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What's New...Our Future

By VDG Debbie Doty Editor, The Iowa Lion

The atmosphere at this year's MD9 Iowa Lions State Convention will be one of excitement, with many seminars focusing on what's new in Lions. The theme for this year's state convention is "What's New...Our Future" and the topics will focus on getting back to the basics of Lions through service and the new ways to report that service.

During the state convention, June 6-8, Lions will be touched by the messages shared during the meals, as well. Aaron Horn, founder of Beat Cancer Today, will talk during the Friday luncheon about his family's journey through childhood cancer and how it led him to start a non-profit that helps fund research on children's cancer. Did you know that only 4 percent of the funds raised by traditional cancer groups goes to support children's cancer research?

Iowa's own International Director Ardie Klemish will share her experiences during her two years serving on the Lions Clubs International Board of Directors. During her time on the board, she's been able to see some exciting new global initiatives launched, including diabetes, childhood cancer and the New Voices women's initiative.



International Director Ardie Klemish

International 2nd Vice President Haynes Townsend from Georgia will give the keynote address at the International Banquet on Saturday night, and Lions will be recognized with the Spark Plug, Bud Klise



Former President and fellow Lion Jimmy Carter, left, greets Lions Clubs International 2nd Vice President Haynes Townsend and his wife, Donna, at a reception in Georgia. The Townsends will be the international guests at the Iowa Lions State Convention June 6-8 in Cedar Rapids.

Leadership and Ralph Whitten Service awards.

Seminars will include "Reporting Service with the MyLion App," "Communication and the Importance of Reporting Service Projects," "The Global Action Team at the Club Level," "New Voices: How to Recruit Women Lions," and "Are You Ready for This? Hosting the 2021 USA/Canada Forum in Iowa."

The registration form can be found on Page 23 of this issue of The Iowa Lion magazine. Online registration will be available soon, as well. Convention registration deadline is June 1, but the deadline to book a room at the Marriott at the Lions Club rate is May 18.

Don't delay, register today!

Lions Gear Up for Annual Verdi Eye Golf Classic

The Lions of Iowa are invited to sign up for the annual Verdi Eye Golf Classic, which benefits the Iowa Lions Foundation.

This year, the tournament will be held on Friday, June 21, at Glynns Creek Golf Course in Scott County Park, located in Park View, Iowa, with a 9 a.m. shotgun start. The registration form can be found on Page 25 in the digital-only pages of this issue. Cost is \$85 per person to golf.

Organizers are still accepting sponsors. The sponsorship form can also be found on Page 25.

MAJOR SPONSORSHIP is \$600 and includes a foursome with green fees and cart, a sign designating the business as a major sponsor, complimentary lunch, complimentary steak dinners for everyone in the foursome, recognition in the tournament program and area press releases, and a memento for members of the foursome.

HOLE SPONSORSHIP, which is \$125, includes on-course signage and recognition in the tournament program.

PRIZES will be awarded in all flights and Kriegers Auto is sponsoring the hole-in-one prizes. There will also be many special prizes awarded throughout the day.

Anyone who plays golf or pays to attend the dinner at the tournament is eligible to bid on the live auction for an iLasik surgery at the Verdi Eye Clinic, the title sponsor of the golf classic. This is a \$5,200 value with a \$1,500 reserve.

For more information, contact: Andy Ploehn, Tournament Chair at 563-940-0922, or by e-mail: andyploehn1@me.com

Verdi Golf Classic Schedule of Play

- 7:30 a.m. Registration
- 9:00 a.m. Shotgun Start Preferred Ball
- 2:00 p.m. Steak Dinner prepared by Low Moor Lions Club
- 3:00 p.m. Awards and iLasik auction

Thank You

It is hard to find words to thank the Lions throughout Iowa. Your tribute to Chris and our family through the attendance, cards, support, prayers, hugs and memorials are beyond words. Special thanks to DG Elect/Iowa Trustee Allen Zobel for his special message honoring Chris. Thank you for being our family and showing how much you care.

Verneta Anderson Melinda and Scott Alt and boys Jennifer and Heath Ibeling and Broderic Debra and Justin Frisk and family

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Advertising that is relevant to Iowa Lions Clubs is accepted. Contact the Editor for rates information.

All changes of address and other correspondence concerning SUBSCRIPTIONS should be directed to: Lions of Iowa State Office, 2300 South Duff, Ames, Iowa 50010. Telephone: (515) 232-2215; Fax: (515) 232-5590; E-mail: info@iowalions.org.

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Celebrate "Us"

By PDG Judy Stone MD9 Global Service Coordinator

Always CELEBRATE the service your club provides your community.

There are now Super Service tools online available to all Lions. Let's start with the Lions Clubs International website. Begin your service journey by clicking on "Start Your Service" on the top toolbar. It will open up a world of resources through four phases of the service journey. Learn, discover, act and celebrate.

First, we learn what our community's needs are, discover how we can meet those needs and then we implement or act on those needs. Most importantly, be sure to celebrate a goal met, a need fulfilled and a better community because of your Lions club.

The MyLion reporting service app is up and ready for you to report your club's service activities. Are you ready to use it? Remember, as of July 1, 2019, all service activities need to be reported through the app, either by phone or by computer. If you need assistance, please contact me or your district GST chairperson. Any one of us would welcome the opportunity to visit your club or district and walk you through getting MyLion ready.

There are so many cool tools being offered for our use on the Lions Clubs International website. How many of you have explored the Service Launchpad? It is the coolest thing. If you or your club is looking for a new or different service project, check out the launchpad. You begin by selecting the cause you are interested in, then it asks a series of questions like how many people you want to serve or how long do you want your event to be. It defines resources needed, timelines, approximate costs and possible revenue. It ends with an analysis of your event and any changes you might want to make next time.

Whether you are raising funds or cleaning a park, this planner is "the bomb." It puts you on the path to a successful service project. Through each of the four steps, the website allows you to explore other's success stories and provides planning.

The final step for any club fundraiser or service

project is to complete a project bible. All the planning, contacts, resources used, goods and bads, and what to do differently next time, should be compiled into a binder and/or file for the next project chair.

Always keep in mind, as a Lion, our founder said, "You can't get anywhere in life until you start doing things for other people." That is the description of service and we are a service organization.

I know many of us deal with our ages being an issue when it comes to physical abilities needed for service. Here is a new thought for you to consider. That young family that moved in next door can be that physical labor force. Young families often say they don't have time for meetings or meals away from home, but start their introduction to Lions by asking them to share a few hours on a Saturday morning to help clean a park, rebuild that park or raise money to upgrade that park that their children will enjoy. Show them how being a Lion can benefit their community. Allow them to be Lions on terms that fit their lifestyle.

This service thought process brings in new members, be it a new kind of member who maybe does not necessarily attend meetings and meals but shows up for every service project because your club kept him or her up-to- date through the MyLion app.

A new member that does service might be that new leader that your club or district is looking for.

You can reach me through email at jstone4254@ live.com or by phone at 641-328-0270. I look forward to getting you and your club service-ready.

Start your new service journey by clicking here at lionsclubs.org.



ID Report

International Director Ardie Klemish P.O. Box 175 Anita, Iowa 50020 641-740-0148 ardieklemish@gmail.com



Our March Travels

In March we visited District 27D1 in Middleton, Wisconsin, District 25A in LaPorte, Indiana, and District OH2 in Strongsville, Ohio, where we visited the place where Helen Keller challenged the Lions to become the "Knights of the Blind" in 1925. We were also scheduled to visit District 34A in Alabama, where we would have seen Helen Keller's birthplace, but we had to cancel because we both had a severe case of the flu. PID Jerome Thompson kindly filled our speaking commitments in Alabama. Thanks Jerome! On March 31, we began our long journey to Iceland for the April international board meeting.

Time to Elect New Club Officers in MARCH

It's time to elect your new club officers in March, and have your club secretary report them either on MyLion or MyLCI no later than April. Remember that every club needs to elect a Club Global Service Team Coordinator (who can report the service activities in addition to your club secretary). Please make sure that the email address and postal address for every club member is reported by your club secretary, as well. That ensures electronic delivery of LION and The Iowa Lion magazines.

April and May Lions Clubs International Special Dates

April 1 is the deadline for Leos of the Year Award nominations. April 10 is Lions Day at the UN in Geneva, Switzerland, April 22 is Earth Day and April 27 is Lions Worldwide Induction Day. Check the Lions Clubs International website for resources on all these events. May is worldwide Strengthen Membership Month. May 1 is the deadline date to register for the International Convention in Milan. Club secretaries, you must certify your club's voting delegates for International Convention on MyLCI BEFORE JUNE 15.

Plan to Attend Lions Clubs of Iowa State Convention June 7-9 in Cedar Rapids

International 2nd Vice President Haynes Townsend and his partner-in-service, Donna, are looking forward to visiting the Lions of Iowa. This is your chance to be able to speak one-on-one in person to an executive officer of Lions Clubs International. We hope you will join us to give a warm Iowa welcome to VP Haynes and Donna!

Register Now for Great Plains Lions Leadership Institute in Maryville, Missouri

The 17th annual Great Plains Lions Leadership Institute will be held July 26-28, 2019, at Northwest Missouri State University in Maryville, Missouri. Registration is \$190, which includes your classes, meals and dorm room at the university. The cost increases to \$210 beginning May 1. Registration forms are available online at gplli.com. You must be checked in on campus by 11 a.m. on Friday, July 26; checkout will immediately follow lunch on Sunday, July 28.

This inspiring leadership opportunity is open to any Lion who has not served as a district governor in the past five years. All seven Iowa districts have scholarships available. Take advantage of this personal growth opportunity so close to home. You will make a network of friends who will support you during your lifetime of Lions work.

Our own Past International Director Gary Fry is the registrar and will be happy to answer any questions. Contact him at frygj35@msn.com. Be sure to order your GPLLI polo shirt when you register. Shirts are \$25 each, available only in men's sizes, and run a little large.

Plan NOW to Attend 2019 USA/Canada Forum

The 43rd annual USA/Canada Forum will be in Spokane, Washington, Sept. 19-21, with a theme of "Creating Better Leaders." Over 80 seminars will be presented in two days, along with a half day of service project opportunities, plus a Strides Walk. Registration for 2019 Forum is \$285 per person through May 31. After that the cost increases to \$320 per person. An additional \$175 room reservation deposit is required when you register. Strides Walk registration fee is \$25 per person, which includes a sack lunch and a t-shirt. Check it out at the USA/ Canada Forum website. You can register online or print out a paper registration form and mail it.

A View from the Chair

Vice Council Chair Patrick Parker

404 W. Jackson St. Panora, Iowa 50216 641-757-7961 parkerlc@netins.net



With the unexpected passing of Council Chair Chris Anderson, I will be filling in for the remainder of this Lions year as vice council chair, per our MD9 Lions Clubs of Iowa Constitution.

Council Chair Chris truly had a Lions heart. He was always looking for ways to make a difference in his community. He lived our motto, "We Serve." He will be greatly missed.

Your Lions club is a family. Take time to enjoy your fellow members while you can. Honor and respect one another while laughing and having fun.

Bridging the Communication Gap

As we move into the second hundred years of Lions, are we prepared for the changes and challenges that are ahead of us? International President Gudrun Yngvadottir has challenged us to set a new course and sail for the horizon. To do this, we must find a way to bridge the differences from our current members and the new younger generation of Lions. This change will not always be easy, but we must find a way to bring us all together for the betterment of our organization.

Communication is the first thing that comes to mind. Some of our older members want things sent to them in hard copy. They need to feel it and see it. The younger generation wants it sent to them electronically. They will only print it if needed. As we move forward with more electronic communication, we must keep in mind that not all our members want this. We must be careful not to alienate our current members while trying to get new members.

The Iowa Lion is the first hurdle we must overcome. We must find a compromise so not to drive a wedge between our members. The Council of Governors tried to do this a couple of years ago as they started to move The Iowa Lion into digital format. They understood that not all Lions have email or would be able to go online and find it. They decided to have two hard copies mailed to each club to share with those members who might be challenged by a digital version.

With this issue coming before the delegates at the State Convention in June, I urge all sides to work to find the best solution for our organization, keeping in mind it might not be the best thing for you personally.

Are You Ready for the Next Phase?

Next, I want to talk about reporting service activities to International. Currently, this is done by the secretary or club service chairperson through MyLCI. Starting July 1, it will be reported through the MyLion app either on a smartphone or computer. The districts are starting to plan training events around the state to help educate our members. You can also go to the Lions Clubs International website and search for MyLion training.

The last thing I would like to talk about is how do we collect money. While helping recruit new members for the Waukee Lions Club, an issue arose. When we went to collect the registration fees and dues from a new member, they said, "Do you take credit cards, or can I pay online?" When I responded, "No, we need a check or cash," the individual told me that they do not carry cash or checks. We were able to work out a solution where they could bring cash to the next meeting.

This got me thinking, with society changing to where stores no longer take checks and even prefer not to take cash, are we prepared? When we do fundraisers, we sell tickets or take free will donations, expecting cash or checks. Have you thought about how we do this if people do not carry cash or checks anymore?

Some districts have gone to using Square or PayPal on smartphones and tablets, or some other form of online or mobile payment, in order to cover this gap. Is your club prepared? Is your district prepared?

We are setting a new course to move forward, let's make sure we have the correct supplies with us so we can move forward through calm waters and not major storms.

How to Advertise Your Club or District Event in The Iowa Lion

By VDG Debbie Doty Editor, The Iowa Lion

Lions can advertise their upcoming events in The Iowa Lion magazine. The trick is to pay attention to when you want to advertise your event and get it submitted in plenty of time.

The event can be run in a story format, space permitting, free of charge, so long as it is emailed to the editor in Word or PDF format in plenty of time. That's where some serious prior planning comes into play, because the magazine is actually put together nearly a month before it comes out in print. The deadline for copy to be sent in is the 15th of the month prior to the month of publication. This means that if you have an event planned for November with a registration deadline in the first half of October, then you want your event published no later than the September issue. This means that you need to have it sent in to the editor no later than August 15.

Free Publicity

Lions-sponsored events will be published for free, at the discretion of the editor, in story format, similar to the boxed story on this page or the Verdi Eye Golf Classic story on Page 2 of this issue. The editor and/ or Editorial Board has the right to edit the story to fit

Lions Invited to Oelwein's 80th Anniversary Bash

Oelwein Lions will celebrate 80 years on May 4, at the American Legion located at 108 1st Street SW in Oelwein.

Event will start with social hour at 5 p.m. and meal at 6 p.m. with program following.

Registration is \$20.00, which can be sent to: Lion Anita Mars 5 5th Ave. SE Oelwein, IA 50662

Reservations need to be received by April 25, 2019.

Any questions, contact PDG Janet Wissler at jmarlee80@gmail.com or 319-283-2941.

within the preferred style formatting for the magazine and available space.

Clubs can also have their full-page event flyer published as-is in the digital-only section of the magazine. These flyers must be submitted in highquality print PDF format and must include authorized versions of the Lions logo. This means either the black only or two-color logo and NOT the old fullcolor logo with red tongues. The flyer should be emailed to the editor at the address listed on Page 2 by the deadline for the desired issue.

Paid Display Advertising

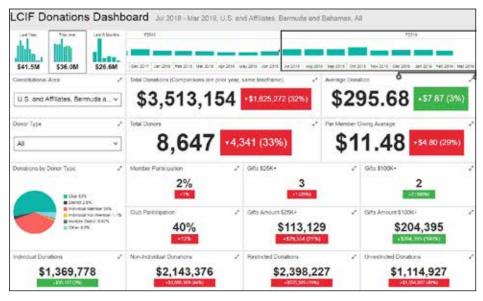
Anyone can advertise in the printed portion of The Iowa Lion magazine, whether a Lion or not, for a fee. Any businesses wishing to advertise products and services geared towards Lions can do so. A discount is granted to members of a Lions club within Multiple District 9 (Iowa) who advertise their own businesses or services in the magazine. Finally, clubs or districts within Iowa who wish to advertise their events or fundraisers in a display ad can do so at an even greater discount.

All ads must be submitted in the proper size in a high quality print PDF format. Customers unable to provide the ads in the appropriate size may have the ads designed for them for an additional charge.

The fee schedule and sizing can be found on Pages 28 and 29 in the digital section of this issue. For pricing and design questions, please contact the editor by email at editor@iowalions.org or during business hours at (641) 673-4173.



All Lions Have Pledged Support







April 2019...THE IOWA LION...Page 7

By PDG Jim Bixler MD9 LCIF Coordinator

When we all became Lions, we pledged the following at our initiation:

"I do hereby accept membership in the _____ Lions Club knowing that such membership encourages me to participate in functions of the club. To the best of my ability I will abide by the Lions Code of Ethics, and contribute my share to the programs of my club, district and Lions Clubs International."

I believe that you have the heart of a Lion. I believe that you are contributing to your club (local community), partially to your district and multiple district, and to a lesser extent LCI. Lions **Clubs International Foundation** has become an integral part of Lions Clubs International. It is our charitable arm for us to multiply our impact for service in our world. Campaign 100 is asking us Lions to extend our reach so that we can make a greater impact in our world by combining the power of the individual making a contribution that may be small into a tsunami for good works in our world.

Our goal is \$100 million each year for three years, raising \$300 million so that we can serve 200 million people during every year starting in 2021. From July 2018 through March 12, 2019, we have served 282,545,498 people. We Lions are surpassing our service goals. Let's make sure we raise the funds needed to sustain this. If we all pledge to contribute \$2 per week, we will meet this campaign goal. District 9EC District Governor Arthur A. Matje 117 S. Parkview Dr. Eldridge, Iowa 52748 563-285-7294 rurtra@aol.com



"April showers bring May flowers." Who would be thinking about that now? Let's look at it from a Lions point of view, if you folks here in Iowa, particularly District 9EC, plant either one corn seed or one soybean seed, what do you get? Well, each stalk of corn has several ears of corn, and each soybean plant has many pods. "Where is he going with this?" you are asking yourself. If all 1,383 Lions in this district brought in one new member, we'd have 2,766, an unheard of number of Lions for one year!

We are all gardeners of some sort. It's up to us as Lions to grow Lionism. Be proud of your Lions membership and pass that pride along to your friends, neighbors and community. If you know someone in another town, even another district, talk to them about Lions. Just think, you could go there and visit their club and maybe get them to buy you dinner. Just thinking? We all need to take up this responsibility. Don't just call the membership chairperson or the club officers.

So, last month we all had a great time at our 9EC District Spring Convention. Our special visiting guests, ID Mark S. Lyon and Lion Lyn, were inspiring and brought Lionism and friendship with them. We learned new things and bid farewell to those Lions who have served well, and now are with that greatest of Lions in the sky. Signing off now and I'll see you all down the line, Art and Susanne Matje.

"The Horizon is Yours, Go and Get It" YOUR NEW MEMBERS

Club	Member	Sponsor	
Center Point	Morgan L. Clinton	Ashley Skretta	
Tipton	Carl R. Fisher	Kieth Whitlatch	
Tipton	Pamela R. Fisher	Kieth Whitlatch	
Marion Noon	Jacob A. Hahn	Terry Chew	
Walcott	James Hilbert	Orville Randolph	
Walcott	Julia Hilbert	James Hilbert	
Miles	Linda Rathje	Connie Wagner	
Welcome to these new Lions as a part of District 9EC.			

District 9EC One Day Service Experience at Camp Courageous near Monticello

Saturday, June 1, 2019 9 a.m. - 3:00 p.m.

Come prepared to clean, paint, fix, rake and do whatever needs done. Dress for the weather and bring a pair of work gloves.

Lunch served at camp – \$6.00 Please call DG Art with an approximate number of workers by May 25 so we have enough food.



COURAGEOUS FRIENDSHIP. Camp Courageous Director Charlie Becker (left) shakes hands with Mechanicsville Lions Club President Joel Brown. Becker was the speaker at the Mechanicsville Lions Hawaiian Night. Members brought paper products to send back to the camp and the Tail Twister bank was emptied to provide a \$100 Walmart gift card, as well. Becker updated the club on expansion plans for Camp Courageous and shared that they expect over 9,000 campers in 2019, all without government funding.

Around the District

ALBURNETT had a net profit of \$1,497 from the Alburnett/Otter Creek Scholarship Fish Fry; donated \$100 to Camp Hertko Hollow; helped deliver product purchased at the Alburnett Lions Market Day to individuals.

ANDREW donated food to the Little Pantry that had been established by students of the Andrew Community school as their supply of food was greatly diminished during the holidays and cold weather; donated to the school various items of clothing (sweatpants, underwear, and socks).

BETTENDORF screened 80 children with two referrals.

BLUE GRASS visited Blue Grass School Assembly where Wildcat Paws were awarded to 17 outstanding students; donated \$50 to the Blue Grass Bugle newsletter; served as Buddies for "Night to Shine;" held a Lions blood drive with 38 donors; removed snow and ice from a senior's drive; worked on recycling and composting; attended caretaker meeting/ training and provided care to a church member; served as Honor Guard in Color Guard for Durant American Legion.

CEDAR RAPIDS NOON tutored students; screened 476 children; collected 370 pairs of eyeglasses for recycle program; and held a non-event fundraiser. Letters sent to all members requested donations in lieu of an actual event. These helped fund service activities including Wright School Partnership, Lions Clubs International Foundation, lowa Lions Foundation, eye exams and glasses, hearing assistance, Camp Hertko Hollow, Leader Dog, Youth Exchange Camp, 9EC Care & Share fund, and support of a student volunteer in Optometric Service to Humanity.

DAVENPORT VILLAGE BRANCH CLUB cleared snow for elderly neighbors; donated blood; served dinner to active military at the USO and volunteered another time at the USO; helped with three funeral luncheons at the American Legion.

DEWITT NITE donated \$250 to St. Balderick's Foundation for childhood cancer research and \$125 to Lincolnway Community Foundation.

DEWITT NOON had their Soup/Chili Challenge and

In Memoriam

Come to me, all who labor and are heavy laden, and I will give you rest. – Matthew 11:28

> Ken Rickertsen – Goose Lake Lions Morris F. Neighbor – Alburnett Lions

pledged \$1,000 per year for five years to the new Library expansion; held two Travelogues; donated \$500 for a scholarship, \$1,000 to UCC Church for a new projection system which Lions use every week at meetings and \$250 each to DeWitt Central Athletic Foundation, St. Baldrick's Foundation and ISU Extension Family Connects.

ELDRIDGE collected food for North Scott Food Pantry; collected three hearing aids and sent to Iowa Lions Hearing Aid Bank; played Bingo with the residents at Grand Haven; had social night and attended Steamwheelers Indoor Football game; collected 207 pairs of eyeglasses.

LOW MOOR held the annual Omelet, Pancake, and Sausage Breakfast, serving over 700 persons; held a 50/50 drawing and donated the half to district Diabetes program.

LOWDEN attended the zone meeting; Lion Francis Fischer and head of the Lowden EMS demonstrated a chair lift that had been purchased with the help of the Lowden Lions donation; donated \$100 to the Lowden Elementary Backpack Program, \$100 to the Kelly Meyer Burn Fund in Dixon, Iowa, and \$75 for a local student to attend the HOBY Conference, the cost of which is shared with Mechanicsville and Stanwood Lions.

PRESTON held a pancake breakfast for a person with both kidney disease and cancer to help with expenses not covered by insurance, serving breakfast to 547 people.

STANWOOD KidSight screened 44 children at Strawberry Hill preschool and six children at Cedar County WIC.

TIPTON attended a zone meeting with Deb Holwemgner, director of Camp Hertko Hollow, as the featured speaker; made and served its monthly free meal; attended the Clear Creek Lions Club charter night and presented them a check for \$50; held its annual Valentine Evening, where the Tipton Methodist Church Band, Chaos, played; decided to give a \$500 donation to a former Tipton family in need; donated \$300 to Camp Hertko Hollow and approved two campers for camp scholarships; donated \$300 to Camp Courageous; did five retakes for KidSight at the Tipton Adoptive Daycare.

WALCOTT KidSight screened 27 children at Calvary Church, two of the children were referred.

DISTRICT 9EC TOTALS 379 Lions • 1,759 Lion Hours 1,349 people served \$2,725 funds raised 29% clubs reporting District 9NE District Governor Doug Welton 612 E. Main St. New Hampton, Iowa 50659 641-394-2862 dgwmaw@iowatelecom.net



Another month has passed, spring is here and hopefully I am out playing golf. This time of the Lions year is district convention season, which allows each district to get together to celebrate the year and get set for the next year. I have been attending all of the district conventions to see what is going on around the state. Our district's convention is on Friday evening, April 26, and Saturday, April 27, at the Pub at the Pinicon in New Hampton. I hope to see you all there.

This is also the time for each club to get set up for next year. Elections of new officers need to be done and reported by the club secretary in MyLCI before May 1, so the Who's Who can be updated on time this year. Please also check and make sure that the contact information is correct for each officer and member in the club. This just helps out everyone that needs to contact these members. Thank you all.

We are getting closer to the end of the fiscal Lions year and how are you all doing on your club goals? Have you made or plan to get your donations made to LCIF, Iowa Lions Foundation, Leader Dogs for the Blind, Youth Exchange, Camp Courageous, Camp Hertko Hollow and any other local projects? One of my goals was for each club in the district to make a donation to LCIF and the Iowa Lions Foundation, so our district would be able to show that we could reach a 100% participation with these foundations.

We still need to work on membership growth in the district. Some clubs are doing a great job and some need to do more. Many clubs ask how we get more members. To start, maybe we can look at ourselves and ask ourselves why and how we became a Lion, what we expected to get from being a Lion when we joined and how it makes us feel to be a Lion. Then, take what we have learned and share with the people we ask. Yes, YOU need to ask. Very few actually ask people to join, but it does happen if they see your club doing things that they may wish to be a part of.

I feel that I need to talk about the goals of the district, just to remind everyone that they are there. They are an increase of 10 members in district membership (we are currently at a negative 34), 100% participation in donation to LCIF and Iowa Lions Foundation (we are not there as of this date) and all club officers trained (still have a few not trained).

Of course we must have goals so we have something to work toward. If we reach the goals ,we feel good and the district looks good; if we do not reach the goals, then that would appear to not be good. The theory is, of course, that if we have more members then we can serve more people. Lions Clubs was created to serve people and communities that needed help and whether we have a club of six members or one hundred members, if we continue to keep the original goal of Lions in mind, to help or serve people that need help, and we do service projects to help our communities, give funds to support the efforts of our foundations and just help to make someone's day better with a simple act of kindness, then we have reached the most important goal of Lions. It was once said by our founder, "You can't get very far until you start doing something for somebody else."

NEW MEMBERS

Sandra J. Luttchens-Van Allen – Cedar Falls Lions Club Tim J. Schneider – Cedar Falls Lions Club Chad A. Bird – Decorah Lions Club Rick Jourdan – Decorah Lions Club Larry Baldwin – Jesup Lions Club Matt Carpenter – Manchester Lions Club Jason Todd Bunch – Postville Lions Club



The Lawler Lions presented MercyOne New Hampton with a check for \$10,000 for the hospital's campaign to bring 3D Mammography to the facility. The check was from proceeds of the Lions-sponsored Cowboy Poetry event in January. Pictured from left to right are Lawler Lions John Cuvelier and Jill Fibikar, and Mercy staff Jenny Gebel, Susy Anderson and Randy Gorres.

Service Activities

BALLTOWN donated \$300 to a family for an emergency.

DECORAH collected over 500 pairs of glasses and sent them overseas to a country in Africa.

GARRISON gave two scholarships of \$250 each to high school graduates.

INDEPENDENCE held its annual Valentine's Brunch fundraiser.

JESUP raised \$1,855 for chemo backpacks childhood cancer patients at Stead Family Children's Hospital at the University of lowa, packing 130 backpacks with gift cards totaling \$750, 37 fleece blankets and 12 pillow/book combos.



NEW HAMPTON held its 47th annual pancake breakfast fundraiser (pictured above) and served about 900 people.

OELWEIN hosted a pizza and bowling party for nine residents of alternative housing.

VAN HORNE held regular monthly club meeting with speaker with 9NE 1st Vice District Governor Douglas Boelman as guest.

WAUKON donated \$350 to Project Prom (an after-prom activity).

WAVERLY is helping a family with a diabetic child attend family camp and kids' camp at Camp Hertko Hollow this summer; helped with a Big Brothers/Big Sisters Bowl for Kids' Sake; donated to Waverly Public Library, so the Library could join the Next Chapter Book Club program, a unique, community-based book club program for adolescents and adults with intellectual and developmental disabilities.

WEST UNION KidSight screened 82 children at different locations in West Union and Fayette; sponsored a child to go to Camp Hertko Hollow at a cost of \$400; donated \$100 to North Fayette Valley School Mentoring Program, \$250 to Leader Dogs for the Blind, \$500 to Fayette County Fairgrounds Bleacher project, and \$1,000 to a project raising funds to install ADA playground equipment at the NFV West Union Elementary campus.

Deceased Members

Thomas J Soenen – New Hampton Lions Club

DISTRICT 9NE CONVENTION REGISTRATION FORM

"Sharing THE Knowledge---- Learn AND Grow" April 26-27, 2019 THE PINICON EVENT CENTER

2205 S LINN AVE | NEW HAMPTON, IA

Agenda

Friday, April 26th:

6:30 p.m. – Registration & Social Fellowship

7:00 p.m. – Informal 'Leadership Dinner' and Special Program for ALL!!!

Saturday, April 27th:

- 8:30 a.m. Registration with coffee & rolls -- Display Areas Open.
- 9:30 a.m. 9NE Cabinet Meeting --- ALL Welcome to attend!!!

10:15 a.m. – Seminar One - Open to ALL!!!

-'Member Orientation' –'G.A.T.' –'The Foundations' –'New Voices' –'Youth Exchange'

11:15 a.m. – Seminar Two – Open to ALL!!!

"MyLion" app. (bring your smartphone and/or laptop) –'LCI
 Website' – 'Communications'

- 12:15 p.m. Lunch Guest ID Presentation Memorial
- Service Business Meeting

NAME		
SPOUSE/GUEST		
CLUB		
ADDRESS		
CITY	STATE	_ZIP
PHONE		
FRIDAY EVENING D	INNER & PROGRAM	
# OF PEOPLE	_ X \$20 PER PERSON =	
SATURDAY LUNCH,	& PROGRAM	
	X \$25 PER PERSON -	

OF PEOPLE _____ X \$25 PER PERSON = TOTAL ENCLOSED

(MAKE CHECKS PAYBLE TO NEW HAMPTON LIONS CLUB)

MEAL RESERVATIONS DUE BY APRIL 17th

Send registration & payment to: New Hampton Lions Club

New Hampton Lions Club 1611 Gilmore Ave New Hampton, IA 50659

List any dietary requirements:

HOTEL RESERVATIONS AT: SUPER 8 IN NEW HAMPTON 641-394-3838 OR 1-800-800-8000

BRING CLUB BANNER FOR A PRIZE DRAWING

BRING USED EYEGLASSES & HEARING AIDS FOR COLLECTION

District 9MC District Governor Charlotte Miller 122 Frette Dr. Story City, Iowa 50248 515-291-9885 char-502@hotmail.com



Spring may be coming but as I look outside today I see rain and now snow. At least not COLD. April should be a better month for us now.

An open house to share our services with others in the community is a good way to start growing membership. Others may not have even thought of a very minimal service for someone to have a better day or week.

Remember the big prize for gaining the most members by June 15. That quilt will keep someone warm next winter. It was made by a lady here in Story City. She does a very good job and is often going to quilt shows around the United States. Sue Henning is her name.

I see we have a few more women now, but we should not be losing men. I know deaths cannot be anticipated but each time we lose a member, we need to replace them with a new member. More hands make light work for everyone.

The big barn that caught fire in Waukee a while back was a project of the Fort Des Moines Lions Club. They rescue horses and other animals. Now they have lost several animals and most of the hay they had stored for this year, as well as the barn they kept them in. They enjoy going to events and showing their animals to other people. Some of you may have seen them at events around Des Moines. Do some of you have skills to help them rebuild and get back on their feet? We do service and this would



be a very good way to show it. Any ideas out there would help.

I am always amazed at the services some of you can come up with. We need to share all of these with other clubs. Maybe it will spark something somewhere else. You never know until you share. We can be stuck in our own rut and unwilling to get out, but every little bit helps. It only takes a spark to start a big fire.

It is Lions convention season here in Iowa. It's a good chance to get a good meal for not too much and learn something new from speakers. They are all different and can share a different slant on the same subject. Each district in Iowa has a convention. Some you may have missed already but there are more to come. We are in the middle of the state so about the same distance to all borders. You can also meet and greet an international director from other parts of the U.S. Same problems, no matter who you talk to, and they learn from you as well as you learning from them. We are alike yet different in our approach to a common problem. State convention is in June and then you can meet more people from all over the state, and this year you can meet an international vice president.



Orville Benken — Traer Rose Menter — Urbandale Lioness

SERVICE ACTIVITIES

ALTOONA got permission slips from parents on registration to do KidSight, have done 483 preschoolers; took a bag of pop tabs to Ronald McDonald House this month.

AMES BREAKFAST served supper at Boys and Girls Club; stocked shelves at Bethesda Food Pantry twice to help over 25 families; screened 647 preschool and daycare children in twelve schools; introduced a Pizza-A-Thon to high school students at DMACC in Ames by explaining ingredients and where they come from.

BEAMAN sponsored a very successful blood drive with Life Serve Blood Center.

DES MOINES SOUTH printed tickets and fliers for upcoming Pancake Breakfast and Bake Sale; sold ads for \$15 each on large placemats to be used at events twice a year; helped a person get glasses; gave a person a ride to and from the laundromat; screened 72 children at Mitchell Education Center.

GLADBROOK placed collection boxes for Lions eyeglasses and hearing aids in churches, a nursing home, bank and pharmacy in town; members volunteered at the concession stand in the Gladbrook Theater. **MARHALLTOWN LIONESS** delivered Meals on Wheels; held a fundraiser for Camp Hertko Hollow.

TRAER volunteered at the theater concession stand.

URBANDALE worked a pancake breakfast at Rolling Green Elementary as part of the PTO winter event.

URBANDALE LIONESS made 50 kits for the homeless. Each kit included a small comb, toothbrush, toothpaste, razor, soap, lotions, nail file, etc.

9MC Lions Clubs this year have done 428 activities in 8,517 hours to benefit 91,113 people.

THANK YOU everyone for what you do for your clubs, communities, our district and the state. I know many of you do more than you are reporting, but if I am not told I cannot report on them. **WE REALLY DO SERVE!**



UNIQUE MEMBERSHIP EVENT. The Bondurant Lions Club took a membership recruiting tour at Bridgestone/ Firestone factory in Des Moines on Feb. 21. Seven guests were present at the tour. The plant was originally built during World War II to manufacture Jeep and truck tires before being purchased by Firestone after the war. All present members and guests had a great time during the 2 1/2-hour tour.

April 2019...THE IOWA LION...Page 13

District 9SW District Governor Patrick Parker 404 W. Jackson St. Panora, Iowa 50216 641-757-7961 parkerlc@netins.net



We are in the last three months of our Lion year. It is time for your club to give one last push to leaving your club better than when we started the year. Have you worked to provide more service to your community? Have you taken steps to ensure your club will be here years from now still giving back? I would like to challenge every club to add at least one new member before the end of June. The more members we have the more we can serve our communities.



Has your club made a donation yet to the Iowa Lions Foundation? If not, why not? Our district has pledged to raise \$31,000, which is about \$20 per member. If you have already made a donation, consider giving more if your club can support it. For each \$1,000 your club donates, you can recognize a member with the Warren Coleman Honorary Award. What better way to recognize one of your members for the things they do to help your club follow our motto "We Serve." When your club donates money to the Iowa Lions Foundation it benefits your community, so please consider donating if you have not already done so.

At the last cabinet meeting, June 15 in Guthrie Center, I will be providing a meal to thank all that have supported me this year. It will be my way to thank my cabinet, those who received a DG coin, sponsored a new member, became new members and those who will serve on DGE Allen Zobel's cabinet next year. It will also be open to those attending the training being offered beforehand. For those who will be attending, please RSVP by June 10 by sending an email to DG Pat at parkerlc@netins.net so I can track how many to prepare for. This meal will be a free will offering with donations going to the Iowa Lions Foundation.

TRAINING

If your club has not submitted names for next year's officers yet please do so ASAP as we are planning training and would like to invite them to the different training events.

The district is planning on holding training April 28 at the Exira Lions Hall at 1:30 p.m. The training is for all secretaries/service chairs in order to receive messages from next year's DG Allen Zobel and for your club to be in contact with 9SW Cabinet (6G-Force Team). The training will include the new MyLion app, which will be used to report all service activities starting July 1. You are encouraged to bring your smartphones and laptops so you can receive training and make sure you can access this tool. All club officers are invited so they can also learn about the new MyLion. Please RSVP how many from your club will be attending to calz@mediacombb.net so DGE Allen knows how many to have pie and coffee prepared for.

We will be providing training for secretaries, service chairs, presidents, vice presidents and treasurers before the last cabinet meeting on June 15 at 9:30 am in Guthrie Center at the AC/GC High School. I would like to encourage all club officers for next year to attend. For those attending, this training will help teach you how to report membership, club activities and how to navigate MyLCI and MyLion for reporting and ordering club supplies. For those who have done these jobs before, I would encourage you to attend so you see what has changed and to help share any issues you have dealt with. Please RSVP by June 10 by contacting me at the email listed in the corner.

At DGE Allen Zobel's first cabinet meeting in July or August, he will be planning training for MyLion.

In Memoriam

CC Chris Anderson — Audubon Bill Reed — Clearfield Joseph Abbott — Neola

April 2019...THE IOWA LION...Page 14

CLUBS PROVIDING SERVICE

ADAIR helped assemble 150 hygiene kits for the homeless.

ADEL managed the Pinewood Derby for Scout Pack 152; donated \$4,000 to Boy Scout Troop 152; assisted the Waukee Lions with a KidSight screening.

ATLANTIC donated \$1,000 to LCIF for Campaign 100 and gave funds to purchase hearing aids for a local resident.

AUDUBON held our annual Farm Toy Show; purchased hearing aids for a local resident; attended the funeral of one of our members, Council Chair Chris Anderson.

CARLISLE delivered meals to shut-ins and the elderly.

CRESTON assisted with food distribution for needy; served a free community meal; assisted patients at the local hospital and clinic.

EARLHAM sorted cans and bottles for recycling; delivered Meals on Wheels.

EXIRA held a Valentine meal to raise funds for scholarships and made pancakes for senior citizens in the Exira Care Center.

GLENWOOD conducted a KidSight screening for 50 kids.

GREENFIELD awarded Lion Sonja LaBarge Lion of the Year; donated \$750 to the Youth Wrestling program and \$250 to Camp Hertko Hollow.

HARLAN held a comedy night fundraiser.

INDIANOLA talked to kids in 3rd grade about the flag and gave each child a small flag.

MILO donated \$100 to S.E. Warren High School After Prom; approved placing a bench in front of the community center; served supper to a local volleyball group.

NEW MEMBERS

Name	Club	Sponsor
Tim Armentrout	Audubon	Jacquanette Wahlert
Tracey Armentrout	Audubon	Jacquanette Wahlert
Paul Henely	Clarinda	Richard Thurman
Jane Houchins	Exira	Scott Houchins
Kevin Lloyd	Lamoni	Larry Phillips
Charles Esser	Neola	Ron Elliott
Kim Esser	Neola	Ron Elliott
Lee Dentlinger	New Virginia	Reba Reed
Sharon Dentlinger	New Virginia	Reba Reed

MISSOURI VALLEY entered the community annual chili cookoff.

NEOLA presented Warren Coleman awards to Lion Roberta Morse, Lion Dawn Goodsell and Mayor of Minden and local business owner Kevin Zimmerman; donated \$50 to the Iowa Lions Foundation in memory of Lion Joe Abbott; provided funds for two \$500 scholarships, one in the name of PCC Nick Benzing and one in the name of Neola Lions; donated \$500 to Tori's Angels, \$500 to a family whose daughter is getting cancer treatments, and \$250 to the Phoenix Theater for the movie "They Shall Not Grow Old;" made and sold 150 pizzas for a fundraiser.

NORWALK hosted our annual Steak, Lobster and Shrimp dinner; donated \$500 for childhood cancer, \$200 to Norwalk After Prom, \$250 to Norwalk Rugby Club and \$50 in memory of CC Chris Anderson; delivered pork loin meals to 30 families in need; delivered meals to the homeless; helped the food pantry distribute food; hosted bingo at the library.

OAKLAND sorted cans and bottles for recycle.

PERRY cooked breakfast for the Perry annual Bike Ride to Rippey (BRR).

REDFIELD recycled 3,700 pop cans and bottles; held annual spaghetti supper; donated \$300 to the Snack Pack program and \$350 to the American Heart Association.

VILLISCA served meals to those in need and donated \$250 to the Measles program.



District 9NW District Governor Timothy Wilson 2300 S. Duff Ave. Ames, Iowa 50010 707-304-3933 (C) twilson@iowalions.org



Think Positive!

"We have never done it that way."

"We can't do that activity."

"We don't have enough members to do that."

"We tried that before, it never worked."

How many times have we heard these phrases or something similar? I don't know about you, but I cringe when I hear things like this said at a Lions club meeting. Sometimes I wonder what the people who are negative are doing in Lions. To me, Lions is about getting things done, lending a helping hand. We need to be there for the people who need us to be there. In other words, to me, it makes for a better life.

I'd like to share something I found in a book of lists.

A Better Life

Feel Positive Emotions Think Positive Thoughts Focus on the Positive in People Offer Positive Prayers Speak Positive Words

Practice Positive Actions

As I read through this list, I thought how this really applies to our lives as Lions. We are Lions to better not only the lives of people in need but our own as well. First, we feel positive emotions as Lions when you see the face of a young child getting a new pair of glasses or feel the heartfelt thanks of a mother whose child's eyesight was saved by a vision screening. We think positive thoughts when we have a successful fundraiser because we know the hard work will make somebody's life happier. We focus on the positive in people when we show our support for our Lions leaders. We know they will do their best. We offer positive prayers every meeting when we come together in fellowship and pray that we continue Lions work. We speak positive words when we meet a potential member because we know that we want them to be a member of the greatest organization in the world. We practice positive actions

every time we hold a meeting, collect eyeglasses, conduct a vision screening or serve pancakes. This shows the world what we are all about.

Now you might notice the recurring theme of making a better life. The word POSITIVE pops up in every line. This is the point I am making. Positive thoughts, prayers, words and actions are what being a Lion is about. Think of the old song, "You've got to accentuate the positive. Eliminate the negative..." When we are out representing Lions Clubs, whether it be at a meeting or a fundraiser, we need to focus on the positive things. We need to tell ourselves, "Yes it hasn't been done before but I think we should give it a try." What about saying, "Hey, I wouldn't mind working a little longer to flip pancakes since we're short on help." These examples are the positive phrases we need to hear to make a better Lions' life for everyone.

I would like to challenge every Lion in the state of Iowa to THINK POSITIVE in this Lions year when we are being asked to "Light the Path to Service." Let's show the rest of the world that the hard-working Lions of Iowa are truly positive Lions!

Although I wrote this 17 years ago as it was my article in the October 2001 issue of The Iowa Lion, it still holds true today as we continue to serve our communities and "Look Beyond the Horizon."

Sometimes we get caught up in our lives away from Lions and some negativity spills into what should be a positive experience for all members. We all need to be positive and work together to make other's lives better. STAY POSITIVE!



PRESIDENTIAL CERTIFICATES OF APPRECIATION were presented to deserving Lions at the District 9NW Convention in March. Pictured (L-R) are District Governor Tim Wilson, certificate recpients Public Relations Chair Past District Governor Stefan Sandberg, District Governor-Elect Dale Schoening, Convention Chair Noel Drewry and International Director Steve Thornton.



HEADS OR TAILS. Lions have fun at the district convention playing a game of "Heads or Tails" for a 50-50 prize. Lions stood up and held their hands on the heads or their "tails" as District Governor Tim Wilson flipped a coin. Those who didn't have the correct side sat down while rounds continued until there was one winner. Pictured from left are Lions John McPherson from the Churdan Lions Club, MD9 Information and Technology Chair Ron Shappaugh, Hartley Lions Club President David Christenseon, 9MC 2nd Vice District Governor Erica Briest, 9SW District Governor-Elect Allen Zobel and Lion Dorthy Wegner from the Harley Lions Club.

See more photos on Pages 26 and 27 of the digital version of this issue.



ACCEPTANCE SPEECH. First Vice District Governor Dale Schoening humbly accepts the position of district governorelect while sharing his goals for the district for 2019-2020 Lions year. "I can't do it alone," he said, "but together we can."

Welcome to Our Newest Members

Member	S
Renee L. Klaus	Ge
Joseph Schuttpelz	D
Terri L. Hardisty	Ea
Welcome! We are	alad

Sponsor erald Walsh Dusty Pick arl Hardisty

Club
Madrid
Remsen
Sac City

Welcome! We are glad you decided to join us!

What Were Our Clubs Up To In February?

AKRON collected and donated 75 pairs of eyeglasses.

CHURDAN donated \$50 to SVOSH; screened 37 children's eyes; helped with Meals on Wheels.

HARTLEY held a pancake breakfast and raised \$2,000.

SIOUX CITY conducted a KidSight screening on 40 children.

Thanks to the clubs who reported their activities for February. We reported 191 Lions hours and 292 people helped this month.

Clubs reporting for our district was less than 15%.



PEACE POSTER WINNER. District Governor Tim Wilson and District Governor-Elect Dale Schoening recognize at the District 9NW Convention the district Peace Poster winner Mabel Overton, who was sponsored by the Boone Lions Club.

In Memory of Members We Lost in February:

William Kendall — Jefferson Lions Club Lou Arens — Remsen Lions Club

District 9NC District Governor Kristin Buehner 645 9th St. NE Mason City, Iowa 50401 641-420-9615 (C) kbuehner14@hotmail.com



Writing

New Chapte

DG KRISTIN BUEHNER

63

2018-2019

9NC

The month of April is a great time for us to take stock of where we are in terms of meeting our goals for the year! I say WE because, although I set the goals at the beginning of this Lions year, they are the goals all of us should want to attain in the interests of strengthening our district.

Leadership: The goal was for zone chairs and club officers to identify one potential new leader out of each zone.

These prospective leaders were to be matched up with leadership needs at the district level. This has not been done. Zone chairs, please speak with your clubs now to identify potential leaders for our district. If we had been doing this as we should every year, we would not now be in a position where no one is qualified or ready to take over the district governor office next year and the year following. We are looking for people who could serve as zone chairs, trustees for the Iowa Lions Foundation and cabinet members for Iowa KidSight, Youth Exchange, Information Technology and Leader Dog, among others. What talents do we have that could suit carrying on these essential roles?

Membership: The goal was for our clubs to add a total 60 new members over the course of the year (meaning plus 60). If each club could add plus one or two new members this year, we would have this goal met. Some of you in smaller communities may have a difficult time finding more than one new member, but others of us can do better. As of March 1, 15 of our 42 clubs in the district have held steady on membership; six have increased membership. That means half our clubs are losing members.

We were not helped at all by the closing down of three clubs: Blairsburg (a loss of 25 members), Clarksville and Nora Springs (16). I believe that these clubs have been headed in that direction for some time, but it has hurt our membership totals.

Forest City Breakfast and Forest City Evening merged into the Forest City Lions Club, which we believe will strengthen this club.

More on Membership: I also pledged that we would do our best to start a new club this year. To date, step one has been completed, with a visit to a city council meeting of that community. We will do our best to follow up and will keep you posted as to how we are doing.

Women Members: I am looking for us to increase the percentage of women in our district Lions Clubs

> to 23 percent. That compares to 25.9 percent statewide. Some of our clubs already have healthy percentages of women members, but overall, we are at 22 percent. Some of our clubs – and they are good, active clubs - have only male members. Our women's percentage is technically up .4 percent from June 30, but that was due

largely to the loss of 60 men over the year to date, some of whom have died. Please keep attracting women members into your clubs!

Service: I challenged each club to add one new hands-on service project this year. It is not too late to do this! Think in terms of our focus areas: vision, hunger, environment, diabetes and childhood cancer. Ideas for these projects are available online. Why not just check out service projects listed in The Iowa Lion that other clubs are doing? (Check out the Humboldt Club, for example). Spring is a great time to find an outdoor activity.

Report Your Service Projects: One of the greatest disappointments to me has been the low number of clubs who are reporting their service projects and other activities on MyLCI each month. I had set a goal of 80 percent of clubs doing this by the end of the year. That would mean 33 or 34 of our 42 clubs were reporting online. To date, only half of our clubs have reported activities online during the year. It's great to let me know about your activities, but they are supposed to be reported online. Please find someone in your club who can do this!!

Support LCIF: Lastly, I was asking that 85 percent of our clubs (35 to 36 clubs) support the Lions Clubs International Foundation this year. I think we have a healthy percentage of us doing that, but if your club is not, please do! You are supporting important service work throughout the world, including in our own state! PDG Darwin Meyer, our LCIF coordinator, is happy to visit your club to talk about this.

CLUB ACTIVITIES

ACKLEY-GENEVA delivered and picked up hospital equipment for 25 Lions hours and serving 18 individuals.

ALLISON held a Soup Supper with special music by Sugar Daddies Big Band on Feb. 22.

BURT held a French toast breakfast fundraiser in March, serving approximately 160 people and raising approximately \$1,000.

HAMPTON delivered Meals on Wheels Feb. 12 and 19, serving 11 people each day.

HUMBOLDT collected 14 pairs of eyeglasses; donated \$300 to Juvenile Diabetes; delivered fruit baskets to local care centers as a Valentine's treat; hosted the club's annual Sweetheart Night/ Tail Twister Auction for spouses and friends, raising \$312; held the club's annual Soup Supper, with \$2,800 proceeds going to the Humboldt Animal Shelter; donated \$600 to Meals From The Heartland, \$600 for Little League uniforms, \$200 to Our Savior's Lutheran Church; donated 11 pairs of used eyeglasses for recycling; made and served pancakes at the elementary and junior high schools for 500 people; donated \$25 in memory of deceased member Kay Kollmorgen to the Iowa Lions Foundation.

MASON CITY NOON provided eye exams and eyeglasses to two adults in need.

NORTHWOOD sent four used hearing aids to the lowa Lions Hearing Aid Bank to be used by people in need; volunteered at the Northwood Theater; delivered Meals On Wheels to 77 individuals.

OSAGE donated \$100 to Camp Hertko Hollow.

PARKERSBURG members attended a local networking meeting to coordinate club activities with activities of other civic groups and with city government.

WILLIAMS screened more than 30 preschool students through Iowa KidSight.

Our Frie	nds Who A	Have Died
MEMBER	CLUB	YEARS A LION
John Miller	Clear Lake Noon	29 years
Richard Wempen	Clear Lake Noon	3 years
J.D. Andrews	Garner	47 years
Dennis Bryant	Mason City Evening	25 years
David Mitchell	Mason City Evening	47 years Charter member



WELCOME NEW MEMBERS

CLUB	SPONSOR
Charles City	Gary Mills
Dennis Tynan Charles City	
Clear Lake Evening	Joseph Dorobels
Stanhope	Roger Hayes
Stanhope	Roger Hayes
	Charles City Charles City Clear Lake Evening Stanhope



KIDSIGHT HEROES. (Above) Williams Lion Sam Ose, right, takes a picture of the eyes of daycare student Sloane Wibholm at Northeast Hamilton in Blairsburg as Lion Harli Schutt assists. A total 39 students were screened by the club March 5. (Below) Williams Lions John Keane, Charlene Burton, Harli Schutt and Sam Ose show the digital camera used by Iowa KidSight. It is the second year the club has conducted KidSight screenings.



April 2019...THE IOWA LION...Page 19

District 9SE District Governor Dave McGregor 204 W. Polk St. New London, Iowa 52645 319-367-5028 (H) 319-537-1094 (C) bridgeportdave1909@gmail.com



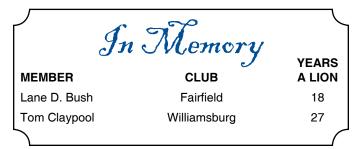
Spring is about to come upon us and what a welcome feeling. Sunshine, warm temperatures, songbirds singing, melting snow, fresh air, a strong feeling of new beginnings. These are all great feelings and I am very grateful for all that I have in church, family and friends in Lionism.

There are some who are experiencing devastation in flooded areas in Iowa and neighboring states in towns where our Lions friends reside. Please remember them in your prayers. This is one of the reasons why we as Lions can and do help through Lions Clubs International Foundation. Please remember to donate to LCIF. We have received disaster relief many times in the past 50 years, since its beginning with floods and tornado-damaged areas and we are now faced with flooding in the central and western part of our state which now is affecting one of our own communities in this district. Thank you for all you have done for LCIF.

We are entering the last quarter of our Lions year and swiftly approaching our district convention on April 12 and 13 at the Christian Church, one mile

WELCOME NEW MEMBERS

MEMBER	CLUB	SPONSOR
Charlotte Novotney	Centerville	Dale Sales
Jan Thomas	Centerville	Dale Sales
Shawn Zierke	Clear Creek	
Grant T. Johnson	Iowa City	Donna Olson
Gail Simmering	Wayland	Marianne Pattyson



south of the Highway 34 by-pass at the Casey's exit on X23 in New London. Please come join us for fun, fellowship and meeting old friends and making new ones. I look forward to meeting International Director Geoffery Wade and his wife, Nancy, from Port St. Lucie, Florida.

We are needing to find ways to energize our clubs in our district and local communities. One of the ways to increase membership in our district is to start at least one new club a year, which increases membership by at least 20. One of my goals has been accomplished with the charter of Clear Creek Lions Club in November 2018.

I have been asking each club to increase their membership by three and this is slowly on the rise. We started our membership in July 2018 with 1,121 members. With the loss of one club and gain of one club, plus deceased membership, we are currently at 1,106 members. Let's get re-energized and ASK someone to be a Lion. Consider using LCI's Community Needs Assessment form and talk with your city council, churches, and school teachers, who also by the way, would make excellent Lions.

If you have not already become a donor of LIFE as an organ donor, I ask you to consider it and talk to your families about it. Thank you all who are. Another way of saving lives is to donate blood at your local blood drives whenever you can.

SERVICE AROUND THE DISTRICT

CORYDON donated to the Wayne Community School After Prom activity; worked at the local movie theater to run the concession stand and to clean the facility afterward.

CRAWFORDSVILLE held a pancake supper.

DANVILLE held a business meeting in conjunction with the monthly dinner meeting due to inclement weather earlier in the month; Danville Lions Club hosted a blood drive at Bob Dodd's Insurance.

FORT MADISON assisted individual in acquiring hearing aids; recycled eyeglasses for redistribution.

GRANDVIEW-LETTS donated to LCIF Campaign 100, to the community library for our soup supper and to Camp Hertko Hollow.

IOWA CITY did KidSight screening; gave donations to Iowa Lions Foundation for memorial bricks; attended club charter night for Clear Creek Lions Club. **KEOKUK** voted to donate \$1,000 to the Iowa Lions Foundation, \$1,000 to LCIF and \$500 for two partial scholarships for the upcoming Nashville show choir trip.

LONE TREE volunteered as a Reading Buddy with a 1st grade class at the Lone Tree Elementary School; donated \$25 to the Lone Tree Post Prom and \$50 to the Clear Creek Lions Club; attended the Clear Creek Lions Club Charter Night celebration.

NEW LONDON delivered Meals on Wheels to shutins; volunteered as driver for Mississippi Valley Regional Blood Center Davenport; attended and emceed Clear Creek Lions Charter night; donated \$25 to Clear Creek Lions.

NORTH LIBERTY conducted vision screenings for 89 children at Frog Hollow-Front Street Campus and 59 children at Frog Hollow-Penn Street Campus.

OSKALOOSA helped pack 68 sacks of food for the Take Along Meals program that provides easy-toprepare food for elementary students to take home in their backpacks; served End of the Month Meals at a local church; approved a set of hearing aids through the Iowa Lions Hearing Aid bank and paid \$125 toward the fitting fees; participated on a team at the YMCA Trivia & Tunes, a fundraiser to provide scholarships to the YMCA for people in need.

PACKWOOD served a Pork Loin Dinner to approximately 80 individuals on Super Bowl Sunday with net proceeds being donated to Camp Hertko Hollow.

PELLA recycled 2,400 eyeglasses in February; donated \$500 to Hospice of Pella, \$500 to Habitat for Humanity of Marion County, \$400 to Families First of Pella and \$500 to IRIS Radio Reading.

VICTOR recycled 41 pairs of eyeglasses for redistribution.



ģ	OSE District Convention
	Registration Form
	April 12-13, 2019 New London Christian Church 2770 New London Rd New London, Iowa 52645
Re	Friday Eve. Cabinet Meeting Only Dinner for cabinet and guests @ 6:30 p.m., cabinet meeting at 7 p.m. Saturday Convention and Business Meeting egistration 8 a.m., 9:00 seminars, business meetings, elections, service projects for hunger and veterans, Chuck-A-Duck for pediatric cancer
	Name 1
۱L	Lion Y N Current Office
	Name 2
ΙL	Lion Y N Current Office
	City & Zip
F	Phone #
_	Email
	Club
-	Note Special Dietary Needs
ļ	Registration deadline is April 1 Friday Cabinet Meeting only
1	Dinner served at 6:30 p.m., cabinet meeting at 7 p.m.
	Cabinet meeting dinner #x \$5 = Saturday Convention at \$20.00 per person Includes morning coffee/rolls and buffet luncheon
, '	#x \$20 = Late fee for reservations postmarked AFTER 4/1/19 Late registration #x \$5 =
L	Total Enclosed
I	Make checks payable to Lions District 9SE
N	Mail to: Debbie Doty PO Box 251 University Park, IA 52595
 	A block of rooms has been reserved at Quality Inn & Suites,1200 E. Baker, Mount Pleasant Room rate \$79 plus applicable tax 319-385-0571
	Rooms must be reserved by April 5 for Lions rate
I	CLUBS bring your banners, food donations for backpack program and donations for vets!

April 2019...THE IOWA LION...Page 21

Avoid the Whites for Carb Control

By PDG Bill Shutters MD9 Diabetes Chairperson

Last month we discussed making recipes carbhealthy by using alternative sweeteners. One concern about using alternative sweeteners is that some can make the final product unpalatable. One example is the sweetener lycasin that was used to make sugar-free gummy bears.

Another example of changing the final product to undesirable ends was olestra, which is a nondigestible fat substitute that adds no fat, calories or cholesterol to products. It was used to make fat-free snack foods like potato chips, but like the sugarfree gummy bears, it caused what in the days of the little detached house on the prairie, was known as "back door trots," or gastrointestinal distress. If you Google these two foods, you can read of the horrors they caused. We want to avoid a situation like those as we modify a recipe.

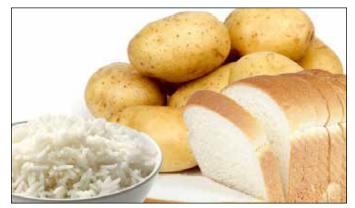
There are carbs and calories other than sugar to consider. For fats and oils, we want to use healthy fats. Olive oil is considered one of the healthy fats, but every Iowan knows that good old corn oil is a healthy fat and it can be used at much higher temperatures than olive oil. Also it is less expensive and readily available with no allergic reactions.

For carbs, the message is avoid the whites: flour, pasta, potatoes, rice, sugar.

FLOUR: When possible use whole grains such as unbleached whole wheat flour, cup for cup. Some other alternates are flours made from other grains or nuts, such as almond flour. Another, that is not a nut or grain, is buckwheat which is a legume and adds a lot of protein. If available, try some of the ancient grains when you use your bread maker.

PASTA: Look for whole wheat pasta in your grocery store. While you are in the Italian section, look for a pasta that comes in a black box with red and orange trim. It is a special pasta that has some of the carbs processed so they are non-digestible. It tastes like regular pasta and comes in several varieties, including lasagna.

POTATOES: Substitute a baked sweet potato for a baked potato, but don't add too many other



things such as butter or syrup, which can make it have more calories than a baked potato with butter and sour cream. There are a number of recipes for substituting cauliflower for potatoes in a recipe. Also consider some other root vegetables such as parsnips or celery root.

RICE: Replace white rice with brown rice. Cooking time and water may need to be increased but the payoff is a nuttier taste with more fiber. Remember the story about the rich of the orient who ate white rice while the poor ate brown rice and did not suffer from a vitamin and mineral deficiency that befell the wealthy. Another possible replacement is quinoa which comes in several different varieties. Riced cauliflower is now available in the frozen section of many grocery stores.

SUGAR: We have discussed sweeteners in a previous article. See the March issue of The Iowa Lion.

SPICES: A judicious use of herbs and spices can add a new dimension in taste, as well as have some beneficial qualities. There are books written on garlic. Cinnamon not only adds taste but its health benefits include being high in antioxidants and anti-inflammatory substances. It promotes heart health, combats bacterial and fungal infections, slows the adsorption of glucose into the blood stream and improves dental health. Turmeric is another spice that has proven to have healthy benefits for glucose control.

Don't forget to forward your low-carb recipes to PDG Lisa, lisa_prochaska@yahoo.com, or Betty, bnbshutters@gmail.com.

2019 Iowa Lions State Convention, Cedar Rapids, IA. <u>REGISTRATION FORM</u>

June 6 – 8, 2019 – Cedar Rapids Marriott, 1200 Collins Road NE

ROOM RESERVATIONS are your responsibility and should be made directly with the Cedar Rapids Marriott, 1200 Collins Road NE, Cedar Rapids, Iowa. Call 1-319-393-6600 or 1-800-396-2153 for reservations.

Please mention you are with The Iowa Lions State Convention and get the special rate of \$104.00 plus taxes for a Standard Guestroom or \$114 plus taxes for a King Suite

Rooms will be held until May 18, 2019.

PLEASE FILL OUT THIS FORM COMPLETELY

	PLEASE FILL OUT THIS FORM CO	MPLEIELY		
NAME	LIONI	IONESS	LEO	GUEST
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CLUB	DISTRICT			
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If you have SPECIAL DIE	TARY NEEDS please use a separate			
Ad	hone: 515-232-2215 E-Mail: info@ mission to any Meal Functions by M	leal Ticket on	ly.	
PACKAG	E PRICE - This price includes Meak		tion rees	<u>-</u>
	<u>Number</u>	<u>Cost</u>		
	ention Package Price \$85.00 per Adu Only Package Price \$75.00 per Adul			\$ \$
INDIVIDUAL MI	EAL PRICES DO NOT INCL	UDE REGIS	<u>[RATIO]</u>	N FEES
		Number	<u>Co</u>	<mark>ost</mark>
Friday Lunch	\$25.00 per Adult		\$	
Saturday Brunch	\$25.00 per Adult		\$	
Saturday Banquet	\$40.00 per Adult		\$	

Total Amount Due
REGISTRATION FEES

Registration Fee

A \$20.00 registration fee IS required for those who are not purchasing the Full Package Registration of \$85.00 or the Saturday ONLY Package of \$75.00.

\$20.00 per Adult

(If you purchase a single meal you will need to pay registration fee of \$20.00)

\$

\$

\$20.00 registration only allows you attendance to all Convention Activities with the exception to meal functions. ***Walk-In's with no prior registration will pay a \$30.00 Additional Registration Fee on top of any registration/meal choices.***

DEADLINE: REGISTRATIONS MUST BE RECEIVED BY WEDNESDAY, June 1, 2019

NO REFUNDS AFTER June 1, 2019 ADMITTANCE BY BADGE ONLY



PARTNERING TOGETHER. Seated, River City Morning Kiwanis President Diane Murphy and Mason City Evening Lions President Jon Lohrbach sign an agreement to co-sponsor the Cannonball Chicken BBQ. Standing (L-R) are Gary Lindgren, Heath Hupke, Geri Barker, Jim Loveland, Jake Rockman, Gary Farman and Dennis Wilson.

Partnership Secures Future of Fundraiser

By Lion Dennis Wilson Mason City Evening Lions Club

What does a Lions Club do when it has a fund raiser that in a matter of 12 years went from serving 643 BBQ chicken dinners its first year to serving over 3,000 dinners? Rejoice, of course! The Mason City Evening Lions did exactly that, and in the process raised thousands of dollars to serve their community, Lions foundations and other Lions programs.

The Mason City Evening Lions Chicken BBQ acquired the name of the Lions Cannonball Chicken BBQ on it becoming an added venue to Mason City's annual Cannonball Day, which is held the last Saturday of June in East Park.

Success Comes with a Price

The Mason City Evening Lions have a long history of service. Today, the average age of its 26 members is 73. As the Lions Cannonball Chicken BBQ grew, the club faced the need of hiring outside help to carry on.

It had some tough decisions to make. Looking into the future, considering member retention and growth rate, it became apparent that in a matter of time, they'd have to drop the Lions Cannonball Chicken BBQ, depriving those who were receiving needed funds.

So the club began to look for clubs with which to

partner. Those that were willing couldn't find anyone to take a leadership role. They needed a service club with a strong young base that could bring energy, creativity and leadership to grow the BBQ. They found such a service club in the Mason City River City Kiwanis. Its membership approaches 100 with an average age of 43, and they were looking for a fundraiser to serve youth in need, the same as the Lions do, except in a different field.

After months of discussion, on Feb. 6, the Mason City Evening Lions and the Mason City River City Kiwanis met in the Mason City Chamber of Commerce office and signed an agreement of sharing and participation. They are Lions. They still are pushing for increased membership. The goal is to become stronger and more efficient.

A Lion's age doesn't really matter. That's up to the individual Lion. What matters is his or her attitude toward life and caring for the well-being of others. With that in hand, everything else will fall into place.

Was there criticism? Yes. "You can't do this; it's never been done before." "I'd drop the BBQ before I'd share it with another club outside of Lions."

There are also all kinds of opportunities to partner with other service clubs outside of the Lions to continue bringing a smile with a heart to others around the world.



	Sirdi Eye Clinic
Registration Form	iLasik Center
	I am interested in <i>sponsoring</i> the
	VIRDI EYE GOLF CLASSIC at
Company Name	Glynns Creek Golf Course. En- closed is my check for:
Contact Person	\$600 Major Sponsorship (4 golfers)
Address	\$125 Hole Sponsor
City, State, Zip	\$85 Single Player
erty, oute, zip	I am unable to participate,
	but please accept this
Phone	contribution of \$
Name and Email address of golfers	Please make checks payable to: "ILF GOLF TOURNAMENT"
Golfer #1	Mail Registration Form/s and check to:
	Andy Ploehn
Contact E-mail for group	Tournament Chair
	1001 Coffelt Ave.
Golfer #2	Bettendorf, IA 52722
	If you have any questions, contact:
	Andy Ploehn , Tournament Chair
Golfer #3	at 563-940-0922, or by e-mail: andyploehn1@me.com
Golfer #4	
AE PEOPLE LIVE AN ENTIRE LIFE-	IONO
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LIONS FUN. State Global Service Chair VDG Judy Stone Tail Twists District Governor Tim Wilson as she conducts a campaign to buy back the DG's missing gavel during the 9NW Convention.

DISTRICT 9NW CONVENTION



EDUCATION. Tami Trimble and Tiffany Krowiorz, advocates with Family Crisis Centers, share with Lions what they can do to help victims of domestic assault and human trafficking.



RECRUITING AND KEEPING LIONS. International Director Steve Thornton talks to Lions at the 9NW Convention about recruiting and keeping Lions.



BEING SOCIAL. District Governor Tim Wilson shows Lions attending the 9NW District Convention how to make a Facebook Live post, asking everyone to say "Hi" to Facebook users.





PARADE OF CHECKS. ABOVE: Past District Governor Glenn Markley, right, presents Iowa Lions Foundation Trustee PDG Cliff Weldon with a \$3,500 check for the Iowa Lions Foundation from the Rolfe Lions Club. LEFT: District Governor-Elect Dale Schoening lights candles during the District 9NW Memorial Service.

April 2019...THE IOWA LION...Page 27

ADVERTISING POLICIES

Lions events will be published for free when submitted as an article, but are subject to space availability and may be edited by the editor to fit available space.

Paid advertising will be given priority placement. Advertising specifically marketed to raise funds for Lions clubs within Multiple District 9 (Iowa) will be allowed a 50% discount from the full rate.

Businesses owned by Lion members of Multiple District 9 are entitled to a 25% discount.

Yearly advertising (10 issues) will be entitled to a 25% discount when paid in full at the beginning of the year.

Ads must be submitted in high quality print PDF format in the proper size. Editing and graphic design of ads is available at an hourly rate. Advertising will be limited to three (3) full cumulative pages in each issue, with space granted on a firstcome, first-served basis.

ALL advertising is subject to approval by the MD9 Editorial Board and must be in compliance with the Lions Code of Ethics.

Checks for advertising should be made payable to "Lions of Iowa" and mailed to the state office. Email all copy to the editor at debbie@dotypc.com.

1/2 page -Tall 3.5" x 9.75"
Wide 7.25" x 4.75"
\$100 per issue regular price
\$80 per issue to MD9 Lion members
\$50 per issue to MD9 Lions Clubs

Full page 7.25" wide x 9.75" tall \$150 per issue regular price \$120 per issue to MD9 Lion members \$75 per issue to MD9 Lions Clubs

1/4 page - 3.5" wide x 4.75" tall

\$80 per issue regular price\$60 per issue to MD9 Lion members\$40 per issue to MD9 Lions Clubs

"Business Card" - 1/8 page 3.5" wide x 2" tall

\$50 per issue regular price\$40 per issue to MD9 Lion members\$25 per issue to MD9 Lions Clubs

10 Environmental Project Ideas

By VDG Debbie Doty Editor, The Iowa Lion

One of the five global service initiatives at Lions Clubs International is environment. While some projects may be seasonal, particularly in Iowa, there are other environmental projects that can be done year-round.

With Earth Day on April 22 each year, many Lions Clubs focus on an environmental project in April. Regardless of what time of year you are doing your environmental projects, be sure to report them using MyLCI or the MyLion app and categorize them as environment.

Here are 10 ideas for service projects that your club can do.

- Plant trees. Many towns in Iowa have organizations like Trees Forever that are always looking for people to help plant trees each year. In the Oskaloosa area, members from multiple service organizations come together each year to help the Oskaloosa Trees Forever plant trees. Holes are dug before workers arrive to put the young trees in the hole, backfill with dirt and mulch.
- 2. Develop a Green Living tip sheet to share with members of your community.
- 3. Volunteer with a local park service to maintain hiking trails.
- 4. Collect used cell phones or empty printer cartridges. Companies buy them for a small price, which can add up as you keep these items out of landfills. This can be a fundraiser for your club, or you can turn them over to another agency, like the Iowa Lions Youth Exchange.
- 5. Organize a tour of the local landfill or recycling center.
- 6. Coordinate an e-cycling event to keep electronics out of the landfill.
- 7. Lead an after-school nature walk for young students.
- 8. Work with city officials to paint "no dumping"



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signs near road drainage areas.

- 9. Organize an environmental mural competition. Paint the winner's artwork in an appropriate area to beautify your community and promote environmental awareness.
- 10. Partner with the County Extension Master Gardeners to host a workshop on building a garden or landscape area.

For more ideas, visit the Lions Clubs International website and search for environment, or visit the Service Launchpad, which can provide step-by-step ways to get an environmental project off the ground.



WHAT'S UP, DOC? West Bend Lions with Future Leader Dog, Doc, whom they currently are sponsoring.