

The IOWA LION



May 2019

iowalions.org

Jesup Lions Prepare Chemo Kits for Childhood Cancer Patients

*By Chris Waring
Jesup Lions Club*

The Lions Clubs of the world have been challenged to help children affected by cancer to survive and thrive. The Jesup Lions Club reached out to the citizens of Jesup and surrounding areas to help with



Jesup Lions Fritz Kies (foreground) and Kristi Vandenburg help unload "chemo kits" at University of Iowa Stead Family Children's Hospital.

this cause.

In January, ads and articles were put in the Citizen Herald, Bulletin Journal and posted on the club's Facebook page about the project, which was met with great enthusiasm. Donations started pouring in. The club asked for specific items by age and gender and cash donations. Some of the larger donations were a whole collection of TY Beanie Babies, donated by one person, 37 tied fleece blankets by a mother and daughter who were affected by cancer, many sets of Legos and much more.



Crayons, markers and colored pencils collected for "chemo kits" to give to childhood cancer patients.

The original goal for delivery date to University of Iowa Stead Family Children's Hospital was February 14, but that day came and went as donations kept coming in. After a delay for packing, due to a snow storm, the Lions finally had everything packed – thanks to Lions and some helpful community members – and ready to deliver by March 1.

Lions Kristi Vandenburg and Chris Waring each drove their SUVs packed to the brim with items. Lion Fritz Kies helped load and unload the vehicles. They had 130 kits, 37 tied blankets, twelve pillow/book combos, \$975 in various gift cards for gas, food and

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pharmacy, most of which were purchased from St. Anthonis School's Script program!

Dan Mears, the concierge at the children's hospital, was overjoyed with the donation. He shared some facts about the University of Iowa's Stead Family Children's Hospital with the Lions who dropped off the "chemo kits."



Volunteers Tom McGlaughlin and Dean Heins stuff backpacks with supplies for kids undergoing chemo treatments.

- It is one of FOUR hospitals in the world, and the only one in the United States, that has a CT scanner for children. It's one of the world's fastest CT scanners. In most cases, there's no need for sedation or breath-holding, even in infants. At the same time, the system enhances patient safety by using lower doses of radiation than traditional CT scanners. Designed with pediatric patients in mind, the scanner includes features to distract patients and help them relax.
- Each patient has a private room and all have windows. All rooms have their own thermostat so they can be controlled by the family or patient.
- There is very tight security. If you don't have the proper badge, you cannot enter areas off-limits and when a doctor or nurse walks into the child's room, their picture, name and why they are in the room pop up on a screen for the child and parent to see.
- The Lions were not allowed to actually deliver the chemo kits to patients due to the security, but they were able to tour the first and 12th floors. This part of the hospital does not even have the feel of a hospital. There is beautiful art on the walls, meditation gardens and room, along with the view of Kinnick Stadium for the Hawkeye Wave!

Some other quick facts about Stead Family Children's Hospital:

- There are more than 170 pediatric physicians and surgeons.
- The hospital has more than 700 specially-trained

pediatric nurses.

- Last year, UI Stead Family Children's Hospital cared for 77,068 patients who came from every county in Iowa, nearly every state in the United States and several other countries.
- The hospital has 190 pediatric beds.

Here are some childhood cancer facts from the Lions Clubs International Lions Website:

- A child is diagnosed with cancer every two minutes.
- There has been a 13% increase in incidence of childhood cancer over the last 20 years.
- 6 years old is the average age at diagnosis of children with cancer.
- Greater than 90% of childhood cancer deaths occur in low-resource settings.

To see a list of age-appropriate items suggested as donations for family/child dealing with childhood cancer, go to Page 25 of this issue of The Iowa Lion.

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PDG Debbie Doty, Editor

309 A Ave. East

Oskaloosa, Iowa 52577

Phone: (641) 673-4173

E-mail: editor@iowalions.org

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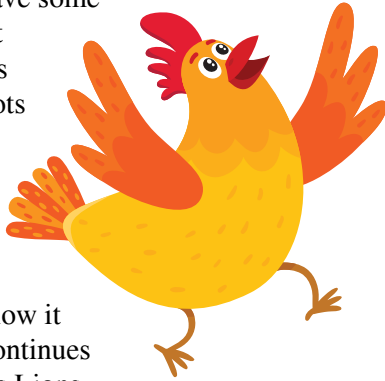
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Is the Sky Falling?

By PCC Bill Pollard

MD9 Global Leadership Coordinator

I have always disliked being the Chicken Little that everyone gets tired of hearing the sky is falling, but we have to realize that we have some members who don't want to change. This truly does not represent the grassroots of our organization, but promotes personal agendas. This does not help our organization move forward, it continues to block it or slow it without due process. It continues to be our responsibility as Lions to look at all options – not all that glitters is gold and not all quicksand is our enemy!



It's time to cut to the chase: we have on the schedule to bring up The Iowa Lion issue again at this year's Iowa Lions State Convention. It's a total waste of time as your ELECTED Council of Governors over the last four or five years have considered the issue inside and out; for

the expense and progress, mailing of The Iowa Lion to all individual Lion households was discontinued.

Seventy percent of The Iowa Lion magazines never made it past the waste basket at the post office. The Minnesota Lions made a similar decision many years ago and it has not caused any problems with membership or communication in their multiple district.

We can't continue wasting time on this. We need to be attracting new members, training existing members and getting our service projects done.

In the coming months, your Global Action Team is planning a GAT summit. It will work on training of the new Information Technology program at Lions Clubs International and making sure our club officers know all the new updates. This will introduce our local Lions to national and international Lions ideas to share.

Be proud of what you have accomplished. We cannot keep doing this without you. Go to your zone meetings. Attend your district conventions, take part in all the training we make available to you. As always, don't hesitate to contact your GAT team members for assistance if any questions arise. It's why we are here.

Iowa Lions Pins Available from LPTCIA

By PDG Loren Claussen

Lions Pin Traders Club of Iowa

This year the Iowa Prestige MD9 Lions pin reflects our 2019 International Convention being in Milan, Italy. It has the famous Porta Nuova, Gate of Milan, depicted on it.

The Lions Pin Trading Club of Iowa also has its annual tractor pin to promote our agricultural history in Iowa. This year's 2019 pin depicts a 1976 Case "SPIRIT OF 76." This classic tractor is one owned by Lions Yogi and Ruth Braet from Calamus, Iowa. As most of you

know, Lion Yogi recently passed away April 8. This tractor stood proudly outside the church the day of his funeral.

The 2018 tractor pin depicts a 1978 Ford 9700 and the 2017 tractor pin is the 1966 Allis Chalmers D21.

The Prestige and Tractor pins are available only from the Lions Pin Traders Club of Iowa for \$3 each plus shipping of \$2.50 for the first pin and 75-cents for each additional pin. Send your order and check to PCC Ken Reed, 708 Logan Avenue, Ackley, Iowa 50601-1537. All profits benefit the Iowa Lions Foundation.



2019 MD9 PRESTIGE PIN

(Prestige Pin is 50 mm X 35 mm)



2019 MD9 TRACTOR PIN



2018 MD9 TRACTOR PIN

(Tractor Pins are 45 mm X 60 mm)



2017 MD9 TRACTOR PIN

ID Report

International Director

Ardie Klemish

P.O. Box 175

Anita, Iowa 50020

641-740-0148

ardieklemish@gmail.com



Happy Mother's Day



Our April ID Travels

In April, we spent nine days in Reykjavik, Iceland for the International board meeting. We did get a half day off for a private tour of Iceland's largest church, which took 46 years to build. It also has a seven-rank pipe organ. Magnificent! We then spent three days in Geneva, Switzerland for Lions Day at the United Nations, then flew directly to the District 1BK Convention in Bolingbrook, Illinois, were home three days, then traveled to District 2A1 convention in San Angelo, Texas, home three more days, then on to District 19E Convention in Post Falls, Idaho, where we had a GREAT visit with Peter Anderson, now the Executive Director of MD19 Lions. Several years ago, Peter was a familiar face in Iowa Lions. He was a popular seminar presenter throughout Iowa and served as a faculty member of Great Plains Lions Leadership Institute. He still brings FUN to any Lions event and is doing a superb job in MD19 as executive director.

Changes for Reporting to LCI

All digital applications for Lions Clubs International are now grouped into a single account, which will be called your "Lions Account." This account will use a single, universal login system. Instead of using different credentials to login to different applications, you'll use one user ID and password to access them all (MyLion, MyLCI,

Lions Shop, etc). For MyLion users, you're all set! Your MyLion credentials will work for your Lions account. My LCI users will need to create a Lion account if they have not already registered on MyLion. The LCI team believes this approach will have big benefits in the future as they add/improve applications and give our members a great online space to be Lions.

If you need help getting registered, please reach out to your district IT person, MD9 IT Chair Ronald Schappaugh, or the staff at Oakbrook. Simply email mylion@lionsclubs.org. Remember that you still report your monthly membership on MyLCI. Your service activities should now be reported on either the MyLion app on your phone or iPad, OR on the MyLion web app.

Certifying Delegates to Vote in Milan

Club secretaries, you must certify your club's International Convention voting delegates on MyLCI BEFORE JUNE 15. Once certified, the secretary needs to print out the certification form for the club member to bring to Milan. This certification form is required before you can receive a ballot. Also, your club will not be allowed any votes unless all dues and accounts are paid to Lions Clubs International 15 days prior to the beginning of the convention. Make sure your club treasurer is aware of this requirement. Please remember that MD9 has officially endorsed PID Dr. Patti Hill from Canada for 3rd Vice President when you mark your ballots.

Thank You for Your Donations to Aid Flood Victims!

Thanks to each of you individual members and clubs who made donations to LCIF to help the Iowa and Nebraska residents who experienced a catastrophic, historic flood that caused billions of dollars of damage. Homes and farm buildings were destroyed, livestock killed, grain bins full of grain ruined and farmland that won't be tillable for a 2019 crop. LCIF awarded emergency disaster grants to five Lion districts in Iowa and Nebraska.

It's still not too late to make your personal donation or club donation. Remember, every single penny donated to LCIF goes to help people in need. Nothing goes to administrative cost!

A View from the Chair

Vice Council Chair
Patrick Parker

404 W. Jackson St.
Panora, Iowa 50216

641-757-7961
parkerlc@netins.net



SERVICE

What does your club do to provide service to your community? I would like to encourage all clubs to do at least one service project in the following five areas each year:

Vision – KidSight screenings, helping someone buy new glasses, collecting eyeglasses, Leader Dogs for the Blind, or transporting corneas.

Hunger – Meals for the Heartland, Backpack Buddies, food drives for local food pantries, hosting a mobile food pantry, holiday food baskets, community free meals, donating leftover meals from fundraisers to those in need or delivering Meals on Wheels.

Environment – Roadside clean-ups, plant trees, clean the river, clean the yard for someone in need, provide meals to students on a community clean-up day, fix up a park, help with city-wide clean-ups, maintain flower beds or install walking trails.

Diabetes – Strides Walk, send a child to Camp Hertko Hollow, host a diabetes awareness event, provide diabetic-friendly foods at events or conduct glucose monitoring.

Childhood Cancer – make blankets, make gift packs, donate stuffed animals for children in the hospital getting treatment, drive a family to doctor's appointments or treatment, volunteer at a children's hospital and read books or visit patients.

Make sure you wear your Lions gear when doing these projects. That way your community knows it is the Lions doing them.

If you do not do these things for your community, who will? If you do not do them now, then when would they get done?

MEMBERSHIP

Every club should have a membership growth

plan. When building your plan look for areas where your club needs help. Recruit for a purpose. Your plan should have a goal of helping you build a diverse club to match your community. Most communities are about 50% men and 50% women. Is your club 50/50? Your club should have a diversity in age, gender, ethnic group and economics. If your club is diverse like your community, you can better understand its needs. Every club should be working to add at least one new member per quarter to replace the members we lose during the year. Here are some areas to look at when working to get new members:

- Colleagues
- Community leaders
- Relatives
- Friends
- Neighbors
- Religious affiliates
- Local professionals
- People you do business with
- Someone you have helped
- Former Lions

Use your service projects to invite potential new members to come and help and learn about Lions and your club.

If you are not asking someone to join, who will? If you do not ask them now, then when?

LEADERSHIP

We need to work on developing new leaders. Not just for our clubs and districts but for our communities. As we train and develop leaders in our clubs, we are making better leaders for our communities. We should be striving to rotate our club leaders yearly or at least every other year. As we see strong leaders, we need to encourage them to take on district leadership roles. New leaders and fresh ideas have helped our organization exist for over 100 years.

If you won't be a leader, then who will? If not now, then when? What is holding you back?

Our motto is "We Serve." That applies to the service we provide, the members we recruit and the leadership roles we take on.

Control Pre-diabetes to Prevent Progression

By PDG Bill Shuttters
MD9 Diabetes Chair

At one of the district conventions, a Lion asked me, “What is the cost to screen a child for Iowa KidSight?” I gave the answer I had been told several years ago and said I would check with Lori Short and find the up-to-date figures. I can’t remember the name of the Lion. As we age, an incident of forgetfulness brings the thought: “Is this a harbinger of things to come?” “Will I be hiding my own Easter eggs next year?” “Is this PRE-something? The answer is probably not. If we have not thought about certain information for a while, it may take a minute or a day to recall it.

There is a PRE with which we should concern ourselves. We know that 1 in 11 Americans suffer from diabetes. We may be unaware that 1 in 4 Americans have a condition called pre-diabetes, which is the stage before full-fledged diabetes develops. With the right information, we can control our own destiny.

We first need to recognize the symptoms of pre-diabetes.

- Abnormal fasting blood sugar levels: higher than 125 mg/dl or less than 100 mg/dl .
- Regular exhaustion without physical exertion. May feel tired after a meal.
- Wounds heal slowly.
- Inexplicable mood swings.
- Vision problems such as blurry sight or reduced night vision.
- Unexpected changes in weight without a change in eating habits.
- More frequent urination.
- Issues with digestion such as stomach pain, indigestion, heartburn at night, feeling bloated or changes in bowel habits.
- Extreme thirst or hunger after a large meal.
- Joint aches that are not arthritis.
- Cardiovascular issues.
- Darkened skin on neck, armpit, elbows, knees and/or knuckles.

These symptoms are also individual symptoms of many other conditions, so let’s look at the risk factors.

- **Weight.** The more fatty tissue you have between

the muscle and skin of your abdomen, the more resistant your cells become to insulin.

- **Waist size.** A waist of more than 40 inches for men and 35 inches for women increases the risk of insulin resistance.
- **Dietary Patterns.** Eating red and/or processed meats and drinking sugary beverages increases the risk of pre-diabetes. A diet based on fruits, vegetables, whole grains, nuts and healthy oils lowers the risk of pre-diabetes.
- **Inactivity.** The less active, the greater the risk. Physical activity promotes weight control by using glucose as energy and makes your cells sensitive to insulin.
- **Age.** The risk of pre-diabetes increases after 45, probably because people tend to exercise less, lose muscle mass and gain weight as they age.
- **Family.** Having a parent or sibling with Type 2 diabetes increases your risk for pre-diabetes.
- **Sleep.** People with obstructive sleep apnea have an increased risk of insulin resistance. Also, working the night shift or changing shifts can cause sleep problems which increases the risk.
- **High blood pressure** and **high cholesterol** increase the risk of pre-diabetes.

Your goal is to prevent pre-diabetes from developing into Type 2 diabetes with all of its complications.

By now you have an idea of the treatment. No one said it was going to be easy.

1. Eat a healthy diet.
2. Be more active.
3. Loose excess weight.
4. Stop smoking.
5. Control your blood pressure and cholesterol.
6. Take medication as prescribed.

The answer to the original question: the cost per child for the old Polaroid cameras was \$13 at one point and for the new digital cameras it is \$7.58 at present.

We still need low-carb recipes for the MD9 cookbook. Don’t forget to send yours to PDG Lisa Prochaska at lisa_prochaska@yahoo.com or Betty Shuttters at bnbshuttters@gmail.com.

Cedar Falls Lions Receive \$10,000 Grant

*By Lion Paul Shapiro
Cedar Falls Lions Club*

The Cedar Falls Lions Club received a \$10,000 grant from the Black Hawk County Gaming Association to purchase a second iScreen Vision Screener 3000 for the club's KidSight program.

Cedar Falls Lions Club member Richard McAllister, who is on the gaming association board, made the request for the second iScreen.

The Cedar Falls Lions Club has screened 1,842 children during this school year – with 142 referrals to eye care professionals – and expects to screen 2,400. The screenings are coordinated with the River Falls Area Education Agency.

“Unfortunately we do not catch every child,” said Gary Chambers, who heads the Cedar Falls Lions’ program. “Some are in-home daycares that we do not know about or are home-schooled. One goal with this second camera is to find daycares that are under the radar so every child is checked.”

The Cedar Falls Lions Club took a bus trip to

Coralville and Iowa City on April 4, where they received their new camera from Iowa KidSight Executive Director Lori Short. They also visited the Iowa Lions Eye Bank and the University of Iowa Department of Otolaryngology to learn about the Cochlear Implant Center.



THE GIFT OF HEARING. Dr. Bruce Gantz of the University of Iowa Department of Otolaryngology addresses a touring group of Lions at the Iowa Lions Cochlear Implant Center.



THE GIFT OF SIGHT. Iowa KidSight Executive Director Lori Short, seated, presents a new iScreen camera to members of the Cedar Falls Lions Club, standing, (L-R) President-Elect Dale Schrad, Past President Cindy Wiles, Cedar Falls KidSight Chairperson Gary Chambers and Cedar Falls KidSight screeners Dick Brammer and Don Wood.

District 9SE

District Governor

Dave McGregor

204 W. Polk St.

New London, Iowa 52645

319-367-5028 (H)

319-537-1094 (C)

bridgeportdave1909@gmail.com



My fellow Lions, in 15 weeks the Lions year 2018-2019 will be complete and thus far only one of my goals has been accomplished. The Clear Creek Lions Club in Tiffin is up and running well and I look forward to seeing them thrive. The elections for the coming year are over and we have a full district governor team, but we continue to need leaders in our district. We ask that you think about possible leadership in the near future so that we can remain strong.

We have welcomed new members who are women, which has taken us from 29 percent to 30 percent. My goal was to reach 32 percent and with the International "New Voices Initiative," we are at 30 percent globally. International President Gudrun



NEW VISION. Kevin Holland of Fort Madison displays his eVision Visor at the 9SE District Convention and describes how the technology changed his life.

Yngvadottir wants Lions Clubs globally to reach to nearer 50 percent in terms of leadership roles between men and women.

LCIF is still needing donations from individual Lions to help with natural disasters and to advance our worldwide service initiatives. Iowa has received much assistance from LCIF over the past 50 years and we are in need of it again for the middle to western part of our state along the Missouri. Please consider an individual donation online.

Our district is also only at 50 percent of our goal for the Iowa Lions Foundation. Please be sure your club makes a donation to support our statewide service programs, too.

Thank you all for your service to your communities, state and international.



9SE PEACE POSTER WINNER Kylee Conne', a student from Aldo Leopold Middle School in Burlington, explains her vision behind her peace poster design: "We are all under the same sun and moon."



COVETED JACKET. International Director A. Geoffrey Wade, left, accepts a gift of "the Iowa jacket" from District Governor Dave McGregor at the 9SE District Convention.

SERVICE AROUND THE DISTRICT

COLUMBUS JUNCTION donated to the local high school After-Prom Committee; approved a donation to local preschool student's family for eye exam and eyeglasses; eye problems were identified by club's KidSight screening program; 97 pairs of eyeglasses were delivered for recycling.

CORYDON voted to donate to LCIF.

DANVILLE held its monthly dinner meeting and invited the newly chartered FFA organization from Danville High School; donated \$100 to the FFA and \$100 to the Connection Coffee House, which is run by Danville students.

FAIRFIELD hosted a spaghetti dinner to benefit the local high school activity fund, which allows the coaches and teachers to purchase needed items that they cannot purchase with school money.

GRANDVIEW-LETTS donated to Grandview for the Easter Egg Hunt, to Leader Dog and to the After Prom Party at school.

IOWA CITY screened 150 kids for KidSight; attended 9EC convention.

KEOKUK delivered meals to the elderly through the Heritage Center; collected 260 pairs of used eyeglasses.

LOCKRIDGE held its annual soup supper and auction night.

LONE TREE attended the 9EC District Convention; volunteered as a Reading Buddy with a 1st grade class at the Lone Tree Elementary School.

NEW LONDON attended district conventions in 9NW, 9MC and 9EC; delivered Meals on Wheels; drove for Mississippi Valley Regional Blood Center.

OSKALOOSA donated \$200 to Iowa Lions Foundation; KidSight screened children for Oskaloosa Kindergarten Round-Up; attended a board meeting at Shady Lodge Retirement Home; approved two people for hearing aids from the Iowa Lions Hearing Aid Bank and assistance with fittings at \$250 each; donated \$200 to LCIF; sponsored a child to attend Camp Hertko Hollow summer camp for diabetic children.

PACKWOOD donated \$50 each to the Pekin Community School and Cardinal Community School After Prom parties.

PELLA sorted, cleaned and recycled 2,400 pairs of eyeglasses for redistribution; donated \$500 to Camp Hertko Hollow.

SIGOURNEY KidSight screened for a preschool; donated to the Sigourney High School After-Prom.

VICTOR used profits from its raffle and calendar sales to give \$725 to the Iowa Lions Foundation, \$50 to HLV After Prom, \$100 to Lions Diabetes Awareness, \$300 for a joint LCIF Grant application for diabetes, \$500 to Leader Dogs, \$100 to Iowa Lions Youth Exchange, \$500 for an HLV scholarship, \$100 to Camp Hertko Hollow, \$200 to Friends of Iowa County Conservation Foundation, \$300 to Iowa KidSight, \$100 each to Iowa County and Poweshiek County food banks and \$50 each to two high school students who are planning to compete in the Down Under Sports program in Australia this summer; recycled eyeglasses for redistribution.

WEST BURLINGTON collected 560 pairs of eyeglasses and four hearing aids.

WILLIAMSBURG participated in Iowa KidSight.

WE WELCOME NEW MEMBERS

MEMBER	CLUB	SPONSOR
Bill O. Holland	Grandview & Letts	Robert Schreiner
Miranda D. Brown	West Burlington	William Brown
Steven K. Swafford	West Burlington	William Brown

In Memoriam

Member	Club	Years/Service
John Rider	Corydon	49



PRESIDENTIAL CERTIFICATES OF APPRECIATION. During the 9SE Convention in New London, International Director A. Geoffrey Wade presented Lions Clubs International President's Certificates of Appreciation to Past Council Chair Paul Hain, left photo, for his work on chartering the Clear Creek Lions Club and Lions Brian and Marianne Pattyson, right photo, for their willingness to serve the district.



District 9NC

District Governor

Kristin Buehner

645 9th St. NE

Mason City, Iowa 50401

641-420-9615 (C)

kbuehner14@hotmail.com



Our 9NC District Convention is now behind us, but I still feel the excitement! I hope you'll enjoy the photos featured in this issue that may give you an idea of some of the activities we enjoyed.

I want to give a special thank-you to the Lions of our district who attended the convention! Your attendance is so important to our success. I hope and trust you found it helpful and inspiring!

A Word About MyLCI

You will note from the list of service activities below that most of our clubs are not updating their club activities on MyLCI. Secretaries, you will need to re-register with your email address and a new password to gain access to this site. You can contact me, and I'll do my best to help you, or call MyLCI Support Center at 630-468-6900. I recommend the latter! Once you have done this, you can easily gain access to the site to update your service activities for the remainder of the year and in the future.

Also club secretaries, have you input your new club officers for 2019-2020? This was due in April, but it's not too late. LCI needs this information to make sure club officers receive the help and updates they will need throughout the year to successfully serve their clubs.

While I am at it, I've become aware that some club members are reluctant to give out their email addresses to their secretaries so they can be reported on the MyLCI site. This information is only needed to make it possible for LCI and district governors to contact you with ease. Be aware that it just isn't feasible to do mailings or phone calls sometimes, especially when something needs to get out to several people at once. We are not attempting to violate your privacy. For club officers, it is essential that we know how to reach you by email, phone and by regular mail. Secretaries, do try to update this contact information for your clubs and make sure that it is current.

Please Answer the Call

Our need for new people to take over leadership roles at the district level remains critical. As of this writing, we still do not have a candidate for district governor

for 2019-2020 or for 2020-2021. Candidates must have served as a Zone chair and as a club president. Due to our special need at this time, a candidate may be eligible who has served on the district cabinet, in lieu of being a Zone chair. There are Lions in our district who meet these criteria. LCI is asking us to avoid asking past district governors (PDGs) to step up if at all possible.

We have openings for Zone chair in the Kossuth-Hancock zone and the western Cerro Gordo-Winnebagos zone. We also need new Lions to serve on the district cabinet. My visits to clubs are giving me ideas as to some good Lion leaders out there. I plan to contact some of you to ask about serving in this way. If contacted, please give it serious thought.

WELCOME NEW MEMBERS

MEMBER	CLUB	SPONSOR
William Ferguson	Iowa Falls	unspecified



TOURING THE CASTLE. Lions at the 9NC District Convention participated in an architectural tour of Mason City, including a visit to the Melson House. Owners Peggy and Roger Bang gave the Lions a personal tour of the house, which is also referred to as The Castle.



LOOKING TO THE FUTURE. Lions at the 9NC District Convention hear a motivating talk by Past International Director Mike Molenda of Hastings, Minnesota.

CLUB ACTIVITIES

ACKLEY-GENEVA picked up and delivered hospital equipment, serving 14 people, for 35 Lion hours; donated \$400 to Camp Courageous, \$300 to Camp Hertko Hollow and \$500 to LCIF; served pancake breakfast for Future Farmers of America and faculty, serving 100 people.

EAGLE GROVE shared a St. Patricks rainbow craft at the public library on Feb. 21, serving 20 children.

FLOYD donated \$500 toward safety vests for members of the Community Emergency Response Team (CERT); earned \$1,170 profit from fish sale.

HAMPTON screened 38 preschool children through Iowa KidSight in March; delivered Meals On Wheels each Tuesday in March, serving six people per day; listened to students read on Fridays in March; served Hampton Community Meal March 28, serving 181 people, with 18 Lions serving a total 55 hours.

NORTHWOOD volunteered at the Northwood Theater; helped deliver Meals On Wheels to 104 people during March; held Red Cross Blood Drive at VFW, at which 29 people donated 26 pints of blood, with 15 total Lion hours; delivered 217 pairs of used eyeglasses to the Iowa Lions State Office in Ames.

OSAGE donated \$2,500 to Osage Daycare and \$250 to DECA Club to help with expenses as they attend International DECA Convention.



RAINBOW FUN. Emily Hoveland, a student in Eagle Grove, shows the St. Patricks Rainbow craft she made at the Eagle Grove Memorial Library.



FLOYD LIONS gave a \$500 donation to the Community Emergency Response Team (CERT) for the purchase of safety vests. President Lynn Elfers, right, presents the check to Tom Bock, CERT representative, at the Lions March 12 meeting.

Our Friends Who Have Died

Member	Club	Years a Lion
De Wayne Knoshaug	Clarion	55 years
Francis Keith Ransom	Clear Lake Noon	66 years



PRESIDENTIAL CERTIFICATE. PID Mike Molenda presents a Presidential Certificate of Appreciation to Lion Marian Gehrls, 9NC Convention chair.



PRESIDENTIAL MEDAL. Past International Directors Judy Hankom and Mike Molenda present a Presidential Medal, the second highest award in Lions, to Past District Governor Mike Nissly for his continuing contributions and commitment to the Iowa Falls Lions Club and District 9NC.

District 9EC

District Governor

Arthur A. Matje

117 S. Parkview Dr.

Eldridge, Iowa 52748

563-285-7294

rutra@aol.com



May Day has several meanings. May baskets hand-delivered to a friend's door handle to show friendship. Dancing around the May Pole, wow those were the days. Mayday is also a symbol or call signal for distress. As you can see, Lions and Lionism also appears here, if you look for it. We're friends, dancing and helping people in distress. We're looking forward to the celebration of Mother's Day, where would we be without our mothers? We celebrate Memorial Day and recognize our fallen veterans. Then we end the month at Indy.

As you read this, many things have happened in our District 9EC, and only a month-and-a-half remains in this Lions year. We did have a very successful Spring Convention and are looking forward to a fun District Work Day at Camp Courageous on June 1. As I weave my personal thoughts into this, it's been good for Susanne and me. Meeting both new and old friends; not meaning that they are old, but friends of a long time.

Moving forward, we'll see so many of you at the MD9 State Convention, June 7- 8 in Cedar Rapids. So, get your registrations sent in.

Let's all give a big Lion's Roar to our New Lions and their sponsors.

MEMBER	CLUB	SPONSOR
Michael McManus	DeWitt Nite	Sam Lee
Bonnie Lou Fritz	Fairfax	Terry Durham
Stephen C. Briggs	Maquoketa	Edward Briggs
Kenneth Gregoire	Walcott	Orville Randolph
Brandi Gregoire	Walcott	Kenneth Gregorie

In Memoriam

For everyone who calls on the name of the Lord will be saved. – Romans 10:13

Gary "Yogi" Braet – charter member, Calamus Lions



LEADER OF THE YEAR. District Governor Art Matje and 2nd Vice District Governor Chester "Stan" Stanfield, far right, present 1st Vice District Governor Tony Hill with the District 9EC Leader of the Year Award at the 9EC District Convention.



PRESIDENTIAL APPRECIATION. Lion Rhonda Lange, left, receives a Presidential Certificate of Appreciation from International Director Mark Lion at the 9EC District Convention.



PRESIDENTIAL CERTIFICATE. Lion Roger Hill, left, receives a Presidential Certificate of Appreciation from International Director Mark Lion at the 9EC District Convention.

Around the District

ALBURNETT collected 1,500 pairs of used eyeglasses

ANDOVER cleaned a stretch of Hwy. 67 roadside and ditch and ended with lunch at Almont.

BETTENDORF raised over \$2,000 at annual trivia night; brought 703 pairs of glasses to 9EC District meeting.

BLUE GRASS distributed blood bank posters; worked with 20 church women making quilts for Lutheran World Relief; did KidSight retakes for Walcott, Blue Grass and Buffalo elementary schools; donated \$90 to Buffalo Food Pantry; attended the 9EC District Convention; turned in 191 pairs of eyeglasses and 100 medicine bottles; donated \$200 to LCIF, \$150 to Iowa Lions Foundation, \$100 to Care and Share; recycled and composted; participated in several Honor Guard ceremonies.

CEDAR RAPIDS NOON donated \$2,000 to Wright Elementary School for books and supplies and \$520 in gift certificates to classroom teachers; worked 13 hours tutoring 29 students; collected 773 pairs of eyeglasses.

CENTER POINT held a 50/50 raffle.

DAVENPORT HOST attended the district convention; donated \$100 to Diabetes Research, \$5,000 to LCIF, \$100 to District Care and Share, \$7,500 to Iowa Lions Foundation and \$150 to Iowa Lions Youth Exchange Camp.

DEWITT NOON collected 200 pairs of eyeglasses and several hearing aids; raised \$1,100 with the Soup/ Chili Challenge fundraiser; held two travelogues making \$1,500, co-hosted the 9EC Convention with 110 Lions attending; donated \$250 to Odyssey of the Minds at Central High School, \$250 to Robotics Club and \$50 to After Prom Program.

DEWITT NITE co-hosted the district convention; donated \$100 to high school After Prom and five cases of used eyeglasses.

ELDRIDGE attended the district convention; donated to LCIF; collected food at drop locations and delivered to North Scott Food Pantry; donated to the Double Robot/ Pad project, which allows teachers to communicate with homebound students; donated \$100 to the junior high clothing needs closet, \$500 to Camp Courageous, \$150 to Care and Share, \$500 to Iowa Lions Foundation, \$500 to Leader Dogs for the Blind; played Bingo with residents of Grand Haven Retirement Community; collected 200 pairs of used eyeglasses; conducted KidSight screenings, serving 185 children.

LECLAIRE collected 130 pairs of used eyeglasses.

LOW MOOR co-hosted the district convention; held two KidSight screenings serving 29 children; collected 192 pairs of used eyeglasses; donated \$1,700 at the parade of checks for 9EC Convention; held a blood drive.

LOWDEN attended the district convention with Rev. Steven Stepp presiding over the District Memorial Service and Julie Hoffmeirr making a presentation on hosting for the Iowa Lions Youth Exchange Camp.

MAQUOKETA celebrated 10 years as a Lions Club with a group picture and a full page ad showing their projects over the years; had a talk from the director of the YMCA on projects they needed help with.

MILES attended the district convention; partnered with Easton Valley Elementary to sponsor a community blood drive; donated a \$270 grant to Easton Valley.

PRESTON held the Regular Omelet breakfast; donated \$500 to help with expenses of the regional spelling bee winner and family to go to New York for the finals with one member donating another \$100 to this project.

STANWOOD attended the district convention; donated \$325 to LCIF, \$375 to Iowa Lions Foundation, \$200 to Care and Share; \$200 to Visual Impairment Camp at Camp Courageous, \$100 for Diabetes Awareness, \$200 to Iowa KidSight; donated at a blood drive; did KidSight screenings at three locations serving 70 children.

TIPTON attended the district convention where a member won the 50/50 drawing and gave it back for flood victims in Nebraska; served meals to less fortunate seniors in Tipton; donated \$1,000 to Iowa Lions Foundation, \$500 to LCIF, \$500 to Care and Share, \$100 towards assisting eyeglasses purchase, \$500 to help a family with transportation for hospital visits, \$200 to Four Square Calvary Church to assist 400 youth in Easter Egg hunt, \$325 each for two children to attend Camp Courageous weekend camp, \$300 to Camp Hertko Hollow, \$300 to Camp Tananger, \$500 to be matched by Care and Share for a 17-year-old's medical expenses; gave a Warren Coleman Honorary Award to Tom Cedar County Coop.

Grand Total: 923 Lions in 3,577 Lion hours served 4,429 people; raised \$6,070 and donated \$25,534, with 38% of clubs reporting.

District 9EC One Day Service Experience at Camp Courageous near Monticello

**Saturday, June 1, 2019
9 a.m. - 3:00 p.m.**

Come prepared to clean, paint, fix, rake and do whatever needs doing. Dress for the weather and bring a pair of work gloves.

Lunch served at camp – \$6.00

Please call DG Art with an approximate number of workers by May 25 so we have enough food.

District 9NE

District Governor

Doug Welton

612 E. Main St.

New Hampton, Iowa 50659

641-394-2862

dgwmaw@iowatelecom.net



Hope you all had a happy May Day. Our convention is over and we now have new officers for next year. Please give them your full support and help them reach their projected goals for the coming year.

I have been visiting clubs and presenting them with patches and pins that the clubs had earned for their work on the Centennial, Legacy and Diabetes projects in the final years of the Centennial Celebration that had been reported. We had 31 of the 45 clubs report some projects. I have also had some zone chairs assist with the presentation of these patches and pins. Thanks for your help.

How is the district looking so far for this year? We were going to add one new club in the first quarter, but that did not happen. We lost one instead of adding one, but we are still working on adding new clubs. The goal for membership growth was for 10 members above the beginning number, which was 1,371 members and we are currently at 1,344 members for a net loss of 27 members. I will say that losing the Cresco Club with 17 members did not help out our numbers and if we take them out of the picture, we are only down 10 members. We have been adding new members, but we have not been able to keep from losing current members. We have lost 89 members total, 17 from Cresco, 17 have passed away and 17 moved out of the district, so this leaves 38 that dropped for some other reason. We have added 62 new members, which replaces the 17 that passed away, the 17 that moved away and 28 of the 38 that left for other reasons. This then leaves the 17 from Cresco and 10 of the others. This reporting is from the end of March 2019, so the numbers could be different the day you read The Iowa Lion and hopefully they are better. We have reporting for April, May and June to get these membership numbers to look better.

For a discussion about reporting, as of the end of March, we have nine clubs that have not done a membership report within the past three months and we have 10 clubs that have not reported an activity within the past 12 months, which means that 35 clubs have been doing a great job of reporting.

On a positive note, MyLCI shows that in the district we have done Lions service for 7,955 hours from the clubs that have reported, so we know the number is greater because of the clubs that have not reported.

As of March, we show that 23 out of our 45 clubs have

given to LCIF, which is 51% and my goal is for each club to give something to support LCIF. If your club was not one of these and you have not yet given, the time has come to get the job done. You should also consider giving to the fund personally. There is no better charity than LCIF. Every dollar you give goes to help make someone's day better and that is what we do as Lions, WE SERVE.

Each club also needs to look at the other areas and programs that we support as Lions and see how your club has done in giving to support them.

In regards to leadership in the district, we are one of the best, which means that we have the best members, ones that are willing to step up and be a leader in the district and their clubs. Congrats to each of you.

I had the opportunity to participate in a bus trip with the Cedar Falls Lions Club to visit the KidSight office, the Iowa Lions Eye Bank, and the Department of Otolaryngology to hear about the Cochlear Implant program at the University of Iowa. It was a great trip and we all learned a lot about these programs and just how important the Lions Clubs of Iowa are to them. These programs are priceless to us all and what goes on at each is amazing. They are great services to mankind.

Future events. We have a "Take Me Out to the Ball Game" district activity on June 15 in Waterloo at the Bucks game. If you have not signed up, check with Stephen Becker and see if we still have tickets available. Deadline to sign up was May 1. We are looking at having a golf fund raiser sometime this summer. More to come.

Great Plains Lion Leadership Institute is scheduled at Northwest Missouri State University, Maryville, Missouri July 26-28, 2019.

Final cabinet meeting for the year will be Saturday June 15 and a Region and Zone chair meeting is also on June 15, location will be determined.

The MD9 State Convention will be on June 7-8 at the Marriott Hotel in Cedar Rapids. The USA/Canada Lions Leadership Forum will be held in Spokane, Washington, on Sept. 19-21. Registration forms for all three leadership opportunities are online. It is time to check your MyLion App and see what activities are going on around the district. Enjoy the better spring days.

WELCOME NEW MEMBERS

Roby Yilek – Belle Plaine

Dave P. Lauricha – Dubuque Noon

Jake A. Noonan – Dubuque Noon

Kate A. Noonan – Dubuque Noon

Ann M. Brighton – La Porte City

Daniel A. Craft – La Porte City

Brandt J. Fehl – La Porte City

Phillip Travis – Shellsburg

Deloris A. Michael – Urbana

Club Activities

BALLTOWN did remodeling and updating at Balltown Lions Pavillion restrooms.

BELLE PLAINE donated \$50 to local school music department for the purchase of a Silent Auction basket for the annual Pops Concert.

CEDAR FALLS worked on planning a Diabetes learning garden and nutrition classes; had speakers on diabetes and food and nutrition counseling; held the annual youth basketball tournament, annual spring pancake breakfast, and helped at food pantry to sort produce, fill kids backpacks, count produce, stock shelves and fill boxes; took a bus trip to visit Iowa Lions Foundation entities (see full article on Page 7 of this issue of The Iowa Lion magazine).

DYERSVILLE attended a dinner with an award for Citizen of the Year.

FREDERICKSBURG screened 40 children at our local pre-school; served 325 at the semi-annual pancake breakfast; is paying for half of a student's tuition to Camp Hertko Hollow for diabetes.

GARRISON donated \$100 to Garrison Fire Dept., \$100 to Garrison First Responders, \$200 to Garrison Library, \$50 to After Prom, \$100 to Camp Courageous, \$100 to LCIF, \$100 to Iowa Lions Foundation, \$100 to KidSight, \$100 to Leader Dog, \$50 to Diabetes Awareness and \$200 for a person to attend diabetes camp.

HAWKEYE gave \$100 each to LCIF, Leader Dog, Iowa Lions Foundation and Camp Hertko Hollow and \$200 to Iowa Lions Youth Exchange Camp.

HOPKINTON hosted Bingo at the community center with 38 people present.

JANESVILLE has collected and turned in 68 pairs of glasses and parts of two hearing aids, to date.



NEW HAMPTON helped with annual school carnival doing the ring toss game with the help of the local Boy Scouts (pictured above); handed out candy at the citywide Easter egg hunt.



MEMBERSHIP DRIVE. Waverly Lions Club held a membership meeting on April 8 where they hosted Chuck Long, former quarterback for the Iowa Hawkeyes. There were 52 people present at the meeting, including 23 non-Lions. Pictured are Membership Chair Lion Teresa Meyer, Chuck Long and Lion Adam Hoffman. The club made Long an honorary member of the Waverly Lions Club and presented him with a Lions cap and current pins.

OELWEIN had Dr. Jim Blessman speak about the game reserve he and his wife have in South Africa. They told about the conditions of the families, especially the children, and of the need for eyeglasses and hearing aids, shoes, food, hygiene, water wells and toilets.

URBANA hosted a zone meeting that included some training.

VAN HORNE discussed participation in the City Wide Garage Sale, Easter Egg event, Party in the Park.

VINTON had a booth at the Benton County Health Fair and screened the eyes of 12 children; collected 382 pairs of eyeglasses.

WAUKON donated \$250 to the annual Waukon Easter Egg Hunt that served 280 kids last year and filled and hid 10,000 eggs with prizes and candy; made donations to Leader Dog, LCIF, KidSight, Diabetes Awareness and the Iowa Lions Foundation; donated \$300 each to four departments in their local Allamakee Community School system: instrumental music, vocal music and speech departments and to the cheer leading program.

WAVERLY held a pancake breakfast fundraiser.

WEST UNION KidSight screened 208 children at many locations in the area; donated \$400 to send a child to Camp Hertko Hollow, \$100 to North Fayette Valley School Mentoring Program, \$250 to Leader Dog, \$500 to Fayette County Fairgrounds Bleacher project.

Deceased Members

Richard Yerkes – Urbana

Lester Zelle – Waverly

Ronald G. Pfeiler – Balltown

District 9SW

**District Governor
Patrick Parker**

**404 W. Jackson St.
Panora, Iowa 50216
641-757-7961
parkerlc@netins.net**



We are in the last two months of our Lions year. It is time for your club to start planning the changeover to next year. Do you have an event planned to celebrate the current year and induct the new officers for next year? This is a good time to recognize Lions in your club who have done outstanding things for your club and community. If you have not yet done it, make sure you provide orientation training to all new Lions.

Throughout the year I have encouraged clubs to strengthen their membership by looking for ways to partner with other groups. We have many communities in our district that do not have a Lions Club. However, they still have needs. I would like to encourage clubs to consider doing a service project in a neighboring community. This will help introduce Lions to this community. This could lead to our next Branch Club or even our next Lions Club.

When visiting clubs the last of couple years, the number one concern has been membership. Mainly, how do we get younger members? What I have noticed is the more involved a club is in its community, providing services that the community needs, the easier it is for them to get new members. Over the last couple of years, we have had several clubs grow their membership by 30 percent or more. When I have visited the clubs and asked them how they did it, the answer has been, "We asked them to join." Recruiting new members can be that simple. We just need to ask people to join. As far as getting younger members, we might have to make some changes in our clubs. Some younger couples are looking for things they can do together. We live in a fast-paced world and they do not always get to see

each other a lot with both working and sometimes heading in multiple directions to attend events for their kids. For some of our clubs that might mean changing from an all-male club to a couples club. Another way some clubs might need to change is to find a way to entertain kids during the meeting and ways for the kids to help during the service project.

One of our biggest service projects across our district is KidSight screening. This program is growing every year as we screen more and more kids. This is a great project, as we have helped identify many kids that had issues with their sight that even their parents did not know about. Is your club providing KidSight screenings? If not, why not?

At the last cabinet meeting on June 15 in Guthrie Center, I will be providing a meal to thank all that have supported me this year. It will be my way to thank my cabinet, new members, those who received a DG Coin, sponsored a new member and those who will serve on DGE Allen Zobel's cabinet next year. It will also be open to those attending training, which will be offered beforehand. For those who would like to attend the luncheon, please RSVP by June 10 by sending an email to DG Pat at PARKERLC@NETINS.NET so I can track how many to prepare for. This meal will be free for those who attend.

IMPORTANT TRAINING

If your club has not submitted names for next year's officers yet, please do so ASAP. We are planning training and would like to invite them to the different training events.

Before the last cabinet meeting June 13 in Guthrie Center we will be providing training for next year's officers. Training will start at 10 a.m. I would like to encourage all officers for next year to attend. This training is designed to help you be a better leader in your club. For those who have done these jobs before, I would still like you to attend so you see what has changed and help share any issues you have dealt with.

DGE Allen Zobel is planning training for MyLion at his first cabinet meeting in July or August.

In Memoriam

Rex Mehrhoff – Anita Lions Club
Monty Chew – Murray Lions Club



AIDING FLOOD VICTIMS. Members of the Exira Lions Club prepared meals for over 100 flood victims at the Glenwood Disaster Resource Center April 10 with the Exira-EHK Leadership LEO Club serve the evening meal. Pictured (L-R) are Will Yoder, Blake Petersen, Patricia Hansen, Ben Paulsen, Verneta Andersen, Allen Zobel, Alexis Madsen, Lisa Dreier, Connie Jessen, Chrystal Zobel.

What Are Clubs Doing?

ADAIR gave personal donations of \$3,238 to LCIF, donated \$100 to Restoring Hope Transplant House; and provided music to Atlantic, Guthrie Center, Anita and Stuart nursing homes.

ATLANTIC conducted KidSight screening for six children; donated \$250 to the Nishna Valley YMCA; bought glasses for two children.

AUDUBON painted at Friendship Home and presented a book to all first graders in the school district.

DIAGONAL collected used eyeglasses; helped provide the community with safe sidewalks from school to Main Street.

EARLHAM sent letters to homebound residents; made blankets for children in hospitals and homeless people; recycled cans and bottles; helped with reading activities in classrooms.

EXIRA raised \$1,140 dollars for Lions projects.

GLENWOOD conducted a KidSight screening for 90 kids; worked at "The Store," helping with the flood relief.

GREENFIELD donated \$750 to the NV wrestling program and \$250 to Camp Hertko Hollow.

HARLAN conducted a KidSight screening; purchased eyeglasses for a person in need; delivered Meals on Wheels.

INDIANOLA donated \$500 each to Leader Dogs for the Blind, Warren County Fair and Backpacks for Hunger, \$300 each to Warren County Leadership Program and the YMCA and \$250 to Klya Koda Animal Shelter.

INDIANOLA EVENING provided KidSight screenings for 109 children.

MISSOURI VALLEY conducted a KidSight screening and sold Easter lillies.

MOUNT AYR helped with the Red Cross Blood Drive.

NEOLA conducted a KidSight screening; showed a movie at the local Phoenix Theater; recycled cans and bottles; served meal/snack at a parenting event; volunteered at the Glenwood flood relief center; donated \$1,000 each to the Minden beautification project, local FFA project and to the Glenwood Lions Club to help with flood relief.

NORWALK collected eyeglasses; helped with planning fundraisers for a new rugby team; helped the Boy Scouts; hosted Bingo; chaperoned a dance; taught English classes for some Somalian women; helped at the music boosters auction.

OAKLAND recycled cans and bottles.

OSCEOLA donated \$100 to LCIF, \$300 to Clarke County Youth Rodeo, \$500 plus gift cards and supplies to the Flood Relief in 9SW.

PANORA conducted a KidSight screening; donated \$650 to help a child attend Camp Hertko Hollow.

REDFIELD recycled 3,712 cans and bottles; donated \$400 to Redfield Fire Department and EMS department, \$100 to Timber Creek Therapies, \$175 to Iowa Lions Youth Camp.

VILLISCA hosted a craft show and delivered thank you cards to about 100 businesses.

UPCOMING EVENTS

June 6-8	State Convention, Cedar Rapids
June 15	Officer Training, Guthrie Center
June 15	District 9SW Cabinet meeting, Guthrie Center
July 26-28	Great Plains Lions Leadership Institute, Maryville, Missouri

WELCOME NEW MEMBERS		
MEMBER	CLUB	SPONSOR
Tami Bridge	Audubon	Jacquanette Wahlert
Ben Unseth	Audubon	Darrell Andersen
Tyler Brokaw	Clearfield	Jacob Stephens
William Sage	Clearfield	Greg Beggs
Brittany Carroll	Greenfield	Earl Carroll
Andrew Hollen	Waukee	Eric Hollen
Matt Hollen	Waukee	Eric Hollen
Brianne Larson	Waukee	Joshua Larson

District 9MC

**District Governor
Charlotte Miller**

**122 Frette Dr.
Story City, Iowa 50248
515-291-9885
char-502@hotmail.com**



I have gone to other districts for their conventions and each international director tells us how we could possibly get new members. Each of us can put on our thinking caps and come up with an idea that would suit you and your club. There are a couple ideas in the service activities this time.

Going to zone meetings, other club meetings, district conventions and state conventions just might light the fire you did not even know you had a spark for.

If you have not invited me to visit your club yet, I just may pop in at one of your meetings to see what your members are up to.

Many of you may be getting into your busy season with events and activities. Be sure your secretary reports them on MyLion now so I and our next DG can pick them up to be able to report them in The Iowa Lion. Like I said earlier, you never know what word or phrase can spark a flame or an idea that relates to another person or club.

Doing an activity can attract someone to help you with it. It might even interest them in Lions and what we do here and around the country. Now members do not have to attend every meeting or be dropped from membership. If they participate in one service project and pay their dues, they will be a good Lion that everyone can be proud of. We really do need new members to replace us as time goes by. We get older and slower and some activities take time that we cannot tolerate now. We really need new leaders in our clubs, too. It is not a good plan to recycle past leaders, even though they are willing. We do need new blood and new ideas to revitalize the group. OLD PHRASE: "We tried that and it did not work," maybe a new person knows how to tweak the main idea and it will work, don't know unless you try.

Toot your own horn about things you do. Get pictures in the paper or on your club Facebook site. We cannot put our candle under a basket and expect it to stay lit. Make known to your community things you do so quietly. We are the "Best Kept Secret," let's start making a noise. Get to be friends with media people

who will be glad to help you toot your own horn. Every little bit helps. Volunteer to sponsor something, co-sponsor something so you both get recognition.

Check on MyLCI for resources available to give you some ideas for activities and membership drives.

Iowa Lions Youth Exchange Camp is looking for host families. Students come in late-June and leave late-July and are at the old 4H campground the week of July 14-20. Hosts do not have to be Lions, so get the word out at your coffee clique or church group or business people you see or other gatherings. You provide room and board and if possible you pick them up at the airport and return them to the airport on their departure date. While they are here you can show them around as you desire and/or meet family members at their work. I remember a gentleman whose mother had died and he hosted several years and everyone enjoyed being with him and going to coffee with him each day. Another host managed a nursing home; one student did not relate well, but the next year the student thoroughly enjoyed himself. It all depends on the eyes of the beholder. They come to learn from us and we learn from them. They are very interesting to be around. You don't have to have children in your home or if you have space you can take two of the same sex but from different countries. They learn more this way. Yes, they do compare us to TV shows that they watch at home about America. They are here over the 4th of July and you can learn what celebrations they have in their country. They all speak English and learn it in elementary school.

Five clubs have already elected and reported their new officers for next year – a very good job done!

Our membership in 9MC was 1,008 on March 31. Goal on June 15 is still 1,035 to win the quilt.

Thank you to everyone for the work you are doing. **KEEP IT UP!**

WELCOME NEW MEMBERS

MEMBER	CLUB	SPONSOR
Lori Hackett	Clive	John Hackett
Linda Thompson	Dysart	Donald Lyons
Matt Jackson	Garwin	Allen Aldrich
Patrick Buck	Grinnell	John McCleery
Sherman B. Deering	Montezuma	Rick Talbert
Matt J. Eichenberger	Montezuma	Rick Talbert
William V. Gregory	Montezuma	Larry Huff
Linda Lentz	Montezuma	Roger Allen
Lonny F. Lentz	Montezuma	Roger Allen
Eddie D. Pierson	Montezuma	Boyd Sparks



PRESIDENTIAL CERTIFICATES. At the 9MC District Convention in March, International Director Billy "B.J." Blankenship presents Presidential Certificates of Appreciation to Lion Janice Carpenter, 1st Vice District Governor Judy Stone and 9MC Convention Co-Chairs Linda and John Narigon, with District Governor Charlotte Miller.



DISTRICT PEACE POSTER WINNER Maya Wood, left, talks about her design as 1st Vice District Governor Judy Stone helps display it.



INVITING FOR IMPACT. Lion Carolyn Blankenship from Lafayette, Tennessee, talks about the importance of inviting members, especially women, to join Lions.

SERVICE ACTIVITIES

AMES BREAKFAST sponsored their last puppy to be trained in the Fort Dodge Correction Facility that was named by the Boys and Girls Club; stocked shelves at Bethesda Food Pantry; collected 445 used eyeglasses; served supper to 50 students at the Boys and Girls Club; held a Lions Fair in North Grand Mall in Ames with 20 members working to create displays of prizes and guessing games as well as a KidSight camera on hand to do screenings of preschool children and a Leader Dog puppy in training present.

DES MOINES SOUTH screened 86 children in three places; helped a person get glasses.

GARWIN gave a donation to help a child go to Camp Hertko Hollow.

GRIMES served a freewill Spring Community Breakfast.

GRINNELL screened 33 children at UCC Community Preschool.

JOHNSTON conducted several KidSight screenings over four months with 729 children screened and 23 referred.

MARSHALLTOWN EVENING participated in Big Brothers/Big Sisters bowling event; recycled eyeglasses; collected Lions mint money from 25 area businesses; delivered Meals on Wheels; popped corn several times as a fundraiser.

MCCALLSBURG annual Pancake Supper with a full menu was held on Ash Wednesday with proceeds going to the fire department and First Responders.

MONTEZUMA conducted clean-up of town streets and right of way; provided eye exam and paid \$200 for glasses for second grade girl; provided eye exam for a first grade boy who needs further exam and treatment before getting glasses.

PLEASANT HILL provided volunteers with two spin art machines for the Fun Night sponsored by the Windsor Elementary PTA who had carnival-type games and gave prizes.

TRAER volunteered to work at the concession stand at the local theater.

URBANDALE screened four students that were missed at the last KidSight screening.

Deceased Members

Raymond Mundt – Traer

District 9NW

**District Governor
Timothy Wilson**

**2300 S. Duff Ave.
Ames, Iowa 50010
707-304-3933 (C)
twilson@iowalions.org**



We Do it to Help People and Change Lives

In our organization, we have many members that question things. “We are we doing it this way?” “Why do we need to donate money to this?” You know those particular members. I think every club has at least one. Don’t get me wrong. Asking questions is a good thing, but are they asking the right questions?

There is a TV series titled “God Friended Me.” It’s a show about a millennial, Miles, who is an atheist and one day God requested to be friends with him on Facebook. Curious, he accepted and all of a sudden he receives a friend suggestion from “the God account,” as he calls it. Still curious, he friends the person and takes a look at their profile to get some information about them. With the information he finds, he goes to see this person and ends up saving their life and helps them with whatever issue was troubling them in the first place. Does Miles focus on the fact that he just saved someone’s life? Nope. All he is obsessed with is who is behind the God account.

Through the entire season of the show, Miles focuses on who is behind the God account. At one point, he seems close but it turns out to be false. He seeks advice from his Episcopal priest father and his sister. They help him the best they can but he still can’t get over who is behind the God account, all the while he is getting friend suggestions from God and he keeps helping people in their lives.

Finally, during the season finale, he has a breakthrough! He’s sitting with his father and they are talking about the God account and his father asks him if he is disappointed that he hasn’t figured out who is behind this whole thing. He looks at his father and tells him, nope. It doesn’t matter anymore. He’s not concerned about that, he just wants to focus on helping people and changing their lives.

Miles finally figured it out that helping people and changing their lives is more important than asking questions that don’t matter. As Lions, those members that are like Miles will get it someday. Our motto is “We Serve” and we need to focus on that. We Serve

the community, We Serve our district, We Serve our multiple district, and don’t forget that we also serve our members. Stop asking why we do what we do. Stop asking why should you be a leader in our organization. Stop asking why your club is helping people in other parts of the state or country or even another town close by. We do it because we care about people. We care about helping and changing lives. That’s all that matters!

When we are asked to help someone, we need to be happy to help. Remember, We Serve. When you are approached to be a leader, you should take the opportunity to serve. Take a chance and serve as a leader! Don’t ask questions that don’t matter. Ask questions that will advance your opportunity to serve; the opportunity to help someone. Focusing on helping our fellow man is what our own “God account”, Melvin Jones, asked of us a long time ago. We Serve.

Welcome to Our New Members

MEMBER	CLUB	SPONSOR
Chance Paup	Churdan	Charles Paup
Jeff Pudenz	Churdan	Dennis Tilley
Alberto Najera	Schaller	Richard Jorgensen



PEACE POSTER HONORS. At its March 5 meeting, the Boone Lions Club honored its local Peace Poster contest winners, their families and the art instructors. The club had two winners from two different schools. Pictured (L-R) are Boone Lions Club Peace Poster Chair Lion Helen Kopitzke, Mariah Bolton from Sacred Heart School and Mabel Overton from Trinity Lutheran School, who went on to win the district contest.

Members We Lost in March

Terry Larson – Boone Lions Club
Clark Helms – Madrid Lions Club

What Our Clubs Were Up to in March!

AKRON collected 15 tons of paper from the community to recycle; donated to the Akron Westfield School Prom.

CARROLL honored the local Peace Poster winner, who also placed second at the district level; conducted two KidSight screenings for a total of 65 children; collected 375 pairs of eyeglasses.

CHURDAN donated \$200 to LCIF, \$200 to Iowa Lions Foundation, \$75 to the Iowa Lions Youth Exchange, \$200 to Iowa KidSight, \$100 to Leader Dogs for the Blind, \$50 to Diabetes Awareness and \$150 to the school prom party; served 420 people from their Pancake Wagon; held a fish sale fundraiser; helped deliver meals for Meals on Wheels; collected 47 pairs of eyeglasses.

EVERLY held a Gin Tournament and Burger Bar fundraiser; helped at a fundraiser for a fire training tower.

FORT DODGE NOON collected and donated 90 pounds of food for the local food bank.

HARTLEY helped out at the Scouts Pinewood Derby; participated in a four-club meeting hosted by the Peterson Lions Club; donated \$1,000 to the Hartley Community Building to help with weather damage and \$500 to a local family to help with medical expenses.

MERRILL served the evening meal at The Gospel Mission.

SIOUX CITY provided eyeglasses for eight people of the community.

WEST BEND held a pancake breakfast.

WOODWARD donated four gift cards for flood relief in western Iowa.

Great job Lions of District 9NW! Here are the stats for the month of March:

Total Activities	24
# of Lions Participating	468
# of Lions Hours	429
# of people served	1,654
Funds Raised	\$2,983
Funds Donated	\$2,645

We had 10 clubs report and that is 29% of our clubs. That is still not that great but it is the highest so far this Lions year. Congratulations! Remember to keep reporting your activities and be sure to enter all information. Be proud of what your club is doing. This is your time to brag!



IMPORTANT HAND OFF. Lion Jim Carlson from Boone Lions, right, hands off a cooler of eye tissue bound for the Iowa Lions Eye Bank to Lion Craig Arendt from the Grinnell Lions.

Officer Training with Two Days Offered

This year District 9NW will be offering two days of Club Officer Training!

The first date is May 25 at the Rolfe Community Center. Training will begin at 9 a.m. and go until 11 a.m. or until all questions are answered. If you are an incoming club officer, or even are thinking about becoming an officer in your club, you should attend this training. All presidents, vice presidents, secretaries and treasurers are highly encouraged to be at this training.

The second day of Club Officer Training will be Saturday, June 22, at First United Methodist Church (307 S. Wilson Ave.) in Jefferson. Again, training will begin at 9 a.m. and go until 11 a.m., or until all questions are answered. All club officers are highly encouraged to attend this training, if you can't make the first date.

The district leadership is giving club officers two chances to attend training, so please take advantage of it. Being a well-trained club officer makes your job easier and helps the club run smoother. Even if you have been an officer in the past, you are encouraged to attend one of these training sessions as policies and procedures change from year-to-year. Come learn what is new.

If you have any questions please feel free to contact District GLT Coordinator Lion Roger Curtis, 515-408-7563 or Roger_Curtis@hotmail.com, or you can contact District Governor Tim Wilson at 707-304-3933 or twilson@iowalions.org.

Use the Appropriate Logo When Advertising Lions Club Events

By DGE Debbie Doty
Editor, *The Iowa Lion*

Corporations have branding policies to protect their public image. It ensures that employees and affiliates use the appropriate images when referring to the brand, and from time-to-time, these images get updated. Lions Clubs International is no different. While the purpose of Lions Clubs International has always been to serve our fellow human beings, the image of Lions Clubs has changed over the years. It's important for Lions members to understand this and use the appropriate images when promoting Lions Clubs and events.

The original logo for Lions Clubs, established in 1918, was kind of tongue-in-cheek. It was the head of a Lion holding a club in its mouth. Within a couple of years, it was replaced with a line drawing of the two Lions faces in 1920.

HISTORIC LIONS LOGOS



1918



1920

As with any company that has been around a long time, Lions Clubs International has changed and updated its logo several times to keep up with modern images. Many Lions now remember the red-tongued logo, and several still use this logo today, but as of 2013, it is no longer considered a compliant logo for print or web use. While several iterations of the red-tongued, full-color logo can be found searching a web browser like Google, it is no longer downloadable from the LCI website. This is because they do not want us to use it anymore. It is only allowed now for embroidery on patches and apparel and NOT to be used on the web or in print. Instead, Lions should download the black-only logo for black-only print or the two-color logo for color print. There are several different versions of each available, depending on its intended use.

It is up to us as Lions members to help protect the brand of our great organization. According to the 2018 Lions Clubs International Trademark Policies, it is up to members of the association “to be alert to infringements of its trademarks, and to take all necessary steps to prevent, and to provide against legal risks, which may flow from any unauthorized use.”

It also says that “the emblem of this association and each chartered club shall be of a design as set forth below. Each club shall only use the official emblem of the association without alteration.”

Lions are allowed free use of the appropriate logo for web and print materials like business cards, letterhead, envelopes, etc., so long as they are not sold.

Lions members, clubs and districts are also permitted to purchase, sell and distribute apparel items containing the Lions logo up to a quantity of 30 (or a total of one per member) per fiscal year. If you want to purchase more than that quantity, you must get permission from the LCI Legal Department and may be required to pay license or royalty fees, which the Legal Department will determine based on the quantity printed.

The big issue is for Lions to realize that the full-color, red-tongued logo is no longer compliant, and clubs should stop using it on their websites and in their advertising. Inform your local newspaper that they need to update the logo when you run an ad and make sure your flyers, brochures and business cards have the proper logo on them.



CURRENT LOGO



**THE RED-TONGUED LOGO
DO NOT USE
ANYMORE**

**ONLY APPROVED FOR
EMBROIDERED APPAREL**

2019 Iowa Lions State Convention, Cedar Rapids, IA.

REGISTRATION FORM

June 6 – 8, 2019 – Cedar Rapids Marriott, 1200 Collins Road NE

ROOM RESERVATIONS are your responsibility and should be made directly with the Cedar Rapids Marriott, 1200 Collins Road NE, Cedar Rapids, Iowa. Call 1-319-393-6600 or 1-800-396-2153 for reservations.

Please mention you are with The Iowa Lions State Convention and get the special rate of \$104.00 plus taxes for a Standard Guestroom or \$114 plus taxes for a King Suite

Rooms will be held until May 18, 2019.

PLEASE FILL OUT THIS FORM COMPLETELY

NAME _____ LION _____ LIONESS _____ LEO _____ GUEST _____

CURRENT OFFICE HELD _____ FIRST TIMER: YES _____ NO _____

NAME _____ LION _____ LIONESS _____ LEO _____ GUEST _____

CURRENT OFFICE HELD _____ FIRST TIMER: YES _____ NO _____

CLUB _____ DISTRICT _____

ADDRESS _____

TELEPHONE () _____ EMAIL** _____

***Please provide a legible email address to receive a convention survey after convention.*

If you have **SPECIAL DIETARY NEEDS** please use a separate sheet with your name and needs required.

Please make checks payable to: Lions of Iowa State Convention
And mail to: Iowa Lions State Office, 2300 S Duff Ave. Ames, IA 50010
Phone: 515-232-2215 E-Mail: info@iowalions.org

Admission to any Meal Functions by Meal Ticket only.

PACKAGE PRICE - This price includes Meals and Registration Fees.

	<u>Number</u>	<u>Cost</u>
Full Convention Package Price \$85.00 per Adult	_____	\$ _____
Saturday Only Package Price \$75.00 per Adult	_____	\$ _____

INDIVIDUAL MEAL PRICES DO NOT INCLUDE REGISTRATION FEES

	<u>Number</u>	<u>Cost</u>
Friday Lunch	\$25.00 per Adult _____	\$ _____
Saturday Brunch	\$25.00 per Adult _____	\$ _____
Saturday Banquet	\$40.00 per Adult _____	\$ _____
Registration Fee	\$20.00 per Adult _____	\$ _____
Total Amount Due		\$ _____

*****REGISTRATION FEES*****

A \$20.00 registration fee IS required for those who are not purchasing the Full Package Registration of \$85.00 or the Saturday ONLY Package of \$75.00.

(If you purchase a single meal you will need to pay registration fee of \$20.00)

\$20.00 registration only allows you attendance to all Convention Activities with the exception to meal functions.

*****Walk-In's with no prior registration will pay a \$30.00 Additional Registration Fee on top of any registration/meal choices.*****

DEADLINE: REGISTRATIONS MUST BE RECEIVED BY WEDNESDAY, June 1, 2019

NO REFUNDS AFTER June 1, 2019 ADMITTANCE BY BADGE ONLY

Come to State Convention for Fun, Fellowship and Learning

- Meet International 2nd Vice President Judge Haynes Townsend
- Participate in Iowa's First-Ever Strides for Diabetes Dance



THE IOWA LION

By DGE Debbie Doty
Editor, The Iowa Lion

Lions conventions are designed to celebrate our accomplishments this past year, connect with old friends and make new ones and learn about how to be better Lions.

This year's upcoming MD9 Iowa State Convention is no different. The State Planning Committee has been working hard to make this year's state convention one that will be both enjoyable AND educational.

Aaron Horn, founder of Beat Cancer Today, will share with us at the Friday luncheon how his son's cancer journey led him to starting the non-profit he leads today. It's a moving story. Be sure to wear your exclusive Lions' Beat Cancer T-shirt on Friday.

Friday night, we'll have our first-ever Iowa Lions Strides Dance for Diabetes starting at 8 p.m. Again, wear your Beat Cancer Today T-shirts and have some fun with DJ and dance instructor Faythe Kubik. She'll play a variety of music to please the crowd, plus she'll teach a dance or two to show us how we can keep our bodies moving while having fun. Thanks to Community 1st Credit Union for sponsoring the Strides Dance.

Saturday has many educational seminars lined

up, including our own International Director Ardie and Ken Klemish sharing about their travels and experiences on the International Board of Directors these past two years.

Lions will have an opportunity to meet Judge Haynes Townsend and his wife, Donna, from Dalton, Georgia. Judge Townsend is the current 2nd vice president of Lions Clubs International and is scheduled to run for International President in 2020-2021. It isn't very often that Iowa is able to attract a Lion on the executive board, so don't miss this.

Educational seminars will include topics on attracting women to Lions, the importance of communications and reporting service activities to Lions, the basics of using the new MyLION app, LEOs leading the way and preparing to host the 2021 USA/Canada Lions Forum in Des Moines, Iowa.

There will also be a chance to participate in two service projects: preparing "Blessing Bags" for homeless people and making milkweed seed bombs to help the declining bee and butterfly population.

Registration deadline is June 1, but don't wait to get your registration turned in. The deadline to get hotel rooms at the Marriott for a discounted rate is May 18. Find the registration form on Page 23 or register online at the Iowa Lions web page.

ADDITIONAL DIGITAL COVERAGE

Suggested Items to Donate to Children with Cancer

Here are some suggested items to donate to children with cancer while they are in treatment. Be sure to check with the hospital prior to donation to be sure the items will be accepted and appropriate for the patient.

AGES 1-3

- Hard-bound books, pop-ups
- Stuffed animals
- Receiving blankets or baby quilts
- Big crayons (8 count)
- Movies/DVDs
- Cars
- Dolls

AGES 4-7

- Lincoln Logs
- Books
- Markers
- Board games
- Stickers and books
- Card games like UNO or Crazy Eights
- Activity books
- Dolls/Barbies
- Matchbox cars
- Play-Doh
- Pencil pouch with activities
- Movies/DVDs

AGES 8-12

- Crafts
- Puzzles
- Paint by numbers
- Beads for bracelets
- Word search books
- Movies/DVDS
- Doodle pads



AGES 13-18

- Scrapbooking supplies
- Journals
- Wooden paint crafts
- Teenage books
- Lego kits
- Dot-to-dot pictures
- iPads/tablets
- iTunes gift cards
- Slippers

ALL AGES

- Fleece blankets
- Personalized pillows
- Soft caps or hats
- Age-appropriate coloring books

FAMILIES

- Gift cards to restaurants
- Gas cards
- Pre-paid parking at hospital
- Financial assistance with prosthetics



ADDITIONAL DIGITAL COVERAGE



PACKED ZONE MEETING. Zone 2 in District 9EC knows how to host a zone meeting. Zone Chair Ralph Binnie says he frequently gets close to 100 people at his zone meetings by having interesting speakers. Past International Director Dave Stoufer, far left, was the guest speaker at the April 15 meeting at Buzzy's in Welton.



NEW CLUB MEMBER. The Cedar Falls Lions Club received and accepted a new member on April 6. Leo the Lion is a 10-foot inflatable. He will be displayed at all appropriate Cedar Falls events and in local parades.

ADDITIONAL DIGITAL COVERAGE

CANNONBALL DAY

& BBQ CHICKEN DINNER

JUNE 29, 2019

**Mason City Evening Lions Club &
River City Morning Kiwanis Club**

Includes Baked Beans • Coleslaw • Dessert & Drink
Serving 11 a.m. till 7 p.m. | Take home or eat in the park

**EAST PARK
MASON CITY, IOWA**

QUARTER CHICKEN
DINNER
\$7

HALF CHICKEN
DINNER
\$9



ACTIVITIES



8:30 am Kids Fun Run



11:00 am Kids Tractor Pull



2:00 pm Bill Riley Talent Search

FAMILY FUN ALL DAY

• 457 Tours • NIVAC Car Show • Inflatable Playground • Smokey the Train Rides
Face Painting • Balloon Creations • Slime Fun • Sprout Tag • Much More!

PROCEEDS FROM THE BBQ DINNER BENEFIT LIONS & KIWANIS CLUB PROJECTS

- Collect & Repurpose/Recycle Eyeglasses & Hearing Aids
- KidSight Preschool Child Eye Testing
- Environmental Projects
- College Scholarships—MCHS and Newman students
- Construction of Kiwanis Park in Mason City
- Lincoln Intermediate Builders Club



HuVee

ADDITIONAL DIGITAL COVERAGE

DISTRICT 9SE CONVENTION



DUCK SALES. Lion Sylvia Hain, right, hawks ducks to District Governor-Elect Judy Stone, left, and other attendees at the 9SE Convention. Lions could rent as many rubber ducks as they wanted for \$5 each and chuck them at a target later.



COLOR GUARD. New London Cub Scout Pack 71 posts the colors to open the 9SE Lions District Convention on April 13.



CHUCK A DUCK FOR CHILDREN'S CANCER. Attendees at the 9SE District Convention in New London toss their ducks during the 2nd annual Chuck A Duck contest. Participants "rent" a duck for \$5 and everyone tosses it at a target at the same time. Prizes are given for first, second, third and last place. Money raised from the contest goes to University of Iowa Stead Family Children's Hospital in Iowa City to help pay for supplies for childhood cancer patients.

ADDITIONAL DIGITAL COVERAGE

DISTRICT 9NC CONVENTION



ENVIRONMENT. Don Hofstand, retired Ag Economist from the ISU Extension Office and a member of Citizen Climate Advocates of North Central Iowa, talks about global warming.



WHAT ARE YOU PLEDGING? Lion Bill Gansemer, a member of the Marine Corps League, presents a flag ceremony, explaining what it means to pledge allegiance to the American flag.



MEMORIAL SERVICE. Lions remember 25 members from District 9NC, plus Council Chair Chris Anderson, who passed away this past Lions year.



HEART HEALTH. Lion Linda Molenda shares her personal story of recovering from a heart attack and a stroke as she educates Lions at the 9NC Convention about cardiac health.



BREAKFAST IS SERVED. Lions Marion Gehrls and Lois Jones serve breakfast to attendees at the District 9NC Convention at the Chamber of Commerce Center in downtown Mason City.

ADDITIONAL DIGITAL COVERAGE

DISTRICT 9MC CONVENTION



DISTRICT GOVERNOR-ELECT Judy Stone accepts the position of 9MC district governor for the 2019-2020 Lions year.



TRUCKERS AGAINST TRAFFICKING. State Trooper Sgt. Blake Whittirock talks at the District 9MC Convention about how the Iowa Department of Transportation partners Truckers Against Trafficking to train drivers to identify human trafficking.



ALL IN A ROW. Club banners from District 9MC clubs line the gymnasium in Randall, Iowa, during the district convention.

RANSOM.
Lion Joe Hackett passes the hat to collect money to buy back DG Charlotte Miller's stolen gavel.



MEMORIAL. Second Vice District Governor Erica Briest rings the bell as DG Charlotte Miller calls the names of deceased 9MC Lions during the district memorial service.