YOU, Glenwood Lions Club!

Iowa can be proud of all of its Lions as they do projects in their communities, send dollars to other districts to aid in their efforts and give to LCIF so grants like these can be accomplished wherever needed in the world. Will your club need to he a hero club sometime in the future and help your community with funds from LCIF?

We just never know!

9SW Convention October 25 and 26

Hey, John Wayne fans! You need to attend the 9SW 6-G Force Pride Convention. On Friday, Oct. 25, you will have an opportunity to go and see the John Wayne Museum in Winterset, at a low price of \$10 per Lion – a 33% saving for that day. You must wear Lions clothing to get the discount. It is truly worth your time.

In addition, there will be a bus tour of the Madison County covered bridges for which Lions can sign up. These are optional events for a memorable time in 9SW. Lastly, Lions can tour the Quilt Museum, with two nationally-known displays, for \$5 per person.

The actual convention will be held in Winterset High School and start at 4:15 p.m. with a short cabinet meeting to handle whatever business we need to do. At this time, the election of vice district governors will be short as there are no candidates for those positions. 9SW has found several younger Lions interested in moving up. These Lions are motivated and excited to become DGs sometime in the future. 9SW is being rebuilt from the bottom up and we are getting closer to being once again a strong district.

Remember the Trifecta Race we are in with ourselves in adding 200 net members by the end of the year.

9SW 6G-FORCE PRIDE GROWTH - 200 Net Growth by 2020 Member Club Sponsor Michael Dideriksen Guthrie Center Kristen Grouthamel Sara J. Edwards Lorimor Crystal Mick Adam L. Stickler Lorimor Crystal Mick

Michael Maddy

Cody Hutton

Yes, we have a mountain to climb and the horizon is not in sight this early. There are less than 1% of our citizens who are in Lions in 9SW – 99 out of every 100 people you meet is not a Lion. Make sure to "ASK EVERY1" and "Find1."

Mount Avr

St. Charles

Jane Lawhead

Calvin D. Barber

As soon as we can, my team of 6G-Force Pride, led by Service Chairs Verneta Anderson and Michelle Sparks, will then set up our convention service projects. These service projects include Twiddlemuffs, led by Lions from Council Bluffs, and Med/Health Kits for homeless or flood victims.

Clubs near Winterset, bring a team over at 5 p.m. on Friday and meet PID Bruce Beck and Partner in Service Erin, as well as Leader Dog's now National Hero Guide Dog, Lady, and Lion Dawn Rudolph.

Friday night will have a free-will donation for soup and sandwiches provided by the Winterset Lions Club. 9SW 6-G Force Pride truly appreciates this effort in helping to keep the costs down for the convention.

Saturday will be a day to hear how "Lions are Heroes."

You will be amazed to hear the story of award-winning Leader Dog Lady and her sidekick Dawn Rudolph. It would make a great Hallmark movie. Lady is the National Hero Guide Dog of 2019 and was sponsored by Exira Lions Club in 2014.

There will also be presentations by Tori's Angels Foundation, Iowa KidSight and the disaster relief efforts by 9SW in the



Leader Dog Lady and Lion Dawn Randolph

9SW District Convention REGISTRATION FORM

Oct. 25-26, 2019

Winterset High School

Friday 4:00 - 8:30 PM • Saturday 7:30 - 3:00 PM

Please Print

·	
1. NAME	CLUB/DISTRICT
LION / NON-LION	First Timer Y / N
2. NAME	CLUB/DISTRICT
LION / NON-LION	First Timer Y / N
CONTACT MAILING ADDRESS	
CITY & ZIP CODE:	
PHONE # EM	AIL (OPTIONAL)
I would like a display ta	able for:
I need ele	ectricity: Y or N
# Lions@ \$25.0	0 = \$
# non-Lions@ \$	20.00 = \$
Total Enc	losed = \$
Make Checks Payable	to: District 9SW Lions
and Mail with Registrat	tion Form to:
Mary Ann Hueg	erich
204 East Depot	
P.O. Box 556	
Exira, Iowa 500	76
dalemary@meto	c.net
L	



PID Bruce and Lion Erin Beck

flood zone of Missouri River. Lions will be seen as Heroes and you will be amazed at how much of a change we are making in lives.

Bring a good non-Lion along to sell the world of Lions service to them. See if your club would sponsor a couple of non-Lions to

come along with a member delegate and have their fees covered by your club. It is an investment in your future. We will have plenty of membership applications around and even a timeout near the end for our guest Past International Director Bruce Beck to induct new members with sponsors. PID Bruce will motivate you to new heights in the Lion world as he captures the essence of Lions and how we serve.

ACTIVITIES REPORTED ON MYLION

Those lucky to get it done – (May through July)

ANITA, ATLANTIC, AUDUBON, EXIRA, HARLAN helped with Zone 8 Diabetes Stride Ride/Run/Walk on T-Bone Trail;

ANITA is working on fundraiser to redo a concession stand and name it after longtime Lion Rex Mehrhoff.

ATLANTIC cleaned up a country school run by Lions for elementary students.

COUNCIL BLUFFS handed out candy as a fundraiser for Camp Hertko Hollow.

DIAGONAL finished two blocks of sidewalk to make the street safer for students going to school.

EXIRA held a garden tractor pull fundraiser with sponsorship for Tori's Angels & Missing in America; participated in the 4th of July Parade; held bingo at the Audubon Fair.

GLENWOOD collected and distributed food to local food bank; distributed \$100 grocery vouchers to flood victims in Sidney and Tabor.

GREENFIELD participated in the 4th of July celebration; sold lemonade for fundraiser; helped with the Menlo Sesquicentennial celebration.

LAMONI participated in the 4th of July Parade; put out flags at the local cemetery.

MISSOURI VALLEY prepared and distributed meals for children once per week at their local school; cleaned up Main Street.

NEOLA recycled cans; had a breakfast fundraiser for RAGBRAI.

PANORA participated in the 4th of July Parade.

District 9NW District Governor Dale Schoening 1747 R Ave. Madrid, Iowa 50156 515-290-7737 daschoening@gmail.com

Some Common Misconceptions About Lions We Need to Overcome

Many people associate Lions with eyesight, mostly because we collect used eyeglasses, help purchase eyeglasses for people in need, or because of KidSight. Yes, vision is one of our major emphases, but it certainly is not our only one. We also have emphases on environment, childhood cancer, diabetes, hunger and any community need is a legitimate area of service for Lions.

- 1. You have to be a businessperson or professional to be a Lion. Not true. Lions come from all walks of life
- 2. You have to be old to be a Lion. Nope. The minimum age for Lions membership in the United States is 18. We need both the wisdom and experience of those of riper years and the energy and fresh perspectives of the young if we are going to be the best service organization we can be.
- 3. You have to be male to be a Lion. Also not true. Women have been eligible for Lions membership since 1987. Roughly 30% of our membership worldwide is female.
- 4. You have to go to a lot of boring meetings to be a Lion. First, there is no reason a Lions Club meeting should be boring. If we're not having fun while serving our communities, something is wrong. Some of our newer clubs don't have meetings per se; they do their business electronically. Lions Clubs International is emphasizing "Your Club Your Way," which means each club is free to conduct their meetings and do their business in the way that works best for them. Second, there is no longer a requirement that members have to attend meetings. Members can fulfill their obligations by participating in the club's service and fundraising activities.
- 5. You have to be wealthy to be a Lion. Actually, Lions has the lowest dues of the three major

- international service organizations of its kind and it doesn't cost a cent to give of one's time to serve others.
- 6. Lions are mostly about raising money through pancake feeds. It is true that many clubs use a pancake feed as one of its fundraisers, but Lions have many ways of creative fundraising beyond that. Besides, we do more than raise money. We make a real difference in people's lives through direct service to others.

Many of these misconceptions, I find, are held by people who admire and respect Lions and the work we do, but cannot imagine themselves as a Lion. Let's see what we can do to change that.

In service, DG Dale Schoening

Kudos!

During the 2018-19 fiscal year, the Lions Clubs of District 9NW donated a total of \$6,975 to Leader Dogs for the Blind! Although 9NW has the fewest members and fewest clubs of any district in Multiple District 9, we were the fourth highest district in giving out of the seven districts in Iowa — 28 clubs gave to Leader Dog (27 of our 38 current clubs and one club that has since disbanded). The largest giving club was Coon Rapids, who gave \$525. Several other clubs were right behind them at \$500.

Congratulations on doing a great job of supporting this important project!

In August 2018, DG Dale visited Leader Dogs for the Blind headquarters in Michigan along with many others who were first vice district governors at the time. He received this stuffed Leader Dog in Training puppy to be used to promote giving to Leader Dogs for the Blind. So, meet Vincent.



If that name sounds familiar, Vincent is named after the puppy that State Administrator PDG Tim Wilson began raising in the summer of 2018 before Tim's health situation required other arrangements to be made. The real live Vincent then

went to the Fort Dodge Correctional Facility to be raised by an inmate there. Vincent has since gone back to Leader Dog headquarters to begin the training

that hopefully will lead to his becoming a Leader Dog for the Blind. The news so far on his progress is very encouraging. See his picture on Page 23.

Stuffed Vincent has very much the same appearance as live Vincent. Stuffed Vincent will be traveling the District with DG Dale this year. He will eventually be given to the club in 9NW that gives the most money to Leader Dog during the 2019-20 Lions fiscal year.

Wanted: Guiding Lions

District 9NW needs Guiding Lions! Guiding Lions are used in at least two different ways. One is that all new Lions Clubs are to have a Guiding Lion working with them for the first two years of their existence, offering guidance where needed to help the new club get off to a good start. Since DG Dale is planning to start at least one new club in our district this year, it is essential that we have people available to do this.

Guiding Lions can also be assigned by the district governor to assist struggling clubs that need and would like some help in strengthening their club toward growth in membership and service.

It is no longer the case that a Guiding Lion must have served as club president. Any knowledgable, experienced Lion may serve as a Guiding Lion.

Although certification is not required, Lions Clubs International does offer a certification program for Guiding Lions where one can learn more about how to be a good Guiding Lion. The course can be taken online. Simply go to the Guiding Lions page on the LCI website. Download and read the course workbook. After completing the workbook, go back online to fill out the Completion Verification Form and Test for Certified Guiding Lion. Certification is good for three years.





Our sympathy to the families and friends of these Lions who have completed their service on earth.

Club	Member	Years a Lion
Fort Dodge Noon	Richard K. Ruge	36 years

As of the end of July, District 9NW had 784 members in 38 clubs. Our clubs dropped 16 living members in July. Most of them resigned in good standing. Most of the people who resigned had been members for less than five years.

Member retention is important. Roughly onethird of new members drop out within three years. Let's make sure we not only bring in new members, but welcome their ideas, get them involved, and build relationships with them in ways that will give them reason to stay.

CLUB ACTIVITIES FOR JULY

CARROLL donated \$500 to family who lost their home in a fire; donated \$250 to New Opportunities for their Back to School program, which provides school supplies for needy children.

CHURDAN installed new steel roof on caboose in Lions Park; delivered Meals on Wheels one week, serving 140 people.

WOODWARD volunteered at the public library; did preliminary design work in preparation for creating a foundation marker and signage at the original Woodward railroad depot, which is located on the High Trestle Trail.

We are aware that at least part of the reason so little has been reported this month is because a lot of our clubs have not yet figured out how to use the new MyLion reporting system. Only two clubs reported anything on that system; one other sent DG Dale an email listing their activities.

If you need help with MyLion, contact State IT Chair Ron Schappaugh or 9MC DG Judy Stone, who is also the state Global Service Team coordinator. Their contact info is in the Who's Who, or can be obtained from the State Office or DG Dale. We also are planning to have some training on this subject around the district.

District 9MC

District Governor Judy Stone 2540 180th St. Marshalltown, Iowa 50158

641-328-0270

jstone4254@live.com



2019/2020 Service Totals for Iowa Lions YTD

28,056 People served

19 People served per member

119 Activities recorded

Hours volunteered in process

Wow, second month is in the books already. The time is flying by.

As Iowans and Lions, we take care of our own. I want to ask each of you or your clubs to meet a need in our state. Earlier this year, the southwest corner of our state was devastated by floods. The communities of Missouri Valley, Pacific Junction, Purcellville and Hamburg were pretty much destroyed. Their losses included homes, businesses and commerce. Many have not yet been able to access their homes because they still hold several feet of water.

The current need is for alternative sources of heating and small appliances that are not covered by insurance. I am asking all of us, either individuals or clubs, to dig deep and purchase gift cards from Menards, Lowe's and Home Depot. Send them to:

9SW District Governor Allen Zobel 1119 N. Division St. Audubon, IA 50025

He will get them distributed. Remember, the next need could be you. Thank you in advance.

I want to congratulate those clubs that have added members in the past month and welcome those members to our clubs. They are as follows:

Steven Neville Bondurant

Matthew Gilbert Des Moines Outreach

Gideon Gallo Gladbrook
Jacob Thompson Montezuma
Erica Lueder Pleasant Hill
Charles Ryherd State Center
Laura Holms Urbandale

We also hold in our hearts a special place for those we have lost:

Larry Nelson Dysart

Activities Completed by Club:

DISTRICT 9MC CARE AND SHARE donated \$250 to family in need.

AMES BREAKFAST donated \$1,000 to KidSight and \$100 to lowa Lions Youth Exchange Camp; stocked shelves at Bethesda food pantry.

AMES EVENING stocked food box shelves at Bethesda food pantry; worked rampage rummage sale, all unsold items going to Southwest lowa flood zone.

ANKENY earned \$500 setting up for Ankeny Summerfest; screened a total of 2,213 kids; donated \$500 to family in need.

DYSART made the best tenderloin I ever tasted on Friday and Saturday evenings for Old Iron Days Tractor Run and Car Show. They also made breakfast on Saturday.

DES MOINES SOUTH chose Lion Jimmy Bacon as Lion of the Year, Chris and Catharine Shaffer received perfect attendance awards for five and four years respectively.

EAST DES MOINES did vision acuity testing at Clowns at the Carousel in Union Park.

MARSHALLTOWN EVENING worked the lowa State Fair Lions booth; volunteered at setup and running of Clowns at the Carousel; helped sell tenderloins in Dysart (probably ate more than served); worked checking IDs at Marshalltown Art Festival.

MARSHALLTOWN NOON served corn on a stick and blizzards at Marshalltown Art Festival.

NEWTON served a pancake and sausage breakfast at Iowa Speedway.

GRIMES served breakfast at community center.

GRINNELL collected funds for MICA to be used for bulk food items to be distributed; did a KidSight screening at Drake Community Library.

LAUREL served a pancake breakfast at Laurel American Legion the last Saturday of each month.

TRAER provided funds for eyeglasses.



RACEWAY BREAKFAST. Serving pancakes and sausages at the Iowa Speedway in Newton are 2nd Vice District Governor Janice Carpenter, District Governor Judy Stone, Ray Hults, Terry Debruyn, Jack Ayers, Carla Robeson and Craig Carpenter.

We are hosting a women's symposium on Sept. 28 at the Peace Church in Gladbrook. We invite all women members to bring a friend, relative or neighbor and enjoy friendship, fellowship and smiles. You do not need to be a member of district 9MC, anyone can come from any district. Just let me know if you want to spend the day with us learning, laughing and walking away as stronger women. Call, text or email me at 641-328-0270 or jstone4254@gmail.com.

Every year the Iowa Lions hold a youth camp the third week of July hosting approximately 25 youth from 20+ countries along with five or six of our own Iowa youth as hosts. This week-long event is held in Madrid, Iowa, at what used to be the 4H camp. It requires at least eight adults to supervise and mentor, two full-time camp cooks, a camp director and many day volunteers. We find ourselves in need of camp cooks and a camp director. The Lions that have filled these volunteer positions in the past have decided to move on to other pursuits and we can't thank them enough.

If you or someone you know wants to consider spending a fun-filled exciting week with our visiting youth, please let me know. Many of the evening meals are donated and prepared by individual clubs. Also, we are always looking for host families, the campers would be with you for four weeks, and one of those weeks is spent at camp. Hosting two campers is easier as they entertain each other.

In September of 2021, we Iowa Lions will be hosting the USA/Canada Lions Leadership Forum. It's a 2 ½ day Lions learning event. Approximately 3,000 Lions from the U.S., Canada and the islands will be attending. This event will require about 300 to 400 volunteers. We will be greeting road travelers at rest areas, greeting air travelers at the Des Moines airport, getting all transported to hotels, feeding them lunch twice and dinner twice and setting up and manning the Lions International store and, in general, meeting whatever needs they may have. If you are interested in volunteering, please contact me. The host committee has already begun the planning process.

A huge thank you to all the members from our district that volunteered at the Iowa Lions State Fair booth. If you have not done this yet, consider it. It's fun, you get a free ticket to get in and you will hear so many stories about how Iowa Lions have helped people from all over our state. Those from 9MC who volunteered are as follows: David Coates, Jennifer Montgomery, Charlotte Miller, Leon and Theresa Hirocheta, Karin Strand, Mark and Tammy Harmen, Ray Halterman and partner, Gary Fry, Erica Briest and John Nagel.

Hope I didn't miss anyone. I also want to send huge hugs and kisses to my granddaughter, Sophia, for making all the Lions masks we used in the State fair parade.



FACES OF LIONS. Lions riding in the State Fair Parade in Des Moines hold up Lion masks made by District Governor Judy Stone's talented granddaughter, Sophia. Parade watchers seemed to love the masks. Riding on the float are, from left, Lions Tim Wilson, Pat Parker, Charlotte Miller, Dale Schoening (hiding his face), Dennis Crabtree, Judy Stone, Erica Briest, Bill Pollard, Doug Boelman, Debbie Doty and Dennis Lee. Bill Shutters drove the truck pulling the float.

District 9EC District Governor Tony Hill 39643 Nita Dr. Bellevue, Iowa 52031 563-349-5274 74tony.hill@gmail.com



District 9EC Fall Rally Registration Form

LOCATION: Camp Courageous

12007 190th Street Monticello, IA 52310

DATE: Saturday, Nov. 2, 2019

TIME: 8:00 a.m. until approx. 3:30 p.m.

COST: \$10.00 / Person

Includes Continental Breakfast, Lunch (Hot Sandwiches, Vegetable & Desserts), Refreshments

Please RSVP by *Wednesday, Oct. 23, 2019* you can do it by USPS (snail mail) or email to 74tony.hill@gmail.com

Attendee	Name(s)	

_____# of attendees X \$10.00 = \$_____

Make checks payable to "Monticello Lions Club" and mail to: Lion Kevin Adams

2928 335th St.

Monticello, IA 52310

Please Come to Build Teamwork, Have Fun & Learn

Some of what will be happening at our Rally:

Fraud & Identity Theft Presentation

Stage 1 - New Member Campaign Award Winners

Parade of Checks

Please bring your club banner as well as a door prize from your club.

July New Members - Welcome to Lions!

cary mon me	1110010	
Member	Club	Sponsor
Marci Rodenbeck	Davenport Village Branch	Norm Dean
Lauren Schemmel	DeWitt Nite D	enise Meyer
Everett Bieri	Walcott Jo	hn Kostichek
Jeff Curler	Walcott F	Renee Curler

Hello Lions of District 9EC, first off, I want to say thank you for everything that you and your clubs are doing. You are making a difference in your community as well as around the world.

I want you to know that the district cabinet wants to help you any way we can! HOW CAN WE HELP? HOW CAN WE HELP YOU GROW YOUR MEMBERSHIP? If you and/or your club are struggling with how to add an activity for childhood cancer, diabetes, environment, vision or hunger, please reach out to us and we will do our best to help you.

Every Lion that sponsors a new Lion will be recognized with a district keepsake award. Please review the New Member Campaign "122/366 Leap Forward in 2020" that was sent out to everyone.

Last month I spoke about:

- Officers attendance at zone, district and state meetings
- District 9EC goals
- Club service activities

122/366

NEW MEMBER CAMPAIGN

As of July 31, 2019

NEW MEMBERS 4

DROPPED MEMBERS 5

NET GAIN/LOSS -1

In Memoriam

Our sympathy to the families and friends of these Lions who have completed their service on earth.

MemberClubYears a LionDwain BruhnMiles34Dave HeneckeOtter Creek Area37

For this newsletter, I want to touch base with how we are progressing on our district's goals. So how are we are doing after our first month in our year?

	July 31st	Total Year Goal
MEMBERSHIP		
New Members in o	_	
	4	122
New Clubs	0	1
New Members in t		
	0	20
New Branch Club		
Name I EO Olerk	0	1
New LEO Club	0	4
5 5	0	1
Retention- Droppe	_	100
	5	100
Net Membership (
	-1	42
District Membersh	•	
	,347	1,388
SERVICE		
People Served _		
	,619	90,000
Service Activities	0.4	740
Childhaad Canaar	21	740
Childhood Cancer		43
Diabataa Astivity	1	43
Diabetes Activity	1	43
Club Service Chai	r Person	40
Olub Service Orial	13	21
# of Clubs Enterin	. •	- -
" Of Glabo Entorni	17	34
LCIF – Campaign	100	0.
Dollars Donated/P		
	311.42	\$ 38,000
Club LCIF Chair P		
	19	27
Clubs who have D	onated/Pledg	ged \$ to LCIF
	4	37

CLUB SERVICE ACTIVITIES June & July 2019

IMPORTANT! If you are not entering your service activities into MyLion after June 30, 2019, your service activities will NOT be listed in this report.

ALBURNETT cleaned up brush, weeds, etc., around the welcome signs at the north and south ends of town and repaired the metal signs on the community boards; helped serve food for the Kelly Rogers' Benefit Day.

ANDOVER held the Andover Club Picnic; donated \$150 to My Gear Service project and \$200 to Lions Clubs of Iowa.

BETTENDORF participated in the 4th of July parade; conducted a vision screening event for adults that promotes eye health and raises community awareness of the causes of preventable vision loss.

BLUE GRASS assembled baby kits for Lutheran World Relief, put up Flags for the 4th of July; mowed a lawn and cut down four trees for a senior citizen; recycled and composted; distributed blood drive posters; cooked and served a pancake breakfast

CEDAR RAPIDS NOON paid for a vision screening and eyeglasses fitting.

DAVENPORT HOST participated in the Virdi Eye Clinic Golf Classic fundraiser for the lowa Lions Foundation.

DEWITT donated money to the Boy Scouts who helped with July 4th pancake breakfast, which fed over 400 people before the big parade; collected admission fees from fair goers at the Clinton County Fair.

DEWITT NITE served food at Kid's Day event; ran the beer tent at the county fair; planned and hosted the 4th of July Picnic in the Park.

ELDRIDGE held its annual Summer Pancake Breakfast; planted and maintained flower beds; helped at the Eldridge Library summer reading carnival; participated in the Eldridge Summer Festival parade; delivered meals to seniors within the North Scott community; collected and recycled eyeglasses; held the club annual steak fry where they installed new club officers and board members; did a vision screening at the Mississippi Valley Fair.

LOWMOOR has been working on this year's car show since March.

MARION NOON held White Cane Days, accepting monetary donations from patrons with volunteers holding a "White Cane" with an attached donation cup.

MOUNT VERNON conducted a Pop Up Food Pantry and School Supply Drive; ran Bingo at Heritage Days; hosted a Beat Childhood Cancer Night at a high school baseball game; hosted a golf tournament.

MUSCATINE partnered with Big Brothers/Big Sisters fundraiser.

OLIN helped with the Monticello Lions Club serving food at the Jones County Fair.

STANWOOD sponsored a North Cedar student to attend Camp Hertko Hollow; held a blood drive with the Mississippi Valley Regional Blood Center; assisted with the International Beep Ball World Series

TIPTON parked cars for the 4th of July fireworks at the Cedar County Fairgrounds and collected money for next year's fireworks with a Bucket Brigade; drove the Lions trolley led by horses in the 4th of July parade; donated \$1,000 to the Friends of Animals to help them purchase their shelter supplies.

WALCOTT prepared pork chop sandwiches and served them along with chips and water for Walcott Days; had a float promoting the club in the annual parade.

I understand we are starting a new process on entering activities, so I think our next report will look a lot better. If you are having issues entering your service activities, please do not hesitate to contact our MD9 IT Chair Person Lion Ron Schappaugh @ (515) 337-2657 or email lionronald@gmail.com.

Also, we are not able to get pictures off of MyLion, so if you have pictures that you would like in The Iowa Lion, please email them to me at 74tony.hill@gmail.com.

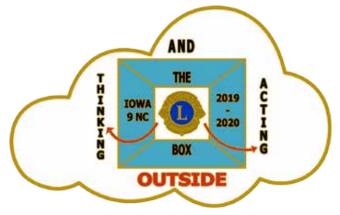


Hi from your district governor. This is my fourth "at bat" as district governor. No official photo yet but you can see my face on 9NC's Facebook page, same suit.

As to my Lion credentials: 100% Club President 1980-81, and International Membership Achievement Award, zone chairman 1981-1982, deputy district governor 1982-1985, district governor 9X2 1985-1986, State Leadership Development training chairman 1987-1989, Iowa Lions Sight and Hearing Foundation trustee 1990-1993 and President in 1993, district governor 9X2 1994-1995, district governor 9NC 2012 – 2013, state coordinator for the Iowa Lions Centennial Speech Contest 2017.

It's a sign of the times that I'm back again. A short supply of interested and qualified candidates for district offices is to blame.

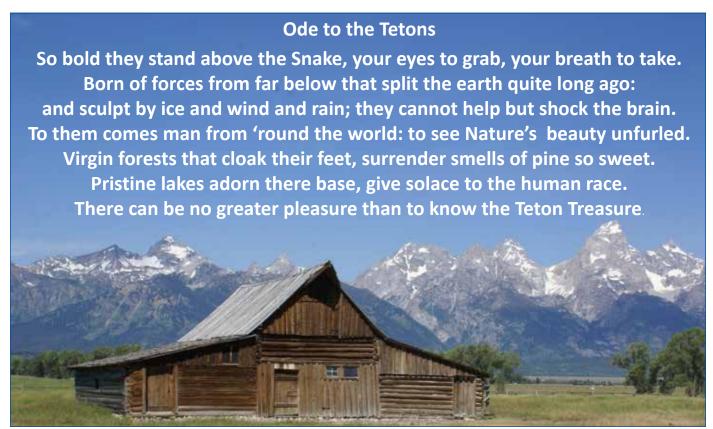
My focus this year will be to fire up our district Lions. I need your help to energize our Lions Spirit. Our



service is needed more than ever. Club numbers have dropped dramatically and membership has followed suit. We need to recruit new members that are gung ho about advancing in the organization. Members who have new ideas; members with old ideas that can be revamped, that will generate some sparks.

Sometimes it takes a single member to start a project, fundraising or service, that he or she is willing to carry the load for a time in order to demonstrate its viability

Case in Point: ME! As club president in 1980, at the urging of my wife, I suggested that the club sponsor a centennial train ride. The club essentially said "sure, good luck." I set off calling and writing to the Chicago Northwestern Railroad bigwigs. It took a year to get any tangible results...A YEAR. CNW trainmen got onboard at that point in time, volunteering their time. I found



three train cars in Indiana, all that was needed then was the Eagle Grove Lions Club to also get onboard. Well, duh.

The train rides — six a day for four days at 300 passengers a trip at \$5 a seat...you do the math — generated big bucks as a fundraiser AND as a service project because it brought hundreds of people to town, even "home," that would not have otherwise come for the centennial celebration. An added benefit is that it doubled the club's membership from 20 to 40.

Don't scoff at member ideas. They may be on to something.

I will be scheduling official club visits soon. Please, if possible, honor my requested date or contact me ASAP to reschedule. Many clubs meet the same times as yours does. Thank you.

9NC Officers Training

OCT. 5 Kamrar Lions Clubhouse 430 Elm St., Kamrar

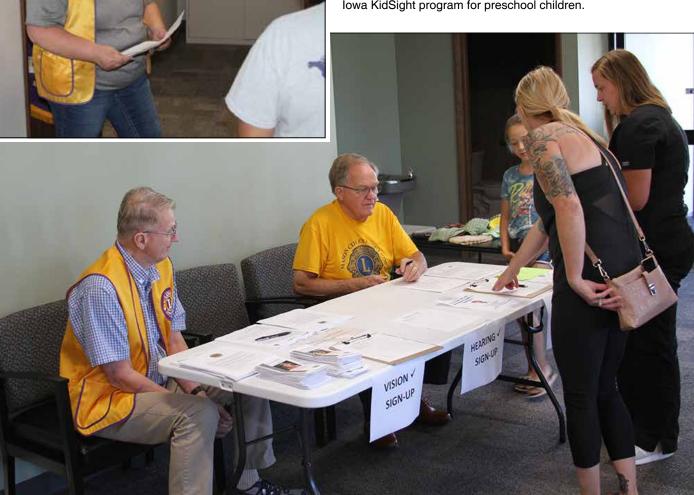
OCT. 12 Mason City Room Mason City Public Library 225 2nd St. SE, Mason City

Choose which day/location suit you best.

Both trainings begin at 10 a.m.

Group training on MyLion followed by training for club presidents, club secretaries, club treasurers and zone chairs

BLOCK PARTY. (Below) Lions John Lundberg of the Mason City Noon Lions Club and Jake Rockman of the Mason City Evening Lions Club sign up children for an Iowa KidSight vision screening during a Block Party event held Aug. 8 to help prepare children, especially those from Iow-income families, for school. The event was held in honor of National Health Center Week and sponsored by United Way of North Central Iowa. (Left) Lion Sharon Somers of the Mason City Noon Lions Club talks with a parent about the Iowa KidSight program for preschool children.





Another month has just about passed and fall is just around the corner with cooler days and nights!

By this time many of you Lions of MD9 may have spoken with someone about their experience meeting and having dinner with International President Dr. Jung-Yul Choi and his spouse, Seung-Bok. It was a great experience to listen to his goals and dreams for what we Lions can achieve if we work together to serve our communities and our friends and neighbors.

I would encourage each of you to look for new ways to get younger people involved in community service projects and to invite them to become Lions. It is time to look for those winter months' activities that can bring your club members together in the indoors to service the needs of your communities.

It is very important for the future of our organization to get more women involved in our clubs as members. Congratulations to our district for having the only district in MD9 with an INCREASE in women members this past year.

I urge more of the 9NE members to get involved in furthering your education by attending any training seminars offered either online or at conferences. The MD9 Lions Mid-Winter Conference is scheduled for a one-day event this year on Jan. 11, 2020.

A big thank you to each Lion for all that you do for Lions. I am looking forward to visiting your clubs and sharing news of other clubs and ideas for new and innovative ways we can serve.

I held a cabinet meeting on Aug. 24 with 16 attending. We discussed several ways to increase awareness of our community needs.



Welcome New Members

Cedar Falls — Mitch D. Lindberg

Cedar Falls — Bob G. Richardson

Fayette — Lacey M. Hawke

Independence — Benjamin R. Reiff

Independence — Amy L. Van Scoyoc

Laporte City — Bill J. Matthes

Postville — Wendy S. Johnson

Waterloo — Michele M. Peters

Service Activities

BELLE PLAINE donated \$100 to the Iowa Lions Youth Exchange program.

CEDAR FALLS ran a week-long food collection initiative that mobilizes the community to donate nutritious food for subsequent sorting, packing and delivery to local food organizations.

EVANSDALE-ELK RUN picked up eyeglasses and hearing aids for recycling; ran family night concessions.

GARRISON served burgers and brats for a free will donation at Garrison Farmer's Market.

HAWKEYE served a meal with proceeds going to help with secret families at Christmas.

JANESVILLE was chosen to partner with the State Bank to fix and serve a noon meal for a free will donation; built a float highlighting the many service projects conducted by the Janesville Lions Club; handed out freezer pops.

NEW HAMPTON held the 2019 New Hampton Lions Club Harlan Pose Annual 2-person Best Shot Golf & Euchre Tournament.

OELWEIN screened 69 children during a shift at the Iowa State Fair Lions Club Booth.

SHELLSBURG sponsored fireworks for the city of Shellsburg.

WATERLOO collected 300 used eyeglasses and two used hearing aids; provided a meal at no cost to those in the community in need.

WAVERLY was inducted into the Heritage Days Hall of Fame as a recognition of the club's contributions to the community and in honor of the club's 75th anniversary.

Unusual Symptoms of Diabetes

By PDG Bill Shutters MD9 Diabetes Chair

If asked to list the symptoms of diabetes, most people would probably be able to give the well-known ones. There are other symptoms that are less known. Here are some of the unusual ones.

- 1. Inflamed or infected gums.
- 2. Skin discoloration on the back of the neck, elbows or knuckles. This is called acanthosis nigricans and is often purple in color.
- 3. Strange sensations, tingling or numbness in the feet or limbs.
- 4. Tingling or numbness in the lips, tongue or cheeks.
- 5. Hearing or vision loss or sudden improvement in vision.
- 6. Long (over an hour) daytime naps.
- 7. Itchy hands, palms, legs or feet.
- 8. Snoring or sleep apnea.
- 9. Frequent infections including urinary tract or yeast infections.
- 10. Night sweats and vivid dreams.
- 11. Insomnia.
- 12. Nausea or vomiting.
- 13. Severe dry mouth.
- 14. Coordination problems.
- 15. Changes in heart rate.
- 16. Mood changes and irritability.



Several Types of Diabetes

When we talk about diabetes, we often talk about it in terms of Type 1, Type 2 or gestational diabetes. Researchers have found there are more types of diabetes. They have the following clusters:

Cluster 1: Severe Autoimmune Diabetes (SAID)

Low beta-cell function. Generally low-normal Body Mass Index (BMI). Younger individuals. Auto-antibodies detected. Higher A1C than Clusters 3, 4 and 5.

Cluster 2: Severe Insulin-Deficient Diabetes (SIDD)

Low Beta-cell function. Generally low-normal BMI. Younger individuals. No auto-antibodies detected. Higher A1C than Clusters 3,4 and 5.

Cluster 3: Severe Insulin-Resistant Diabetes (SIRD)

High BMI. High insulin resistance. Significantly increased risk of kidney disease.

Cluster 4: Mild Obesity-Related Diabetes (MOD)

High BMI. Less insulin resistance than Cluster 3.

Cluster 5: Mild Age-Related Diabetes (MARD)

High BMI. Less insulin resistance than Cluster 3. Older individuals.

Clusters 1 and 2 comprise what is presently known as Type 1 Diabetes and clusters 3, 4 and 5 are considered Type 2. There is a condition known as latent autoimmune diabetes of adults (LADA), aka. double diabetes or Type 1.5 diabetes, where an individual will move from clusters 3, 4 or 5 to cluster 2 as they age.

There are even subdivisions of the clusters as the search for answers continues. In fact, alzheimer's is sometimes referred to as Type 3 Diabetes because of its autoimmune nature.

One way of managing diabetes is with diet. Please send your low-carb recipes to PDG Lisa Prochaska at lisa_prochaska@yahoo.com or Betty Shutters at bnbshutters@gmail.com.

November is national diabetes month. If you haven't already started planning your diabetes awareness projects, now is the time to do it.

CONTINUED FROM PAGE 24

donations. Working again with the Glenwood Lions Club, the closest club to the communities of Percival and Hamburg, Lions passed out an additional \$12,900 worth of groceries from stores in Tabor and Sidney.

Glenwood Lions again voted to pay out of the club treasury whatever funds were needed to cover any difference in order to make sure every displaced family who showed up for groceries received them.

Recognizing there was still a need for assistance, new district Global Service Co-Chairs Michele Sparks and Verneta Anderson started another service project to work with the school districts affected by the flooding: Missouri Valley, Glenwood, Fremont Mills, Sidney and Hamburg. LCIF agreed to fund it with another \$10,500 disaster relief grant.

"As DG, I reached out first to inquire about possible funds for the project when I put in a short questionnaire to LCIF," said Zobel. "They asked for a complete proposal and budget." Trying to find out the needs of the school during the summer break was not an easy task.

"Upon returning from Milan, I hit the program full bore and brought both chairs in on it with the idea of purchasing about \$10,500 worth of backpacks and usual school supplies," said Zobel.

He soon found out that another organization was sending school supplies to the area. "As a 42-year veteran of teaching, I knew the last thing schools wanted was a huge stockpile of classroom supplies with no space to store them," said Zobel, who is a retired school principal.

After making contact with his GST co-chairs, Zobel made contact with a representative from LCIF to explain



GROCERY DISTRIBUTION. Glenwood Lions Club President Dennis Lincoln (white cap) and Audubon Lions member Delbert Artist distribute groceries to flood victims from Pacific Junction at the Randal's Market in April.



LEADERSHIP SERVES. Members of the Exira-EHS Leadership Leos serve an evening meal at the Emergency Resource Center in Glenwood in April.

the change in plans. "The lady stated to make sure to include classroom supplies for the schools because they needed help as well." So, the schools currently have wish lists that the Lions will begin fulfilling shortly after school resumes.

"We do have several hundred dollars donated by clubs and we are reaching out to other Lions in MD9 (Iowa) to help meet the needs accordingly," Zobel explained.

"Two of the three schools have personnel that want to join a Lions Club in their community," said Zobel, explaining that it's possible a new club may end up started out of this situation.

The next need Zobel and his team want to see met for the flood victims is heating devices and small appliances to help those displaced families who are unable to return to their homes before winter sets in.

"They continue to live in cabins, campers and older housing with very poor heating," explained Zobel. "This winter, it will make life a little more tolerable for those stuck in inadequate housing."

Any club wishing to assist can mail donations to:

9SW Treasurer Dale Behrends 6324 Panorama Dr.

Panora, IA 50216-8723

Checks should be made payable to 9SW Care & Share, the district's pass-through account for grants and assistance.

Love is a Four-Legged Word

By Lions Chris Hackett and Craig Arendt 9MC Iowa Lions Foundation Trustees

How can anyone resist a puppy? Cute little balls of fur oozing that sweet scent of puppy breath that captures the heart of dog lovers everywhere. Anyone who has ever brought home a new puppy knows the work and commitment that goes into raising a happy, healthy, well-adjusted animal. This is no less true for those who raise our future Leader Dogs.

Do you have what it takes to be a puppy-raiser for Leader Dog? Certainly love, patience, available time and financial means are part of the qualifications. Future puppy raisers must apply to Leader Dog and go through a vetting process via a series of questionnaires. Once accepted, a contract is signed committing to a vaccination schedule, providing a safe environment and adherence to a continual socialization and training processes. The goal is to raise a happy, confident, trusting, well-behaved dog who excels in skills necessary to meet the standards set for the puppy's first year of life.

Puppies are picked up and dropped off at the Leader Dog office in Rochester, Michigan. During the year together, the puppy raiser is trained as much as the puppy. A 108-page puppy manual is provided that must be read and followed. There is a wealth of information contained in this manual. A puppy coach is also provided in case issues arise. The folks at Leader Dog are only a phone call away.

Getting ready for a new puppy means puppyproofing the home. Pick up and secure trash cans, hampers, books and breakables. Get rid of toxic plants in the house and garden. Close bathroom doors and toilet lids. Keep scented candles out of reach. Keep sugar-free peanut butter, gum or other products sweetened with Xylitol out of reach.

Food and water bowls should be stainless steel. Only certain foods are recommended. Leather leash is preferable to nylon – one will be provided. A crate will be needed, as well as baby gates to limit access while potty training. Toys are limited to Kongs, Nylabones and a few others, but no ropes, no toys with bells, squeakers or pieces that can be chewed off and no plush toys.

Puppies are trained to sit on the floor of the vehicle- no laying on the seat nor heads hanging out

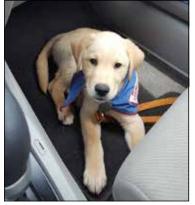
the window catching every scent on the wind.

Puppies are not to be brought to pet stores or dog parks. No Leader Dog puppy should ever be off the leash when outside unless they are in a fenced yard. Puppies must only walk on the raisers left side, next to the raiser.

Expected behavior guidelines and training schedules are provided. Milestones based on age are set. Training occurs several times a day – in short spurts, especially when they are very young. Positive reinforcement is used – observe, mark and reward. Treats are used to engage requested behavior. Puppies are expected to learn sit, down, touch, put their head in their bandanna or jacket, stand, around, come, go to the mat, calm greetings, and "leave it" to name a few. Handlers should never play tug-of-war, wrestle and rough-house, finger and hand games, or chase-the-puppy games.

After a year together with a puppy raiser, puppies are brought back to Leader Dog for evaluation and continued training. While it may be hard to say goodbye, knowing this dog was prepared for someone who cannot see, makes it a little easier. Being a puppy raiser is not for the faint of heart or just a way to have perpetual puppy-ness in the home. Raisers prepare them and let them go. Venture to say, the puppies move forward in their training taking a little piece of the raisers heart with them. Love is definitely a fourlegged word!

Thanks to Tim Wilson for sharing his experience and his puppy manual. Future Leader Dog Vincent has grown so much over the last year and is now at Leader Dogs for the Blind in Rochester, continuing to excel in his training.





Future Leader Dog Vincent has grown much over the past year.



HELPING HANDS. Glenwood Lion Mike Bireman (in Lions vest) and 9SW Partner in Service Chrystal Zobel (purple shirt) hand out groceries to flood victims at the Sidney Foods grocery store on July 27.



Lion Heroes Aid Flood Victims

By DG Debbie Doty Editor, The Iowa Lion

Lions from around the world, but especially from District 9SW, have stepped up to help families affected by the spring flooding along the Missouri River and the need for aid continues.

In April, heavy rainfall in the northern Plains states along with snowmelt from up river caused the Missouri to swell out of its banks, completely covering some towns in Iowa.

Where there's a need, there's a Lion and Iowa Lions stepped up to the plate. In April, Neola Lions President Barb Farley was among the first to help at the Glenwood Resource Center, offering some meals to workers and victims alike, according to then Vice District Governor Allen Zobel. Then the Audubon and Exira Lions Clubs stepped up to the plate in mid-April, providing a full lunch to 97 people displaced by the flood, followed that evening by the Exira-EHK Leadership Leo Club serving supper to approximately 125 people. All of the food was provided by a Thrivent Seed card and personal cash donations from Lions members.

While this was going on, then District Governor Pat Parker applied for and received a Lions Clubs International Foundation Emergency Grant of \$10,000.

It, along with personal and club donations, provided \$14,000 to aid the town of Pacific Juncton near Glenwood. The Glenwood Lions Club worked with the district governor team to coordinate relief efforts, which included providing \$100 worth of groceries to each displaced family.

"One family living in a small hotel had no room or facility for perishables and selected only non-perishable items and called a friend of their high school daughter to place boxes of things in that person's house," said DG Allen Zobel. "These people are resourceful in figuring out what to do."

To help the local economy, groceries were purchased from two local grocery stores, No Frills and Randal's Market. After the Lions team had left, Randal's Market gave out an additional \$600 of groceries on their own rather than turn away the six families who were late for the grocery distribution.

"We in 9SW are thankful and appreciative that the store went ahead and met their needs," said Zobel.

Parker led another initiative in June that he handed off to Zobel as the Lions year changed over in July, with another nearly \$12,000 from club and personal

CONTINUED ON PAGE 22

Volunteer Sign-Up 2021 USA/Canada Lions Leadership Forum in Iowa

The Host Committee needs 350-400 volur	nteers. We need you to make this the best Forum eve
Name	Club
Address	District
City	State ZIP
	E-mail
(Needed for communication during the For	rum): Cell Phone
Please check availability to volunteer and activity.	preferences for activities. You can do more than one
NOTE: * = Seated Job	s # = Must be registered for Forum
PROMOTION (Information table at other c	conventions – must be registered)
District (identify) State	e (identify) International
PRE-FORUM (Some jobs may be until 5	p.m. Thursday)
Availability: Mon. Sept. 6	Tues. Sept. 7 Wed. Sept. 8
Jobs:	
Airport Greeter	Airport Driver
Welcome Center Greeter	RV Park Greeter
Prepare Hospitality Baskets	Host Committee Office Setup
Goody Bag Stuffing	Forum Store Setup #
Registration (Hotel) *	Registration (Convention Center) *
Pin Trader Greeter #	Peace Poster Display Setup
Anywhere / As Needed #	
<u>FORUM</u>	
Availability: Thurs. Sept. 9	Fri. Sept. 10 Sat. Sept. 11
Jobs:	
On-Call Drivers for VIPs	Host Committee Office Worker
Registration (Convention Center) *#	Host Committee Booth (sell pins, etc.) #
Bus Greeter (Arrive/Leave)	Hallway Greeter/Traffic Control
Forum Store Worker #	Announcement Kiosk/Lost and Found *#
Meal – Display Table Signs #	Update Seminar Signs #
Meal – Ticket Takers #	Seminar Greeter and Runner #
Meal – Seat availability #	Seminar Evaluation Data Entry *
Photographer (digital camera) #	Hotel Transportation Liaison (at hotel)
Forum Store Take-Down #	Host Committee Office Take-Down
Anywhere / As Needed #	
POST-FORUM	
Sun. Sept. 12 Airport drive	ers needed w/ SUV or van Please mark as many are as you are willing to help
Please return this form to: PDG Stephen	You may be asked to
1618 Lark Lar	

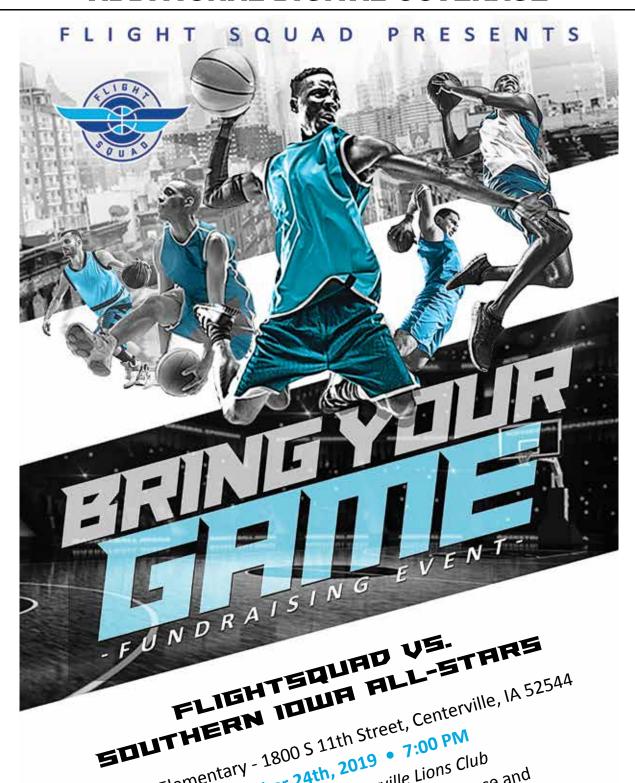
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Waterloo, IA 50701

lionstephenb@mediacombb.net

areas, if needed.





Lakeview Elementary - 1800 S 11th Street, Centerville, IA 52544 Brought to you by Centerville Lions Club \$10 Tickets on sale at HyVee, Cook Insurance and the Centerville Chamber of Commerce

FLIGHTSQUADBALL.COM

STATE LEO CONVENTION

Iowa

LEOs

Lions



2nd Annual LEO Convention

November 2, 2019 10 AM – 2 PM Burlington, Iowa



Burlington Leos will host this convention

Breakout Sessions - Project Sharing - Food - Fun Pass the word and mark the date on your calendar.

Watch for more information coming soon

LEOS LEADING THE WAY



REGIONAL GRADUATES AND STAFF. Many Lions from Iowa attended Great Plains Lions Leadership Institute in July as either staff or students. Pictured from left are Lions Mendy McAdams, Council Chair Pat Parker, Brenda Axtell, Steve Rehmann, PDG Lisa Prochaska, Pat Davison, Dawn Goodsell, Lucas Gilliland, Jessie Gilliland, Bruce Piehl and Duane Olsen.

PRESIDENTIAL VISIT.

Lions Clubs International President Jung-Yul Choi and his wife, Seung-Bok, visited Iowa July 29. During their visit, they stopped at the Iowa KidSight office and the Iowa Lions Eye Bank in Coralville, had lunch in Williamsburg and dinner in Des Moines with several invited guests. Pictured at the Iowa KidSight office, from left, are Past International Director Dave Stoufer, PID Gary Fry, Seung-Bok, PDG Rachel Nicola, John Hegeman, IP Choi, PID Del Brown, PID Ardie Klemish, PDG Ken Klemish, Susie Brown and PID Norm Dean.



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